

YOUR GIFTS, Your Hospitals

# 2012

REPORT TO THE COMMUNITY



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AllinaHealth   
MERCY & UNITY  
HOSPITALS  
FOUNDATION



# MERCY & UNITY HOSPITALS FOUNDATION

## MISSION

We're on a mission to raise, steward and distribute philanthropic funds that will help improve patient care, personal health and the quality of life enjoyed by all the families served by Mercy and Unity hospitals.

## VISION

The Mercy & Unity Hospitals Foundation works with donors to achieve their goals in philanthropic giving, and partners with the hospitals to meet strategic priorities. By supporting patient-centered care, dedicated staff, and programs that improve community health and wellness, we're helping ensure everyone in the north metro area has access to world-class healthcare.

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## ABOUT THE PHOTOGRAPHER

*Sandy Herrala has been employed part-time at Mercy and Unity hospitals for the past 35 years, currently as Oncology Support Coordinator for the Virginia Piper Cancer Institute – Unity Hospital and Mercy Outpatient Oncology Program. She also worked as a professional photographer during many of those years. The images in this report are from Sandy's contemplative collection, capturing the infinite details of nature often missed at first glance. They were all taken in her Anoka, Minnesota backyard.*



# 2012 HIGHLIGHTS

*We're proud to be connecting to our community with world-class health care in countless ways.*

*Here are a few of the highlights that made 2012 a remarkable year in the history of the Foundation, and Mercy and Unity hospitals.*



## CRYSTAL BALL

Mercy & Unity Hospitals Foundation's premiere fundraising event – raised over \$285,000 to support an inpatient rehabilitation unit at Unity and cardiovascular program enhancements at Mercy. The gala sold out, with 580 guests attending the event at Minneapolis Marriot Northwest on April 21.

## FAMILY BIRTH CENTER

Unity Hospital's remodeled Family Birth Center hosted an open house in late April to celebrate the new space. New floors, new furniture, including flat screen TVs, and updated colors are just some of the improvements in the birthing rooms. A revamped and coordinated family lounge includes a play area for visiting siblings.

## JOINT REPLACEMENT CENTER

The Joint Replacement Center officially opened at Mercy Hospital with group therapy as part of the inpatient unit, greatly increasing patient satisfaction. An open house featuring the daVinci Robotic Surgery System attracted students, physicians and community members who tried to maneuver the robotic hands used to perform minimally invasive procedures.

## ACE UNIT (ACUTE CARE OF THE ELDERLY)

The ACE (Acute Care of the Elderly) Unit opened at Unity Hospital in December and is the first of its kind in Allina Health. It proactively addresses common syndromes and concerns that complicate care and discharge planning for older adults. It addresses patient- and family-centered care; interdisciplinary collaboration; early, comprehensive discharge planning; and a prepared environment with the goal of helping patients return to their prior living situation or provide outstanding transition from hospital to home.

## MERCY SPECIALTY CENTER

In September, the groundbreaking ceremony for the four-story Mercy Specialty Center took place. The new building will open in early 2014 to provide comprehensive cancer care, same-day surgery and specialty services.

## LUNG NODULE CLINIC

The Lung Nodule Clinic opened in the fall on the Mercy campus with the purpose of actively monitoring patients with suspicious lung nodules and expediting care for patients with lung cancer. It is a collaboration between Mercy Hospital, Virginia Piper Cancer Institute-Unity, Allina Health pulmonologists, and Twin Cities Heart & Lung.





# THE YEAR IN NUMBERS



	UNITY HOSPITAL	MERCY HOSPITAL
OUTPATIENT VISITS	94,858	136,411
INPATIENT ADMISSIONS	12,477	22,665
SURGERIES	6,656	14,890
EMPLOYEES	1,300	2,240
AFFILIATED PHYSICIANS	591	732
EMERGENCY ROOM VISITS	51,109	58,738
NEWBORNS DELIVERED	1,184	2,006
VOLUNTEERS	480	1,011
VOLUNTEER HOURS	47, 229	69,800
LICENSED BEDS	220	271
AMBULANCE TRANSPORTS	6,862	9,374
TOTAL OPERATING EXPENSE	\$185,165,000	\$359,563,790

## TO OUR FRIENDS & SUPPORTERS

For nearly 50 years, Mercy and Unity hospitals have delivered compassionate and quality care; making them the cornerstones of health care in our north metro communities. The 2012 Report to the Community highlights how this longstanding history was proudly continued throughout the past year.

In March 2012, the Baby Café at Unity Hospital was established as a free, drop-in center for pregnant and breastfeeding moms wanting to connect with an international board-certified lactation consultant. You will hear from a first-time mother who overcame initial breastfeeding struggles with support from the Baby Café at Unity Hospital.

Another new mom, Heather Gammon, M.D., shares her unique story of multi-generational care at Mercy Hospital. Born at Mercy Hospital and now an obstetrician who delivers babies at Mercy, she placed her biggest vote of confidence in us when she gave birth to her own son, Donovan, at Mercy.

Along with new programs and care offerings, Mercy and Unity hospitals are committed to supporting staff in advancing their health careers. One former volunteer turned employee describes how she is on the road to achieving her dream of becoming a nurse, with the help of a scholarship fund established in memory of a former Unity Hospital nurse.

Whether you are a patient, employee, volunteer or donor, you have much to be proud of when you are connected with Mercy and Unity hospitals. We are committed to compassionate care, centered on the patient. Our staff is dedicated to the health care profession. And our donors' loyal generosity helps ensure our legacy of caring continues.

Mercy and Unity Hospitals Foundation exists to improve patient care, personal health and the quality of life of the north metro communities. However, we know this could not be achieved without the generosity of our donors and community partners. On behalf of the communities we serve, thank you for your continued confidence in Mercy and Unity hospitals.

Sara Criger  
President, Mercy Hospital

Lori Wightman  
President, Unity Hospital





# HONORING OUR MOTHER



The night Sue Fischer was shot dead while lying in bed next to her husband, the Prayer of St. Francis hung on her refrigerator.

*... O Divine Master, grant that I may not so much seek  
to be consoled as to console;  
to be understood as to understand;  
to be loved as to love.  
For it is in giving that we receive ...*

"If you know that prayer, you know what my mom was like," said Barb Gonyea, Sue's middle daughter.

Residents of the north metro were shocked by the random killing of the wife, mother, grandmother and nurse from Ramsey, MN, in September 2004. At the time of her death, Sue had worked at Unity Hospital for more than 37 years, initially in the Intensive Care Unit and later in the cardiac cath lab and in cardiac rehabilitation.

Sue's death inspired an outpouring of love and continuing generosity.

"Her former co-workers put together a book in which they wrote remembrances of her," Barb said. "When we read it, we realized how much she was loved."



Soon after Sue's death, the Mercy & Unity Hospitals Foundation approached Sue's eldest daughter, Mary Weigel, about establishing a fund to honor Sue's dedication to nursing. In conjunction with the Foundation, the family decided to use the fund to create the Sue Fischer Nursing Scholarship of Excellence for students entering nursing programs.

Education was important to Sue, according to Mary. Sue started her career as an LPN and got her RN degree when her three daughters were young. "She was always taking classes to further her education, even after she got her RN," Mary said.

"She loved what she did, especially working in the ICU," Barb said. "I used to ask her if her job was hard, and she said it never seemed like work to her. She especially loved making the families of patients in the ICU feel better and giving them hope."

Sue's caregiving day did not end when she left work. Her husband, Jerry, had suffered from a number of serious health conditions over the years, including leukemia, kidney disease and Parkinson's disease. Sue was his primary caregiver.

"She was very optimistic through it all," Barb said. "That sense of optimism is one reason people gravitated to her." Jerry passed away in April 2012.

The Sue Fischer Golf Tournament has been held every fall since 2004 and has awarded 26 scholarships to nursing students based on merit and financial need.

"Mom would have been proud of where the proceeds go," Mary said.

*For more information on the scholarship fund or a copy of the application, contact the Foundation at 763-236-8199 or [muhf@allina.com](mailto:muhf@allina.com).*

**"Her former  
co-workers put  
together a book  
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remembrances of her  
... we realized how  
much she was loved."**



**SUSAN COMMERS:**  
*A Grateful Recipient of  
the Sue Fischer Nursing  
Scholarship of Excellence*

Preparing to become a nurse is not for the faint of heart. It involves challenging coursework and fast-paced clinical experiences capped off by a daunting licensure exam. On her road to becoming a nurse, Susan Commers received a big shot in the arm during her junior year at the College of St. Benedict – the Sue Fischer Nursing Scholarship of Excellence.

"It had a huge impact," Susan said. "It meant I could spend more time on my studies and less time working to pay my tuition. I am so grateful for the generosity that made this happen."

*Continued on page 17*





# WELCOMING

## MERCY HOSPITAL, MY HOSPITAL



Heather Pearson Gammon, MD, is the only obstetrician at Mercy Hospital who can claim a teddy bear wearing an “I was born at Mercy Hospital” t-shirt.

Dr. Gammon and her twin sister, Jen, were born at Mercy in 1980. The maternity ward was so busy, they almost made their appearance in the hallway, as their mother waited to be transported from Labor to Delivery.

Now, several decades later, Dr. Gammon is acutely aware of the ever-growing need for state-of-the-art services for mothers and babies in the northwest metro.

Dr. Gammon not only delivers her patients’ babies at Mercy, she chose Mercy for the birth of her son, Donovan, last August. “I could have gone elsewhere, but Mercy is where my doctor delivers, and it was where I wanted to be,” she said.

A broken arm at age 10 led to Dr. Gammon’s career in medicine. “My parents brought me to Mercy so Dr. [Phillip] Haley could fix it,” she recalled. That’s when she decided to be a doctor. Then one day during her third-year obstetrics and gynecology rotation at the University of Minnesota Medical School, she found her bliss – delivering babies.

“The doctor on call was delivering a preemie by C-section. All the residents had gone on a retreat, so I got to assist her. That’s not something a third-year usually gets to do,” she said.

During residency, she was unexpectedly connected to Mercy again. “I was working with a doctor named Jim Shold,” she said. It turned out he was the doctor who delivered Dr. Gammon and her sister. She asked his advice in finding a clinic that would enable her to deliver babies at Mercy. In 2011 she did just that. She now sees patients at HealthPartners in Coon Rapids and Elk River – but she only delivers babies at Mercy.

“I want people to feel, like I do, that Mercy is a great place to have a baby. It’s a welcoming place where you will get the greatest level of care.”

### PERSONAL EXPERIENCES SHAPE THE WAY DR. GAMMON PRACTICES MEDICINE

“After a 25-hour labor myself, I have a lot more empathy for the pain involved, especially after delivery,” she said. She also knows the pain of loss first-hand. After having three miscarriages herself, “For a while, it was hard to deal with patients having the same experience,” she said. “Talking with them was reassuring for both of us, I think. Women like to know that you know what they’re feeling.”

She likes delivering babies only at Mercy. “Looking back on my residency, when I went from hospital to hospital, I can really appreciate the benefits of staying in one place,” she said. “I know and trust the nurses and I like being part of a care team that works together to give the best care to new moms and their babies.”

“I want people to feel, like I do, that Mercy is a great place to have a baby. It’s a welcoming place where you will get the greatest level of care.”







# CATHY FARLEY, SURVIVOR & FRIEND



When Cathy Farley of New Brighton was diagnosed with breast cancer, she knew she could count on her supportive family to be with her throughout her journey – to understand what she needed and take care of it, even if she couldn't put her needs into words. But she didn't know that a member of her health care team would do those things for her, too.

In February 2011, Cathy was called back to have her annual screening mammogram re-done. "I'd been called for repeat mammograms before, and no sense of urgency was communicated about this, so I didn't think anything of it," Cathy said.

But on March 9, the "re-do" showed a tumor in her right breast that looked malignant, plus some additional worrisome spots. She was told she needed a biopsy and to talk with a surgeon, oncologist, plastic surgeon and radiologist about treatment options.

Cathy was overcome with concern for her family, her friends and her co-workers, who were counting on her leadership of a time-sensitive project. "I was just trying to process everything. Everything was moving so quickly," she remembered. "I hadn't even had a conversation with a surgeon or an oncologist yet when my nurse coordinator called and said, 'Ask me questions.' After I talked with Laurie, I understood more."

Laurie Kelzenberg, RN, BSN, OCN, CBCN, was Cathy's breast cancer nurse coordinator at the Virginia Piper Breast Center at Unity Hospital.

Nurse coordinators focus on enhancing the physical and psychological health of patients going through specialty care. Services of a nurse coordinator are free to patients, thanks in part to grants funded by community donations.

**"Through it all, Laurie felt more like a friend than a medical professional."**

In addition, Laurie administers grants to patients who need financial assistance to cover living expenses while going through treatment. She also leads a support group for women with breast cancer, which Cathy and her family participated in.

Cathy had a mastectomy on April 4, 2011 in which 13 cancerous lymph nodes were also removed. Laurie sat with Cathy's family through much of the eight-hour surgery, answering questions and providing moral support.

The pathology report confirmed Stage III cancer. Next came eight sessions of chemo over 16 weeks, followed by 28 sessions of radiation therapy.

Through it all, Cathy says Laurie felt more like a friend than a medical professional. "She sat in on my medical appointments and took notes for the family," Cathy said. "She would pose a question if I looked confused about something the doctor was saying."

The funniest thing was, she'd just show up in the lobby when I had an appointment. I would think, 'How does she know I have an appointment today?'"

Cathy finished her treatment in November 2011. But she considers herself a survivor of more than two years. "I always thought you started the clock from when you were finished with surgery or chemo or radiation. But Laurie says you are a survivor from the minute you find out you have cancer," she said.

"There are so many decisions to make when you are diagnosed with breast cancer," she said. "Patients need to have a voice in their treatment plan. But you need to have a person like Laurie to break things down to a patient's level. Without that, you really can't make good decisions. Your emotions take over. For that reason, I am so grateful other cancer patients will receive the same kind of support I did, through the nurse coordinator."

Based on her experience, Cathy says women shouldn't be afraid to do what they have to do to tackle breast cancer. "I still have some myopathy in my toes from the chemo," she said. "And although my hair has grown back, it will never be the same. But those are small things."



## FINANCIAL ASSISTANCE FOR CANCER PATIENTS

With the help of these three outstanding organizations, along with generous donations from individuals in our communities, \$165,357 was granted to cancer patients at Mercy and Unity hospitals in 2012. These grants help pay basic living expenses such as mortgage, rent, utility bills and groceries. We are extremely grateful to our community partners for helping our patients who find themselves experiencing a financial crisis because of their cancer diagnosis.





# THE BABY CAFÉ AT UNITY

## OFFERS PREGNANT WOMEN & BREASTFEEDING MOTHERS INVALUABLE SUPPORT & ADVICE

After Karen Jones delivered her daughter, Matilda, her plan was to exclusively breastfeed to give her baby the healthiest start in life.

What Jones didn't expect were the challenges she would face. Although it is natural, beneficial and the healthiest choice for babies, breastfeeding mothers often need help.

"I had some initial struggles with feeding her, so early on I sought out expert advice," explained Jones. She called Kathleen Fulwider, RN, IBCLC, an international board-certified lactation consultant at Unity Hospital. After a phone consultation, Fulwider urged Jones to

bring Matilda to Unity for an assessment.

Matilda had symptoms consistent with ankyloglossia, commonly known as a tongue tie, which hindered her ability to properly latch on during breastfeeding. The next day, Matilda saw her pediatrician for a diagnosis and a quick outpatient procedure to correct the condition. Immediately she was able to more easily breastfeed. "Things went smoothly after that," said Jones. "It made a world of difference and I was so grateful for the right diagnosis so that I could continue to breastfeed."

The American Academy of Pediatrics (AAP)

recommends that all mothers exclusively breastfeed their babies for about the first six months of life, followed by breastfeeding in combination with the introduction of complementary foods until at least 12 months of age.

Breastfeeding is beneficial for both babies and mothers, according to the AAP. Breast milk includes substances that help prevent infections and diseases. For mothers, breastfeeding helps release hormones that help bond mothers and babies, and has shown to reduce breast and ovarian cancer risk later in life.

Although breastfeeding indisputably offers the most natural, economical and beneficial source of nutrition, breastfeeding rates still fall short of national goals with fewer than half of all mothers still breastfeeding at six months, according to the Center for Disease Control and Prevention's 2012 Breastfeeding Report Card in the United States.

Fulwider notes that some of the biggest barriers to breastfeeding are the ones that are easily helped with support and education. "Babies may have difficulty latching on," she said. "It is a skill that the mother and the baby learn as they work together as a team and although breastfeeding is natural, it's important for people to know that it can be challenging."

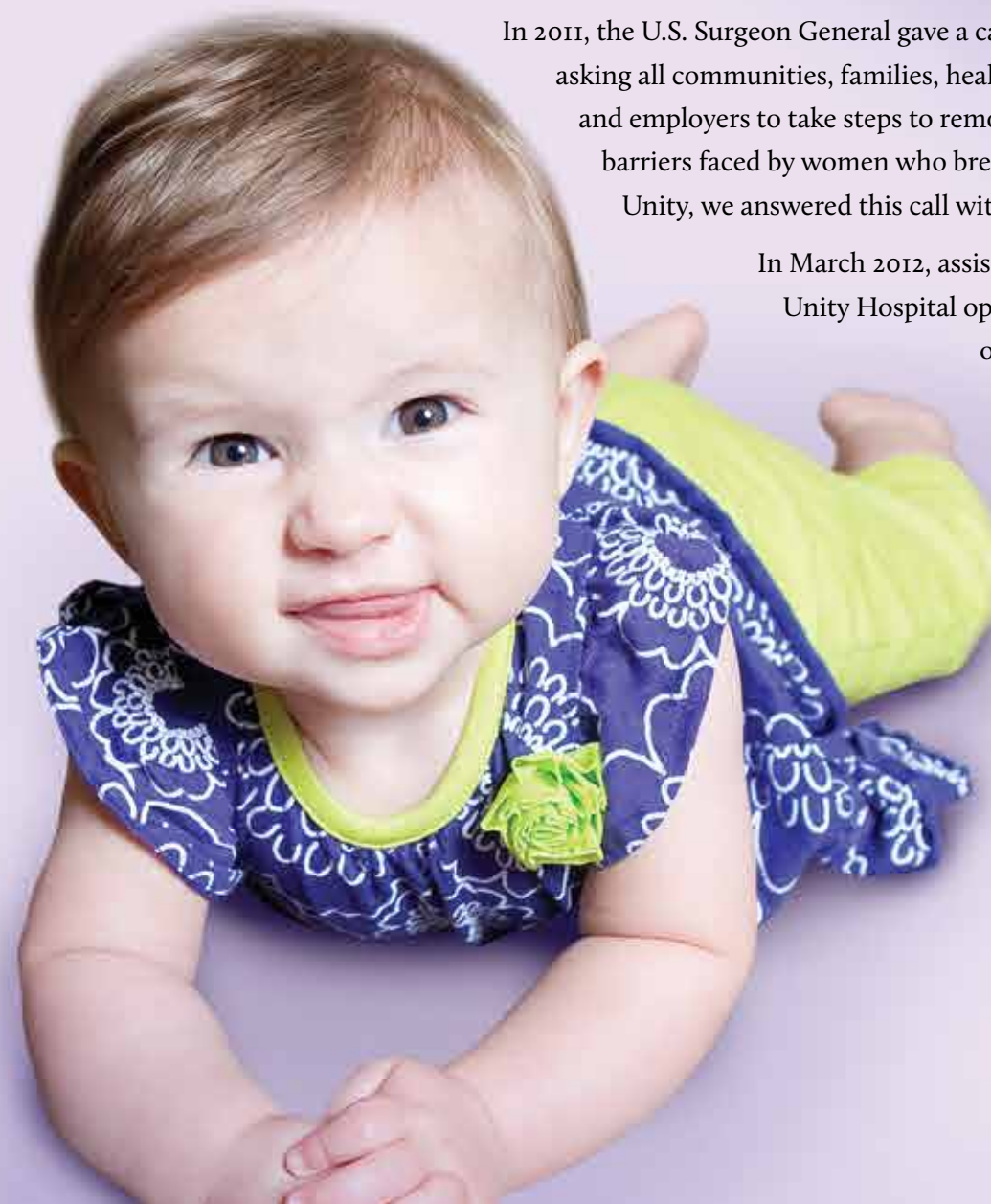
In 2011, the U.S. Surgeon General gave a call to action asking all communities, families, health care providers and employers to take steps to remove obstacles and barriers faced by women who breastfeed their babies. "At Unity, we answered this call with the Baby Café," she said.

In March 2012, assisted by a grant from the Foundation, Unity Hospital opened the Baby Café. The Baby Café offers a welcoming, inviting place for pregnant women and mothers to drop in with their

**The Baby Café offers a welcoming, inviting place for pregnant women and mothers ... free of charge.**

babies one day a week, free of charge. Staffed by Fulwider, mothers are able to meet with others in a casual and comfortable environment to share tips, learn from Fulwider and each other, and weigh their babies on an infant scale to make sure they are gaining the appropriate amount of weight.

At the Baby Café, Fulwider helps new moms gain the confidence they need to breastfeed. "Our goal is to empower women to trust their bodies and their babies," she said. "There are very few women who cannot breastfeed, but it can be difficult and challenging in those early days."



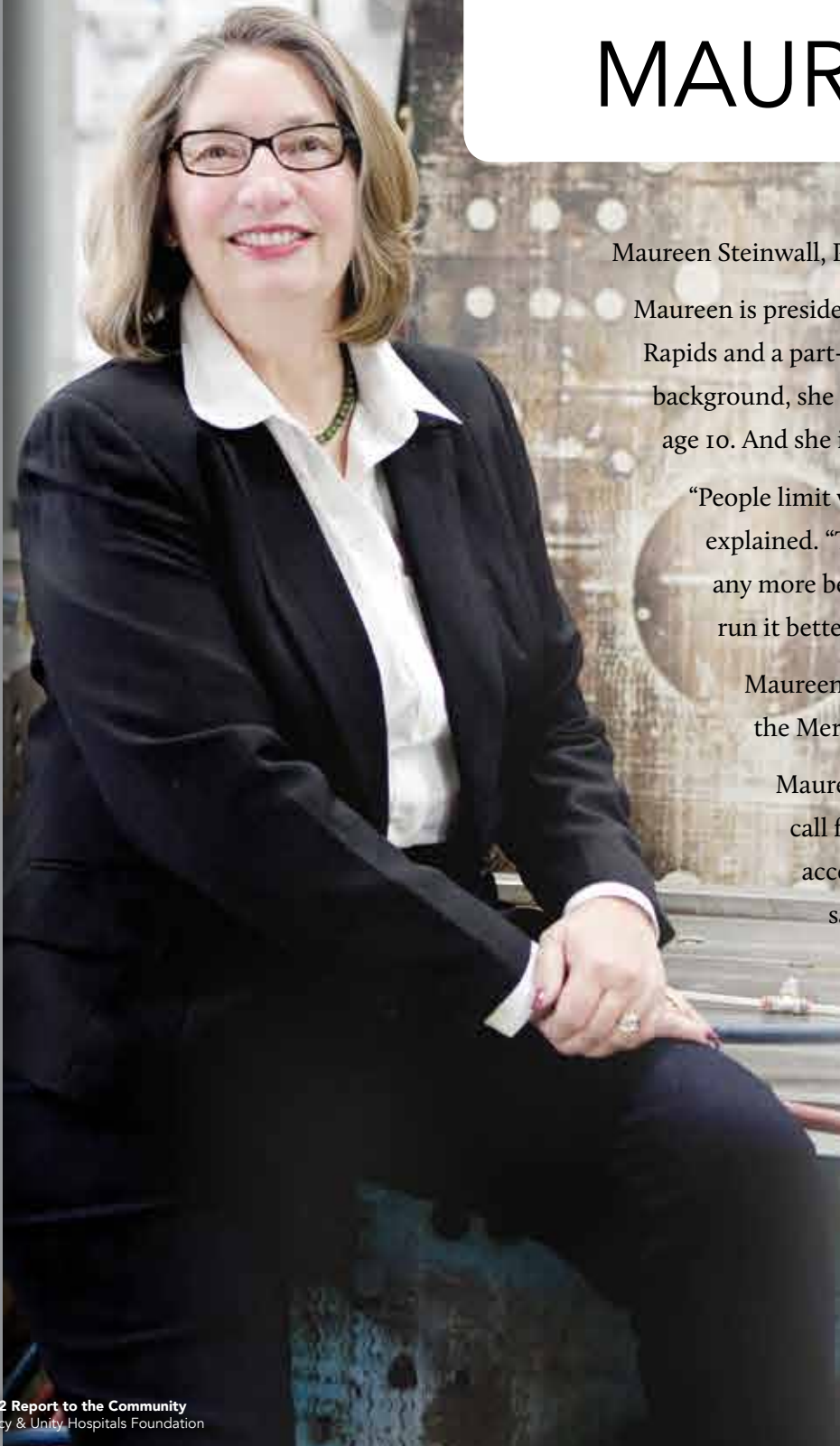
### UNITY HOSPITAL'S BABY CAFÉ

- Meets every Monday from 10 am to noon, except holidays, at Unity Hospital Education Center.
- Free of charge, drop-in setting with no registration required for all pregnant and breastfeeding moms in the community.

*For more information on the Baby Café or Unity Hospital's Outpatient Lactation Clinic, call lactation consultant Kathleen Fulwider, RN, IBCLC, at 763-236-3427.*

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# MAUREEN STEINWALL

Maureen Steinwall, Ph.D., is a master of applying business concepts to all aspects of her life.

Maureen is president and owner of a thermoplastic injection molding company in Coon Rapids and a part-time business professor at University of Phoenix. Building on that background, she had her kids tracking their weekly spending on a spreadsheet beginning at age 10. And she invokes the law of diminishing returns to avoid the trap of perfectionism.

“People limit what they can accomplish when they try to do everything at 100%,” she explained. “There’s a point at which putting more effort into something doesn’t get you any more benefit. That means I don’t need to run my business perfectly – I just need to run it better than the competition.”

Maureen is now using her business experience and strategic mindset as vice chair of the Mercy & Unity Hospitals Foundation Board.

Maureen’s history proves she is the right person to have on board when times call for courageously pursuing new paths. After college, she started her own tax accounting business. “I hated the work, but I loved running my business,” she said. “And if you don’t like the business you’re in, you go back to school.”

So she ventured into overwhelmingly male territory by earning an MBA in operations management from the University of Minnesota in 1981. She paved new ground by writing her thesis in an area that was just beginning to emerge as a business specialty – total quality management (TQM).

With affirmative action as her tailwind, she quickly landed a position with Honeywell in a facility in Freeport, Illinois. She was placed in female-friendly Marketing, despite her deep knowledge of TQM and her lack of marketing background.

A couple of years later, Honeywell asked her to move to New Mexico to become a third-shift production supervisor. Wondering whether this was the right opportunity for a woman in her 20s who didn’t speak Spanish, she turned for advice to her dad, who had founded Steinwall, Inc. in 1965. “He said, ‘You’ll do fine,’” Maureen recalled.

Then the conversation took an unexpected turn. “My dad wanted to retire, so he asked his former-tax-accountant daughter how to sell the company. I said, ‘Well, how about selling it to your daughter?’”

Although he was initially reluctant, her father realized the benefit of her knowledge of TQM, which was fast becoming a major interest area for customers. “I think my father saw me

“People limit what they can accomplish when they try to do everything at 100% ... There’s a point at which putting more effort into something doesn’t get you any more benefit.”

as intellectually connected to customers and compassionately connected to employees,” she said.

She structured the deal herself and took over as president and owner in 1983. As a result, some male employees and customers bolted for the door. “Some men just couldn’t stand the idea of a woman making plastic parts for them,” she said, shrugging her shoulders.

On her watch, the company has grown from 24 employees to 150. Maureen’s daughter and son have also caught their mother’s enthusiasm for business. Both have earned business degrees and now work for the company. They are poised to become the third generation to run the business. “From a very young age, they saw how valuable it is to be creating jobs in the community,” Maureen said.

“Jobs and access to health care are cornerstones of a healthy community,” she said. She urges those who are familiar with the value of Mercy and Unity to speak up. “There are many people out there who want to do good in the world but don’t know where to do it,” she said. “I encourage people who are familiar to tell the story of Mercy and Unity. Your voice can be a valuable contribution. You never know when you’re going to reach somebody who doesn’t know the value of what our hospitals provide.”

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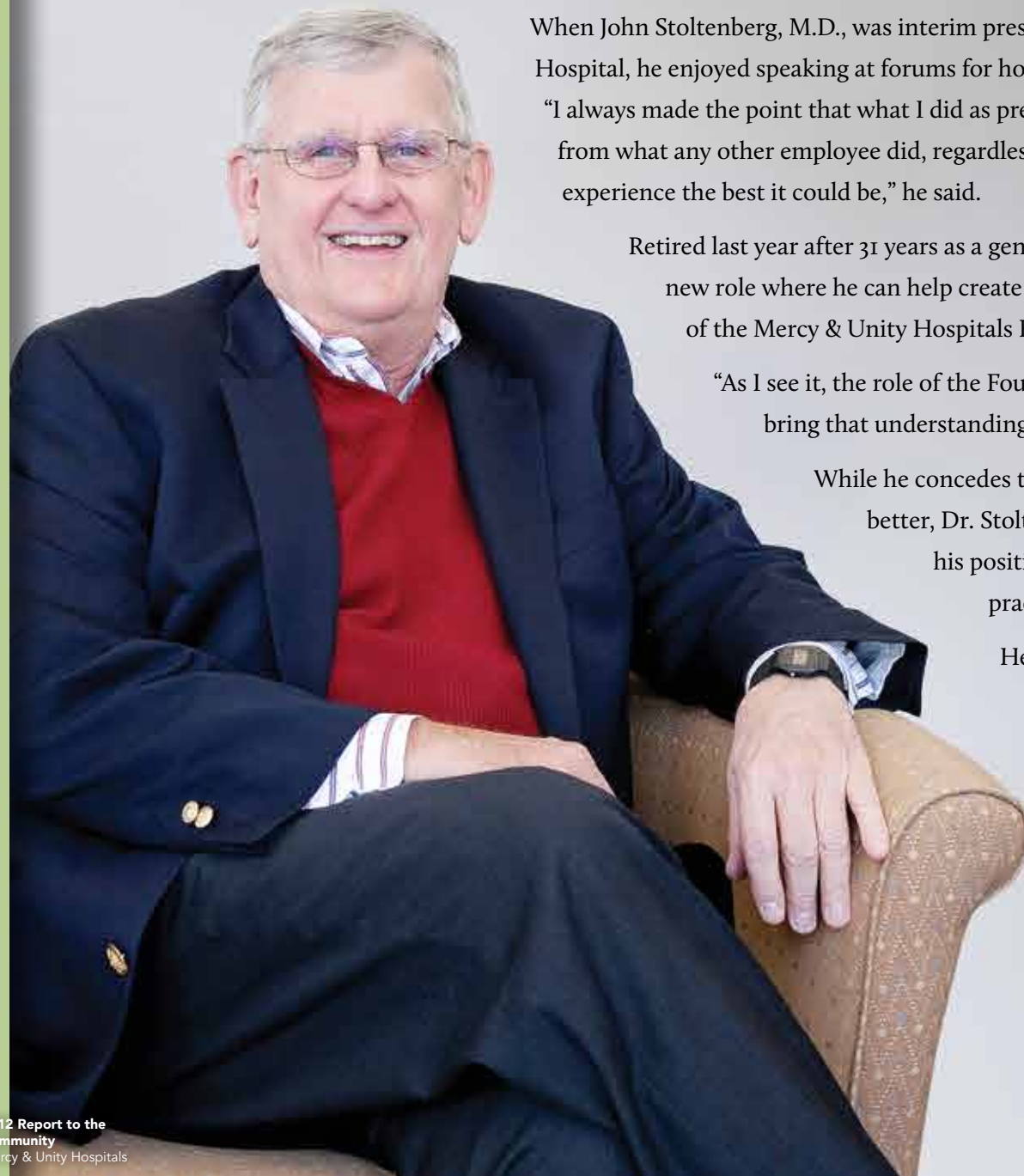
## THE BABY CAFÉ

For Jones, the Baby Café offered a comfortable place to share and exchange information with other mothers going through the same challenges and rewards. With the help of Fulwider and the support from the Baby Café, Jones was able to exclusively breastfeed her baby and avoid supplemental formula. “With Kathleen’s support and the encouragement from other mothers, I have realized and embraced the importance of nursing for my daughter’s health,” said Jones. “I have also made new friends who have been a great support in these early months of parenting.” Jones continued to exclusively breastfeed Matilda and successfully reached her goal of breastfeeding until her first birthday.

“When we discharge a patient at Unity Hospital, we want to set them up for breastfeeding success,” said Maggie Borer, RN, patient care manager at Unity’s Family Birth Center. “The Baby Café is a one-of-a-kind resource in the north metro and we’re very proud to offer it in our community. It’s part of our commitment to reaching outside our hospital and into the neighborhoods we serve.”



# DR. JOHN STOLTENBERG



When John Stoltenberg, M.D., was interim president of Unity Hospital, he enjoyed speaking at forums for hospital employees.

“I always made the point that what I did as president was no different from what any other employee did, regardless of their job: We all helped make the patient experience the best it could be,” he said.

Retired last year after 31 years as a general surgeon and hospital administrator, he’s found a new role where he can help create great experiences for patients – chairman of the board of the Mercy & Unity Hospitals Foundation.

“As I see it, the role of the Foundation Board is to understand the community and bring that understanding to the hospital administration,” he said.

While he concedes that other board members may know the community better, Dr. Stoltenberg brings a deep understanding of the hospital to his position. He did his first operation as a surgeon in private practice at Unity Hospital in 1979.

He knew from the start that surgery was the right career choice. “As a surgeon, you can see very quickly if what you’ve done has succeeded or failed. Surgeons treat a lot of trauma patients, and you have to think on your feet; there’s no time to go to the library to look something up,” he said. “You get to take care of people until they’re well again. All that was a great fit for my personality.”

Dr. Stoltenberg’s two sons are physicians, and his daughter coordinates clinical studies in a hospital.

“My kids all made their own decisions, but I think they were influenced by the amount of enjoyment they saw me get from my job,” he said.

However, he entered into hospital administration much more reluctantly. “In late 2007, the president of Unity was looking for a VP of Medical Affairs. I said ‘no’ – twice,” he said. But ‘no’ turned to ‘yes’ in January 2008. And he said ‘yes’ again two years later, when he was asked to serve as interim hospital president.

In a role usually reserved for people with training in business administration, he broke new ground as the first physician to lead an Allina hospital. And that’s the kind of groundbreaking he likes best.

He feels it is very important for the Foundation to raise money for programs out in the community in addition to raising money for new buildings and other improvements on campus. He points to programs around teen obesity, teen pregnancy, mother/baby care and care for the elderly as areas where Mercy and Unity are involved in major efforts that benefit the community.

“I want to make sure that people who live in the north metro not only get top notch health care but also have services available right here that are appropriate for the community,” he said.

In his view, hospitals are part of what makes a community a great place to live. “Mercy and Unity are true community hospitals,” he said. “I want to make sure people feel like these are their hospitals – hospitals that maintain their community focus while still reflecting the advantages of being part of the larger Allina Health system.”

Continued from page 7

## SUSAN COMMERS

Susan, from Champlin, MN, always knew she wanted to be a nurse. “In 5th grade, we had to do a report on a college and a potential major,” she said. “So I looked up the nursing program at St. Ben’s.”

To be able to spend some time at a hospital, Susan started volunteering in the Mercy Hospital Coffee Shop at age 15, putting in a total of 200 unpaid hours that year. At age 16, she started working as a dietary aide, a job she still does occasionally today.

She now works as a nursing assistant in the OR at Mercy four shifts per month. She helps prepare procedure rooms for the next case, brings specimens to the lab, and transports patients within the hospital. “I hadn’t really considered surgical nursing as a career before, but I’m finding it really interesting,” she said.

The Mercy Hospital connection led Susan to apply for the Sue Fischer Scholarship when St. Ben’s notified their nursing students of its availability. Susan graduated from St. Ben’s in May with a B.S. degree in nursing. She enjoys what she is doing so much, she is considering going to graduate school to become a nurse practitioner.

“Nursing is such a unique profession. It combines technical skills, critical thinking skills and the ability to provide emotional and psychosocial support to patients,” she said. “Sue Fischer’s story is inspirational. I hope one day I can emulate her compassion and work ethic.”



# CORNERSTONE SOCIETY



*The Cornerstone Society is comprised of individuals who support the Foundation with gifts of \$250-\$999 annually. Their contributions are integral to fulfilling our mission as they fund programs within our hospitals and in the communities we serve.*

Kari Abbott  
Samuel Baty &  
Sherril Abrahamson-Baty  
Gregory & Lori Ackerson  
Almelund Lions Club  
Jane & Joseph Amberg, M.D.  
Barb Ames  
Shane Amundson  
Rudolph & Inez Anderson  
Andover Lions Club  
Annandale Lions Club  
Anoka Boys Basketball Boosters  
Laureen Arbes  
Marc Arndt  
Roger & Kathy Ausmus  
Mark & Anne Bacigalupo  
Andrea Bailey  
Sean & Melissa Bailey  
David & Kimberly Bakkestuen  
Patricia Balthazor  
Shannon & Gary Banks, M.D.  
Eric Barth, M.D.  
Breanne Baty  
Gardell & Christine Bearl  
Thomas Beck  
Earl & Lynnette Beitzel  
Judith Belanger  
Jordan Sheridan & Janet Benton

Catherine Bergen  
Reid & Natalie Bernard  
Bonnie Bindert  
Kermit & Kari Bjork  
Thomas & Angela Blanchette  
Rock & Angela Bobick  
Roger & Barree Boettcher  
Steve & Shannon Boie  
Daniel & Judy Boulay  
Adrianne Bowen, M.D.  
George & Karen Bowman  
Jeanette Bray  
Breitbach Family Dentistry, PA  
Earl & Teresa Buck  
Carolyn Bykkonen  
Michael & Judy Cannon  
Carlson Advisors, LLC  
Marcia Carlson  
Paul & Lynda Carr  
Wayne Caughey  
Margaret Chamberlain  
Victor & Sarah Chaney, M.D.  
Chisago Lakes Lions Club  
Steven Christensen  
Cities Lung Clinic, PA  
Shaina Clark  
Ralph & Shelley Clark  
Clearwater Lions Club

Lori Cleland  
CMA, an Ideacom Partner  
Charles & Jane Cohen  
Cokato Lions Club, Inc.  
Ross Collins, M.D. & Laurel Krause, M.D.  
Columbus Lions Club  
Coon Rapids Chrysler-Dodge  
Jeep Ram  
James & Madonna Cormier  
James & Carol Cumming  
Custom Office Installations, Inc.  
James & Patrice Dahl  
Michael & Julie Dalager  
Donald & Joanne Daniel  
Alexander & Alejandra Dashe  
DBT Associates  
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*Continued on page 30*

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Penny Watson  
Lori Weaver

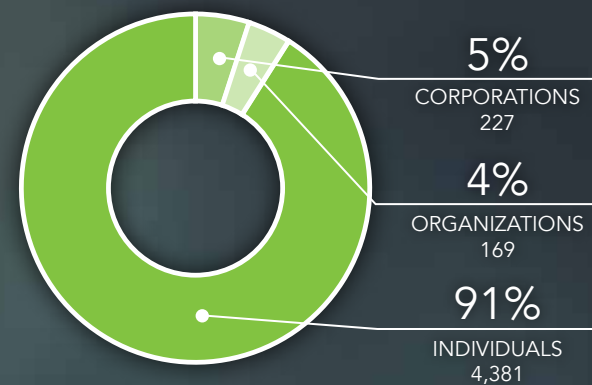
Stacy Weldon  
Margaret Weller  
Julie Wells  
Donna Werner  
Cheryl Westphall  
Diane Weyhrauch  
Stacey Whitcomb  
Christopher White  
Heather Whiteis  
Laura Widel  
Lori Wightman  
Susan Willoughby  
Mandyn Wilson  
Jill Wines  
Shari Woelfle  
John Wust III, MD  
Susan Wynia  
Kathleen Yaeger  
Valarie Ylonen  
Laurie Zahn  
Karine Zakroczymski  
Linda Zdon  
Kathleen Ziebarth  
Gail Zierler  
Steven Zimmerman  
Mary Zink



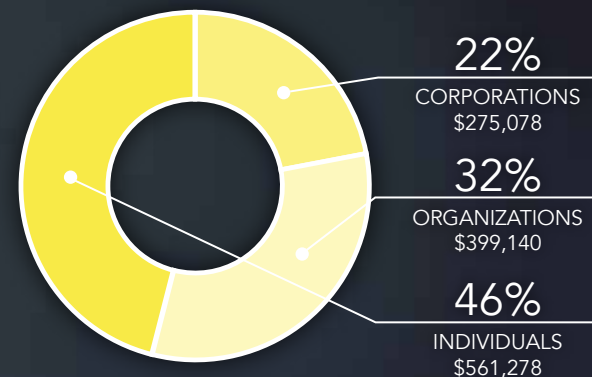
# STATEMENTS OF FINANCIAL POSITION

ASSETS	2012	2011	LIABILITIES & NET ASSETS	2012	2011
Pledges Receivable, Net	\$59,627	\$15,424	<b>LIABILITIES:</b>		
Due from Allina Health System	\$145,079	–	Grants Payable		
Investments	\$5,296,580	\$5,076,063	Due to Allina Health System	–	\$448,124
			<b>NET ASSETS:</b>		
			Unrestricted Net Assets	\$2,191,415	\$1,808,764
			Temporary Restricted Net Assets	\$2,872,555	\$2,399,283
			Permanently Restricted Net Assets	\$437,316	\$435,316
			Total Net Assets	\$5,501,286	\$4,643,363
<b>TOTAL ASSETS:</b>	<b>\$5,501,286</b>		<b>TOTAL LIABILITIES &amp; NET ASSETS:</b>	<b>\$ 5,501,286</b>	

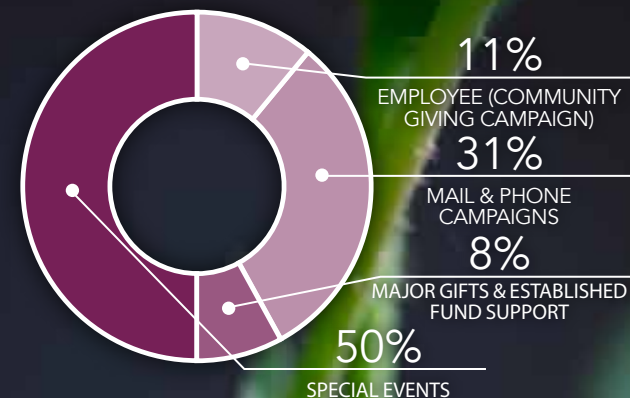
**NUMBER OF GIFTS BY SOURCE**  
Total Number of Gifts = 4,777



**CONTRIBUTION INCOME BY SOURCE**  
Total Funds Raised = \$1,031,721



**CONTRIBUTION INCOME BY APPROACH**



# STATEMENTS OF FINANCIAL ACTIVITY

2012

	UNRESTRICTED	TEMPORARILY RESTRICTED	PERMANENTLY RESTRICTED	TOTAL
<b>REVENUE, GAINS &amp; SUPPORT</b>				
CONTRIBUTIONS	\$ 197,905	\$ 523,502	\$ 2,000	\$ 723,407
CONTRIBUTIONS FROM ALLINA HEALTH SYSTEM	12,822	–	–	12,822
SPECIAL EVENT REVENUE: NET OF DIRECT BENEFIT EXPENSE OF \$129,848 & \$119,783, RESPECTIVELY	–	309,399	–	309,399
INVESTMENT RETURN	277,944	92,192	–	370,136
NET ASSETS RELEASED FROM RESTRICTION	451,821	(451,821)	–	–
<b>TOTAL REVENUE, GAINS &amp; SUPPORT</b>	<b>940,492</b>	<b>473,272</b>	<b>2,000</b>	<b>1,415,764</b>
<b>EXPENSES</b>				
GRANTS & TRANSFERS TO AFFILIATES	469,544	–	–	469,544
GRANTS TO OTHERS	85,975	–	–	85,975
<b>TOTAL EXPENSES</b>	<b>555,519</b>	<b>–</b>	<b>–</b>	<b>555,519</b>
<b>NET ADMINISTRATIVE &amp; FUNDRAISING</b>				
SUPPORT FROM MERCY & UNITY HOSPITALS & ALLINA HEALTH SYSTEM	1,194,185	–	–	1,194,185
ADMINISTRATIVE	(430,081)	–	–	(430,081)
FUNDRAISING	(766,426)	–	–	(766,426)
<b>TOTAL NET ADMINISTRATIVE &amp; FUNDRAISING</b>	<b>(2,322)</b>	<b>–</b>	<b>–</b>	<b>(2,322)</b>
<b>CHANGES IN NET ASSETS</b>	<b>382,651</b>	<b>473,272</b>	<b>2,000</b>	<b>857,923</b>
NET ASSETS – BEGINNING OF YEAR	1,808,764	2,399,283	435,316	4,643,363
<b>NET ASSETS – END OF YEAR</b>	<b>\$2,191,415</b>	<b>\$2,872,555</b>	<b>\$ 437,316</b>	<b>\$5,501,286</b>

2011 RESTATED

	UNRESTRICTED	TEMPORARILY RESTRICTED	PERMANENTLY RESTRICTED	TOTAL
<b>REVENUE, GAINS &amp; SUPPORT</b>				
CONTRIBUTIONS	\$ 138,685	\$ 405,513	\$ 1,622	\$ 545,820
CONTRIBUTIONS FROM ALLINA HEALTH SYSTEM	7,700	–	–	7,700
SPECIAL EVENT REVENUE: NET OF DIRECT BENEFIT EXPENSE OF \$83,421 & \$83,199, RESPECTIVELY	–	295,020	–	295,020
INVESTMENT RETURN	(8,935)	(739)	–	(9,674)
NET ASSETS RELEASED FROM RESTRICTION	622,228	(622,228)	–	–
<b>TOTAL REVENUE, GAINS &amp; SUPPORT</b>	<b>759,678</b>	<b>77,566</b>	<b>1,622</b>	<b>838,866</b>
<b>EXPENSES</b>				
GRANTS & TRANSFERS TO AFFILIATES	978,823	–	–	978,823
GRANTS TO OTHERS	106,322	–	–	106,322
<b>TOTAL EXPENSES</b>	<b>1,085,145</b>	<b>–</b>	<b>–</b>	<b>1,085,145</b>
<b>NET ADMINISTRATIVE &amp; FUNDRAISING</b>				
SUPPORT FROM MERCY & UNITY HOSPITALS & ALLINA HEALTH SYSTEM	1,097,281	–	–	1,097,281
ADMINISTRATIVE	(465,667)	–	–	(465,667)
FUNDRAISING	(721,273)	–	–	(721,273)
<b>TOTAL NET ADMINISTRATIVE &amp; FUNDRAISING</b>	<b>( 89,659)</b>	<b>–</b>	<b>–</b>	<b>( 89,659)</b>
<b>CHANGES IN NET ASSETS</b>	<b>(415,126)</b>	<b>77,566</b>	<b>1,622</b>	<b>(335,938)</b>
NET ASSETS – BEGINNING OF YEAR	2,223,890	2,321,717	433,694	4,979,301
<b>NET ASSETS – END OF YEAR</b>	<b>\$1,808,764</b>	<b>\$2,399,283</b>	<b>\$435,316</b>	<b>\$4,643,363</b>



Here are some examples of the many important initiatives Mercy & Unity Hospitals Foundation was able to support as a result of your generosity in 2012.

**STAFF EDUCATION (4%)**

- Midwest Pharmacy Residents Conference
- NICHE Leadership Training
- Achieving Harmony Through Diversity Conference
- Integrative Therapies Initiative
- Mindfulness Based Stress Reduction Education
- Bariatric Surgery Conference
- Operating Room manager Conference
- CISM Refresher Training Course for Facilitators

**EMPLOYEE ASSISTANCE/EMPLOYEE BENEFIT (6%)**

- Mercy Employee Fitness Challenge
- Mercy Employees in Need
- Unity Employees in Need

**STAFF EDUCATION (4%)**

- Midwest Pharmacy Residents Conference
- NICHE Leadership Training
- Achieving Harmony Through Diversity Conference
- Integrative Therapies Initiative
- Mindfulness Based Stress Reduction Education
- Bariatric Surgery Conference
- Operating Room manager Conference
- CISM Refresher Training Course for Facilitators

**HEALING ENVIRONMENTS/FACILITIES (9%)**

- Care Boards for Mercy Women's and Children's Unit
- Phone Charging Kiosk for Unity's Cafeteria
- Bariatric Stairs at Unity
- Pediatric Room Refresh at Mercy
- Artwork for Unity's Labor and Delivery Rooms



**COMMUNITY BENEFIT PROGRAMS (10%)**

- High School Health Screenings
- Community Health Screenings
- Alexandra House Challenge Grant
- Reach Out and Read Program
- AED Units for City of Fridley Police Department
- Blaine Senior High School Party – Safety Education
- Fridley High School All-Night Party – Safety Education

**RESEARCH (6%)**

- Study on the Impact of Prehabilitation in Total Knee Replacement

**PROGRAM SUPPORT (17%)**

- Community Health Improvement
- Chaplaincy Program Support
- Medication Assistance Program
- Fetal Loss Program Support and Supplies
- Grief Support Group Program Supplies
- Geriatric Care
- Baby Café Program Support

**CAPITAL PROJECTS (25%)**

- Mercy Multidisciplinary Oncology Clinic
- Virginia Piper Cancer Institute, Unity – A/V Equipment
- Glidescope for Mercy's Emergency Department
- Treadmills for Mercy's Cardiac Rehabilitation Center
- Treadmills for Unity's Cardiac Rehabilitation Center
- Spirit of Unity Sculpture at Unity Entrance

**DIRECTLY BENEFITING PATIENTS (18%)**

- Wigs and Wig Products for Cancer Patients
- Hotel Stay for Families in Need
- Vouchers for Patient Transportation
- Camisoles for Breast Cancer Patients
- Newborn Swaddle Sleep Sacks
- Dental Work for Patient in Need
- Posey Sitters for Geriatric Patients
- HIV Medication for SANE Patients
- Scales for Heart Failure Patients
- Prescription Drug Costs
- Scales for Heart Failure Patients
- Emergency Assistance for Cancer Patients in Need
- Prescription Drug Program Support





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Deets Mittelstadt, *Secretary*  
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Toni Lowinski	Nick Zerwas
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Lori Wightman, *President, Unity Hospital*

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Mercy & Unity Hospitals Foundation*  
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*Administrative Assistant*  
Kenna Dooley,  
*Senior Development Associate*  
Andrea Melberg Thompson,  
*Senior Development Associate*  
Kathy Schultz,  
*Executive Assistant*



YOUR GIFTS, Your Hospitals

# 2012

REPORT TO THE COMMUNITY



[allinahealth.org/MUHF](http://allinahealth.org/MUHF)

AllinaHealth 

MERCY & UNITY  
HOSPITALS  
FOUNDATION