

2015 myHealthCheck assessment schedule

View up-to-date availability for onsite myHealthCheck assessment appointments and schedule online at myHealthCheck.com/allinahealth. All events are scheduled from **7 a.m. to noon** unless otherwise noted below.

For participants who completed an Allina Health primary care provider visit: myHealthCheck has added 30 minutes before and after the assessment events (6:30-7 a.m. and noon to 12:30 p.m. unless otherwise noted) to accommodate walk-in body fat measurements. Walk-ins during the events will be accommodated as quickly as possible.

Allina Health hospitals	Dates	Conference room/mobile lab location
Abbott Northwestern Hospital (Minneapolis)	March 16-20 April 13-17 May 7-8 May 11-15	Harriet Walker Building, Conf Rm 109
Buffalo Hospital	April 28-30	Mobile Lab (lower red parking lot)
Cambridge Medical Center	March 19-20 March 23-26 May 1-2 May 4-7	Mobile Lab (parking lot)
District One Hospital (Faribault)	April 15-17 April 20-21	Classroom B
Mercy Hospital (Coon Rapids)	April 7-10 April 13	Mobile Lab (Mercy Healthcare Center south parking lot)
New Ulm Medical Center	March 31-April 1 April 2-4 (6-11 a.m.)	Auditorium
Owatonna Hospital	April 22-23	Mobile Lab (loading dock parking lot, west side of hospital)
Phillips Eye Institute (Minneapolis)	April 20-21	Heilicher Auditorium
Regina Hospital (Hastings)	May 5-8 May 11	Mobile Lab (parking lot)
River Falls Area Hospital	April 1-2	Mobile Lab (east parking lot, adjacent to Wellness Center)
St. Francis Regional Medical Center	March 25-27 March 30-31	Mobile Lab (orange parking lot)
United Hospital (St. Paul)	April 21-24 April 27-30	Doctors Professional Building, Suite 144 (first floor, down the hall from Human Resources)
Unity Hospital (Fridley)	March 9-13 March 16, April 14, May 12-15 May 18-19	Mobile Lab (rear employee parking lot, by maintenance garage)
Allina Health clinics	Dates	Conference room/mobile lab location
Baxter MCA - Mpls Heart Ins	April 15	Exam rooms 1 and 2
Bandana Square - Allina Health clinic	March 4-5	Mobile Lab (south parking lot by Urgent Care - in courtyard)
Blaine - Allina Health clinic	March 31 and April 1	Mobile Lab (parking lot)
Bloomington - Allina Health clinic	April 29-30 and May 1	Mobile Lab (SW corner of front parking lot)
Brooklyn Park - Allina Health clinic	April 2-3	Mobile Lab (parking lot)
Burnsville - Allina Health clinic	May 4-5	Mobile Lab (parking lot in front of building)
Champlin - Allina Health clinic	March 17	Mobile Lab (temporary west side gravel parking lot)
Cokato - Allina Health clinic	April 17	Mobile Lab (parking lot)
Coon Rapids - Allina Health clinic	May 22 and May 26-29	Mobile Lab (SW corner of employee parking lot)
Cottage Grove - Allina Health clinic	March 9-10	Mobile Lab (south side of front parking lot)
Eagan - Allina Health clinic	March 11-12	Mobile Lab (parking lot)
Edina - Allina Health clinic	April 7-9	Mobile Lab (parking lot)
Edina - Sports & Ortho	May 8	Mobile Lab (parking lot)
Elk River - Allina Health clinic	March 23-24	Mobile Lab (parking lot)
Farmington - Allina Health clinic	April 28	Mobile Lab (south end of parking lot)
Forest Lake - Allina Health clinic	March 30	Mobile Lab (parking lot)
Inver Grove Heights - Allina Health clinic	April 13-14	Mobile Lab (parking lot)
Maplewood - Allina Health clinic	March 26-27	Mobile Lab (parking lot)
Mora - First Light Health System	March 18	Mobile Lab (parking lot)
Northfield - Allina Health clinic	April 24 and April 27	Mobile Lab (South parking lot)
Ramsey - Allina Health clinic	March 18	Mobile Lab (parking lot)
Shoreview - Allina Health clinic	May 6-7	Mobile Lab (west side of parking lot)
Woodbury - Allina Health clinic	May 18-21	Mobile Lab (north corner of parking lot)
Other locations	Dates	Conference room/mobile lab location
Brooklyn Center - Accounts Receivable	April 6	Mobile Lab (parking lot)
Golden Valley - Courage Kenny	April 6-10	Executive Conference Room 232

Hutchinson - Home Care Services	April 16	Mobile Lab (parking lot)
Minneapolis - The Commons	March 9-13 March 30 – April 3 April 27 – May 1 May 20-22 May 26-29	Conference room 068 (Mora)
Plymouth - Abbott Northwestern-WestHealth	May 19-22	Mobile Lab (parking lot)
St. Paul - Westgate	May 12-15	Mobile Lab (west side parking lot near black fence)
Stillwater - Courage Kenny	March 24-25	St. Croix Conference Room
Life Time Fitness clubs	Dates	Club/mobile lab location
LTF Minneapolis Athletic Center	March 16-17	In Club (Life Lab Area - office next to gym)
LTF Coon Rapids	March 6-7 March 20-21 April 3-4 April 10-11 May 2-3 May 15-18	In Club (Education Center)
LTF Eagan	April 4 and April 6	Mobile Lab (parking lot)
LTF White Bear Lake	May 20-21	Mobile Lab (parking lot)
LTF Maple Grove	April 18 May 9 May 26-29	Mobile Lab (parking lot)
LTF Crosstown	April 25 May 27-29	Mobile Lab (rear lot, south side of building)
LTF Chanhassen	May 4, 2015	Mobile Lab (parking lot, north side of club)
LTF Savage	March 21	Mobile Lab (parking lot)
LTF Lakeville	March 13-14 March 27-28 April 24-25 May 16-18	In Club (Ed Center, 2nd floor of Tennis Center)
LTF Woodbury	March 28 April 11 May 9	Mobile Lab (parking lot)