Welcome to the special edition of the Fall Foundation newsletter

I’m proud to celebrate the 30th anniversary of the Foundation with each of you. Through your generosity over the years, we’ve been able to fund many new services and technologies for our patients and the community we serve. This issue features a retrospective of the work we’ve done together.

Through our first Service to Humanity Gala–An Evening of Elegance in 1985–through our latest Gala, The Many Facets of Philanthropy, we have celebrated community and physician honorees, and raised more than $17 million.

We’ve had the privilege to work with many board members and have awarded 14 Trustee of the Year Awards. The award is presented in recognition of dedicated leadership and service to the mission of United Hospital and the community we serve.

Long time donors such as Norma Larson (29 years), Dan Mott (18 years) and David Herr (15 years) share their reasons why giving to the United Hospital Foundation is important to them on page 19.

Through my 30 years of service to United Hospital Foundation, I have always believed that “we help make it better.” We have proven that a true partnership between the community and hospital guarantees the best possible care for people in this community.

Thank you for everything you have done for United Hospital in the past. Your continued support guarantees that the excellent care this community has known for the past 157 years will endure for you, your children and generations to follow.

Your support is greatly appreciated.

Duke Adamski, President
United Hospital Foundation

Highlights

2 Capital Campaign Update
6 Service to Humanity Gala
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Community Impact

Thank you for making it possible for the United Hospital Foundation to support our community.

Changing Our Community

Lipschultz Guest Rooms

United’s Guest Services, in partnership with the Holiday Inn Downtown St. Paul, offers discounted rooms for families to stay when a loved one is hospitalized. The Lipschultz Guest Rooms Endowment Fund helps subsidize guests who can’t afford to pay for the service.

Over the last two years, more than 550 guests have utilized this service.

Milton M. Hurwitz ExerCare Fitness Center

is a medically safe, effective exercise center with education programs for patients, their families and the community. Any new pieces of equipment are donated by Fitness Center members.

Current membership: 2,762
Approximate number of workouts: 430,000

Peter J. King Family Health Center

United Family Medicine (UFM) has changed locations and affiliations over the past 70 years without changing their mission. Today, they still promote access to comprehensive, patient-centered primary health care among low income and medically underserved St. Paul residents, embracing all races, cultures, ethnicities and income levels.

In 2009, UFM moved to a new state-of-the-art facility. The new facility, The Peter J. King Family Health Center, allowed for expanded services, an excellent work environment for staff to better meet the health care demands of a growing community and contributes to the vitality of a core area of St. Paul.

UFM serves more than 12,000 patients with more than 43,000 annual visits, and those numbers are expected to grow.

The Metropolitan Airports Commission automatic external defibrillators were installed throughout the Minneapolis-St. Paul International Airport.

The Foundation’s 2003 contribution outfitted the huge airport complex (serving 33 million passengers a year) with 70 of these lifesaving devices.

St. Paul Fire Paramedics

Thanks to a large grant of $97,000 from the Foundation, paramedics are able to acquire state-of-the-art LUCAS CPR devices. Paramedics use this equipment to provide rapid, effective cardiopulmonary resuscitation on the way to the emergency room that helps improve heart attack survival rates.

Helene Houle Medical Center, Vadnais Heights, open 2013

Staff specialties include family medicine, internal medicine and general surgery.
## Capital Campaign Successes

Through the generosity of each and every one of you, the Foundation has raised funds to support these capital campaigns:

<table>
<thead>
<tr>
<th>Capital Efforts</th>
<th>Projected cost</th>
<th>United Hospital Foundation goal</th>
<th>Actual raised</th>
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<tbody>
<tr>
<td>1997</td>
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<tr>
<td>1998</td>
<td>Nasseff Heart Center</td>
<td>$26M</td>
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<td>1999</td>
<td>East Ramp/Milton M. Hurwitz ExerCare</td>
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<td>Nasseff Neuroscience Center/ Specialty Center</td>
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<td>Peter J. King Family Health Center</td>
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<td>2002</td>
<td>Peter J. King Emergency Care Center</td>
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<td>2003</td>
<td>Elaine S. Larson Surgical Center</td>
<td>$25M</td>
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<tr>
<td>2004</td>
<td>The Mother Baby Center at United and Children’s-St. Paul Campaign</td>
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</table>
Your donations have ensured United Hospital continues to be a leading resource for current technology and medical practices.

Major Gifts that shaped United Hospital include:

- Bentson Family Conference Room
- Bentson Family Foundation Neuro ICU
- Don Reioux Family Center for Cardiac Rehabilitation
- Elaine S. Larson Surgical Center
- Jesse E. Edwards Registry of Cardiovascular Disease
- Peter J. King Emergency Care Center
- Peter J. King Family Health Center
- The Ruth Lipschultz Family Gift Shop
- Milton M. Hurwitz ExerCare Fitness Center
- Nasseff Heart Center
- Nasseff Medical Center
- Nasseff Neuroscience Center
- Nasseff Spine Institute

Technical gifts:

- 3.0 Tesla MRI Cold Cap for Cancer Care
- CyberKnife® System
- Educational heart kiosk for patients and families
- Electrophysiology System
- Intraoperative Magnetic Resonance Imaging (IMRI)
- Magnetic Source Imaging (MSI)
- Neurointerventional Biplane Suite
- R2 Digital NOW DMAX Archiving System
- Stealth System
- Suros-ATEC Pearl™ Breast Biopsy System
- Tom Tech Echo Analysis Software used in the United Heart and Vascular laboratory
- Three da Vinci S® HD™ Robotic Surgical Systems
Fundraising is well under way to help cover the expected cost of the building/renovation, equipment and furnishing. But, your help is still needed. The Mother Baby Center at United and Children’s-St. Paul will be the vital resource the community deserves. Families will be able to say, without reservation, “There is no better place but United to have a baby.”

Goal: $24 million

$5 million donated by individuals

$16 million provided by Allina Health
For more than 30 years, thousands of families have chosen the Birth Center of United Hospital. They have trusted the Birth Center because of the expertise of its staff and its comprehensive care for mothers and infants. Whether births were uncomplicated or high-risk, families have received the highest level of care.

Now the Birth Center is at a crossroads. Built in 1979, its facilities look dated. Rooms where patients receive care are crowded, from labor and delivery rooms to the post-partum rooms where women and families welcome their babies and spend time together.

United Hospital Foundation is leading a fundraising campaign to build a Birth Center that will be the vital resource our community needs.

One of the busiest birth centers in Minnesota, the Birth Center has a sterling reputation for excellent medical care. As the only regional referral center in the East Metro, the Birth Center provides a unique service to the St. Paul area: It serves women expecting routine births and is fully prepared for any complication that mothers and infants may experience, including antepartum, perinatology, NICU and high-risk pregnancy care. In fact, approximately 17 percent of patients choose United because of a diagnosed pregnancy complication or because an infant was born prematurely.

*The Mother Baby Center is a partnership between United Hospital and Children’s Hospitals and Clinics of Minnesota.*

To support The Mother Baby Center at United and Children’s-St. Paul, please contact the United Hospital Foundation at 651-241-8022 or visit allinahealth.org/unitedfoundation.

*Our future is in your hands*
The Many Facets of Philanthropy set the stage for this sparkling, elegant evening for more than 1,500 Gala guests. The Gala Lounge greeted guests as they ascended the escalator to the mezzanine where the silent auction items awaited. The extremely popular “Cash Grab” and “Heads and Tails” games were crowd favorites. The Sevilles serenaded guests as they took their first look at what can only be described as a setting fit for the royalty who attended the 2014 Service to Humanity Gala.

Hosted by co-chairs Tom and Dawn Walrath, this year’s 30th Annual Gala raised more than $1.5 million dollars for The Mother Baby Center at United and Children’s-St. Paul capital campaign.

An important part of the evening is the presentation of two Service to Humanity Awards. The awards recognize the honorees for their selfless dedication and leadership in improving the health and welfare of people in St. Paul and surrounding communities. Community Award Honoree, Moe Sharifkhani, was honored for his generous, longtime support of his community hospital, United, through the United Hospital Foundation. Physician Honoree, Patricia Penovich, MD, Director of Neurology and Epilepsy at United Hospital, a steering committee member and the Bentson Chair at the John Nasseff Neuroscience Institute, was recognized for her extensive service to women of child bearing age who have epilepsy.

The United Hospital Foundation thanks all the Gala sponsors, volunteers and generous community members who attended to show their support for United Hospital.

A special thank you to John Nasseff and Helene Houle, co-chairs Tom and Dawn Walrath, and the entire committee. Without support from these dedicated and tireless individuals, the Gala would not have been as successful, and the Foundation is grateful for their continued support.

*Photo credit: Andrews Photography*

Be part of one of the greatest giving events of the year. Don’t miss the 2015 Service to Humanity Gala on September 26, 2015.
“Raising funds to keep United Hospital on top is one way I can give back to my community.”

Moe Sharifkhani
The Many Facets of Philanthropy
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FastBreak Foundation  
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Patrick McGovern's Pub & Restaurant  
Ken and Dianne Paulus  
Peju Province Winery  
Penumbra Theatre Company  
Personal Property Solutions  
Pool and Yacht Club  
Premier Fitness  
Prestwick Golf Club  
Purple Hawk Country Club  
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Roseville Visitors Association  
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Walt Disney World  
Julie Wearn  
The Wilds Golf Club  
Woodbury Dog Spa  
Kara and Greg Youngquist
The History of United and United Hospital Foundation

The Foundation is celebrating 30 years of community service

Key: United Hospital  United Hospital Foundation

1900s


1920s

An average of 15 private nurses work daily.

Miller Hospital and its School of Nurses opens.

A large x-ray machine ($1,600) is installed and a technician is hired to operate it at St. Luke’s.

St. Luke’s hires its first pathologist.

The average length of stay is 25 days.

The stock market crash impacts all plans for capital improvements.
The Depression hits hospitals hard resulting in wage reductions, forced vacations, section closures and closure of nurses’ training schools.

Miller Hospital builds a 3-story wing to house a million-volt x-ray machine for radiation therapy.

St. Luke’s adds a full-time anesthesiologist to the medical staff.

Nursing staff dwindles as World War II enlists doctors and nurses. 300 volunteers organize to fill the gap. Miller turns away 155 patients due to staff shortage.

St. Luke’s expands its services to include 16 beds for patients with mental illness.
Major expansion of St. Luke’s includes operating rooms, delivery rooms and laboratory.

Average length of stay is 7.86 days.

World renowned pathologist Dr. Jesse Edwards brings his heart registry to St. Luke’s.

Heart surgery is now performed weekly.

1950s

Miller Hospital expands to 425 beds.


1960s

500 car parking ramp is built.

Modern Hospital magazine honors St. Luke’s for the design of its innovative and functional cloverleaf addition, locating the nurses station in the center with patient rooms in the periphery.
United Hospital is created by the consolidation of St. Luke’s and Charles T. Miller Hospitals. St. Luke’s is remodeled; Miller is sold.

United and Children’s Hospitals build one facility.

United employs 2,500 including 512 medical and dental staff and 1,100 nurses.

Jesse E. Edwards Registry of Cardiovascular Disease, the United Eye Institute and a major Perinatal Center are remodeled and celebrated in separate events.

June 1984 the Foundation is formed.

Don Reioux Family Center for Cardiac Rehabilitation opens.

First Gala was held – An Evening of Elegance.

First large goal for the Foundation: The Jesse E. Edwards Registry of Cardiovascular Disease Campaign goal $1 million.

Duke Adamski is hired as Director of Development.

First large goal for the Foundation: The Jesse E. Edwards Registry of Cardiovascular Disease Campaign goal $1 million.

United Hospital and the Foundation announce the “United 90s” campaign that raised $5.3 million.

Duke Adamski becomes president of the Foundation.
First United Golf Classic event.

The Burnet Senior Classic takes place at Bunker Hills. Now called the 3M Championship.

United delivers more babies than any other hospital in the state.

United Center for Breast Care Endowment formed.

The board commits $449,821 to install a communications nurse call system which revolutionized health care.

Eight state-of-the-art operating suites are added, with expertise in major cardiovascular, neurological, orthopedic and general surgery.

West Seventh Community Partnership funded.

John Nasseff Heart Hospital, a $26 million initiative, opens with the latest technological equipment and expertise.

Milton M. Hurwitz ExerCare Fitness Center celebrates 15 years.

Neurointerventional Biplane Suite opens.
The Breast Center of United Hospital opens.

Peter J. King Family Health Center opens; da Vinci S Surgical System, IMRI suites open.

Nasseff Neuroscience Center opens.

Nasseff Specialty Center opens and houses heart, pulmonary, MEG and more.

Siemens Verio 3T MRI, United Family Practice Health Center opens.

Elaine S. Larson Surgical Center opens; John Nasseff funds CyberKnife system.

Foundation funds Guest Services ED staffing to improve patient experience.

Peter J. King Emergency Care Center opens, Biplane X-ray System funded, Goff and Boysen Memorial and Honoring Garden opens.

LUCAS Mechanical CPR devices funded for the St. Paul Fire Department EMS.

Bentson Family Foundation neurological ICU and Helene Houle Medical Center opens.
At the time, Duke had two job offers. It was our good fortune that Duke decided he wanted to work for United Hospital - thinking United was better positioned for success, and he wanted to align himself with the best.

What makes United the best? “We have the best people, best support, best physicians, and best technology to do great things. I always believed you need all of those ingredients together to be the best hospital. That is what we have at United,” said Duke.

During the infancy of our newly formalized Foundation, United Hospital was fortunate to have his strength of character as a guide every step of the way to build a strong Foundation. Duke firmly believes that without the help of our donors, we wouldn’t be where we are today. Just like he did 30 years ago, he knows donors have many choices in giving opportunities. The fact that you choose to give to United, and give generously, is what makes United Hospital and the community we serve thrive.

Under Duke’s leadership, and with your generous support, many changes have been made. Duke is especially proud of the fundraising efforts for the Peter J. King Family Health Center, the Peter J. King Emergency Care Center, the Nasseff Heart Center and all of the newest technology available to provide the best in patient care leading to better outcomes.

With your donations:

- Through the lead donations by John Nasseff and Helene Houle, and your donations, more than $20 million dollars were raised to open the John Nasseff Neuroscience Institute. This provided comprehensive resource for patients with diverse neurological conditions. Specialized physicians and nurse practitioners access the latest technology to achieve excellence in cranial neurovascular neurosurgery and stroke neurology.

- The Nasseff Heart Center opened in 2000 through your donations of $16 million and provides a full range of programs for the prevention, early detection, rapid treatment and rehabilitation of heart disease.

- We were able to build the Peter J. King Emergency Care Center. Of that $25 million project, we raised $13 million through donors like you. Expansion of the prior Emergency Department was essential to our community to ensure adequate space to care for everyone who comes to United.

Throughout his tenure, Duke lived the United Hospital Foundation Mission to enhance the health of United Hospital patients and the wellness of the community we serve. Always at the forefront of his mind, it was his guiding principle as he led the Foundation through years of committed service and exemplary leadership.

While Duke will be missed, the strong foundation he helped build will live on in the Foundation we know today. And while he will be missed every day, his dog Marley will be happy he’ll have more time to spend with her.

“Thank you for helping United Hospital Foundation be successful. Without you, we would not be able to raise funds for the services and programs we provide.”

Duke Adamski
Past Success Leads to Future Growth

Long-time Board Members share their memories

“The United Hospital Foundation creates the base for everything that's done here, from technology to improving our facilities and attracting outstanding physicians.”

Norma Larson

"Over fifteen years the changes have been impressive and constant. It has progressed from being a great community hospital to one that earns the "Center of Excellence" label in many categories. The establishment of the Nasseff Heart Center is certainly an invaluable and transformative step in the advancement of United."

David Herr

"The overall transformation of the United campus is quite remarkable. The Nasseff Heart Center, the new Peter J. King Emergency Care Center, the new Elaine S. Larson Surgical Center are just a few key pieces. The enhancements of the services and facilities, together with the exceptional group of health care providers, make for a truly first-class health care experience."

Daniel Mott

Fundraising Successes from 2014

Service to Humanity Gala: $1.56 million
3M Championship: $566,667
United Hospital Golf Classic: $179,031
Community Giving Campaign: $122,279

Together, 4,243 people donated more than $5.4 million to make a difference in the lives of patients and families we serve.
The 24th annual United Hospital Golf Classic was held in July. Year after year, this exceptional amateur golf tournament is a sell-out. A record setting $179,031 was raised to benefit The Mother Baby Center at United and Children’s-St. Paul. Thank you to all who participated and volunteered at the tournament.

Save the date for 2015:
July 27, White Bear Yacht Club
Aaron Van Sloun  
Benita and Joseph Van Sloun  
Faith Van Sloun  
Benita and Joseph Van Sloun  
Grace Van Sloun  
Benita and Joseph Van Sloun  
Donald Viger  
Ruby M. Johnston  
Aiden Whalen  
Syl and Donna Whalen

In Celebration of

**BIRTHDAY**
Peggy Lidstad  
Arlan and Virginia Teitel  
Rose Jean Sharpe  
Majorie Edwards

**50TH ANNIVERSARY**
Kay and Vic Tschida  
Rick Brody and Maggie Flynn

In Honor of

**UNIVERSAL HOSPITAL**
Dr. Suveer Bagwe  
John and Stephanie Monogue

Dr. Alan Bank  
John and Stephanie Monogue  
**Dr. Richard Brody**  
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Peter J. King Emergency Care Center  
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**UH Station 3500**  
Gerald Fine  
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**Dr. Thomas Winter**  
John and Stephanie Monogue

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Mary Ann and Ed Newman  
Moe Sharifkhan

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This resource is funded entirely by physicians and provides grants for clinical research, educational opportunities and the purchase of ancillary equipment.

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The John Nasseff Neuroscience Institute offers comprehensive services, including a multi-disciplinary team for acute and long-term care, and serves as a research and education center to patients with neurologic disorders.

OLIVIA FUND
Donations to the Olivia Fund at United Hospital Foundation are essential to supporting families who experience loss at the Birth Center. Funds are used to create “Solveig’s Boxes” - memory boxes filled with carefully chosen items to help families create lasting memories with the child they said goodbye to all too soon.

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