

STUDENT ASSESSMENT, EQUIPMENT AND FIT UP DETAILS:

Fill out at beginning of season in its entirety and update as necessary

FIRST NAME: _____ LAST INITIAL: _____ YEAR: _____

Location: _____ Instructor(s): _____

Parent/Guardian Name/contact info: _____

Age _____ Weight _____ Height _____ Disability _____

Seizures: Y N Date of last seizure _____ (within 5 years, a black belt and retention strap is mandatory)

Participant Assessment: *Profile of the Participant: ask questions??*

CAP MODEL:

Cognitive: how do they communicate...

Affective: what motivates them...

Physical: how do they move, do they have specific strengths/weakness...

Teaching Concerns/Medications & side effects (if applicable):

Participant Goals:

PERSONAL EQUIPMENT:

- HELMET – MUST HAVE
- EYE PROTECTION: glasses/goggles
- LIFT PASS – MUST HAVE
- APPROPRIATE CLOTHING: warm footwear, ski/snow pants, warm jacket, gloves or mittens and warm layers, etc.
- WRIST GUARDS/KNEE PADS: (Recommended) Snowboard specific gear
- ADDITIONAL CLOTHING/EQUIP BORROWED: please list _____

EQUIPMENT INFO: type and size, be very specific: was the seat moved, how much, etc.

- Bi-Ski _____
- Mono Ski _____
- Stand Up _____
- Snowboard _____
- Ski Bike _____

SIT DOWN DISCIPLINES:**Extra padding:** *be specific: where does it go, what type of foam used (closed= squishy & open = firm)*

- Kidney Belt/Shoulder straps/etc.
- Dowel Test/results
- Changes made to the piece of equipment being used: _____

OUTRIGGER INFO:

- Hand held:** outrigger #/color _____ length _____ type _____
- Fixed outriggers:** # of holes showing _____ other _____
- Handle bar:** size _____

ADAPTIVE DEVICES AND SET UP DETAILS:

- Slider #:** _____
Slider Ski length _____
Skier ski length _____
Boot size _____ rental/own
- Rider Bar:** Specifics: _____
- Snowboard** Size _____ Boot size _____ Circle: Rental or Own Regular Goofy
- Ski Pal**
- Bamboo pole**
- Tip stabilizers**
Circle type: *clamps trombone edgie wedgie lucky clips other (please list)* _____
- Visual Impairment** **Hearing impairment** **Guide bibs** **Backpack Radio/head gear**
- Additional Tools used:** hula hoop, steering wheel etc.

Comments and ideas: