

Determining Your Health Insurance Coverage

Questions to ask before your hospital stay

Coverage for your medical care for pregnancy, labor, birth and postpartum will vary, according to your health insurance plan. It is your responsibility to know this information. To learn what your plan covers, call your insurance provider during the early weeks of your pregnancy (often, the phone number is printed on the back of your membership card). Use this worksheet as a guide to help you get a clear idea, in advance, of your coverage.

Date and time of call _____ Insurance provider phone _____

Person spoken to _____ Policy number _____

1. Does my hospital stay need to be pre-approved? yes no 2. By whom? _____

3. What do I need to do to receive the pre-approval? _____

NOTE: Ask Questions 4 and 5 exactly as they are written or you may receive inaccurate information.

4. If I have an uncomplicated vaginal birth, what is the normal postpartum hospital stay for which I do not need a doctor's reason to stay longer? _____

5. If I have an uncomplicated Cesarean birth, what is the normal postpartum hospital stay length? _____

6. Do you measure the length of hospital stay from admission or from the time of birth

7. If there are complications, is a longer hospital stay covered for me? _____
For my baby? _____ Is it necessary for me to call my insurance company? yes no

8. What health care providers are covered under my insurance plan for my baby's care? _____

(If you already have a prenatal health care provider, ask specifically if that person is covered.)

9. Is circumcision covered? yes no Hearing test? yes no

10. What coverage is provided if my baby needs to stay in the hospital longer? _____

11. Does my coverage include home visit(s) by a registered nurse? yes no

12. How do I add my new baby to my insurance policy? _____

13. Will I be notified if benefits in my plan change? yes no

14. Do you cover a breast pump? yes no
 Rental Purchase Any requirements? _____

15. If both you and your partner have insurance coverage, call each company to determine which policy covers your baby for:
Hospital stay: _____
Circumcision in clinic: _____
Circumcision in hospital: _____
Baby's clinic care after discharge: _____
Home visits: _____
Outpatient lactation consultation: _____

16. Is a post-delivery tubal ligation covered? yes no
If yes, how much is covered? _____
If no, is it covered as an outpatient? yes no