

Genetic Program

OVERVIEW

The Minnesota Perinatal Physicians genetic program provides specialized care for individuals with genetic disorders or chromosome abnormalities who are pregnant or planning a pregnancy. Additionally, the program is designed for couples whose pregnancy is suspected to have or diagnosed with a genetic condition. A maternal-fetal medicine/genetic specialist and team of genetic counselors and nurse care coordinators conduct a dedicated clinic for patients with maternal and fetal genetic conditions.

Focused clinic days involve consultation regarding genetic concerns, patient education, review of potential testing options, and collaboration with a multidisciplinary team including the primary provider. The goal is to promote a patient centered plan for pre-pregnancy, pregnancy and post-delivery management and planning.

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**Minnesota
Perinatal
Physicians**

INDICATIONS FOR REFERRAL TO GENETICS CLINIC INCLUDE:

- personal and/or family history of genetic condition or malformation
- advanced maternal age
- interpretation and/or discussion of genetic test results, reproductive screening and testing options, and risk avoidance
- interest in screening for chromosome abnormalities (1st or 2nd trimester screening or NIPT) or carrier screening
- abnormal serum screening results
- abnormal ultrasound findings
- interest in diagnostic testing (cvs or amniocentesis)
- interpretation of family history
- ancestry/ethnicity concerns
- history of pregnancy loss or infertility
- concerns about assisted reproductive technologies
- previous pregnancy loss with anomalies and no diagnosis
- medication, drug or environmental exposures

Genetic counseling support is provided to patients in all Minnesota Perinatal Physicians clinics.

HOW TO SCHEDULE AN APPOINTMENT

- complete a service request form for a consult which is available online at allinahealth.org/mnperinatal
- call Minnesota Perinatal Physicians at 612-863-4502 for a service request form
- order a consult in Excellian

allinahealth.org/mnperinatal