





2017 YEAR IN REVIEW and financial statement **COURAGE KENNY FOUNDATION**























Allina Health 💸 **COURAGE KENNY FOUNDATION**

You've supported our vision that one day all people will live, work, learn and play in a community based on abilities, not disabilities.



Dear friends.

In 2017, for the first time in our organization's history, Courage Kenny Rehabilitation Institute reached more than 100,000 people—103,475 to be exact—with innovative rehabilitation and comprehensive services in our community. Your support truly makes an impact on people's lives; thank you for bringing our vision to life.

Last year was a triumphant year for Courage Kenny Rehabilitation Institute. Not only did Courage Kenny serve a record number of people, but we

made significant gains for the clients we serve across our network:

- The Arthur Andersen Minneapolis Alumni Fitness & Wellness Center was completed in June 2017. The \$4.75 million project was fully funded by philanthropic support and has created an adaptive and intensive fitness destination in the Upper Midwest. Already, we have seen a 13 percent increase in locomotor treadmill sessions in the Activity-Based Locomotor Exercise (ABLE) Program. This increase means more people are able to access this innovative program and achieve positive results in their physical function and overall well-being.
- · Our Transitional Rehabilitation Program remains a unique and personalized approach for people who need significant rehabilitation before they can return home to their communities. Last year, we reached 187 patients, with 92 percent returning to social activity three months after discharge, and 79 percent reporting increased independence.
- Our community-based services continue to expand, reaching across the state of Minnesota and western Wisconsin. In 2017, nearly 6,500 people accessed programs and services that met their specific needs—such as aquatics in our warm-water therapy pools, adaptive alpine skiing and snowboarding, and driving lessons in their newly adapted car-just to name a few. Community Services like these support our efforts for whole person care, providing meaningful experiences and helping people lead healthy, independent lives.

Generosity from our community continues to humble and encourage our team. You helped us reach more than \$11.8 million in donations last year. This investment directly impacts the people who count on Courage Kenny every day and allows for continued innovation, research and ground-breaking programs that serve people with disabilities and strengthen our community. You make this possible.

Thank you for making a difference in the lives of so many.

Stephen Bariteau, President, Courage Kenny Foundation

Out of every dollar donated to Courage Kenny in 2017:



*Courage Kenny Foundation follows the national average for the cost to raise a dollar.

- 40 cents supported community-based programs such as sports and recreation, driver assessment and training, vocational services, and aquatics, health, wellness and fitness
- 13 cents supported innovative services, such as our Advanced Primary Care Clinic and our Activity-Based Locomotor Exercise (ABLE) Program
- 22 cents invested in capital expansion to benefit innovative programs
- 6 cents supported research, public policy and advocacy
- 19 cents went to operations and fundraising*

JUNE 1, 2017-MAY 31, 2018 **BOARD OF DIRECTORS**

Bruce Backberg

Stephen Bariteau

Les Brunker

Mike Chappuis

Tim DeLapp

Ross D'Emanuele

Erik Ekstrom

Tom Erickson

J. Marie Fieger

Mary Frey

Pete Gallus

Sherry Gydesen

Ross Gustafson

Peter Hasselquist

Kevin Hykes

Tommy Johns

Ryan Johnson

Linda Krach

Andy Krane

Richard Lay

Eric Norberg (Chair)

Eric Peterson

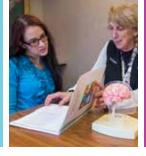
Sue Piva

Bret Puls

Susan Rhode

Robert J. Spencer, Jr.







Courage Kenny Foundation Statement of Financial Position

January 1, 2017 - December 31, 2017

ASSETS	
Pledge commitments	\$770,122
Due from Allina Health System	\$814,636
Investments	\$38,703,977
Charitable remainder trusts	\$1,508,263
Other assets	\$441,432
Total assets	\$42,238,430

REVENUE, GAINS AND SUPPORT	
Contributions to Courage Kenny Foundation	\$7,028,405
Investment return	\$4,243,350
Change in value of split- interest agreements	\$(25,782)
Other revenue	\$27,631
Total revenue, gains and support	\$11,273,604

LIABILITIES	
Payable remainder trust beneficiaries	\$1,174,311
Total liabilities	\$1,174,311

GRANTS	
Grants to Courage Kenny Rehabilitation Institute	\$11,683,153
Community grants	\$103,164
Total grants	\$11,786,317

NET ASSETS	
Unrestricted funds	\$17,209,682
Temporarily restricted funds	\$14,588,633
Permanently restricted endowment funds	\$9,265,804
Total net assets	\$41,064,119
Total liabilities and net assets	\$42,238,430

CHANGE IN NET ASSETS	
Net assets beginning of 2017	\$44,200,344
Net assets end of 2017	\$41,064,119
Change in net assets	\$(3,136,225)

Thank you! You've helped us build a community based on abilities, not disabilities.

OPERATING COSTS

COURAGE KENNY REHABILITATION INSTITUTE

2017 YEAR IN REVIEW











training (treadmill) sessions as part of the Activity-**Based Locomotor Exercise (ABLE)** program

99% reduction in use of opioids taken for pain by clients four months after completing our **Chronic Pain** Rehabilitation **Program**



of clients in Driver Assessment & Training who were recommended to take the Minnesota State Road Test passed





Depression improved for **Advanced Primary** Care Clinic patients

651 participants in more than **30** adaptive sports and recreation programs



3,665 clients



and Wellness

Funded by your generous philanthropic donations



New robotic walking technology device at our

United Hospital location

\$123,722

research grants

to Courage Kenny Research Center



Arthur Andersen Minneapolis Alumni Fitness & Wellness Center, a \$4.75 million, state-of-the-art facility for people of all Golden Valley campus

Installation of **Vector Gait &** Safety System C at our Abbott **Northwestern Hospital location**



grants



Provided adaptive sports equipment need with equipment averaging **\$2,500** each