

# Telestroke

## Every minute matters

Telestroke brings expert stroke care to your community with 24/7 coverage.

During a stroke, every second counts. Abbott Northwestern's Neuroscience Institute uses technology to quickly diagnose and treat stroke as soon as symptoms appear.

Telestroke is a video system that connects you to a stroke expert on a mobile screen. This means doctors and patients can see a neurologist no matter where they are located.

### Telestroke offers:

- 24/7 access to care
- Specialist services in your community
- Rapid patient assessment and diagnosis
- Better outcomes for stroke

### Telestroke allows you to see a stroke expert:

- In an emergency
- If you have stroke symptoms and walk in to your clinic or hospital
- If you are already getting care in the hospital



# YOUR TELESTROKE JOURNEY

1

## IDENTIFICATION

When it comes to stroke,  
time = brain.

Your Telestroke journey begins:

- You think you may be having a stroke; walk in or arrive by ambulance to the hospital
- Physician and nurse evaluate your symptoms
- If needed, Telestroke visit begins within minutes

## TELESTROKE VISIT

Your visit starts when the stroke neurologist appears on the Telestroke screen

You answer important health questions like:

- When were you last feeling well?
- What medications are you taking?
- What is your medical history?

Based on your exam, we'll make the best decision for your care. You may be:

- Discharged and scheduled for follow-up care
  - Treated onsite
- Transferred to Abbott Northwestern Hospital in Minneapolis for additional care

3

## TREATMENT

You are treated based on what the care team learns during your Telestroke visit

- You follow up with your primary care doctor to talk about your health
- There may be additional referrals or testing as needed

2

## TELESTROKE CARE TEAM

### MEDICAL DIRECTOR



Mark Young, MD  
Stroke Medical Director  
Abbott Northwestern Hospital

### ON-CALL CLINICAL EXPERTS AND QUALITY SUPPORT TEAM



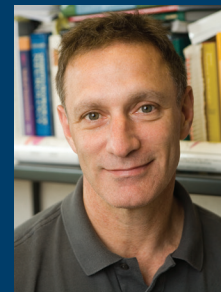
David Dorn, MD  
Stroke Neurologist



Pezham Roohani, MD  
Stroke Neurologist



Adam Todd, MD  
Stroke Neurologist



Ronald Tarrel, MD  
Stroke Neurologist

### ADMINISTRATIVE AND OPERATIONAL SUPPORT

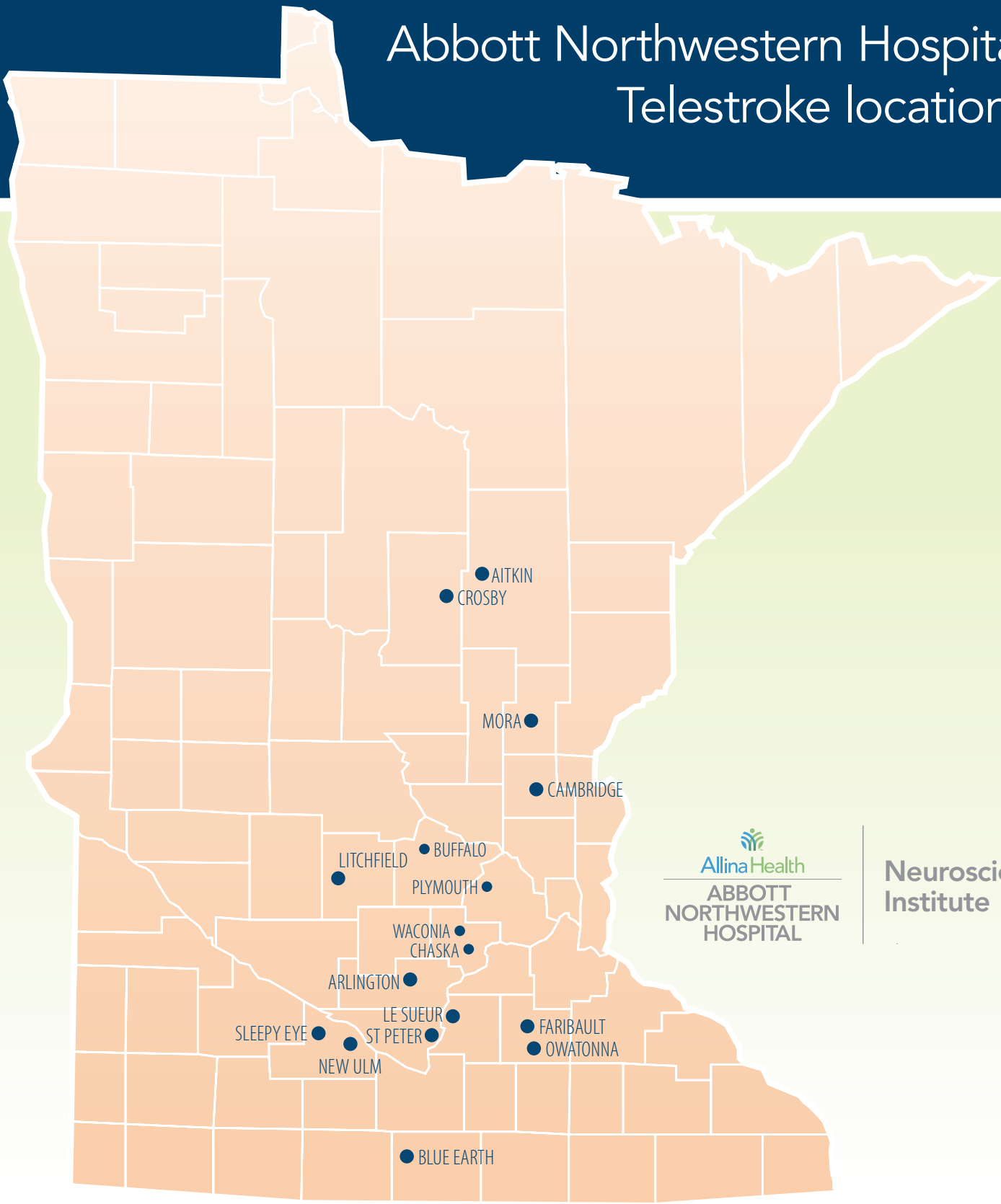


Angelina Buerck, RN  
Stroke Program Coordinator



Gail Neumann, RN  
Telestroke Nurse Coordinator  
Abbott Northwestern Hospital

# Abbott Northwestern Hospital Telestroke locations



  
Allina Health  
ABBOTT  
NORTHWESTERN  
HOSPITAL

Neuroscience  
Institute

[allinahealth.org/anwneuro](http://allinahealth.org/anwneuro) | 612-863-3200