

It started with your  
*generosity.*

In 2017...



**\$408,252**

invested in our patients, our community and our team to ensure integrative health programs and services are available and accessible.



**6,198** patients served; of which **40%** were **new patients.**



**33,462**

outpatient visits to help our patients prevent illness, heal and live healthier lives.

Provided integrative therapy treatments to **over 10,000** hospitalized patients.



**151 nurses** received Transformative Nurse Training.

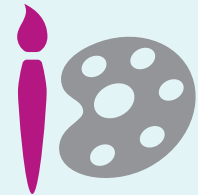


Expanded services to **6** new communities.

**24,250**

lives touched through LiveWell Fitness Center visits.

Provided **art and creativity classes** promoting healing to **150 patients** in the Mother Baby Center.



Delivered **well-being programs** and services (lifestyle classes, fitness consults, nutrition consults, etc.) to **5,692 Allina Health employees.**

Developed and piloted a comprehensive integrated program to **reduce the impact of chronic pain.**



*and so much more!*



*Your 2017 gift made an impact!*

Whether you designated your gift to the area of greatest need, training for health care professionals, Resilience Training for patients or another fund of your choice, you helped to make a difference for thousands of people in your community.

Thank you for your investment in Penny George Institute for Health and Healing.

**Together, we are creating a healthier community.**

[allinahealth.org/PGIF](http://allinahealth.org/PGIF)

Allina Health 

**PENNY GEORGE  
INSTITUTE  
FOUNDATION**