



2017

YEAR IN REVIEW and financial statement

COURAGE KENNY FOUNDATION



Allina Health 

COURAGE KENNY
FOUNDATION

You've supported our vision that one day all people will live, work, learn and play in a community based on abilities, not disabilities.



Dear friends,

In 2017, for the first time in our organization's history, Courage Kenny Rehabilitation Institute reached more than 100,000 people—103,475 to be exact—with innovative rehabilitation and comprehensive services in our community. Your support truly makes an impact on people's lives; thank you for bringing our vision to life.

Last year was a triumphant year for Courage Kenny Rehabilitation Institute. Not only did Courage Kenny serve a record number of people, but we made significant gains for the clients we serve across our network:

- The Arthur Andersen Minneapolis Alumni Fitness & Wellness Center was completed in June 2017. The \$4.75 million project was fully funded by philanthropic support and has created an adaptive and intensive fitness destination in the Upper Midwest. Already, we have seen a 13 percent increase in locomotor treadmill sessions in the Activity-Based Locomotor Exercise (ABLE) Program. This increase means more people are able to access this innovative program and achieve positive results in their physical function and overall well-being.
- Our Transitional Rehabilitation Program remains a unique and personalized approach for people who need significant rehabilitation before they can return home to their communities. Last year, we reached 187 patients, with 92 percent returning to social activity three months after discharge, and 79 percent reporting increased independence.
- Our community-based services continue to expand, reaching across the state of Minnesota and western Wisconsin. In 2017, nearly 6,500 people accessed programs and services that met their specific needs—such as aquatics in our warm-water therapy pools, adaptive alpine skiing and snowboarding, and driving lessons in their newly adapted car—just to name a few. Community Services like these support our efforts for whole person care, providing meaningful experiences and helping people lead healthy, independent lives.

Generosity from our community continues to humble and encourage our team. You helped us reach more than \$11.8 million in donations last year. This investment directly impacts the people who count on Courage Kenny every day and allows for continued innovation, research and ground-breaking programs that serve people with disabilities and strengthen our community. You make this possible.

Thank you for making a difference in the lives of so many.

Stephen Bariteau, President, Courage Kenny Foundation

Out of every dollar donated to Courage Kenny in 2017:



*Courage Kenny Foundation follows the national average for the cost to raise a dollar.

- 40 cents supported community-based programs such as sports and recreation, driver assessment and training, vocational services, and aquatics, health, wellness and fitness
- 13 cents supported innovative services, such as our Advanced Primary Care Clinic and our Activity-Based Locomotor Exercise (ABLE) Program
- 22 cents invested in capital expansion to benefit innovative programs
- 6 cents supported research, public policy and advocacy
- 19 cents went to operations and fundraising*

JUNE 1, 2017– MAY 31, 2018 BOARD OF DIRECTORS

Bruce Backberg
Stephen Bariteau
Les Bruncker
Mike Chappuis
Tim DeLapp
Ross D'Emanuele
Erik Ekstrom
Tom Erickson
J. Marie Fieger
Mary Frey
Pete Gallus
Sherry Gydesen
Ross Gustafson
Peter Hasselquist
Kevin Hykes
Tommy Johns
Ryan Johnson
Linda Krach
Andy Krane
Richard Lay
Eric Norberg (Chair)
Eric Peterson
Sue Piva
Bret Puls
Susan Rhode
Robert J. Spencer, Jr.



Courage Kenny Foundation Statement of Financial Position

January 1, 2017 – December 31, 2017

ASSETS	
Pledge commitments	\$770,122
Due from Allina Health System	\$814,636
Investments	\$38,703,977
Charitable remainder trusts	\$1,508,263
Other assets	\$441,432
Total assets	\$42,238,430

LIABILITIES	
Payable remainder trust beneficiaries	\$1,174,311
Total liabilities	\$1,174,311

NET ASSETS	
Unrestricted funds	\$17,209,682
Temporarily restricted funds	\$14,588,633
Permanently restricted endowment funds	\$9,265,804
Total net assets	\$41,064,119
Total liabilities and net assets	\$42,238,430

REVENUE, GAINS AND SUPPORT	
Contributions to Courage Kenny Foundation	\$7,028,405
Investment return	\$4,243,350
Change in value of split-interest agreements	\$(25,782)
Other revenue	\$27,631
Total revenue, gains and support	\$11,273,604

GRANTS	
Grants to Courage Kenny Rehabilitation Institute	\$11,683,153
Community grants	\$103,164
Total grants	\$11,786,317

OPERATING COSTS	\$2,623,512
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CHANGE IN NET ASSETS	
Net assets beginning of 2017	\$44,200,344
Net assets end of 2017	\$41,064,119
Change in net assets	\$(3,136,225)

Thank you! You've helped us build a community based on abilities, not disabilities.

2017 YEAR IN REVIEW

TRANSITIONAL REHABILITATION PROGRAM

★★★★★

5 STAR RATING

by the Centers for Medicare & Medicaid Services for skilled nursing facilities



99% reduction in use of opioids taken for pain by clients four months after completing our Chronic Pain Rehabilitation Program


50+
therapy locations


\$18.35
average hourly wage for Vocational Services clients in the Extended Employment program
\$8+ higher than Minnesota's minimum wage


1,330
locomotor training (treadmill) sessions as part of the Activity-Based Locomotor Exercise (ABLE) program


103,000+
people served

96% of clients in Driver Assessment & Training who were recommended to take the Minnesota State Road Test passed





525
people received personalized coaching to live more independently


2,310
volunteers logged
62,885 hours

Depression improved for **69%** of Advanced Primary Care Clinic patients

651 participants in more than **30** adaptive sports and recreation programs



3,665 clients


Aquatics, Fitness and Wellness

Funded by your generous philanthropic donations


New robotic walking technology device at our **United Hospital location**

\$123,722
research grants to Courage Kenny Research Center




Arthur Andersen Minneapolis Alumni Fitness & Wellness Center, a \$4.75 million, state-of-the-art facility for people of all abilities, opened at our Golden Valley campus

Installation of **Vector Gait & Safety System** at our **Abbott Northwestern Hospital location**


61 staff continuing education grants

208
Aquatics, Fitness and Wellness clients received \$11,397 in scholarships


Provided adaptive sports equipment for all participants in need with equipment averaging **\$2,500** each