

Preparing for Your Baby: Layette Checklist

Clothing (Size 6 Months or Larger)	
<input type="checkbox"/> 3 to 6 pairs booties or socks	<input type="checkbox"/> 2 blanket sleepers
<input type="checkbox"/> 6 one-piece undergarments or undershirts	<input type="checkbox"/> 1 to 2 hats (depending on the season: sun hat with brim or heavyweight ear-covering winter hat)
<input type="checkbox"/> 4 sleep outfits/gowns or terry stretch sleepers	<input type="checkbox"/> 2 blankets, weights according to the season
<input type="checkbox"/> 4 playwear/dress outfits, 2-piece sacque sets, rompers, sweatsuits, and/or dresses	<input type="checkbox"/> 2 sweaters (heavy or lightweight, depending on the season)

Diapering	
<input type="checkbox"/> Washcloths or unscented, alcohol-free baby wipes	<input type="checkbox"/> Diaper pail
<p>Disposable diapers:</p> <input type="checkbox"/> 4 to 6 dozen diapers per week	<p>Cloth diapers:</p> <input type="checkbox"/> Diaper service or <input type="checkbox"/> 3 dozen folded diapers or diaper inserts <input type="checkbox"/> 4 to 5 diaper wraps or plastic pants <input type="checkbox"/> Diaper pins

Bedding	
<input type="checkbox"/> 2 bassinet or cradle sheets	<input type="checkbox"/> 2 crib sheets
<input type="checkbox"/> 1 to 3 receiving blankets	

Bath time	
<input type="checkbox"/> 2 washcloths and 2 bath towels	<input type="checkbox"/> Unscented, tearless shampoo
<input type="checkbox"/> Soft-bristled baby hairbrush	<input type="checkbox"/> Mild, unscented soap
<input type="checkbox"/> Nails scissors or clippers	<input type="checkbox"/> Skin cream

(over)

Mealtime

3 to 4 burp cloths

3 to 4 bibs

Breastfeeding:

- 2 to 3 nursing bras
- Breast pads with no plastic lining (washable: 2 dozen; disposable: several dozen)
- Nursing pillow
- Breast pump
- 2 to 3 bottles and nipples (not to be used before 3 to 4 weeks)

Formula feeding:

- 10 bottles
- 10 nipples
- Bottle brush
- Measuring cup
- Formula (check with your health care provider for brand)
- Can opener