

First Name _____ Middle Initial _____ Last Name _____

Phone (H) _____ (W) _____ (Cell) _____

Date of Birth _____ Date of Injury/Surgery _____ Diagnosis _____

Contraindications/Precautions _____

☐ New Order

☐ Continuation Order

Return to Physician Date _____

Please check one of the following: ☐ **PT Evaluate & Treat** OR ☐ **OT Evaluate & Treat**

Goals: ☐ Maximize Function and Independence

☐ Decrease Pain

☐ Home Exercise Program

☐ Other _____

☐ Frequency and duration determined by patient progress and therapist discretion _____ Number of visits

Frequency: 1x 2x 3x 4x 5x per week

Duration: 1 2 3 4 5 6 weeks

Provider Signature

Provider Name (PLEASE PRINT)

Date

Time

Clinic Name

Clinic Phone Number

Special Programs (Available at select sites. Check online: allinahealth.org/couragekenny)

☐ Functional Capacity Evaluation

☐ Lymphedema Therapy including:

☐ Therapeutic Pool

☐ Hand Therapy including:
Occupational Therapy, Physical Therapy

☐ Lymphedema bandaging supplies

☐ With progression to independent exercise

☐ Other _____

☐ Physical Performance Testing with an
Occupational Therapist or Physical Therapist

☐ Community pool

☐ Vestibular Therapy

☐ RunSMART

☐ Work Conditioning

Treatment Options

Exercise

☐ ROM

☐ Stretching/Flexibility

☐ Home Exercise Program

☐ Strengthening

☐ Posture & Body Mechanics

☐ Other _____

Procedures

☐ Manual Therapy (soft tissue/joint mobilization,
myofascial release)

☐ Balance/Proprioception

☐ Gait Training

☐ Specific Protocol/Other _____

☐ Other _____

Modalities

☐ As Indicated

☐ Ultrasound

☐ Electrical Stimulation

☐ Phono/iontophoresis

☐ Dexamethasone sodium phosphate
4 mg/ml, 30 ml

☐ Traction

☐ Other _____

Equipment and Supplies _____

Other Comments _____

Courage Kenny Spine Center

☐ Spine MD Evaluation – with option for intensive spine strengthening (MedX)

Problem: ☐ Neck ☐ Low Back ☐ Thoracic

Courage Kenny Sports & Physical Therapy

For directions to and parking information, please call the site directly or visit allinahealth.org/couragekenny.

Call 612-262-7900, toll-free 888-691-0045 or fax 612-262-7860 to schedule FIRST appointment at the following locations:

- **Albertville**
11091 Jason Ave NE, Suite 2
Albertville, MN 55301
Ph: 763-744-4140
- **Annandale**
440 Elm St E
Annandale, MN 55302
Ph: 763-684-3880
- **Apple Valley**
Apple Valley Medical Center
14655 Galaxie Ave, Suite 160
Apple Valley, MN 55124
Ph: 651-241-3880
- **Buffalo**
Fitness Center
101 14th St NE, Suite 1A
Buffalo, MN 55313
Ph: 763-684-3880
- **Buffalo**
(Outpatient & Kenny Kids)
300 Catlin St, Suite 101
Buffalo, MN 55313
Ph: 763-684-3888
- **Burnsville**
12400 Portland Ave So
Suite 140
Burnsville, MN 55337
Ph: 952-428-0400
- **Cambridge**
Cambridge Medical Center
701 South Dellwood St.
Cambridge, MN 55008
Ph: 763-688-7782
- **Champlin**
11269 Jefferson Hwy N
Suite 200
Champlin, MN 55316
Ph: 763-236-0780
- **Coon Rapids, Mercy Specialty Center**
11850 Blackfoot St NW
Suite 400
Coon Rapids, MN 55433
Ph: 763-236-8911
- **Coon Rapids, Springbrook**
9055 Springbrook Dr
Coon Rapids, MN 55433
Ph: 763-236-1050
- **Coon Rapids, Kenny Kids**
3111 124th Ave NW, Suite 123
Coon Rapids, MN 55433
Ph: 763-236-7337
- **Cottage Grove**
8811 92nd St S, Suite 101
Cottage Grove, MN 55016
Ph: 651-241-3777
- **Eagan**
1284 Corporate Center Dr,
Suite 500
Eagan, MN 55121
Ph: 612-775-2940
- **Eden Prairie (Pool)**
8501 Flying Cloud Dr
Eden Prairie, MN 55344
- **Edina**
Centennial Lakes
7373 France Ave S, Suite 204
Edina, MN 55435
Ph: 952-428-0600
- **Edina**
Abbott Northwestern's
Center for Outpatient Care
8100 West 78th St, Suite 205
Edina, MN 55439
Ph: 952-914-8065
- **Elk River**
14181 Business Ctr Dr NW
Elk River, MN 55330
Ph: 763-236-0580
- **Forest Lake**
1467 Lake Street So
Forest Lake, MN 55025
Ph: 651-241-3840
- **Fridley**
7225 University Ave NE
Fridley, MN 55432
Ph: 763-236-2150
- **Golden Valley**
3915 Golden Valley Rd
Minneapolis, MN 55422
Ph: 612-775-2455
- **Isanti**
300 5th Ave NE, Suite 200
Isanti, MN 55040
Ph: 763-688-9750
- **Maple Grove**
7840 Vinewood Lane, Suite A
Maple Grove, MN 55369
Ph: 763-236-0258
- **Minneapolis**
2800 Building
2800 Chicago Ave, Suite 102
Minneapolis, MN 55407
Ph: 612-863-4446
- **Plymouth**
Abbott Northwestern
WestHealth
2805 Campus Dr, Suite 345
Plymouth, MN 55441
Ph: 763-236-5555
- **Ramsey**
7231 Sunwood Dr NW
Suite A
Ramsey, MN 55303
Ph: 763-236-0006
- **Richfield**
Woodlake
6601 Lyndale Ave S
Suite 105
Richfield, MN 55423
Ph: 612-775-5190
- **Saint Paul**
Bandana Square
1021 Bandana Blvd E
Suite 123
St. Paul, MN 55108
Ph: 651-241-3939
- **Saint Paul**
Doctors Professional Bldg
280 Smith Av N, Suite 120
St. Paul, MN 55102
Ph: 651-241-7560
- **Shoreview**
4180 No Lexington Ave
Shoreview, MN 55126
Ph: 651-241-1455
- **Stillwater – St. Croix**
1460 Curve Crest Blvd
Stillwater, MN 55082
Ph: 651-241-3820
- **Vadnais Heights**
1155 East County Rd E
Suite 120
Vadnais Heights, MN 55110
Ph: 651-241-1464
- **Woodbury**
1625 Radio Dr
Woodbury, MN 55125
Ph: 651-241-3636

Call the locations below directly to schedule FIRST appointment:

- **Coon Rapids**
(Vestibular & Pelvic Pain/
Incontinence Therapy)
Mercy Hospital
4050 Coon Rapids Blvd
Coon Rapids, MN 55433
Ph: 612-262-7979
- **Ellsworth, WI**
Vibrant Health Family Clinic
144 South Plum St
Ellsworth, WI 54011
Ph: 715-307-6050
- **Faribault**
District One Hospital
35 State Ave
Faribault, MN 55021
Ph: 507-332-4790
- **Fridley**
Mercy Hospital – Unity Campus
Lower Level
550 Osborne Rd NE
Fridley, MN 55432
Ph: 763-236-3000
- **Hastings**
YMCA
85 Pleasant Drive
Hastings, MN 55033
Ph: 651-404-1002
- **New Ulm**
New Ulm Medical Center
1324 Fifth North St.
New Ulm, MN 56073
Ph: 507-217-5173
- **Owatonna**
Owatonna Hospital
2250 NW 26th St
Owatonna, MN 55060
Ph: 507-977-2150
- **Prescott, WI**
1400 North Acres Rd
Suite 60
Prescott, WI 54021
Ph: 715-262-4450
- **River Falls, WI**
River Falls Area Hospital
1629 E. Division St.
River Falls, WI 54022
Ph: 715-307-6050

★ MedX available

Courage Kenny Spine Center

Call 800-827-8313 or fax 763-236-5556 to schedule FIRST appointment at the following locations:

- **Coon Rapids ★**
11850 Blackfoot St NW
Suite 405
Coon Rapids, MN 55433
- **Edina ★**
Abbott Northwestern's
Center for Outpatient Care
8100 West 78th St, Suite 205
Edina, MN 55439
- **Faribault ★**
District One Hospital
35 State Avenue
Faribault, MN 55021
- **Minneapolis**
Abbott Northwestern Hospital
800 East 28th St
Suite CK1750
Minneapolis, MN 55407
- **Plymouth ★**
Abbott Northwestern WestHealth
2805 Campus Dr, Suite 345
Plymouth, MN 55441
- **St. Paul**
United Hospital
Doctors Professional Building
280 Smith Ave N, Suite 220
St. Paul, MN 55102
- **Shakopee**
Shakopee Specialty Clinic
1515 St. Francis Ave, Suite 250
Shakopee, MN 55379
- **Woodbury ★**
1625 Radio Dr
Woodbury, MN 55125