



The Cornerstone

Summer 2018

2018 Regina Classic

Mark your calendars for Monday, Sept. 10, and join us for the Regina Classic. Sponsorship levels include \$500, \$1,000, \$2,500 and \$7,500 – contact us to learn more!

Proceeds from this year's event will enhance the lives of our residents in Regina Senior Living. The aromatherapy program is specifically designed for seniors and addresses pain, anxiety and behavior-related symptoms. Funds will also be used to upgrade the Regina Senior Living therapy kitchen. The "mock" kitchen will be upgraded with working appliances so residents have real-life experience with cooking, using the dishwasher, doing laundry, etc. Creating a more functional setting to duplicate what patients encounter at home is a significant advantage for them.

"We are in the business of preserving independence," says Shelley Solberg, CEO, Regina Senior Living. "The goal of therapy is to help patients reach their highest functioning level so they can safely return home and are less likely to decline and return to the hospital."



The Regina Foundation represents the cornerstone from which we build our vitality for today, tomorrow and the future...caring for life.

 **Regina**
Foundation



Regina Foundation Board Members

Cindy Hoffmann, Chair
Tony Bolstorff
Bernie Estenson
Joe Harris, Vice Chair
Judy Hemp, Regina Auxiliary
Lynda Holzemer
Brian LaCroix
Ken LaCroix, Secretary/
Treasurer
Doug Laumeyer
Shelley Solberg, CEO,
Regina Senior Living
Tom Thompson, President,
Regina Hospital
Mike Wise
Mark Zuzek

Keep in touch

We'd like to provide you with occasional updates throughout the year; please contact us if you'd like to be added or removed from our email or mailing list.

Contact us at:
Regina Foundation at
651-404-1104 or email
maria.reis@allina.com

Message from the Director



Phil Jackson once said,

"The strength of the team is each individual member and the strength of each individual member is the team."

Over the last several months, we have been recruiting community members to serve in a variety of capacities within the Regina Foundation. I am proud to say that our team is strong. Our team is comprised of community leaders, Regina employees and family members who believe in the mission of both Regina Hospital and Regina Senior Living. Not only do they understand the importance of the role of community health care, they understand the best way to ensure these services remain in Hastings is through engagement and philanthropy. Together, we make a great team who work together to find new and innovative ways to raise the awareness of the programs and services offered on our campus, cultivate and recognize donors, and, ultimately raise money for the Regina Foundation.

I am proud to introduce the newest members of our team: Shelley Solberg, CEO, Regina Senior Living and Mark Zuzek, Chair, Annual Support Committee. Shelley and Mark each bring their own expertise and gifts to the Regina Foundation. We are excited to have them onboard!

Sincerely,

Brandi Poellinger

Director of Community Engagement
& Philanthropy



Welcome,



Shelley Solberg

Shelley Solberg joined Regina Senior Living as administrator on Monday, October 23, 2017. She has over 13 years of experience managing and operating skilled nursing and rehabilitation facilities. Shelley was previously with Health Dimensions Group, where she served as executive director for Victory Health and Rehabilitation in Minneapolis, and as executive director for Boundary Waters Care Center in Ely prior to that. Additional previous experience includes serving as administrator for Faribault Care Center and Owatonna Care Center through Deseret Healthcare, as executive director for Kindred Transitional Care and Rehabilitation in Wausau, WI, as administrator for Pennington Health Services in Thief River Falls, MN and as administrator for McIntosh Manor in McIntosh, MN.

Shelley is a licensed nursing home administrator, with an educational background that includes an MBA in healthcare from Capella University, a master's in legal studies from Kaplan University, and a bachelor of arts degree in healthcare administration. She also received her associate's degree in physical therapy and a nursing diploma from Northland Community and Technical College.



Mark Zuzek

Mark Zuzek joined the Regina Foundation Board last fall as the chair of our Annual Support committee. This committee explores and assists with programs to grow annual individual financial support of \$100 or more.

Mark has been the Hastings Middle School principal for nearly 20 years. He is a graduate of Augsburg College with a BA in biology, a minor in chemistry and secondary education licensure in life science 5-12 and all sciences 5-8. He has earned an MA in teaching and learning, and licensure in school administration from St. Mary's University of Minnesota. He is currently enrolled in the doctorate of leadership program at St. Mary's.

Mark's professional interests include strong and positive institutional culture, community collaboration, diversity and equity, data-driven/human-centered decision making, safety and emergency preparedness, and the logistics of program development.

Mark and his wife, Janet, have three adult children. Katie, Abbie, and Alex are all pursuing careers in education.



Mingle and Mammogram Parties

Getting a mammogram is not exactly the highlight of the year for most women age 40+, but Regina Foundation is helping to make the annual screening a little more fun for women. During the spa-like evening, women can enjoy massage, hand treatments, snacks – and, of course, a mammogram.

For upcoming dates and to sign up for the party, call **651-404-1004**.

DONOR PROFILE:

Judy Hemp



"If everyone would volunteer just a little, it would be such a better world."



A Heart for Giving

Judy Hemp has always had a heart for giving. Even as a little girl, she would invite people from along the train tracks in Maiden Rock, WI, to come home with her to eat... "Sometimes to my mother's dismay," smiles Judy.

Judy began her working career at Univac in St. Paul. One morning in 1962, she was in a car accident that left her worried about driving in the metro. One of her friends was in a carpool and invited Judy to ride with them. This is how she met her husband, Carl – he was the driver. They were married in 1963. She laughs when she shares, "The settlement from my car accident paid for our wedding." Judy finds humor in everyday life.

Judy and Carl built a home in Cottage Grove. They had four children, and Judy became extremely active in the community. She joined the Jaycee's and PTA. She often volunteered at school and helped organize the first protest to have signal lights on the corner by Crestview Elementary so it would be safer crossing for the children. She also lobbied for community groups to have access after school. In the 60s, schools locked their doors when the last bell rang or only held school-related activities. "Why let that beautiful space just sit there when it could be put to good use for the community?" says Judy. She also raised funds for several playgrounds.

Judy's priority has always been her family, but outside work always seemed to find her. She did marketing for Chimera Theater, and often received free tickets to opening nights at all the Twin Cities theaters. "It was a lot of fun and a very interesting job," remembers Judy.

She frequently travels to visit her three grandchildren in North Dakota. She participates in their activities including an occasional school project. When Judy is not in ND, she can stream her grandson's basketball games live on her computer. "I don't like the term 'bucket list,'" says Judy, "but my priority is to live long enough to see my grandchildren grow up."

The South Washington newspaper invited her to cover city council, school board meetings and police reports. In 1977, Judy and Carl moved their family to Hastings. The Hastings Gazette asked Judy to help them with reporting. From there, she did some freelance work for local and county news. She also wrote several articles for national magazines including Woman's World and Mpls/St Paul. "Carl was always supportive of my work and activities. I've met a lot of very nice people," says Judy.

In 1994, health issues hit when Carl was diagnosed with chronic lymphocytic leukemia, and Judy had double bypass heart surgery in 1996. Judy recovered, but sadly Carl passed away in 2005. Not long afterward, her youngest daughter and family moved to Mexico with John Deere, and it meant some interesting travels for Judy. Her family is very close and spends holidays and vacations together. "I may ride in the backseat for most of our comings and goings now, but they always include me," says Judy. "I am blessed by my caring family."

Judy retired 17 years ago. She had many friends who were involved in the Regina Auxiliary and has always felt strongly about supporting Regina Hospital and Regina Senior Living. So, she joined and has been very active – particularly with publicity efforts and silent auction for the Fall Bazaar. "It's amazing that this event can raise so much money and allow us to make life better for the residents and patients at Regina," says Judy.

The Regina Foundation does so much, too. Judy was one of many donors who supported the Touching Lives Campaign that helped build the transitional care unit and renovate the

Top: Judy Hemp, Bottom: Judy helps out with projects at her grandchildren's school.



care center. “I love to see how Regina has grown over the years – so many additional services for our community,” says Judy.

Today, Judy serves on the Regina Foundation Board as liaison for the Regina Auxiliary, as well as the foundation’s community relations committee. She enjoys visiting the residents in our Pauline Memory Community each week – they bake cake, pie or bars for the residents and play bingo.

“Once you start volunteering for things, you find even more to do because your interest grows or others will get you involved,” says Judy. “If everyone would volunteer just a little, it would be such a better world. Ordinary people like me can be involved in things.” But like Judy, many of us have no idea how “extra” ordinary we can be.

Right: Judy clockwise with grandchildren Sam, Rachel and Sara.



Community Relations Committee



Left: Dr. Angela Wernow led the discussion on healthy eyes.

Bottom: Emily Niswanger, MS, RDN, LD, Mona Roach, MD, and Christine Gendreau, Lac, Dipl OM, shared several options available locally for holistic care.



The community relations committee held their first seminar on February 26 – “What do healthy eyes look like?” Optometrist Angela Wernow from the Allina Health Hastings Clinic discussed common eye issues and visual disturbances, symptoms, treatment, prevention and good eye care. Susan Anderson with Vision Loss Resources talked about tips and tricks to deal with vision challenges and preventing vision loss from becoming a barrier to everyday living. Elaine Zuzek, facilitator of a local vision loss support group, invited attendees to see if the group is something they could benefit from joining.

On March 19, 40 attendees learned how integrative health programs available in our community can help treat many mental and physical conditions, support cancer treatments, manage chronic pain and simply improve one’s overall health. Mona Roach, MD, discussed the principles of integrative holistic medicine and how you can benefit, as well as mind body medicine – in particular relaxation/coherence training with heart math biofeedback. Nutritionist and Registered Dietitian Emily Niswanger covered the basics of how food plays a role in preventing or reversing chronic disease. Christine Gendreau, Lac, Dipl OM, demonstrated how acupuncture can benefit chronic pain, mental health and general wellbeing.

Fall seminars topics: “Drugs in our Community” and “Learning Challenges.”



Viva Las Spirit

Over 200 employees joined the Spirit of Regina team during the fall campaign. Employees enjoyed the "Viva Las Spirit" theme, and over \$20,000 was pledged for the following projects:

1. Employee Emergency Fund so we can continue to help our coworkers in crisis.
2. Newborn sleep sacks will go home with each child born at Regina Hospital to promote safe sleep.
3. Upgraded chairs in the Pauline Unit for the well-being of our residents and staff.
4. Bariatric furniture in the Emergency and Surgery Center waiting rooms for the comfort of our patients and families.
5. Upgraded chairs for the Tabitha Community that are easy to clean to better promote the safety and dignity of our residents.



Employees had fun during Spirit Week.



2018 Spirit of Regina Team

Jennifer Abraham
Cynthia Aherns
Monica Albertson
Tammy Allen
In memory of Katy Knoss
Taylor Archambault
Heather Arneson
Elizabeth Auge
David Aune
In honor of Myrna Aune
Jason Bainbridge
Debbie Bauer
In memory of Mr. and Mrs. Glenn Holmquist

Cris Bickman
Nicholas Bleik
Rebecca Boguslawski
Susan Bohlken
Sharon Braun
In memory of Rita and Ed Braun
Shelly Brogni
Elan Brown
Tammy Bumgarner
Connie Bunn
In memory of Alice Dettman

Rachel Calton
Caroline Calvert
Kristina Cariveau
Diane Carpenter
Linda Cauchy
Renee Chandler
In memory of Bernie Kasel
Linda Clark
Joshua Cobb
In memory of loved ones
Joann Cole
Stephanie Cook
Amy Corum
Miranda Decker
Beth Deitner
In memory of Phyllis Duren and Jeannine Deitner
Mark Dempsey
In memory of Jerry and Joanne Dempsey
Jessica Dockendorf
In memory of Catherine McPherson
Tammy Dodge
In memory of Bob Dodge

Kris Donndelinger
In honor of Leslie Pallin
In memory of Pat Pallin and Doris Donndelinger
Grace Duclos
Michelle Duer
Mary Duscher
Juli Ek-Marchel
Shelley Engesether
In memory of Barbara Becker
Kevin Engstrom
Becca Erickson
In memory of Richard Fitgers Beer
Michelle Jo Fairbanks
In memory of Jeanne Horsch
Nicole Fedie
Jeff Feeder
Bill Feidt
Rita Feidt
Dana Flavin
Tammy Foss
In memory of Judith Filkins
Debra Foster
In memory of Hazel Erlandson
Mary Gadow

Dina Gallinger
Hazel J. Gallmeier
Lorna Garrick
Ellen Gross
Jennifer Guild
Renee Haliburton
Marianne Halls
Morgan Hanley
Laura Hannah
Jo Hansen
In memory of Patricia Ellwanger
Sarah Harvieux
Linda Held
Lisa Heutmacker
Linda Hiltgen
Mariah Holicky
Brenda Holmes
Lynda Holzemer
In memory of Frank and Lou Neuman

Heidi Homb
 Sandy Hoopingarner
 Nicole Howard
 Tara Hubbard
In memory of Paul Schoen
 Trisha Hultquist
*In memory of Alexandra Curtis
 and Ed Hultquist*
 Mick Humbert
 Jean Hume
 Jean Ickstadt
 Kathryn Irvine
 Natasha Isadore
 Christy Iverson
 Allison Johnson
 Shari Johnson
 Katherine Justen
 Linda Kampa
In memory of Greg Langenfeld
 Lori Kampmeier
 Dianne Kelly
In memory of Catherine Ginther
 Paul Kerestes
 Roberta Kieffer
 Micaiah Kline
 Pam Kochendorfer
 Jim Korson
 Christine Kramer
 Shawn Krech
In memory of loved ones
 Christina Kummer
 Samantha Lang
 Julie Langer
 Lisa Larson
 Diane LaRue Seifert
In memory of Dorothy LaRue
 Tony LaSelle
In honor of Char LaSelle
 Geraldine Lee
 Patty Leifeld
 Donna Lindahl
 Denise Linnell
 Teresa Long
 Jenni Lorentz
 Kathy Lothenbach
 Norma Lowell

Debi Ludwigson
In honor of Lorraine Keeler
 Melissa Lundberg
 Anna Mangan
 Michelle Martinez
 Jodi Mason
 Suzanne Mathwich
In honor of Mom
 Elizabeth Matzke
 Derek McCurdy
 Cindy McCutchen
 Julie McGary
 Becky McKuras
 Caitlin Mein
 Robert Messer
*In memory of the
 Norman Olson Family*
 Vicki Metcalf
In memory of Elizabeth Crane
 Elena Mike
*In memory of Pedro and
 Marion Herrera*
 Jim Mike
 Paul Miller
 LuAnn Morrison
In memory of Steven Morrison
 Diane Naatz
 Annamarie Navarrette
In memory of Mary Piene
 Moriah Nei
 Kristen Novak
 Fr. Thomas F.A. O'Brien
In honor of Ada M. O'Brien
 Christine Odman
 Jadie Ohmann
 Kelly O'Toole
 Mary Oxley
 Gwenda Pangerl
 Mari-Rose Parker
 Bonnie Paulson
 Sharon Penrose
 Joanne Peters
*In honor of Marlyn and
 Robert Duffy, Colleen and Dennis
 Becker, Paul Peters, Megan Peters,
 Jessica and Harrison Johnson*
 Maureen Peterson

Michelle Peterson
*In memory of Ralph and
 Katie Schweich*
 Brandi Poellinger
 Lisa Polachek
 Chris Quicksell
 Dee Rambacher
 Liz Raverty
In memory of Sister Tabitha
 Andrea Reinardy
*In memory of Nick and
 Gert Reinardy and Russell Johnson*
 Wendy Reinardy
 Maria Reis
In memory of Teresa Tobias
 Chelsea Rich
 Heather Roche
 Lisa Rogers
 Mark Rotty
 Monica Roy
*In memory of Monica and
 Joseph Roy*
 Becky Ruddle
 Steve Sandeen
In memory of Alfred Sandeen
 Randy Scheper
 Jane Schmitt
*In memory of Helen Kummer,
 Donald and Betty Schmitt,
 Veronica Kummer, Mary Ann
 Hennen Kummer*
 Aubrey Schock
 Peggy Schoeppner
 Beth Schommer
 Joan Seidl
 Rachel Seroka
In memory of Ann Marie Cummings
 Kaylene Seurer
 Amy Shafer-Angerman
 Peg Siebenaler
 Courtney Simmons
 Mark Skildum
 Abby Stahowiak
 Cari Steinhibel
 Cheryl Stevenson

Tracy Straw
 Karla Sylvander
 Missy Thom
 Sheila Thomas
*In memory of Margaret and
 Roger Vollmer*
 Jean Thompson
In memory of Marian Schickling
 Tom Thompson
 Stacy Thornwall
 John Tonsager
 Nancy Tromberg
 Dawn Trombley
In honor of Myrna Aune
 Belinda Tuckner
*In honor of Alois and
 Marilyn Reinardy*
 Angie Tukuafu
In memory of Jerry Brainard
 Beth Vaughan
 Kathryn Voegel
 Isabella Walstrom
 Jenifer Watters
 Judy Werner
 Lori Werner
*In memory of Cradle to Heaven-
 Nathan Mitchell Pettersen*
 Aaron Wickboldt
 Megan Wojcik
 Amanda Wood
 Jessica Woodford
 Chelsea Zajac
 Renee Zorn
 Several anonymous donors



Regina Cancer Center

Cancer Center registered nurses Kaylen Radtke and Sheila Thomas model tote bags, purchased by the Regina Foundation, that they fill with comfort items for our cancer patients.



Spring Special

Mac McGoon Studio Raises Funds for Regina Hospital's Birth Center

Cindy Hoffmann, with Mac McGoon Studio, offers a Spring Special every year to raise money for the birth center at Regina Hospital. Funds have supported our efforts to promote safe sleep for babies by purchasing sleep sacks. One is sent home with each newborn at Regina Hospital. They replace loose blankets in the crib that can cover a baby's face and interfere with breathing. If you've missed out on this great opportunity, mark your calendars for next spring to take advantage of these fabulous keepsake photos – and raise money for our littlest patients at the same time!



"I absolutely love the Spring Special annual fundraiser for the birth center. It is a fun opportunity to get fabulous pictures. Cindy always does an amazing job photographing my children, and I always love seeing the end product with the adorable bunnies."

- Christy Iverson, Manager of quality, safety and performance improvement for Regina Hospital

Special thanks to all who participated in 2018!

Elizabeth Bauer
Lindsay Bechel
Gail and Alan Carstensen
Crystal Rego and Robert Conrad
Janessa and Kyle Helmbrecht
Matt Dwyer and Chelsea Hill
Josh and Vanessa Horsch
Ali and Jason Hoyer
Mary Kay Humbert

Christy and Pat Iverson
Maerenn and Steve Jepsen
Kaitlen and Blake Johnson
Chris and Deb Kuhns
Ashley and Shawn Linder
Ann and Larry Logsdon
Amanda and Matt Lucking
Angie and Blake Mamer
Lacey Marcum

Chuck and Tammy McCabe
Sarah and Mike McNamara
Jacque and John Nordahl
Kay Oakes
Tabitha and Kevin Olson
Amy and Shawn O'Neil
Roberta and Paul Osborne
Gina and Bob Purzitza
Kevin and Sarah Rutherford

Tasha and Zach Schipper
Amanda and Justin Schmidt
Lisa Schwarz
Deb Shull
Matt and Brenda Siebenaler
Maria and Michael Slavik
Lauren and Casey Swanson
Jason and Jilanne Traynor

Opportunities for Giving

The Regina Foundation is a 501(c)(3) nonprofit organization dedicated to the viability of health care in our community. Our work enhances the health care services and medical technology available in Hastings and the surrounding area. Gifts may be designated for a specific purpose or used by Regina for the areas of most need in senior living and the hospital. All gifts are gratefully received and acknowledged by the Regina Foundation. For more information, call the Foundation office at 651-404-1104.

Gifts and Memorials Oct. 2017-April 2018

IN MEMORY OF

James Beskau

Betty Beskau

Dick Collins

Jim and Faye Collins

Paul "Gus" Huberty

Jim and Faye Collins

Ruth Hurt

Al and Dotie Beckwith
April Bendt
Dan and Karolynn Hiniker
Dan and Marie Ireland
Glenda Lindell
Steven and Kimberly Martin
Ray Nicolai
Carla Brink and Paul Ranellil

Patricia Kenney

John and Sandra Corbett
Kristi Jacoway
Dorothy Kenney

Kenneth H. LaCroix

Janet and Daniel Adrian
David and Marilyn Anderson
Eugene Aurelius
Lucille Aurelius
Glenn and Nancy Bruggemann
Beth and Tore Detlie
Michelle and David Ehlers
Martin and Marie Emeott
John Garrett

Anne Handahl

Judy Hemp

Leanne and Steven Homa
Brian and Rebecca LaCroix
Kenneth and Phyllis LaCroix
Donald and Becky Lee

Mark Liska

Jo Marcotte

Kirt and Marcella Messick

David and Janet Molda

Kathie Quinn

Jody and Diane Radel

Cheryl and Daniel Strusz

Stephen and Georgeann Tkachuck

Paul and Carolyn Verret

Matthew Webster and
Katie McKee

Becky McNamara

Patricia McNamara

Jerry McNamara

Patricia McNamara

John Plunkett, MD

Judy Hemp

Irma Robinson

Irma Robinson Family

Rohr and Schmitz Families

Mary Rohr

Florence Schwartz

Patricia Butler

Lois Stadler

Valerie Booth

Sonja van Eijk

Jan van Eijk

Shirley Zbylicki

Mary June Zbylicki

Donna Zeien

Donald Burch
Jean Cutsforth
Pat Fliger
Donna Zeien Family

CONTRIBUTORS

Allina Health Mission Matters

Robert and Kathleen Armbruster

Forrest and Eleanor Carbary

Betty and Pete Carpenter

Richard and Dorothy Fuchs

Gail Glashan

Hastings Rivertown Lions Club

Tara Hubbart

Jean Hume

Jesse Keene

Joan Kendall

Rita Kriha

Elenore Lohmann

Lutheran Ladies

Michelle Marquardt

Janice Meyer

Tim and Lynn Moratzka

Muddy Waters Bar & Grill

Paula Murray, Anastasi Jellum

Mary Myers

Tom Novak

Don and Mary Olson, Jr.

Steve and LuAnn Rechtzigel

Ron and Karen Rubin

Saint Mathias Lay Carmelite Community

Ann Skoglund

Sodexo, Inc.

Joan Thyren

Jeanne and Jim Tobias

John Tonsager

David and Paula Trejo



Tree of Lights December 2017

IN HONOR

Margaret Akins

Jane Akins

Julia Akins

Kramlinger, Schulte and Theisen Families

Don and Sandy Kramlinger

Char LaSelle

Tony LaSelle

Donald J. Michaels

Lorraine Michaels

Joyce Morin

Scott and Shelly Schmitz

My Grandchildren Gregory, Taylor, Ava and Owen

Debra Foster

Father Thomas F.A. O'Brien

Lorraine Michaels

Liz Otto

LuAnn and Steve Rechtzigel

Delores Braun

Loretta Sieben

Dona Schlosser Brown

Betterley Family

Jim and Marie Brown

Pat Brown

Veronica Burr

Loretta Sieben

Darlene Burvee-Schaffer

John Schaffer

Roman and Freda Busch

Karen Frandrup

Vi Byrne

Pat and Gery Dohmen

Harlow Carlson

Don and Mary Ellen Olson, Jr.

Gene and Evelyn Casserly

Maureen Arend

Patricia "Pat" Caswell

Loretta Sieben

Ross Christiansen

Joanne Ruedy

Bill Clothier

Jim Clothier

Collett Cullen

Loretta Sieben

Jack and Joanne Davis

Bryce and Jayne Davis-Pickart

Eilene Deming

Ron Rubin

Jerry and Joanne Dempsey

Nick, Mark, Katie, Patrick
Dempsey

Orville and Angie Doerr

Terrie Lorentz, Wayne Doerr
and Susan Doerr

Marcella Drilling

Loretta Sieben

James R. Duffy

Robert and Marilyn Duffy

Ralph Eilen

Ray and Donna Staus

Michael Erickson

Kay and Dan Erickson

Hazel Erlandson

Debra Foster

Hazel and Laurence Erlandson

Sandy Fuchs

Lee Estenson

Bernie Estenson

Paul Estenson

Bernie Estenson

Craig N. Felton

Norman and Shirley Gould

Juliana Ferguson

Kathryn Biegel

Florence Fiedler

Cindy Early

Reinold "Knobby" Fox

Jeff, Alex and Max Fox

Sylvester and Jean Fox

Bob and Karen Reinardy

Grace Fraizer

Loretta Sieben

Bud and Dorothy Frandrup

Karen Frandrup

Charlie Frandrup

Karen Frandrup

Fuchs and Orman Families

Richard and Dorothy Fuchs

Patrick Giusto

Catherine Giusto

Catherine "Babe" Goebel

Loretta Sieben

Gordy, Cory and Chad Greiner

Faye Greiner

Paul Greten

Martha, Michael and
Sandra Greten

Rod and Joanne Olson

Freda Gloria Haggerty

Clint Haggerty

Lloyd L. Hanson

Darleen Hanson

Jack Harris

Joe and Pam Harris

William and Marguerite Heino

Harry and Judith Wickhorst

Carl Hemp

Judy Hemp

Stephen Hemp

Judy Hemp

Lawrence and Mary Alice Heselton

Dick and Mary Jean Heselton

Joseph Hince, Sr.

Mary J. Hince

Bill Hobday

Judith L. Lawrence

Rose Hoffenmiller

Loretta Sieben

David L. Hoffman

Maria and Joel Reis

2017 Tree of Lights

The Tree of Lights campaign is a unique and heart-warming way to remember family and friends. The lights on the 14-foot balsam shine for all visitors and passers-by during the holiday season. Its blue, red, green and gold light bulbs symbolize gifts made by donors in memory or in honor of a loved one.

Contributions supported the Live 2B Healthy wellness program for Regina Senior Living residents. This program improves mobility, balance, endurance and cardiovascular health of our residents. Additional benefits include long-term improvement in overall health – fewer falls, decreased symptoms of depression, better sleep patterns and improved problem-solving abilities. Thanks to all who purchased a bulb.



Regina Senior Living resident Margaret Akins enjoys the Live 2B Healthy classes.

Ebba C. Hoffman

Loretta Sieben

John P. Hoffman

Loretta Sieben

Frank and Ag Hoffmann

Armin and Cindy Hoffmann

Bruce Holien

Mary Holien

Keith Horsch

Kathleen Horsch

Richard F. Hudella

Elizabeth A. Hudella

Dr. Mel Humbert

Lorraine Humbert

Ardley and Delores Johnson

Mike and Janice Heesch

Jerry Johnson

Tillie Johnson

Phyllis H. Joyce

Lorraine E. Mauthe

Bill and Anna Karnick

Dick and Mary Jean Heselton

Millie Kimmes

Pat and Gery Dohmen

Rita Kimmes

Mark and Lori Stoffel

Stan Kochendorfer

Dolores Kochendorfer

Clara Kolles

Al and Irene Theis

Mike Kranz

Maureen Kranz

Kriha and Rynda Families

Joe and Rita Kriha

Karl Kuchera

Janet Kuchera

Audrey Kuhn

James Kuhn

Gladys Kuhn

James Kuhn

Kathy Langeslay

Mary Holien

Richard J. Langlais

Dan and Mindy Andrews Family

Dorothy LaRue-Purvis

Diane LaRue-Seifert

Donald Laumeyer

Douglas Laumeyer

Lois Laumeyer

Frederick and Lorraine Lawrence

Judith L. Lawrence

Gloria A. Lawrence

Judith L. Lawrence

Jerald R. Lawrence

Judith L. Lawrence

John A. Lawrence

Judith L. Lawrence

Fred Leatherby

Donine J. Leatherby

Harry, Jessie and Donald Legg

Judith Hemmingson

Mr. and Mrs. Richard C. Lohmann

Elenore Lohmann

Richard "Nails" Lohmann

Elenore Lohmann

Jami Losh

Steve and Dory Losh

Math and Laura Marshall

Mary K. Marshall

Gloria Martin

Kathryn and Joseph Smith

James Matsch

Brenda Stevens

Doris Mazurkiewicz

Pat and Gery Dohmen

Tim and Kevin McDonald

Jaci VanSchoonhoven

Mac and Donna McGoon

Armin and Cindy Hoffmann

Hermine McManmon

Lorraine McManmon

Dave McNamara

Steve and Dory Losh

DeForest Meier

Helen Meier

Ralph Mollick

Steven and Cynthia Mollick

Earl Munkelwitz

Don and Kathy Sawyer

Mark Donavon Murphy

Judith L. Lawrence

Kathy Murray

Patty and John Leifeld

Gary V. Nelson

Judith Nelson

Jim and Mickey O'Connor

Don and Maureen Budach

Erin Jean Okeson

Norman and Shirley Gould

Kevin and Rhonda Okeson

Mary Olson

Kim and Bart Samuelson

Margaret O'Toole

Dorothy and Oscar Rieken

George Otto

LuAnn and Steve Rechtzigel

David Pechacek

Kathryn and Joseph Smith

Earl and Gertrude Pechacek

Kathryn and Joseph Smith

Gerald Pechacek

Kathryn and Joseph Smith

Bernie and Clara Penrod

Dana Pettit

Pamela Peters

Molly Peters

Ron Pettit

Mary Myers

Dana Pettit

Wally and Penny Pettit

Dana Pettit

Helen Podratz

Don and Kathy Sawyer

Terry Quam

Loren Quam

Lynn D. Reichert

Arleda Reichert

Adolph and Lorraine Reinardy

Bob and Karen Reinardy

Clara Rother

Eileen Beissel

Ray Rowan

Georgia Rowan Family

**Leonard and Hildegard
Sadlowsky**

Roger Thyen Family

Mr. and Mrs. Daniel P. Schaar

Elenore Lohmann

Elsie A. Schaar

Elenore Lohmann

Evelyn and August Schluessler

Jim Clothier

Jim and Pat Schmid

Mary Myers

Patty Seleskie

Scott Seleskie Family

Catharine A. Sieben

Loretta Sieben

Clarence W. Sieben

Loretta Sieben

Dorothy M. Sieben

Loretta Sieben

Lucille B. Sieben

Loretta Sieben

Peter P. Sieben

Loretta Sieben

Rose M. Sieben

Loretta Sieben

Mike Simacek

Lois Simacek

**Sisters of Charity of Our Lady,
Mother of Mercy**

Regina Hospital Mission
Integration Team

Donna Sorenson

Regina Auxiliary

Edmund and Helen Staiger

Jack and Marge Staiger

Corwin Staus

Ray and Donna Staus

John F. "Jack" Stern

Loretta Sieben

LuAnn Stoffel

Fran Schneider

Lawson Charles Strand

Tom and Shawna Nelson

Dennis J. Sundelius

Catherine S. Larson

**Donna, Rob, Jeff and
Luke Swanum**

Judith L. Lawrence

Rudy E. Tan, MD

Olga Tan

Robert and Ursula Thompson

Tom and Lori Thompson

Math and Kate Thurmes

Pat and Gery Dohmen

Ben and Betty Thyen

Roger Thyen Family

Cathy Thyen

Roger Thyen Family

Fran and Marc Tobias

Cindy Early

Mary Tobias

Joel and Maria Reis

Gerald Tobias

Teresa Tobias

Joel and Maria Reis

Leonard and Esther Vandelune

Tom and Lori Thompson

Marge Voelker

Regina Auxiliary

Char Sieben Family

Joanne Vretstrom

Loretta Sieben

Nick and Delores Weiland

Allie and JoAnn Feidt

Bruce Welchlin

Judith Welchlin

Helen Werth

Steve and Cynthia Mollick

Elizabeth Wiegrefe

Gerald Wiegrefe

David Wigress, Jr.

Dana Pettit

Shirley Zbylicki

Mary June Zbylicki

Julie Zurfluh

Mike and Ann Westland



Regina Foundation

1175 Nininger Rd
Hastings, MN 55033

Join us for the
2018 Regina Classic

Sept. 10
Dakota Pines Golf Club

Contact the Foundation
office for registration
information.



Great Rivers Society

On April 30, the Great Rivers Society members and guests kicked off the spring and summer season with an event at the Hastings Art Center. Local artist Jordan Schaffer shared his work and attendees enjoyed the variety of his display. Great Rivers Society has been established to recognize and honor the most distinguished benefactors of the Regina Foundation. Membership is extended to individuals who make a commitment to Regina Foundation of \$5,000 or more over a five-year period. All donations stay local and are used to fund projects at Regina Hospital and Regina Senior Living.



Great Rivers Society Charter Members

Chuck and Mary Caturia

Marc and Lynn Chorney

Bernie Estenson

In memory of Lee Estenson

Charlie Johnson

In memory of Carol Johnson

Brian and Rebecca LaCroix

James P. LaCroix

Jeff and Julie LaCroix

*In honor of Ken and
Jane LaCroix*

Ken and Phyllis LaCroix

Joanne Ruedy

Gary Seibert

In memory of Kate Seibert

Jeannie and Tom Williams

Members

Drs. Neal and Jennifer Buddensiek

Nick and Cheryl Conzemius

Jan and Doug Differt

Cindy Early

In memory of Fran and Marc Tobias

Christy and Pat Iverson

David and Andrea LaCroix

In honor of Betsy LaCroix

Doug and Barbara Laumeyer

Dale Olson and Alice McGuiggan

In honor of Roderick and Joanne Olson

Charlie and Patrice Molitor

Christina Pieper-Bigelow

In honor of Richard and Mary Pieper

Brandi and Steve Poellinger

Patrick and Mary Regan

Dick and Donna Rother

Fr. Martin J. Siebenaler

In memory of Math and Christine Siebenaler

Tom and Lori Thompson

Brian LaCroix, Great Rivers Society chairperson, presented gifts to new members Nick and Cheryl Conzemius and Father Martin Siebenaler.