



# CARDIOVASCULAR SERVICES

*To support cardiovascular research, innovation and education*



## Minneapolis Heart Institute® at Abbott Northwestern Hospital

Heart attack. Heart failure. Complications from cardiovascular disease. If you or a loved one face a dangerous heart problem, the clinicians at Minneapolis Heart Institute® at Abbott Northwestern Hospital can help. This care team diagnoses, treats and prevents heart problems of all kinds, and advances the field of cardiology through research. Minneapolis Heart Institute® is recognized as one of the world's top heart institutes and has consistently ranked in the top 40 institutions nationally for cardiology and heart surgery by *U.S. News & World Report*.

Improving patient outcomes and eliminating heart and vascular disease drive a culture of innovation. From Abbott Northwestern, research findings and best practices—with special emphasis on teaching others—are shared across Allina Health and around the globe. For example, the heart attack mortality rate decreased 50 percent in 30 rural communities served by the Level One Heart Attack Program pioneered at Abbott Northwestern, which established best practices now used nationwide.

Recently, clinicians have:

- improved care for heart valve patients
- established a better treatment plan for conditions related to an enlarged heart
- extended specialty cardiology care to underserved regions through the TeleHeart program
- enhanced heart imaging techniques to better understand congenital diseases.

With Abbott Northwestern's patients in mind, Minneapolis Heart Institute® physicians have authored more than 500 studies since 2011.

*"I have had a long, hard battle, but I came to the right place—a place I call home. I was told by doctors somewhere else that I probably wouldn't live to see age 50. The doctors at Minneapolis Heart Institute® didn't give up that easily." – Grateful patient*





### Advancing Excellence

Abbott Northwestern Hospital Foundation, with the generous support of the community, is raising funds to support cardiovascular care. Your gift will support care innovation throughout the region and strengthen scientific research, advancing excellence well into the future.

### Opportunities to support Cardiovascular Care

- **Health Care Delivery Innovation Center:** A first-of-its-kind model for health data analysis, the virtual center aims to improve the patient experience and health outcomes by improving the quality of heart treatments, streamlining care and reducing costs. One of its lead researchers, Steven Bradley, MD, MPH, FACC, recently received the 2017 Douglas P. Zipes Distinguished Young Scientist Award by the American College of Cardiology. Philanthropy supports dedicated clinician time for research and analysis to help improve care.
- **Rural heart health and community engagement:** With a mission to eliminate heart and vascular disease, Minneapolis Heart Institute® physicians serve the region through innovative care delivery systems like TeleHeart and Cardiology Curbside, which provide people in rural communities access to clinical experts at Abbott Northwestern during a cardiac emergency and for routine care. Philanthropy brings these services to greater Minnesota and also supports education for heart disease prevention.
- **Technological innovation and research:** At the leading edge of cardiovascular care, Minneapolis Heart Institute® clinicians engage in research, seeking the most effective treatments and technological innovations. Philanthropy supports equipment and research time for testing new devices designed to improve the quality of cardiac care and save lives.
- **Educational support:** As medical and scientific knowledge rapidly advances, ongoing knowledge is key to successful patient outcomes. Philanthropy allows clinical team members and researchers the opportunity to attend national cardiovascular conferences, to enhance their expertise, disseminate their findings within the broader scientific community and bring knowledge back to Abbott Northwestern.

Philanthropic support advances the mission of Allina Health and Abbott Northwestern to restore health, prevent illness and provide comfort. By strengthening our ability to deliver compassionate treatment, conduct research and advance professional knowledge, you ensure that this national health care leader continues to be a dynamic place of healing and innovation for all patients and their families.

*"The open-heart surgery went exceptionally well and, fortunately, I did not need follow-up care, other than the few check-ups and tests a few months after my surgery." – Grateful patient*

To learn more about cardiovascular care and how you can help, please contact the Abbott Northwestern Hospital Foundation at **612-863-4126**.