

2008 Fall
Foundation News



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HIGHLIGHTS

Peter J. King Emergency Care Center at United Hospital

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Meet the Board: Merry DeCourcy and Peter Michalowski



UNITED HOSPITAL
FOUNDATION

Transforming Emergency Care: Our Commitment to the Community



Duke Adamski,
President,
United Hospital
Foundation

Each year, through the efforts of our physicians, staff, volunteers and generous donors, United Hospital offers the highest quality of medical care to more than 200,000 people in our community. In 2008, we expect 45,000 patients to arrive at our hospital by ambulance, car and foot seeking immediate care for medical emergencies.

It was nearly 30 years ago that United's Emergency Department was built—a time when our population was much smaller. Today, we must be prepared for the volume and the diverse emergency health care needs of our community. Our community deserves nothing less.

At the United Hospital Foundation, we recently launched our capital campaign to transform United Hospital's Emergency Department. I am pleased to announce a lead gift for this campaign and the new name of our emergency department. The new name is the Peter J. King Emergency Care Center at United Hospital, which you will read more about in this newsletter.

This campaign is much more than a new building. The United Hospital Foundation board of directors recently approved a two-year project to establish and implement a Department of Visitor and Family Services at the Peter J. King Emergency Care Center. United Hospital will be hiring new staff to serve in a liaison role for patients arriving in an emergent situation.

Effective this winter, these new team members will be available from 9 a.m. to 3 a.m. each day to assist patients and families in all aspects of their emergency care including escorting patients and family members, a patient concierge service program and ensuring that questions and concerns are addressed in as timely of a manner as possible. This new project will truly distinguish our emergency

care by ensuring that wait times are reduced and anxiety is lessened.

Along with the generosity of Peter J. King, I would like to recognize the leadership of Jack Ritt from North Star Bank, who serves as United Hospital Foundation's board vice chair and co-chair of the Emergency Department Community Campaign; and Joan Thompson of Minnesota Wire, United Hospital Foundation's board past chair and co-chair of the Emergency Department Community Campaign. Many others have been involved in leading this campaign including Sid Applebaum, John Brandt, John Huss, United Hospital Foundation board chair Jim Kowalski and Len Walsh.

Finally, I would like to thank the generous volunteers, donors and attendees of the 2008 Service to Humanity Gala on Sept. 27. This annual event has turned into a wonderful tradition. More than 1,500 people attended this year's gala and raised \$1.55 million to help ensure that the highest quality of care that United Hospital is known for will be available – and that the hospital will meet the future needs of the community.

A handwritten signature in dark ink that reads "Duke Adamski". The signature is written in a cursive, flowing style.

Duke Adamski
President, United Hospital Foundation

Peter J. King Emergency Care Center at United Hospital: The Community's Front Door to Live-Saving Support

As the largest hospital in the East Metro, United Hospital's campaign for the future of emergency care involves much more than the physical construction underway on the campus. Critically important is the behind-the-scenes work to transform the care experience for patients.

"We are focused on the patient experience and customer service," explained Polly Groshens, RN, CEN, director of Emergency and Endoscopy Services. An employee of United Hospital since 1975, Groshens sees the commitment of physicians, nurses and other staff members to the success of building the Emergency Care Center of the future.

"We are committed to minimizing waiting times, clearly communicating with patients and their family members, and, as always, offering the highest quality, most compassionate emergency care for our

"When patients arrive at United, we're not just taking care of them; we're also caring for their family members.," said Polly Groshens, RN, CEN, director of Emergency and Endoscopy Services.

community," said Groshens.

"We aren't just building a bigger space, we are building an Emergency Care Center that will respond to our community's constantly changing needs," said Jay Westwater, JD, MD, medical director, United Hospital's Emergency Department and United Hospital's chief of staff. "Time is of the essence in an emergency, so barriers to timely treatment must be eliminated."

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Inside entrance area of Peter J. King Emergency Care Center at United Hospital.

Peter J. King Emergency Care Center at United Hospital: The Community's Front Door to Live-Saving Support *continued*

CONSTRUCTION TIMELINE

This year, approximately 45,000 patients will arrive at United for emergency medical care. The construction timeline is on target and while the visible facility changes are transforming the space, multidisciplinary work groups have been formed to focus on customer service and culture, patient arrival processes, patient assessment and treatment times and placement of admitted patients.

Philanthropy plays a key role in the \$24 million project. With a lead gift from Peter J. King, the campaign is dependent on the generosity of the community to meet a \$12 million goal.

King became involved with United Hospital during the tenure of Mayor George Latimer. It was Latimer's desire to take West Seventh, which was crime-ridden and woefully run down at the time, and build a prominent facility which would become a development gateway to upgrade the West Seventh Street community that triggered King's interest in the West Seventh community and United Hospital.

Throughout 40 years, King's appreciation for the role of United Hospital in the community has grown with his support of the neighborhood.

"When I think of United Hospital, I constantly think about its presence in the West Seventh neighborhood. United is part of a large health care system, but it's still very much a community hospital," said King. "The doctors and staff are compassionate and they take the community and its needs into consideration."

The community's \$12 million goal will be matched by Allina's \$12 million commitment



Peter J. King

Peter J. King Emergency Care Center Facts and Figures

45,000:
Emergency Center patients expected in 2008

200,000:
Total United Hospital estimated patients in 2008

60:
Number of times the Emergency Department was on divert (closed to ambulances due to high volumes) in 2007

1979:
Year United Hospital's Emergency Department was built

1992:
Year United Hospital's Emergency Department was remodeled

19,000:
Number of cardiac procedures performed in 2007 at United

November 2010:
Target completion date for the Peter J. King Emergency Care Center

and make it possible for United Hospital to provide the finest emergency medical care available.

"We are building the best-in-class and best-in-practice Emergency Care Center at United Hospital," added Groshens. "Our goal is that this facility will be the standard for which all future emergency facilities will be modeled."

All emergency services programs, disaster preparedness, advanced technology and community education efforts will be incorporated into the new center.



Outside entrance of Peter J. King Emergency Care Center at United Hospital.

At a Glance:

- 27 examination rooms
- Six psychiatric rooms to provide a safe and secure treatment area
- 12 observation rooms
- A larger bay to hold a minimum of six ambulances
- Decontamination area
- In-department computed tomography (CT) device
- Patient care and family areas designed for greater privacy

strong and available when any one of us needs care.

For more information about the United Hospital Foundation campaign for the new Emergency Department, contact the Foundation at 651-241-8022.

COMMUNITY SUPPORT

To meet the expectations for the new Emergency Department, we need to work together. Only together can we ensure that this major community asset —is viable,

A Better Life for People with Parkinson's Disease



Barbara Redlecki shown here on her beloved farm.

Barbara Redlecki is back—on her farm with her beloved dairy cows and flashing her own smile. What is she back from? The devastating effects of Parkinson's disease, which stiffened and shook her body so badly she couldn't open the barn door or even smile.

And while Parkinson's disease took its toll over several years, Redlecki's life came back together in seconds in what she calls her "moment of truth"—when deep brain stimulus probes and a controller were turned on, causing her stiffened muscles to relax and her tremors to stop instantly.

Redlecki's surgeon, Peter A. Pahapill, MD, is now the functional neurosurgery medical director at Nasseff Neuroscience Center, making deep brain stimulation (DBS) and other advanced neurosurgeries available at United Hospital.

Redlecki's journey took more time than just her moment of truth. Medicines were no longer controlling her symptoms well, and she heard about DBS at a support group. She met Pahapill and discussed her options at length

with him, her other doctors and her family.

"It was a difficult decision to let someone drill holes in my head, but he was calm, answered all my questions, and I was very confident in him. Everyone agreed that I should have the surgery," she says. "I had my eye on the prize, and we went ahead."

Similar to the stimulation a cardiac pacemaker delivers to the heart, DBS delivers a controlled, electrical stimulation to targeted areas in the brain. It relieves the symptoms but does not cure Parkinson's. Redlecki underwent surgeries to drill holes in her head and place probes in carefully targeted spots in each side of her brain. In a final outpatient surgery, a controller was placed below her collarbone and a wire was threaded up her neck to connect to the probes in her brain. When the controller was turned on, electrical stimulation relieved her symptoms. All of her medicines were discontinued. The controller is programmable and was adjusted over time to give Redlecki the best relief for her symptoms. One of the fine-tunings changed her stiff, "fake" smile back to her natural smile. "DBS is a good, proven, predictable treatment for Parkinson's symptoms. It's reversible and can be adjusted as the patient's needs change," says Pahapill.

"While it restores function to more than 90 percent of the patients who have it, only 25 to 30 percent of people with Parkinson's are good candidates. We carefully screen patients to identify those who will benefit." A national expert on DBS, Pahapill contributes to textbooks and research articles on the subject. He completed multiyear fellowship training in all aspects of DBS and has done more than 1,000 neuromodulation surgeries over 15 years, far exceeding the training and experience of most surgeons performing these procedures.

United's Level One Cardiac Care Program: Raising the Bar Locally and Nationwide

Throughout the last few years, considerable national attention has focused on initiatives improving treatment for cardiac arrest in patients. However long before national initiatives gained prominence, United Hospital, in conjunction with St. Paul Heart Clinic (SPHC), addressed this important issue and pioneered the "Acute Cardiac Network" program in 2001.

The program, re-named "Level One Cardiac program", is led by Kenneth Baran, MD, medical director, Nasseff Heart Center catheterization lab; Victor Tschida, MD, medical director, Nasseff Heart Center; and United Hospital nursing leadership. Together, they worked to streamline the process to expedite the transfer and treatment for these critical patients. The program was created to eliminate delays in getting the patient to the cardiac catheterization laboratory. Utilizing a special number called the "BatFone" to begin the transfer process usually saved time by resulting in taking the patient quickly to the cath lab once they arrived at the ED at United. The goal has been to open the patient's occluded artery within 90 minutes from arrival at the first hospital and within 60 minutes from arrival at United.

As United's Level One Cardiac program continued to improve care and outcomes, another innovative and revolutionary expansion included pre-hospital activation, if appropriate, of the cath lab staff by Emergency Medical Services (EMS) personnel.

EMS activation from the field has significantly reduced door-to-balloon time. The average number of minutes saved per case from Jan. 1, 2007 to June 30, 2008 was 46 minutes.

Other milestones include:

- When the program began in 1st quarter 2001, United's door-to-balloon time was

135 minutes. In 2007, there were 205 Level One cardiac patients with an average door-to-balloon time of 44.74 minutes. This places United in the top 10% of all hospitals in the United States for treating ST Elevation Myocardial Infarction patients. United has achieved and held this national recognition for performance in treating acute myocardial infarctions for the past 26 months.

- Dr. Uma Valeti, interventional cardiologist at United's Nasseff Heart Center, along with United's cardiac catheterization team were awarded one of St. Paul Fire Department's highest community awards for their role in saving a patient's life.
- United participated in a multi-hospital study where EMS personnel activated the catheterization team from the field. United had the fastest door-to-balloon times of any hospital in the study.
- Dr. Kenneth Baran, medical director of United's Cath Lab, highlighted Level One Cardiac Care Program findings in his abstract "Feasibility of Pre-Hospital Activation of Cardiac Catheterization Laboratory Staff by Emergency Medical Services Personnel for ST Elevation Myocardial Infarction". His abstract was accepted for the Scientific Sessions Abstract 2008 poster session at the American Heart Association's National Meeting in New Orleans, Nov. 2008.

Results like these are world class and put St. Paul, Minnesota on the map. It has been said St. Paul is the best place in the nation to have a heart attack and with results like these, it is a valid point.



Kenneth Baran, MD

Peter J. King Family Health Center Construction on Schedule

Construction is on schedule for the Peter J. King Family Health Center, which will soon house United Family Practice and United Family Medicine Residency program. According to Melissa Parker, operations director, the plan is to move into the new facility in March 2009.

The lead gift of \$3.5 million in support of the project was from Peter J. King and the King Family Foundation. Located on the corner of Randolph and West 7th Streets in Saint Paul, the new clinic will offer patients nearly twice the square footage as the current facility, additional access for urgent and same day visits and will accommodate dental services. Each year, United Family Practice cares for 13,000 patients with approximately 44,000 annual visits, with a focus on providing increased access to those without adequate insurance or the uninsured. By 2014, the Center expects to care for 16,000 patients with 65,000 annual visits in its new space.

One goal of the project is to attain Leadership in Energy and Environmental Design (LEED) certification for the Center. LEED certification offers an independent, third-party verification that a building project meets a set of designated performance measures —and provides a

nationally recognized symbol that a building is environmentally responsible and a healthy place to work. “We are committed to LEED certification and have incorporated LEED standards in every feasible aspect of the planning and construction of the Peter J. King Family Health Center,” explained Parker.

In addition to the clinic, the United Family Medicine Residency program will also benefit from the new space. The program has a long-standing tradition and reputation for training of family medicine physicians with a focus on improving the community’s overall health. Currently the program is approved for a total of 18 residency positions.

To date, more than \$13.9 million has been raised to build the new clinic for United Family Practice dedicated to providing care for the uninsured, underinsured and underserved residents in the community. The capstone phase of the campaign is led by chairman, Bart Zibrowski, executive vice president, Development and Finance of McGough Companies and a group of local community leaders. Kresge Foundation has awarded United Family Practice with a challenge grant of \$450,000 contingent upon raising the remaining \$885,000 to meet the overall \$14.8 million goal.

For information on how you can support the Peter J. King Family Health Center, home of United Family Practice Clinic, please call the United Hospital Foundation at 651-241-8022.



Peter J. King Family Health Center

Connecting with Families through the Birth Center

Greg and Sarah Haider recently celebrated the birth of their second child, Cooper Allen, in early September, but not after an initial scare of contractions starting twelve weeks before Sarah's due date. They called Labor and Delivery and ended up nervously checking-in to United Hospital during the middle of the night. However to their relief, standing there to meet them was Jodi Lebo, RN, United Hospital Birth Center. During the birth of their first son, Jake, the Haiders so much connected with Jodi and the care they received at United, they now referred to her as "our nurse".

From the Haider family

"My family had experienced a tough loss starting from natural birth complications when we lost my nephew about five years ago. Since that day, the births of all our nieces and nephews (five total) have been through caesarian section. So, undoubtedly, my wife and I were a bit anxious at the idea of having a natural birth with our first child, Jake.

On March 21, 2007 my wife's water broke at 3 a.m. We checked into the Labor and Delivery to be met by our nurse Jodi Lebo. Instantly, we felt comfortable with Jodi. She was extremely helpful, realizing our concern, offering explanations for everything that was occurring and was to occur with the birth process. Jodi had a smile every time she came in our room, keeping my wife's and my nerves in check. Over the next few hours, we began to build a great relationship. At one time when she walked out of the room my wife had said, "I could see myself hanging out with her and going shopping!"

My wife's labor had been going longer than expected, and we were beginning to watch the clock as we knew Jodi's time with us would be coming to an end at the end of



Jake and Cooper Haider

her shift at 7:30 a.m. At 7:40, Jodi's smiling face came in the room! She said with a determination that she was going to stick with us until she saw our baby born! I still get the chills when I think about the sacrifice she made for two strangers. Jodi stuck with us for another complete shift, working 16 hours straight out of her own will! Labor ended with a C- section at 12:03 a.m. on March 22. It was a long twenty-one hours, but because of Jodi, we still look back on that day and smile. Everyone who has heard the story of Jake's birth has also heard the story of our nurse Jodi.

Our second experience with United was not unlike the other. We experienced unbelievable care from the moment we walked in the door to the moment we were brought out the front door. The C-section went perfectly, and within minutes, we had our second, healthy son, Cooper Allen. Sarah and I are beginning to realize that the care we received from Jodi may be exceptional, but then again, maybe exceptional can be expected at United."

The Birth Center at United Hospital delivered approximately 4,000 babies in 2007.

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United Golf Classic

The 18th annual United Hospital Golf Classic was held July 28 at the White Bear Yacht Club. The weather was perfect. Participants enjoyed lunch, 18 holes of golf (on the raw beauty of the course which makes it one of those special layouts that participants never tire of playing), contests/raffle ending with an award reception.

Our tournament raised \$141,000 for the United Hospital Emergency Department. Congratulations to tournament winners: Tim Braatz, Jason Pothen, Tim Dobratz and Bill Seeman.

Mark your calendar for the 2009 tournament set for July 27 at the White Bear Yacht Club.



The 18th annual United Hospital Golf Classic winning team. L-R: Bill Seeman, Tim Dobratz and Jason Pothen (Tim Braatz not pictured)



3M Senior PGA Championship



R.W. Eaks, 2008 3M Senior PGA Championship Winner

The 2008 3M Championship, held at the Tournament Players Club (TPC) in Blaine July 14 – 20. With his victory in the 2008 3M Championship, R.W. Eaks shattered the previous three-day tournament record by four strokes.

Since 1993, the tournament has donated more than \$13 million to charity. The 2008 tournament netted more than \$1.3 million to benefit United Hospital, Abbott Northwestern and Mercy & Unity Hospitals.

Thank you to 3M, title sponsor, and all the sponsors, volunteers and spectators who made this event a success.

2009 Calendar of Events

July 6-12: 3M Senior PGA Championship @
Tournament Players Club, Blaine

July 27: United Hospital Golf Classic @
White Bear Yacht Club,
White Bear Lake

September 26: Service to Humanity Gala @
RiverCentre, Saint Paul

For more information about
United Hospital Foundation
events, please call the
Foundation at 651-241-8022.



2008 *Service to Humanity Gala*

The St. Paul RiverCentre was the place to be September 27 for the 2008 Service to Humanity Gala.

It was the second most successful and largest fund-raising event in the 24-year history of the United Hospital Foundation. Nearly 1,500 people attended the event and raised \$1.55 million to benefit the United Hospital Emergency Department Expansion.

This year's recipients of the Service to Humanity Award were Jerone Kennedy, MD, and Elaine Larson. The award, presented by the United Hospital Foundation, recognized Kennedy and Larson for their selfless leadership in improving the health and welfare of Saint Paul and the surrounding communities.

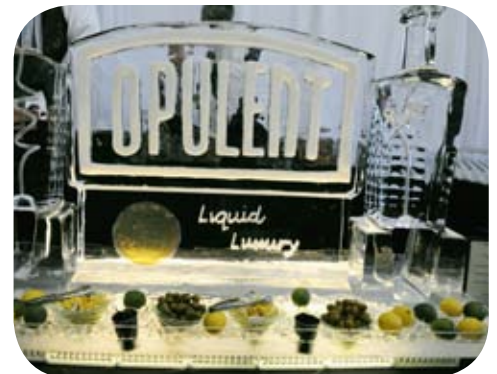
This year's Gala was chaired by Jay Westwater, MD, Ginny Kraus, Dr. Steve & Pat Tredal and Dr. Merle and Anna Hillman and emceed by Joan Thompson and Jack Ritt. Thompson and Ritt are board members of the United Hospital

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2008 Service to Humanity Honorees:
Jerone Kennedy, MD, and Elaine S. Larson





The grand ballroom doors opened to a “back-to-the-big-gala’s” décor with yellow tiffany canary and gold sparkle linens, white lycra stars, giant paper flowers in rusted urns, yellow kissing balls hanging on gold trees, bright yellow Dendrobium orchids on gold bamboo rods in a champagne vase filled with Candyland’s carmel corn and draped ceiling and walls with floating roses



Sears
Imported Autos

Foundation, and the co-chairs have been associated with United Hospital for several years. Everyone worked countless hours to ensure a successful and fun event.

We would be remiss if we didn't single out the efforts of Peter J. King, King Capital Corporation and King Family Foundation, John Nasseff, noted St. Paul philanthropist, Helene Houle, member of the United Hospital Foundation board, Merry DeCourcy, renowned artist and member of the United Hospital Foundation board and community volunteers Linda Schroeffer, Tim Vesperman and Tom and Dawn Walrath. The event would not have been as successful if not for

these dedicated individuals whom worked tirelessly, and the Foundation is grateful for their continued support.

The evening began with a fabulous reception, butler-passed hors d'oeuvres and a silent auction of almost 600 items coordinated by a 25-member committee of community volunteers. The auction items were graciously donated by hundreds of donors and companies. Guests mingled, placed bids, drank martinis and enjoyed viewing a Mercedes-Benz SLK 300 convertible, from Sears Imported Autos, which was raffled off at the end of the evening. Guests were treated to a delicious jerk scallop on a

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Dr. Dan Foley and Dr. Jerone Kennedy



Duke Adamski, Elaine Larson and David Byrd



Helene Houle and John Nasseff



Jerone Kennedy, MD, and son, Collin



Dr. Kenneth Baran and Elaine Larson



Peter J. King

jicama salad with a curry and coconut dressing appetizer newly created by the chef of Wildside Caterers, followed by a roasted yellow beet salad and filet mignon that was outstanding. Putting everyone “over the top” was the sinful chocolate trio dessert of Chocolate Decadence, chocolate mousse and a crispy chocolate hazelnut torte served with a white chocolate dipped pretzel rod served

with drizzled dark and yellow chocolate.

The live auction this year was a smashing success! Guests were invited to bid on an Alaskan and Caribbean luxury cruise, St. Croix River cruise on a luxury yacht, Skating to Center Ice, Twins batting practice buddy package, a trip to Duluth with Dr. Kennedy in his private plane, a John Deere Gator, a Caribbean vacation in the Turks and Caicos Islands and a puppy! The evening wrapped up with the raffle of a 2009 Mercedes-Benz SLK 300 convertible.

Again, thank you to all of our sponsors, volunteers and to the Saint Paul community for supporting United Hospital Foundation.

2008 Service to Humanity Gala photos by: Jonette Novak and Anjanette Conway

Legendary music group, The Seville's





Dr. Jerone Kennedy and his wife, Penny



Nazi and Moe Sharifkhani



Mary Ritt and Kimberly Utgaard

Silent auction items included several options for wine enthusiasts





Dancing the night away to The Seville's



Beth DeCourcy Miller and Mike Miller



Elaine Larson presented with a surprise 90th birthday cake from David Byrd



Sue Olson, Dr. Zoreh Mahdavi and Jeff Olson



Jim and Mary Kowalski



Vicki Gee-Trest, Roger Nielsen and Merry DeCourcy



Barbara and Larry Bentson



Dr. Kennedy, John Nasseff and Tim Ebner

2008

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Dr. Zhu and Rebecca Zhu

The 2008 Service to Humanity Gala Mercedes-Benz 300 SLK Raffle Winner

The winner of the \$50,000 Mercedes-Benz 300 SLK raffle was announced by Don Davidson of Sears Imports at the conclusion of the gala program. The winner was Judy Telschow of Shoreview, Minnesota. Judy said that she is pleased to support the hospital as she delivered her children here. With a heavy heart, Judy and her husband, Jim, decided to sell the car to help pay for college tuitions.

We want to thank Sears Imports and Don Davidson for their continued support of our gala raffles. Sears has helped raised over \$250,000 for the

expansion of the emergency department over the past two years. We are very fortunate to have their support, which lends a real touch of class and prestige to our event.

The raffle sold out on gala night and another is being planned for the 2009 gala. Thanks to everyone who took a chance in the raffle and helped to support the much needed expansion of the emergency department. We want to thank Elaine S. Larson, the 2008 Service to Humanity Award Recipient for her especially generous support of the raffle again this year.



Judy Telschow, 2008 Service to Humanity Gala Raffle Winner and Don Davidson, Mercedes-Benz Dealer Principal, Sears Imports



Scenes from the live and silent auction



Stephanie Duncan and puppy "Little Duke"



Outdoor auction merchandise

2008

Auction Contributors



A Whimsical Place
A.J. Forliti Photography
Duke Adamski
Advanced Skin Care
Julie Albinson
Alpha Imaging, Inc.
Dr. Nathan and Lyndsay Anderson
Judy A. Anderson
Nancy J. Anderson
Anjanette and Scott Conway
Anoka County Parks & Recreation
Anoush and Elli Ansari
Sid and Lorraine Applebaum
Archivers Woodbury
Mike Aschittino
Associated Anesthesiologists Foundation
Drew and Heather Baldridge
Bar Napoletano
Ramona Barrett
Drs. Randy and Margaret Beahrs
Bearpath Country Club
Belle Amie Spa
Bennett's Chop and Rail House
Best Western Kelly Inn - Plymouth
Best Western Kelly Inn - Saint Cloud
Best Western Kelly Inn - Saint Paul
The Bibelot Shops
Andrea and John Bien
Big Mama Musky Lures
Dr. Michael H. and Alice J. Broderdorf
Dan Bruggeman
Steve and Lynette Bryant
Buon Giorno Italia
Ann M. Burgeson
Cabin Fever Sporting Goods
Cafe Latte
Candyland, Inc.
Cardinal Corner
Jane Carlson
Chambers
Robert H. Chandler
Challenger Corporation
Chicago Marriott Downtown
Chicago Marriott Suites O'Hare
Choo Choo Bob's Train Store
Butch and Kathy Ciresi
Clam Corp.
Cleveland Airport Marriott
Clos Pegase Winery
CMD & Associates Executive Search
Gayle L. Cole
Cole's Salon
Como Park Zoo
Tom Conlon
Anjanette's Photography
Cookies by Design
Cossetta's Italian Market & Pizzeria
Country Inn and Suites - St. Cloud

Courtyard by Marriott
Jay and Page Cowles
Crabtree & Evelyn
Crown Plaza Hotel
Dacotah Ridge Golf Club
Dakota Eye Care
The Dancing Fair
Michael and Merry DeCourcy
Disney Worldwide Services, Inc.
John Doll
Christine and Patrick Donovan
Mike and Jessica Downes
Downtown Woodfire Grille
Charlie Eiler
The Essence of Nonsense
Evolution Salon
Eyebobs
Dr. Vijay Eyunni
Ann M. Fankhanel
Joe Fassler
Filtration Systems, Inc.
Fitness Together
Flame
Flint Hills Resources
Dr. Dan and Lyn Foley
Sandy Fritzlar, MD
Glacier Park Package
Paul Goering, MD
Golden Fig Fine Foods
Bill and Eleanor Goodall
Grand Casino Hinkley
Grand Casino Mille Lacs
The Grand Hand Gallery
The Great American History Theatre
Gretsch Incentives
Grey Goose
Griffin Gate Marriott
The Guthrie Theater
Mary Halvorson
Daryl Hanzal
Hart Marketing
Tom Hennessey, MD
HermanMiller for HealthCare
Jeff and Debora Hilger
Dr. Merle and Annemette Hillman
Hilton Minneapolis
The Hilton Minneapolis South
Karen Hoeschen
Homespections, Inc.
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David Husom
Husom & Rose Photographies
Illusion Theater
Dr. Austin and Mary Indritz
Intereum
In-Vision Grand Ave
Irie Delights
Marc and Judy Isaacs
Jax Cafe
J.B. Hudson
Jellycat, Inc.
Joe's Sporting Goods

John Doll Studios
Todd and Jennifer Johnson
Jon Oulman Gallery and Salon
Jungle Theatre
Karma
Dr. Jerone and Penny Kennedy
Kid's Hair
Angela Kiefer
Cheryl M. Klenow, MD
Knit'n From the Heart
Jim and Mary Kowalski
Kowalski's Markets
Paul Kraus
Lake Elmo Inn
Lakeshore Players Theatre
Bruce Larson
Lexus of Maplewood
Lincolnshire Resort Marriott
James G. Lindell
Linder's Garden Center & Flower Marts
Little Venetian
Lloyd's Automotive
The Lodge at Giants Ridge
Ray and Sharon Lorenz
Carol Lyman
Dr. Joseph and Heather Madigan
The Makeover Guy
Manny's Steakhouse
Marina del Rey Marriott
James and Margaret Marino
Marriott - The Cornhusker
Marriott Harbor Beach
Marriott International
Marriott Vancouver
Marriott West, Minneapolis
Master Framers Incorporated
Mary McLean
Meghan Doll Photography
Meritage
David R. Miller
Anne and Richard Miller
Milton M. Hurwitz ExerCare
Fitness Center
Minneapolis Marriott City Center
Minneapolis Marriott Southwest
The Minnesota Orchestral Association
Minnesota Public Radio
Minnesota Thunder
Minnesota Twins Baseball Club
Minnesota Wire
Mark and Joan Mishek
Mission American Kitchen & Bar
Roger and Julie Moberg
Mohawk Moving & Storage Co.
Mystic Lake Casino - Hotel
Dyann R. Nasseff
John M. Nasseff
Steven and Nicholas Nasseff
Tawnee M. Nasseff
Edmund and Mary Ann Newman
North Oaks Golf Club
Northwest Airlines
Miti and Camelia Olariu-Tau

Olive Garden
Sue and Jeff Olson
The O'Neill Brothers
Opulent Vodka
Ordway Center for the Performing Arts
Gary Osterbauer
Our Gang Salon & Spa
Christina Paquette
Constance J. Paquette
Tony and Amber Paquette
Marc and Kelly Paradise
Park Square Theatre
Pazzaluna
Peapods Natural Toys
Peju Province Winery
Drs. Gerald Moriarty and Patricia Penovich
Penumbra Theatre Company
Ann Peters
Fred Peterson, MD
Photographer's Guild
Porterhouse Steak and Seafood
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Radiance Medspa
Rapala
The Red Balloon Book Shop
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Ritrama, Inc.
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Ritz Camera Centers, Inc.
Rocco Altobelli Salons and Day Spas
Craig Roen
Ron Burg Fine Portraits
Ann Marie Rose
The Rose Ensemble
Nancy Rosenberg
St. Bernard's School
St. Paul Chamber Orchestra
St. Paul Fire Department
St. Paul Harley Davidson
The Saint Paul Hotel
Salon Cheveux
Salon Ultimo
The Sawdust Factory
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Sears Imported Autos Inc.
Moe and Nazi Sharif
Sleep Number by Select Comfort
Slumberland - Little Canada
Solera
Solo Vino
Daniel P. Spielman, MD
Sportsman's Warehouse
Starkey Hearing Foundation

Stepping Stone Theatre for Youth Development
Jennifer Strangis
Jim Stronge
Michael Sullivan
Phil Sutherland and Sandra McCaul
Jeffrey G. Swanson, MD
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TK's Coffee
Susan Tabor
Nina Thai, DDS
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Treasure Island Resort and Casino
Dr. Steven and Patricia Tredal
Trophy Encounters
Rodden H. Turner
Twin Cities Airport Marriott Courtyard
Twin Cities Chocolate Extravaganza
Twin City Attorneys, PA
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United Hospital - Facility Operations
Uptown Dermatology and SkinSpa
Ursula's Wine Bar and Café
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Lynda Voge
W Minneapolis - The Foshay
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Patricia DeBlasis Wendling
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Dr. Jay Westwater and Ginny Kraus
What's New In Gifts
Wildside Caterers
Wine Styles
Woodbury 10 Theater
Woodbury Senior Living
WorkflowOne
World Cycling Productions
Dr. Wylie and Rebecca Zhu
Ed and Mary Zieroth

Well-prepared for the Republican National Convention

Be ready for the worst and hope for the best. That's how United Hospital prepared for the Republican National Convention (RNC). And, as it turned out, that's pretty much how it happened.

Almost from the day it was announced two years ago that the RNC was coming to St. Paul's Xcel Energy Center, United Hospital started its preparation knowing United and Allina Medical Transportation (AMT) would be heavily impacted because of their St. Paul locations.

Led by United Hospital vice president David Miller, staff from every part of the organization were pulled together for the preparations.

"This was an amazing team effort," said Miller. "We looked at everything from the amount of medical supplies we needed in case this happened or that happened and where it needed to be positioned, to contingency plans if facilities needed to be closed."

Despite the well-reported protester activity, operations were relatively unaffected. United Hospital briefly went into lockdown twice on Monday when activity neared the hospital.

Throughout the convention, Incident Command Centers at United and AMT were up and running, constantly monitoring events, ready to deploy staff where and when needed.

"For all the noise and commotion, this turned out to be more of a police event than an EMS or medical event. We never saw the increase in volume we were told to expect by services in other cities where conventions had been held in the past, and we had virtually no convention-related calls," said Allina Medical Transportation president Brian LaCroix. "By Wednesday, we were looking to reduce the number of extra crews we had scheduled."

Still, a select few were in the thick of the



action. AMT provided Mobile Field Force (MFF) teams to the centralized convention security operation. Trained in SWAT tactics and outfitted in SWAT gear, these paramedic teams were in the action areas, ready to assist law enforcement and civilians in the midst of the frenzied and sometimes violent demonstrations.

"At the height of the action we were right with the front lines of the police," said Keith Witte, one of AMT's MFF team members.

"Our biggest job, especially Monday in the heat and humidity, was keeping our people hydrated. 90 degrees in full riot gear was very challenging for the police and for us."

continued on page 25

Meet the Board: Merry DeCourcy and Peter Michalowski

In recognition of United Hospital Foundation's role in supporting the hospital's programs and services, Merry DeCourcy and Peter Michalowski joined the United Hospital Foundation board of directors in 2006.



Merry DeCourcy

MERRY DECOURCY

A portrait artist and community volunteer, Merry DeCourcy joined the United Hospital Foundation board of directors in 2006. She is a lifelong resident of the Twin Cities and a graduate of the University of Minnesota.

DeCourcy received her formal art education at the Atelier LeSeuer and the Minnesota River School of Fine Art, with an emphasis on oil portraiture. After completing her studies, she joined the school's faculty and began receiving portrait commissions. Her studio is located in the Landmark Center in St. Paul.

DeCourcy's portrait commissions include national political leaders, members of the clergy, judges, corporate executives, civic leaders and college presidents. Her portraits and still life paintings are displayed in public and private collections across the Twin Cities, California, New York, and Mexico.

One of her works is a portrait of John Nasseff, which is displayed in the John Nasseff Heart Hospital.

"While my children were young I was active as a volunteer in many of their activities, including school, church, athletics, scouting and other organizations. Today my volunteer focus is primarily on health care," said DeCourcy. "United Hospital has been a valued member of our community and I am honored to contribute in a small way to its continued success." Her activities on behalf of United Hospital include serving as chair of the Gala and the Gala's silent auction, and as a member of the Gala's planning committee. Merry is also on the board of the United Family Practice Health Center, where she continues to raise funds for community-based health care.

DeCourcy is enthusiastic in her support of the goal of construction of a new Emergency Department at United. "This is long overdue and essential for continued excellence in the health care provided by United Hospital," she explained.



Peter Michalowski

PETER MICHALOWSKI

Peter Michalowski is the vice president of Human Resources, Environmental Health and Safety, and Communications for Goodrich Corporation's Sensors and Integrated Systems business. Goodrich, a Fortune 500 company, is a leading global supplier of systems and services to the aerospace and defense industry. A member of the United Hospital Foundation board since May 2006, Michalowski views his position on the board as a way to give back to United Hospital after being a patient in 2003.

"During my experience as a patient at United, I was so impressed with the doctors, nurses, staff and everyone I encountered. I decided that this was a place that I would like to give back to," explained Michalowski. "What impressed me most was the professionalism at all levels of the staff—from my surgeon to the many staff members who deserve recognition and support," he added.

As president of the Twin Cities Human Resource Executive Council, Michalowski serves on the Council with representatives from other large companies in the region including General Mills and 3M. "Working in human resources, I am very close to the importance of quality, affordable health care," he stated.

Recently, Michalowski took a leadership role with the United Hospital Foundation to serve as the chair of the Community Benefit Committee to address promotion of health in the community that United Hospital serves.

An advocate for the Emergency Department expansion, Michalowski sees great potential for expanded service and a patient focus that a new Emergency Center will offer. "It's really terrific when you consider what impact this project will have on our community," he said.

For Michalowski, health care comes down to the patient and provider relationship; and the people who deliver the care each day.

"It's a very honorable profession to be a caregiver," he explained. "We need to seriously consider the future shortage of health care workers we will likely face. It's another challenge our health care industry will have as the baby boomers start to retire and need and demand health care services."

Alumni Association's Annual Picnic

The Alumni Association held their annual picnic this summer in the Bentson Family Conference Room. Val Harshe, Acting President, led the discussion about this new organization and its purpose. This alumni group is the successor of the Retiree's Club and it is open to all former employees of United Hospital who have worked on campus for at least 3 years. It is also open to all members of the Retiree's Club of 2007.

The purpose of the group is to support the mission of United Hospital and to provide a convenient way for former employees to stay in touch with each other. Some members volunteered and worked at the gala on both Friday and on Saturday. Special thanks to Mary

Ann Newman and Kathy El-Kandelgy for their incredible efforts with the set up and the art sales of the silent auction.

The next scheduled event for the group will be the holiday dinner, which the group may attend as guests and as volunteers. Contact Phil Sutherland at 651-241-8026 for more information.

We Say Goodbye to a Friend

On July 29, 2008, United Hospital Foundation and this community lost a very dear friend when Grace Beek passed away.

Grace was a nurse at the Miller Hospital and ran the blood bank until her husband, Dr. Harvey Beek, returned from War. She was an active member of the Miller Women's Auxiliary and instrumental in developing the gift shop – which Grace had daily devotions to and was extremely proud of the gift shop's contributions. Grace described the Miller days by saying, "the whole hospital was a friendship." The foundation staff was fortunate to have known Grace and we, along with so many others, will miss her smile, twinkle in her eye and her laugh.



Enhancing Guest and Visitor Experiences

What do you get when you mix popcorn, coffee, playing cards, magazines, games, volunteers and generous funds from the United Hospital Foundation? You get several unique volunteer staffed programs which help make visitors and guests more comfortable while they spend time at United Hospital.

For more than one year, the United Hospital Foundation and Volunteer Center have strategically partnered to offer a number of comforting services to enhance the overall guest experience at United.

The “Boredom Buster Activity Cart”, funded by the United Hospital Foundation, began this summer using Camp United Volunteers. Teen volunteers made rounds to all patient rooms, offering items and activities to keep the patient occupied. Before they leave the patient room, volunteers check to ensure the patient has items such as; call light, telephone, and the bedside table within their reach. They also ask, “Is there anything else I can do for you before I leave?” This program has been so well received by patients and their families, the Volunteer Center, with funding from United Hospital Foundation, will continue to offer this program.

“Can I get you a cup of coffee?” You also hear that comforting phrase as you walk the halls of the hospital. Volunteers brew and serve



United Hospital's Coffee Cart

Starbucks Coffee, compliments of United Hospital Foundation, to guests in the lounges and other public areas of the hospital. Visitors appreciate the hospitality of a hot cup of coffee and a smile from volunteers.

For those who don't want coffee, there were other options available this past summer. Every Thursday and Friday, guests and employees were offered freshly popped popcorn in the Doctor's Professional Building lobby, compliments of United Hospital Foundation. This weekly afternoon treat was enjoyed by guests and employees all summer.

The funding from United Hospital Foundation enables the Volunteers Center to offer these unique programs which attract volunteers and most importantly, serve United's patients and guests.

Well-prepared for the Republican National Convention *continued from page 21*

After the convention was over, it was time to relax and appreciate all the planning that made the week go as smoothly as it had.

“We had a mandate and that was to make sure United continued to function and carry out our mission, to provide excellent patient care, regardless what the convention threw

at us,” said Miller. “We were ready and we delivered in a way that only an organization with the depth and breadth of talent we have could deliver.”

Summit and Rogers Society

Summit and Rogers Society members are donors who respectively contribute \$1000 or \$500 or more each year for the benefit of the hospital.

Throughout the years, these donors have generously supported the creation of the ExerCare Center, the Nasseff Heart Center, the Nasseff Neuroscience Center, the Jesse E. Edwards Registry of Cardiovascular Disease and many other projects. These benefactors remain the core of the committed community support for United Hospital.

The current project being supported by Summit and Rogers members is the expansion of the Emergency Department. The main reason for this expansion is that the growing demands of the east metro residents are increasing the need for emergency care services.

Additionally, the existing ED is too small and too busy for the number of patients who are seen on a regular basis. Further, there is a real need to expand the services of the ED to handle any natural or man-made disaster such as a tornado or a multi-car highway accident.

Benefactors of the Summit and Rogers Society traditionally support the hospital with generous year-end gifts. These gifts are tax-deductible and provide Rogers and Summit donors with certain benefits such as free parking, educational lectures such as the annual Meet the Experts series, the use of the Summit Society Room in the foundation office, preferred private room assignment and other perks.

Letters will be sent by mid-November asking for help to complete the ED campaign. The project is on track to reach its \$12 million goal by December, 2009 with the continued support of the Summit and Rogers donors.

Meet the Expert lunches are being planned for 2009, and we need your help to select the list of topics that will be presented by our physicians. Past talks have included cardiac resuscitation, managing cholesterol, diabetes management and many others. Please contact Phil Sutherland at 651-241-8026 with your ideas so that we may schedule interesting presentations for Rogers and Summit donors.

Year-end giving: IRA rollover extension

There is finally good news coming out of Washington, DC for United Hospital's philanthropic minded supporters, friends and patients. IRA rollover has been extended!

Congress has passed the Emergency Economic Stabilization Act of 2008, which extends for 2008 and 2009 an expired provision permitting IRA owners age 70½ and older to make distributions to qualified organizations of up to \$100,000 per year (Tax Extenders and Alternative Minimum Tax Relief Act of 2008, H.R. 1424).

No income tax deductions are available for IRA "qualified charitable distributions," but donors may save taxes anyway, where gifts take the place of required minimum distributions (which otherwise are 100% taxable).

To make a 2008 gift from an IRA, donors should contact their IRA trustee or custodian as soon as possible – preferably before receiving any required minimum distributions. Transfers for 2008 must be completed by December 31, 2008. Distribution checks should be issued in the name of United Hospital, not to the account owner.

The rules are the same as for IRA gifts made in 2006 and 2007:

- Donors must be age 70½ or older and own a traditional or Roth IRA. Other retirement plans, such as pensions, 401(k) plans and others are not eligible.
- Only the IRA trustee can transfer gift amounts to a qualified organization. If IRA owners withdraw funds and then contribute them to charity separately, amounts withdrawn will be included in the donor's gross income.
- No charitable deductions are allowed, but gift amounts will not be included in the donors' incomes. IRA gifts may satisfy charitable pledges, according to the IRS.



- IRA gifts may not exceed \$100,000 and must be made before 2010. Note that up to \$100,000 may be distributed for both 2008 and 2009. The "ceilings" on contribution deductions (50% of adjusted gross income for cash, 30% of AGI for capital gain assets), do not apply to IRA gifts.
- IRA gifts cannot be made to charitable remainder trusts or other "life income gift" arrangements. Transfers are not permitted to donor advised funds or "supporting organizations".

To learn more about how you can support United Hospital, save taxes, and benefit your family members by utilizing the IRA Rollover provisions, please contact Richard Olson, Director of Gift Planning for the United Hospital Foundation. Richard can be reached at 612-262-6063.

The Heritage Society

The Heritage Society is our way of acknowledging donors who make the Foundation part of their estate plan or who provide perpetual support of our hospital through the creation of an endowment fund. These generous individuals are shapers of the future, making their mark with gifts that will benefit generations to come. An estate gift is so much more than a donation. It is a charitable act that provides a steady stream of support that allows the Foundation to respond to changing needs – forever.

To become a member of the Heritage Society, all you need to do is inform us of the provision you have made for the Foundation in your will or trust. The amount can vary and does not have to be disclosed. You may remain anonymous if you wish.

For more information, please contact Richard Olson, Director of Gift Planning, by phone at 612-262-6063, or via e-mail at Richard.Olson@Allina.com. Confidential consultation on charitable giving with Foundation staff or other experts is available.

We recognize and thank the following members of the Heritage Society:

The United Hospital Foundation has been addressing the charitable needs of the Saint Paul community for many years. We have become a trusted partner for generations of families, and the Heritage Society honors many generous donors.

If your name is not listed here and you have included the United Hospital Foundation in your estate plans, please notify the Foundation, allowing us to recognize the generosity of your personal commitment.

Duke Adamski	Thomas M. Reynen	Bill and Sybil Lipschultz	Robert R. Robinson
Darcy Andahl	Richard J. Haag	Mrs. Samuel (Ruth) Lipschultz	Mr. and Mrs. Dick Roessler
Gudfinna Angevine	Jerome M. and MariceL. Halper Family Foundation	Jean and Gunnar Ljungkull	John T. Rogers, M.D.
Charles and Marjorie Avoles	M. Lenore Hannon	Dr. Thomas and Katie Love	Norman Rose
Barbara and Dan Balik	Douglas H. and Marie E. Hanson	Harvey Lubov	Lillian M. Rumble
Helen L. Bauer	Beda Harper	Gertrude Maiden	Jerry Sansby
Cynthia Bean	Clara Louis Harris	Wyllene Pearson Marks	James Scarpetta, Jr.
Maxine A. Becker	Nancy Ottis Harris	William H. Mason, III	Craig and Leah Schmalz
Eleanor Beikler	John G. and Alice L. Harrison	Kay Mathes	Dolores M. Schram
Larry and Nancy Bentson	Marshall and Elizabeth Hatfield	Theresa T. McCarthy	William C. Schram, Jr.
John and Andrea Bien	Marjorie Hathaway	Dr. and Mrs. Robert Merrick	Christine and Michael Seitz
Rachel Hill Boeckmann	Monica and Harold Heitgen	David and Patricia Miller	Drs. Richard and Barbara Shank
Paul J. Bosman	Rebecca F. Hensel	Dr. Zondal and Esther Miller	Ronald A. and Norma E. Signorelli
Elinor Brodie	Phillip W. Herzog	Mark and Joan Mishek	Charles Signs
Edwina and Raymond Burrows	George S. Hill	Lucille Moeller	Freda Silver
David W. Byrd	Louis Fors Hill	Joan Muhlenkord	Florence and Donald Stanton
Mary D. Cannon	Stan and Doris Hill	LeVonne Mulrooney	Elvera Stauffacher
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Mina Fergestad	Norma L. Larson	Florine J. Prusak	Patricia H. Whitacre
James Flink, M.D. and Diane Uecker-Flink, R.N.	The Lawson Family	Rosella E. Qualey	Leonard Wilkening
Dan Foley, M.D.	Roger R. Lenzmeier	Russell and Dorothy Ragon	Norb and Karen Winter
Milton Frogner	N. Logan Leven, M.D.	Paul and Irene Rifkin	Ten of our donors wish to remain anonymous.
Virda Frogner	Richard Leven	Karen A. Ringheim	
Elsie Geiss		Jack Ritt	
Steven Gryzan, M.D. and		Clayton L. Robinson	

Employee & Community Giving Campaign

At United Hospital, we are committed to improving the health of the communities we serve. We touch lives through the Employee & Community Giving Campaign. The Campaign helps strengthen our services and meet the many needs of our patients, their families and the community. Individual – we make a difference; together – we create change.

Throughout the campaign, employees were invited to participate in several fundraising events which brought awareness and enthusiasm to the campaign. There were celebrations of muffins, popcorn and cotton candy. Highlights were the theme basket silent auction the United cares garage sale and pumpkin carving.

The success of this campaign reflects both the concern and the compassion our employees have as we raised \$152,146.15 for United Hospital and United Way.



Winning designs of the first-ever Employee & Community Giving Campaign Button Design Contest.

United Hospital Foundation 2008 Staff



Back row
Jo Marcotte
Secretary

Cindy Early
Special Events Officer

Phil Sutherland
Development Officer

Janet Olariu-Tau
Development Associate

Front row
Duke Adamski
President

David Byrd
Director of Development

The United Hospital Foundation exists to enhance the health of United Hospital patients and the wellness of the community we serve.

United Hospital Foundation's Honoring program offers a distinctive and meaningful way to remember, honor, pay tribute or recognize those important people in your life. By giving in remembrance, you offer a gift of lasting memory.

United Hospital's continued strength results in large measure from the support received from generous individuals like you. The financial commitment of our community members enables United Hospital Foundation to invest in important projects at United – supporting the best in quality health care for our patients while meeting the needs of our donors. The following are memorial/tribute gifts received from June 14, 2008 through September 30, 2008.

In memory of

Gary Alberg

Ms. Ruby M. Johnston

Jeanette Baran

Dr. Richard J. Brody

Marion Baran

Ms. Marietta M. Kusilek

Tim Barott

Mr. and Mrs. Eric M. Gydesen

Florence Boche

Mr. Thomas A. Boche

Diana M. Chase

Mr. and Mrs. David W. York

Norm W. Coppersmith

Mrs. Judith M. Coppersmith

Mary Donnelly

Mr. and Mrs. Gary C. Beckwith

Dr. Saul Cohen

Mr. Paul N. Rifkin

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Mr. and Mrs. David W. York

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Ms. Audrey J. Allen

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Dr. and Mrs. Milton M. Hurwitz

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in celebration of birthday

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Joseph Bond

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David Cook

Mr. and Mrs. Bruce Gershman

Howard and Betsy Guthmann

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Dr. and Mrs. Barry R. Godes

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In honor of 50th birthday

Debra C. Waddell

Mr. and Mrs. Bradley G. Clary

In honor of 90th birthday

Milton M. Hurwitz

Mr. and Mrs. Dale K. Anderson

Mrs. Norma L. Larson

Dr. and Mrs. Irving J. Lerner

Mrs. Emily F. Seesel

in honor of anniversary

Robyn and David Cook

Mr. and Mrs. Bruce Gershman

Mr. and Mrs. Todd Leonard

Mr. and Mrs. Bruce Gershman

in honor of new
grandsons

Michael S. Finn

Mr. and Mrs. Bruce Gershman

In honor of marriage

Bob Weinstine

Dr. and Mrs. Barry R. Godes

in honor of

Caregivers

Ms. Lydia Diaz

to thank for excellent
care

3400 Unit

Mr. and Mrs. Bill Grant

3500 Unit

Mr. and Mrs. Bill Grant

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