

Questions to Ask Your Health Care Provider Before You Leave the Hospital

What pain medicines can I take at home?
What other medicines should I take at home?
What are the possible side effects of these medicines?
What danger signs should I watch for?
What should my activity level be at home?
Are there any restrictions on my activities (such as stairs, lifting, exercise)?
When can I drive?
When can I resume sexual activities?
What birth control method(s) should I use?
When can I return to work?
When should I return for a clinic appointment?
Will I be receiving a home care visit?
How long should I be calling you with medical questions?
When should I switch back to my primary health care provider?

Questions to Ask Your Baby's Health Care Provider Before You Leave the Hospital

Do you have any special feeding instructions?
When should I bring my baby in for an exam?
What danger signs should I watch for?