

# 2011 Summer Foundation News



Pulmonary and Critical Care Associates

## SERVICE TO HUMANITY 2011 HONOREES

Community Member  
Michael DeCourcy  
Physician Honorees  
Pulmonary and Critical  
Care Associates



Michael DeCourcy

## HIGHLIGHTS

2011 Trustee of the Year  
Service Profile: Cardiovascular Surgery  
United Hospital Surgical Center Campaign  
Allina Dispatch: Help Is on the Way

MINNESOTA'S LEADER IN PATIENT CARE, SERVICE & TECHNOLOGY



UNITED HOSPITAL  
FOUNDATION

## President's Letter

This year we've seen the tremendous difference that funding from donors makes. In April, United Hospital opened the Peter J. King Emergency Care Center—a state-of-the-art facility that puts United at the forefront of emergency care.

Our Emergency Care Center simply would not have been possible without significant donations, and it stands as a legacy to every donor. Philanthropists throughout our community donated \$13.5 million to construct this \$25 million emergency department.

This support allowed us to update an emergency department that had been designed to serve fewer patients. The Emergency Care Center incorporates the expanded space and newest technology to provide excellent and efficient care for our patients. With donor support we created the capacity to handle every kind of medical emergency, including large-scale community disasters or threats.

Now, as you'll read on pages 4-5, we are planning to update another important hospital service—our operating room area. The United Hospital Surgical Center Campaign will be an important effort of the United Hospital Foundation and its Board of Directors for the next few years.

We need to remodel our surgery center to accommodate changes in the ways surgery is performed since these operating rooms were built decades ago. The rooms are too small for today's minimally invasive surgery techniques, which require more equipment and staff. In today's environment of tight reimbursements and concern about medical costs, it's crucial to update the surgery area so that our hard-working staff and physicians can operate as efficiently as possible. We will also build in the enhancements that are important to the comfort of our patients and their families.

Several years ago, our donors looked ahead and envisioned how patients could be better served by a new Emergency Care Center. We are confident that others will step forward with the same foresight and generosity to support the United Hospital Surgical Center Campaign.

At your service,



Tomi Ryba  
President of United Hospital and  
Executive Vice President of Allina Hospitals & Clinics



Tomi Ryba, president,  
United Hospital

# 2011 Trustee of the Year: Jim Kowalski

The United Hospital Foundation is proud to announce that Jim Kowalski has been given the 2011 Trustee of the Year Award. Kowalski received the award at the June 23 annual meeting of the United Hospital Foundation.

The award recognizes a board member's dedicated leadership and service to the mission of United Hospital and the communities it serves.

Kowalski, who chaired the foundation board for two years, said he felt honored to receive recognition for his work on United's behalf. "I've tried to make a difference on the board."

For example, in the planning for United's new Emergency Care Center Kowalski said he stressed the need for focusing on the customer. "I was interested in a paradigm shift in how the ER works—in the physical space and training for the staff—to bring improved service to the customer. It's all about the people, whether you're talking about the patients or the employees."

Throughout the years, Kowalski has built a legacy in the Twin Cities grocery business. He began working at a Snyder Drug Store in 1964, which was later purchased by Red Owl Company.

Kowalski opened his first solo venture, Kowalski's Market, in 1983 with a little cash and a big dream. More than 40 years after his first grocery gig, Kowalski and his wife Mary Anne now own nine Kowalski's Markets, a Cub Foods and a central bakery and transportation facility. They have minority ownership in three other Cub Foods stores.

In addition to serving on the United Foundation board for nine years, Kowalski is a board member of the Hazelden Foundation. He is committed to civic business, which keeps him active in the organizations about which he is passionate.



Jack Ritt, right, foundation board chair, presents Jim Kowalski with the Trustee of the Year Award in June.

## Past Recipients of the Trustee of the Year Award

2010: Paul Verret

2009: Victor Corbett, MD

2008: Jack Ritt

2007: Helene Houle

2006: Joan Thompson

2005: Sid Applebaum

2004: Norma Larson

2003: Milton Hurwitz, MD

2002: Bob Hunstad

2001: David Stonstegard



# United Hospital Surgical Center Campaign



Patients at United Hospital have come to expect high-quality performance, precision and expertise from our physicians and staff. They know when they need surgery, United will provide exceptional care. But this ability is being tested. United's operating rooms are too small and too antiquated for today's, as well as tomorrow's, state-of-the-art technology and capabilities. The fact that our physicians and staff have continued to provide quality, exceptional health care in undersized and antiquated facilities is a testimony to their knowledge, expertise and dedication.



On March 24, the United Hospital Foundation Board of Directors voted to spearhead a campaign to upgrade United Hospital's operating rooms. The project includes:

- Building three new operating rooms and combining existing smaller rooms to create five larger rooms. Operating suites will be at least 600 square feet in size.
- Ceiling-mounted booms for equipment to eliminate floor cabling and reduce the need for equipment carts or towers.
- Multispecialty functionality for improved access.
- Technology integration for connectivity issues, making it easier to display data on one flat panel monitor, and integrate technological platforms, systems and power outlets.
- Improved lighting.
- Improved storage space.
- Improved flow for both patients and staff.
- Remodeled Doctor's Lounge.



These photos show the current operating room area.

The majority of United Hospital's 20 operating rooms were built in the late 1970s, before the advent of electronic medical records, portable ultrasound units, image-guided systems, robotic devices and many other technological advances that have improved surgical precision and results. Surgeons and staff often find themselves crowded into small operating rooms, high-stepping cables, maneuvering between portable carts and devices and often having to manually shift equipment into and out of the room during procedures. All of which add time, thus incurring additional costs and reducing efficiencies. In an era of reduced reimbursements and increased medical costs, efficient use of the surgical spaces is paramount.



Artist's rendering of United's future operating rooms shows larger rooms with monitors that display images for minimally invasive surgery.

In 2010, 10,022 operations were performed at United Hospital in 19 surgical rooms. (One of the 20 operating rooms is being used for equipment storage.) The rooms vary in size, but average between 315 and 469 square feet. Space restrictions mean that many procedures can only take place in certain rooms to accommodate the appropriate equipment. In 2010, this limitation meant that 2 percent of cases were delayed until an appropriate-sized room was available.

"United's operating rooms are half the size they need to be for surgeries of today," said Dan Foley, MD, United Hospital's vice president of medical affairs. "When these operating rooms were built, surgeries were simple and open. Today most surgeries require minimal techniques. Anytime you convert to a minimally invasive technique, you need more equipment and additional staff."

In addition to size limitations, storage issues are rampant. Hallways, a surgical room and an autoclave room are routinely used for equipment storage. Labeled, colored tape permanently lines the hallway floors marking specific storage sites for equipment, such as electron microscopes, beds and carts. The labeling helps make it easier to locate a needed piece of equipment but hampers movement and, in some cases, creates hazards. This storage solution also means that

equipment is manually moved, sometimes across great distances, which increases the possibility of equipment damage, as well as injury to staff.

A third issue is turnover. When everything must be moved into and out of each room, it takes longer following one procedure to remove equipment, clean the room and bring in what is needed for the next procedure. Surgeons want to be efficient and will go where they can be assured of doing more cases.

Fourth is technology. Architects who designed United's operating rooms 40 years ago could not have foreseen the technological advances typical in today's surgical procedures. The rooms do not have the technological infrastructure needed, thus creating inefficiencies, as well as hazards in the form of cables on the floors, physical restrictions to staff and other safety problems.

**TO DONATE TO THE SURGICAL CENTER  
CAMPAIGN AT UNITED HOSPITAL, PLEASE  
CONTACT THE UNITED HOSPITAL FOUNDATION  
AT 651-241-8022 OR ONLINE AT  
[UNITEDHOSPITAL.COM/UNITEDFOUNDATION](http://UNITEDHOSPITAL.COM/UNITEDFOUNDATION)**

# A New Beat

By Christopher Snowbeck, December 19, 2010

Adapted with permission by the *St. Paul Pioneer Press*



C-Pulse recipient Bob Sherman walks his 6-year-old Brittany spaniel, Hunter, near his St. Paul home last December. *Pioneer Press* photo by John Doman.

When Bob Sherman puts two fingers to his wrist, the pulse he feels isn't normal.

Rather than sensing the singular beat he's known for most of his life, Sherman now detects a longer surge of blood that occasionally feels like a double beat.

"It's kind of subtle," the 70-year-old St. Paul resident calmly explains while sitting in his living room. With analytical precision, Sherman adds: "This is actually more of a rolling pulse."

For Sherman, the pulse signals his normal heart function plus an extra burst of blood propelled by an experimental device that wraps around his aorta. Doctors hope the device — called C-Pulse and manufactured by a company with offices in Eden Prairie — will help Sherman fight back against an otherwise worsening case of heart failure.

Failing hearts can't pump enough blood to meet the body's needs. For many patients, heart failure stems from the damaging after-effects of a heart attack, though it can be caused by conditions such as high blood pressure and diabetes.

Patients in heart failure progressively feel more fatigued and short of breath as fluids build up and swell the ankles, feet, legs and abdomen. The condition gets worse over time as the heart grows weaker.

Sherman underwent open-heart surgery in September at United Hospital, becoming just the 20th recipient of the C-Pulse implant worldwide. By providing a counter-pulsation assist, the device is meant to help ease the left ventricle's job of pumping blood throughout the body.

The C-Pulse device works by applying pressure to a portion of the aorta, thereby pushing the blood without actually touching it. In addition, patients can turn it off and disconnect the device.

There are potential problems with the design of devices like C-Pulse, said Robert Wilson, MD, executive medical director of the University of Minnesota Physicians Heart at Fairview. The cuff likely contracts about 70 times per minute, he said, which could fatigue the device over time or erode the aorta.

Another issue is that the C-Pulse system is not completely implanted. The device receives compressed air and power through a tube that extends from the cuff around the aorta and is tunneled under the skin to a patient's abdomen. At that point, the tube pokes through the skin and connects to another tube that leads to a battery pack and device controller — about eight pounds of gear patients must carry.

Ventricular-assist devices are similar in having external packs and tubes that poke

In the United States, heart failure:

- affects 5.7 million people
- is diagnosed in 670,000 Americans each year
- causes 300,000 deaths annually
- is estimated to cost \$39.2 billion a year

American Heart Association, *Heart Disease and Stroke Statistics, 2010 Update*. [www.aha.org](http://www.aha.org)

out of the body. Neither feature is popular with patients because the external packs can be cumbersome and the tubes create an infection risk.

Sherman wound up with an infection eight weeks after he received the C-Pulse device and had to spend four days in the hospital. He's feeling better now, but his wife must spend about 45 minutes a day cleaning the area where the tube extends from his abdomen.

Barbara Sherman wears gloves and a mask while swabbing the area with sterile saline, an anti-bacterial cleanser, then again with saline and finally with iodine.

"It's standard sterile techniques, but it is fairly involved," she said. "It's very hard for him to see it, so he can't do it himself."

Nonetheless, the Shermans hope that once the infection is knocked down, the work of keeping the area around the tube clean will diminish. They also should be able to judge more clearly whether Bob Sherman has more energy thanks to the device.

Sherman was diagnosed with heart failure about five years ago, and doctors don't know what caused it—he's never had a heart attack and doesn't have blocked heart arteries. In that period of time, he's lived the recent history of medical device treatments for heart failure.

About four years ago, he was implanted with a St. Jude Medical defibrillator that includes cardiac resynchronization therapy. Then, he considered—but ultimately wasn't a candidate for—the experimental HeartNet device from Paracor Medical.

Now, he's involved with the new paradigm of device treatments that focus on blood flow and says he is happy to have received the C-Pulse device. Otherwise, the next step likely would have involved receiving a ventricular assist device.

"This is much less intrusive on lifestyle than an LVAD would be," said Sherman, a retired biology professor. "The handwriting was on the wall that my heart failure would get worse and worse. This was an opportunity to get a new treatment."

**IF YOU WOULD LIKE TO SUPPORT CARDIAC RESEARCH OR CARDIAC HEALTH AT UNITED HOSPITAL, CONTACT THE UNITED HOSPITAL FOUNDATION AT 651-241-8022 OR VISIT ONLINE AT [UNITEDHOSPITAL.COM/UNITEDFOUNDATION](https://www.unitedhospital.com/unitedfoundation).**



# Service Profile: Cardiovascular Surgery



United's Nasseff Heart Center offers cardiovascular surgery as part of its range of cardiology services.

Cardiovascular surgery is among the key services offered by the Nasseff Heart Center at United Hospital. United provides a wide range of advanced heart surgeries, from repair or replacement of heart valves to coronary artery bypass.

John Grehan, MD, PhD, and Christopher Heck, MD, perform heart and chest surgeries at the Nasseff Heart Center. Many patients are referred to them by cardiologists in the United Heart & Vascular Clinic, which offers complete resources for the prevention, detection and treatment of heart disease.

"We are integrating cardiovascular surgery with the diagnostic and interventional cardiology expertise at United Heart & Vascular Clinic," Dr. Grehan said. "This brings together in one place the whole spectrum of CV care in an efficient, effective manner for our patients."

"United has what patients need for cardiovascular surgery," said Julianne Scott, director of patient care for the Nasseff Heart Center and critical care. "We want people to know that your cardiovascular surgical procedures can be done at United. You don't need to leave St. Paul."

Immediately following heart surgery, patients are cared for on the Station 3500 Cardiovascular Unit, a same-stay unit where they receive all of their in-hospital care. In many hospitals, heart surgery patients go to an intensive care unit after surgery, then transfer to another unit before they leave the hospital.

"By staying within a same-stay unit, our patients have the advantage of being cared for by the same care team," Scott explained. "This enhances continuity of care, communication, and the patient and family experience."

Heart surgeries are complex undertakings, and many patients have chronic conditions. Nasseff Heart Center has assembled a multi-disciplinary team to tailor care to each patient's needs. Team members include the cardiologists, heart surgeons and nurse practitioners, along with registered nurses, pharmacists, respiratory therapists, and other physicians such as pulmonologists from St. Paul Lung Clinic, nephrologists, and neurologists.



# Physician Profiles

## John Grehan, MD, PhD

Cardiac surgeon John Grehan, MD, PhD, sees cardiac surgeries moving toward utilizing minimally invasive techniques, especially for repair of diseased heart valves.

Dr. Grehan, who performs heart and chest surgeries at United Hospital, sees patients from the United Heart & Vascular Clinic. “Working with cardiologists at the Heart & Vascular Clinic, we have developed a team approach with multiple areas of expertise, with a goal of providing patients with the best outcomes,” Dr. Grehan explained.

Dr. Grehan received his medical degree from the University of Minnesota, along with a PhD in experimental surgery. After a residency in thoracic

surgery at the University of Michigan, he practiced at Cardiothoracic Surgeons for Northwest Ohio in Toledo, Ohio. He joined Saint Paul Cardiothoracic Surgical Services at United in 2008. He is board-certified in surgery and thoracic surgery.

His special interests are surgery for atrial fibrillation and repair of the mitral heart valve. “Heart surgeries are moving to less invasive approaches,” Dr. Grehan explained. “We’re finding more valve disease and less coronary artery disease. At United we have expertise in heart valve surgery, especially repair—instead of replacement—of the mitral valve. This expertise is not prevalent in every heart center, and we have good outcomes.”

## Christopher Heck, MD

Christopher Heck, MD, joined St. Paul Cardiothoracic Surgeons on April 1, 2011.

A heart and chest surgeon who practices at United Hospital, Dr. Heck has a special interest in less-invasive cardiac operations, which offer patients a shorter recovery. Although some patients ask whether he’ll use robotic surgery, he noted, “It’s still evolving as far as cardiac surgery goes. Medicine is not a stagnant thing; it’s always evolving. We see robotics as a growing opportunity in the future.”

A Bloomington native, Dr. Heck completed his undergraduate studies at the University of Minnesota, then attended the Mayo Medical School. He received training in general surgery at the University of

California in San Francisco and completed a cardiac fellowship at Stanford University in 1994. He is board-certified by the American Board of Surgery and the American Board of Thoracic Surgery.

Dr. Heck was an assistant professor of medicine at Ohio State University and returned to Minnesota in 1996 to practice at the Minnesota Thoracic Association. He joined North Memorial Medical Center in 2002, then came to United to work with Dr. Grehan in 2011.

Dr. Heck’s special interests include aortic dissection, less invasive valve replacement, and coronary artery bypass operations.

# Meet the 2011 Service

## Michael DeCourcy, Community Member Honoree



Michael DeCourcy was born and raised in St. Paul. He is a graduate of Holy Spirit grade school, St. Thomas Academy, University of Minnesota and William Mitchell College of Law.

While in law school DeCourcy taught at St. Casimir School in St. Paul. This opportunity instilled in him a love of teaching, and he has continued to teach at various levels throughout his career. During his senior year at William Mitchell he worked as a law clerk for the Honorable E. Thomas Brennan, Ramsey County Court Judge. After graduating from law school, DeCourcy served as an Assistant City Prosecutor and Assistant City Attorney in the civil division for the City of St. Paul. His assignment included criminal prosecution and upon his transfer to the civil division he was assigned to the real estate division.

Upon leaving the City Attorney's office, DeCourcy established a private practice where he represented clients in civil, real estate, probate, criminal matters and election-law contests. He was a respected trial attorney and successfully argued cases before the Minnesota Supreme Court. In addition to his private practice, DeCourcy served as a part-time Ramsey County public defender for 10 years, and also served on the Federal criminal defense panel for the District of Minnesota.

DeCourcy was elected Judge of Ramsey County District Court in 1990, and re-elected in 1996, 2002, and 2008. He served as a trial judge until his retirement in 2010.

During his service as a District Court Judge, DeCourcy conducted hundreds of both civil and criminal trials. He was appointed by the Chief Justice of the Minnesota Supreme Court to preside over all asbestos cases in Minnesota, a post that he held for six years. The asbestos calendar involved thousands of cases with multiple defendants with millions of dollars in damages. DeCourcy also served as Ramsey County Probate Court Judge, where he presided over complex trust and probate litigation, as well as civil commitments, sexually dangerous persons and sexual psychopathic personality cases. On the criminal court he tried cases ranging from murder and assault to DWI and other offenses. As a family and juvenile court judge he heard dissolution cases, child-custody issues and delinquency matters.

After retiring from the bench DeCourcy joined his son, Michael T. DeCourcy, Jr., at DeCourcy Law PLLC, where he conducts mediation and arbitrations.

DeCourcy is a nationally recognized presenter at continuing legal education conferences across the country. His teaching career includes courses at the University of Minnesota Law School, William Mitchell College of Law, the University of St. Thomas and Inver Hills Community College.

His community involvement has been extensive. He is a long-time supporter of the United Hospital Foundation. As a former Eagle Scout, DeCourcy serves on the local Scout District Nominating Committee. He has also served on numerous corporate and alumni association boards of directors, and was a director of the Ramsey County Bar Association and the Ramsey County Bar Foundation. DeCourcy and his wife Merry are the proud parents of three children, Beth, Kate and Mike, Jr., and four grandchildren, Mike, Katie, Merry and Ted.

# to Humanity Honorees

## Pulmonary and Critical Care Associates, Physician Honorees

Physicians in Pulmonary and Critical Care Associates (PCCA) were the first full-time pulmonologists in St. Paul. Physicians in the practice, which began in 1977, attend patients at five hospitals in the east metropolitan area, including United Hospital.

The current practice consists of 16 physicians and seven nurse practitioners. These specialists provide patient care in United's intensive care units (ICUs) and assist other physicians in the management of lung disease.

In United's ICUs, PCCA pulmonologists lead multidisciplinary rounds on every critically ill patient each morning. These rounds ensure effective communication among the many staff who provide complex care for these patients, including physicians, nurses, dietitians, pharmacists, respiratory therapists and social workers.

PCCA staff members also see ICU patients for whom specialty consultation has been requested, for services such as management of shock, ventilator management and procedures including intubation and the placement of venous and arterial lines. In addition, PCCA physicians and nurse practitioners spend a significant amount of time with families of patients to update, educate and involve them in treatment plans and end-of-life issues.

On the medical units and in the ICUs, PCCA specialists manage patients with asthma, COPD (emphysema), lung cancer and pneumonia. They also assist in the management of patients after heart or lung surgery.

PCCA has provided leadership in developing a number of unique medical services. The practice was first to introduce flexible, fiber optic bronchoscopy in the east metropolitan area. Next, PCCA developed

programs to screen and treat thousands of workers exposed to asbestos throughout Minnesota.

In addition, PCCA's pulmonologists have led in developing multidisciplinary ICU rounds and facilitating a team concept for the care of critically ill patients. This concept has since been emulated by a number of other Twin Cities hospitals. Recently, PCCA physicians introduced biopsies using a relatively new technology called endobronchial ultrasound. Finally, PCCA has been instrumental in organizing superb multidisciplinary clinics for lung cancer and pulmonary hypertension.

Since its inception, members of PCCA have filled many administrative roles at United Hospital. These positions include chief of staff, the United board of directors, director of respiratory therapy, critical care committee chair, and medical director of the intensive care units.

PCCA members volunteer their skills in the community, with activities that include educating the public about tobacco abuse and smoking cessation and providing medical care in Third World countries like Nicaragua. Physicians also serve as faculty for the National Sleep Medicine Course held in India and director and officer of the board for the East Metro Medical Society Foundation.

PCCA doctors have been named to the "Top Doctors" list by *Mpls.St. Paul Magazine* and "Best Doctors for Women" by *Minnesota Monthly* magazine.





# *Service to Humanity Gala*

**Join us on September 24 for one of the largest events in Saint Paul. The Service to Humanity Gala brings more than 1,500 people together at the St. Paul RiverCentre every September.**

This fabulous evening includes a signature martini reception, silent auction, gourmet dinner, live auction, car raffle, awards ceremony and dancing to music by the legendary music group, The Seville's. Since 2003, more than \$9,000,000 has been raised to benefit the Nasseff Neuroscience Center, Peter J. King Family Health Center and Peter J. King Emergency Care Center at United Hospital. The Gala is ranked seventh-out of 25 metro area fund-raising events ranked by gross revenue.

## **We need your help with the live and silent auction!**

One of the most successful features of the Service to Humanity Gala each year is the auction. Thanks to the dedicated gala auction committee and many generous donations, we are able to offer hundreds of wonderful items through the silent auction and several big items during the live auction.

Last year the auction raised \$200,000 and combined with the raffle, \$350,000 total was raised. Thank you to everyone who contributed to the 2010 auction and to the auction committee and all the volunteers who made this a successful event.

We look forward to working with you again this year. Your auction donations will ensure a successful and fun event. Please contact the United Hospital Foundation at 651-241-8022 to make a donation. Complete the auction donation form on the next page or get a copy by visiting us at [unitedhospital.com/unitedfoundation](http://unitedhospital.com/unitedfoundation).

**Complete and return  
auction forms by  
Sept. 1, 2011.**

## **2011 Service to Humanity Gala Auction Committee**

David Byrd  
United Hospital Foundation

Merry DeCourcy  
United Hospital Foundation  
Board of Directors

Carrie El-Halawani  
Community Member

Terry Hoffman  
Community Member

Helene Houle  
United Hospital Foundation  
Board of Directors

Julie Larson-Wearn  
Community Member

Jim Marino  
Community Member

Kelly McGrath  
Community Member

Dee Ann McArdle  
Community Member

Debbie Metzler  
Community Member

Mary Ann Newman  
Community Member

Connie Paquette  
Community Member

Mary Ritt  
Community Member

Nancy Rosenberg  
United Hospital Foundation  
Board of Directors

John and Linda Schroeffer  
Gala Co-chairs  
Community Member

Nazy Sharifkhani  
Community Member

Kris Taylor  
United Hospital Foundation  
Board of Directors

Tim Vesperman  
Community Member

Tom and Dawn Walrath  
Community Members

## Service to Humanity Gala

*Auction Donation Form*

SATURDAY, SEPT. 24, 2011

ST. PAUL RIVER CENTRE

5:30 P.M.

Please complete the auction form below and return to United Hospital Foundation by **Sept. 1, 2011**. Our deadline for the program listing is also **Sept. 1**. If you have any questions, please call us at 651-241-8022. You may also fax this form to 651-241-5420. Thank you.

Donor name (individual or company) \_\_\_\_\_

Contact person (if different from above) \_\_\_\_\_ Phone \_\_\_\_\_

Cell phone \_\_\_\_\_ E-mail \_\_\_\_\_

Address \_\_\_\_\_ Fax \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Solicitor name \_\_\_\_\_

Donated item with description

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Auction category \_\_\_\_\_ Expiration date? ☐ No ☐ Yes \_\_\_\_\_Estimated or actual value: \_\_\_\_\_ (each) x \_\_\_\_\_ = \$ \_\_\_\_\_ ☐ Cash ☐ Check donation \$ \_\_\_\_\_

Exclusions and/or restrictions? (if travel related, vacation home or other): \_\_\_\_\_

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Item for donation: ☐ Has been donated ☐ Will be donated on (date) \_\_\_\_\_

I/we as signed below agree to donate the above item(s) or services to United Hospital Foundation, a not-for-profit and tax-exempt organization for the Service to Humanity Gala on Saturday, Sept. 24, 2011.

Donor signature \_\_\_\_\_ Date \_\_\_\_\_

Proceeds benefit Operating Rooms Expansion at United Hospital

United Hospital Foundation | 333 North Smith Avenue | Saint Paul, MN 55102 | 651-241-8022

UNITED HOSPITAL  
FOUNDATION

# Service to Humanity Gala Raffle



## Win a New 2011 Lexus

### *Prize*

2011 Lexus IS 250 C, Estimated MSRP \$48,709

Red exterior, heated and ventilated front seats, navigation system with backup camera, 18" liquid graphite alloy wheels

No more than 1,630 tickets to be sold. Need not be present to win.

Proceeds to benefit Operating Room Expansion

Drawing held Sept. 24, 2011, at the Service to Humanity Gala at the St. Paul RiverCentre.

### *Get Your Tickets*

Tickets: 1 for \$100, 3 for \$250 or 7 for \$500  
Make check payable to United Hospital Foundation  
Credit cards are not accepted.

Mail to: United Hospital Foundation  
333 North Smith Avenue, Saint Paul, MN 55102

Call: 651-241-8022 for tickets or more information

Visit: [www.unitedhospital.com/unitedfoundation](http://www.unitedhospital.com/unitedfoundation)

License No.: X-35475

*The winning vehicle may be slightly different than the vehicle pictured.*

### *Service to Humanity Gala*

To reserve your tickets, please complete the following:

Check one: ☐ 1 for \$100 ☐ 3 for \$250 ☐ 7 for \$500

\_\_\_\_\_ Tickets (individual) x \$100= \_\_\_\_\_

\_\_\_\_\_ Set (set of 3 tickets) x \$250= \_\_\_\_\_

\_\_\_\_\_ Set (set of 7 tickets) x \$500= \_\_\_\_\_

Total= \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Check one:

- ☐ I wish to be contacted by Lexus of Maplewood with future promotions  
☐ I do not want Lexus of Maplewood to contact me



[www.lexusofmaplewood.com](http://www.lexusofmaplewood.com)



UNITED HOSPITAL  
FOUNDATION



## Service to Humanity Gala

## Pledge Card

SATURDAY, SEPT. 24, 2011

ST. PAUL RIVER CENTRE

5:30 PM.

## SPONSORSHIP LEVELS

## PREMIER SPONSOR I — \$50,000+

- Unlimited seats and dedicated tables
- Choice seating
- Ad and dedication to honorees in program
- Significant company advertising during event
- Designed company logo in program
- Company logo on our Web site with link to your site

## PREMIER SPONSOR II — \$25,000

- 30 seats and dedicated table
- Prime seating
- Ad and dedication to honorees in program
- Company advertising during event

## PREMIER SPONSOR III — \$10,000

- 20 seats and dedicated table
- Select seating
- Ad and dedication to honorees in program
- Company advertising during event

## DINNER SPONSOR — \$5,000

- 10 seats and dedicated table
- Ad or dedication to honorees in program
- Limited company advertising during event

## AWARD SPONSOR — \$3,500

- 10 seats
- Logo in program

## SPONSORSHIP

☐ \$3,500   ☐ \$5,000   ☐ \$10,000   ☐ \$25,000   ☐ \$50,000   ☐ \$50,000+

Individual Seats

☐ Seat @ \$195 each x \_\_\_\_\_ = \$ \_\_\_\_\_ (\*\$145 is tax deductible per seat)

Guest name \_\_\_\_\_

 Table Sponsor      ☐ Other \$ \_\_\_\_\_ (outright donation)

☐ \$1,800 table of 10

Dedication to Honoree

☐ \$100/name with message \_\_\_\_\_

## PAYMENT OPTIONS

- ☐ Check enclosed (Make checks payable to United Hospital Foundation)
- ☐ Credit card:   ☐ Visa   ☐ Mastercard   ☐ Discover   ☐ American Express

Card number \_\_\_\_\_ Expiration date \_\_\_\_\_

Name(on card) \_\_\_\_\_ Phone \_\_\_\_\_

Company \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Mail to:

United Hospital Foundation

333 North Smith Avenue

Saint Paul, MN 55102

651-241-8022

unitedhospital.com/unitedfoundation

Proceeds benefit the United Hospital Surgical Center Campaign.

## DEADLINES:

## GALA PROGRAM

Ads and logos are due August 15 for the Gala program.

## GUEST NAMES AND AUCTION DONATIONS

Submit guest names and auction donations by September 1.

UNITED HOSPITAL  
FOUNDATION

# Allina Medical Transportation: Help is on the Way



The Dispatch Center at Allina Medical Transportation handles more than 200 calls to 911 each day.

## **Ambulance crews begin life-saving measures in the field**

When you call 911, you need to be treated as quickly as possible by experts in the field. An ambulance crew not only transports you to the hospital, but starts delivering the medical care right away — treatment that is closely coordinated with the hospital to assure the best outcomes.

Allina Medical Transportation (AMT), the ambulance service associated with United Hospital, makes this high level of emergency care possible.

“We take a wide range of calls in our Dispatch Department, and we handle the medical end of it,” said Chuck Kaufman, director of communications for AMT. “Most people call 911 because something is wrong. We urge people to call 911 when there’s a medical situation you’re unsure of. The average person calls 911 just two times in his or her lifetime.”

Your call is routed to the local 911 center. If a medical problem is determined, “We’ll tell the caller to stay on the phone, then we’ll call the paramedics,” Kaufman said. “We stay on the phone with him or her until the ambulance arrives. This means we might help deliver a baby or offer first aid instruction.”

Paramedics do much more than transport patients to the hospital, Kaufman emphasized. “As we get updates in our Dispatch Center, we’re also updating the crew, so they know what they are walking into when they arrive. In the last two years, we’ve been able to send the information directly to laptops in the rigs. This helps them know what equipment to bring in from their rigs—offering better patient outcomes.

“One in four of our 911 calls don’t get transport,” said Kaufman. “The patient may refuse to go for

a number of reasons. The other 75 percent are transported to the hospital.”

While the patient is enroute to the hospital, lifesaving work continues. “The crew will call back to the Dispatch Center to update the patient’s status. We relay that information to the hospital, so it’s prepared when the crew arrives.”

### **Bringing care to the patient**

“As emergency medical services have evolved, the connection between what happens in the ambulance and the hospital’s Emergency Department (ED) has become even more strongly linked,” said Brian LaCroix AMT president. “It wasn’t until the 1960s that they did much work in the ambulance. Instead of bringing the patient to the care, they began bringing the care to the patient. In the last decade, what happens in the field is interconnected more and more with the ED and the whole hospital experience.”

LaCroix said the ambulance has become a mini mobile ED, with certain equipment the same as in the hospital. Staffing the ambulance are highly trained paramedics and Emergency Medical Technicians (EMTs).

For a certain type of heart attack called STEMI, “the paramedic can identify the heart attack and start the ball rolling long before the patient even leaves the house,” said LaCroix. “The outcomes of patients who have this intervention are better than when we didn’t have that available.

“United Hospital is an example of how a modern Emergency Department has led the way in positive outcomes, by connecting the ambulance and the ED.”

### **AMT serves broad area**

Kaufman said that, at any given time, approximately 40 AMT ambulances provide coverage. “We are the largest ambulance provider in the state and cover the largest area. About 200 911 calls come into our Dispatch Center each day.”

AMT covers 1 million people across a wide geographic area. In addition to a large part of the Twin Cities area, AMT covers outstate Minnesota from Cambridge to Buffalo and New Ulm.

The service crews are a combination of paramedics and EMTs. Dispatch Center personnel are also specially trained in emergency medicine.

“At peak times we have about nine people in our Dispatch Center,” stated Kaufman. Those peak times are afternoons and evening. Five people staff the center between midnight and 5 a.m., and the staffing gradually ramps up as the day goes on.

Kaufman and LaCroix explained that, after the ambulances bring in patients and complete staffing, the rigs may be assigned to different bases throughout the area.

“We look at data from the past regarding volume and put our rigs where they will be needed,” explained LaCroix. “We can predict where ambulance calls will be, to strategically have them in the right place at the right time.”

Kaufman noted, “We can predict where to put the vehicles by the hour, day, and by season. In the winter, for example there is more demand for shifts in the morning. In the summer, it’s more in the evening.”



## Board Member Profile: Bart Zibrowski



Bart Zibrowski

"I may work in finance, but I have a heart for quality health care," said Bart Zibrowski, one of the newest members of the United Hospital Foundation Board. Zibrowski is the Executive Vice President of Finance and Development at McGough, a planning, development, construction and facilities management company based in Roseville.

Zibrowski's financial work began when he graduated from the University of Minnesota with a degree in accounting. He has more than 25 years' experience in the financial industry and specializes in real estate transaction structuring and financing in addition to tax planning and analysis for closely held entities.

It was his role as head of development that first brought him in contact with the United Hospital Foundation. McGough was the developer and contractor for the Peter J. King Family Health Center, which opened in 2009 and was a project of the United Hospital Foundation. The center is home to the United Family Medicine Clinic, a nonprofit organization dedicated to meeting the needs of the medically uninsured, underinsured and underserved residents of St. Paul.

He got to know the Foundation even more in 2009 when the Kresge Foundation, a national foundation that "seeks to influence the quality of life for future generations through its support of nonprofit organizations in six fields of interest: arts and culture, community development, education, the environment, health and human services," issued a \$450,000 challenge to United Family Medicine. The challenge: raise the remaining 5 percent of the \$14.8 million capital needed to complete the project. Zibrowski chaired the successful committee that met the challenge.

Zibrowski also has served on the Allina Hospice Board and is in his second year as chair of the United Hospital Foundation annual golf tournament. This background, along with having a "heart for health care" means Zibrowski is a good match for the Foundation board.

"Through the United Family Medicine project, I got to know a lot about the importance of health care access for this area, and this included getting to know United Hospital very well," said Zibrowski. "I'm very interested in seeing that people have good health care, like that provided at United Family Medicine and United Hospital."

Zibrowski has been married to Kay for 24 years. They live in Eagan with their three children, Kyle, Jill and Emily. When not working, he likes spending time with his family either at home or at their cabin in northern Wisconsin.

## Board Member Profile: Karen Gershman

When Karen Gershman joined the United Hospital Foundation Board of Directors in June, she began her part in an important family tradition.

Gershman's father, Samuel Singer, chaired the Foundation board for a number of years and also served on the United Hospital board. "United Hospital was a big part of growing up for me," Gershman recalled. "In high school and college, I attended the Service to Humanity dinners with my family. Over the years I heard a lot about the Foundation and United from my father. His commitment to United was so strong."

Gershman brings to the board her business expertise, along with past service on the boards of Children's Theatre Company and the Walker Art Center. She currently serves on the board of the Sholom Foundation.

In 2010 Gershman retired from Target after 38 years, serving as senior vice president of marketing. She now works as a marketing consultant. Residents of Minneapolis, Gershman and her husband Bruce have a son, Charlie. He recently graduated from New York University.

Like her father, Gershman is dedicated to United's continued success. "I'm looking forward to helping to expand the hospital's services. Overall, I have a desire to make sure United keeps serving the community."



Karen Gershman

# Donor Profile:

## Dawn and Tom Walrath



Dawn and Tom Walrath

Ten years ago, Dawn and Tom Walrath attended their first Service to Humanity Gala, which started their commitment to United Hospital. They were invited to honor Tom's colleague Jim Lindell, chief financial officer at West Publishing Co., who was receiving the first Service to Humanity award.

As the evening progressed, the Walraths noticed the deep commitment to United by their friends, John Nasseff and Helene Houle, Michael and Merry DeCourcy, Lindell and other community leaders. All are longtime donors and active at United Hospital Foundation.

"Our friends set an example for us with their involvement at United Hospital," Tom explained. "They pulled us in." Dawn and Tom began to find their purpose as community volunteers by getting involved at United.

Tom, vice president of facility management at Thomson Reuters in Eagan, describes himself as a St. Paul guy. He was born in St. Paul, graduated from St. Thomas University and worked in downtown St. Paul for 10 years. "I moved to Eagan in 1991, but I still consider St. Paul as home," he said. An enthusiastic golfer, he enjoys participating in the United Hospital Golf Classic each year.

Dawn, an outdoor enthusiast, grew up on Lake Waconia. She combines her passion for the outdoors seamlessly with her career as store manager of Cabin Fever Sporting Goods in Victoria. She loves to fish, and she joked that Tom "is still trying to catch fish." The couple married in 2005.

The Walraths joined a group of United Hospital Foundation volunteers who arrange for donations of items to the Service to Humanity Gala silent auction. Their category, naturally, is sporting and outdoor goods.

For the last eight years, Dawn and Tom have teamed up with numerous other volunteers to help United secure donations for the silent auction. They credited their employers, Cabin Fever and Thomson Reuters, for their generous financial support and flexibility, making contributions and allowing them time to volunteer on this campaign.

As United donors and volunteers, the Walraths said they have gained a closer connection to St. Paul. "With the great example our friends initially set for us, it was natural for us to give a little of our time, talents and money," Tom explained. "So many people are involved and contribute; this is what makes St. Paul a very special community. When a lot of people do a little bit, the impact is tremendous. Just think about all the people who have benefited from the work of United Hospital. This is why we are involved."

**Dawn and Tom Walrath truly are serious about making a difference. As the interview with our writer ended, they asked about a possible contribution to the silent auction for the Service to Humanity Gala. So, if you have something for the auction, you know who to call or who may be calling you!**



# Planned Giving: Decisions for Donors

In his quintessential novel about the ability for a nation to recover, *A Tale of Two Cities*, Charles Dickens begins: “It was the best of times, it was the worst of times, it was the age of wisdom, it was the age of foolishness...” Was he merely pointing out that we live in uncertain times, or was he going for something more specific as the need for society to transform itself?

Medical breakthroughs and research are at a crossroads. In the treatment of many disorders today, such as cancer, Alzheimers, and heart disease, recent advances have been incredible. Who would have thought in 10 years or less about how routine some of the treatments applied today have become? In earlier articles, I have stressed the needs and benefits of planned giving. While we live in uncertain times about the economy and taxes, we know that this is a most critical period for continued support of many organizations that benefit mankind.

What do we know about taxes, other than, according to Ben Franklin, the only things we can truly be certain about are death and taxes? We know the following: The Bush tax cuts were extended for two more years, expiring again in 2013. At the same time, President Obama is pushing for increased rates for taxpayers earning more than \$250,000. In addition, Congress did not extend the alternative minimum tax fix to 2012. The Republican budget proposals call for a cut in funding to the National Institutes of Health, which funds many things, including medical research. We know that the deficit has caused

concern on both sides of the aisle in Congress, and that there will probably be some major changes coming in the not too distant future.

Congress for years has attempted to shape society to provide benefits to others by passing certain tax legislation to cause people to act in a certain manner — low income housing, funding one’s own retirement through IRAs, investing in productive machinery through investment tax credits or bonus depreciation, to name just a few. While these might work for short periods, they do not appear to have contributed lasting effects on society.

Let’s start with the premise that medical breakthroughs are important to all of us, because even though a particular malady may not affect us or our extended family today, it is certainly still a concern that it will have an effect in the future. Then let us continue with the premise that we are able to give something of value to continue the progress that is being made currently in many different arenas. We know that under current tax law, that both federal and state government will help us to defray the costs of passing some of our dollars to these organizations. In other words, we are not in the funding business all alone, in that we do have partners in these endeavors. So what should be our next steps?



Larry Gamst, the managing principal of DS&B, Ltd., is a board member of the United Hospital Foundation.

First, talk among your family and friends to determine where dollars may be spent in the most effective manner. Second, talk with your financial advisors about what you can or should afford to donate and how the current tax structure will affect those donations. Third, meet with various organizations that can use your help and discuss the manner in which you would like to provide support for these organizations. Discuss the use of donor-advised funds, or the use of charitable trusts, or the creation of endowments with these organizations. Most importantly, consider doing this now rather than putting it off until the future.

You can make a difference in making the near future be the “best of times” for many.

**IF YOU WOULD LIKE MORE INFORMATION ABOUT  
PLANNED GIVING, CALL THE UNITED HOSPITAL  
FOUNDATION AT 651-241-8022.**

# AWARDS AND RECOGNITION

## Outstanding Achievement Award from Commission on Cancer

United Hospital received the 2010 Outstanding Achievement Award from the Commission on Cancer of the American College of Surgeons.

The prestigious award recognizes programs that strive for excellence in providing quality care to cancer patients. United was among just 90 award winners nationwide, representing only 17 percent of more than 520 programs that were surveyed in 2010.

“United Hospital’s Cancer Care Services knows how to help. By combining compassionate, highly skilled cancer caregivers with the latest technologies and treatments, you can be assured you’ll be well cared for. You’ll be treated with kindness, respect and dignity. And, you’ll be surrounded by people who truly care about what happens to you,” said Dan Foley, MD, vice president of medical affairs for United Hospital.

Cancer centers that are granted the Commission on Cancer’s Outstanding Achievement Award demonstrate compliance with multiple program activities and standards including cancer committee leadership, cancer data management, research, community outreach and quality improvement.

## Level III Trauma Designation



After nearly two years of hard work, United Hospital has been granted the Level III trauma designation by the Minnesota Department of Health.

Since 2005, the state has been working to develop a statewide trauma system. This process required hospitals like United to demonstrate it met the standards at the desired trauma center level.

To be designated as a trauma center, United needed to have a program that includes:

- performance improvement system
- a trauma registry
- internal structures that guide care
- an education plan
- links with pre-hospital systems
- hospital-wide commitment

## U.S. News & World Report

United Hospital recently earned top ranking in the first-ever edition of the Best Hospitals metro area rankings of *U.S. News & World Report*.

The metro list also cited hospitals for high-performing specialties and United was the top performer on the list with 11.

“Allina hospitals are dedicated to providing exceptional care, and it is rewarding to see data that supports that work,” said Ken Paulus, CEO and president of Allina Hospitals & Clinics. “These reports give patients some tangible indicators of hospital quality, and I’m glad to see *U.S. News & World Report* broaden their reporting to the local level.”

To be ranked in its metro area, a hospital had to score in the top 25 percent among its peers in at least one of 16 medical specialties. Of all 38 hospitals in the Minneapolis-St. Paul metropolitan area, three Allina hospitals earned top ranking: Abbott Northwestern Hospital, United Hospital and Unity Hospital.

The data used for the new metro list is taken from the most recent national *U.S. News & World Report* Best Hospitals rankings. The new metro list expands the information by adding 450 hospitals across 52 metropolitan areas — centers that were found to perform at a level nearly equal to nationally ranked Best Hospitals in one or more specialties. The lists are available at [usnews.com/hospitals](http://usnews.com/hospitals).

## BAPS Charities

BAPS Charities is a 501(c)(3) registered nonprofit international charity organization committed to sincerely serving the world by caring for individuals, families and communities. It is affiliated with BAPS as an independent charity and social services arm. The 55,000 BAPS volunteers networked in over 3,300 centers around the world provide over 12 million volunteer-hours of service annually.

Among social service charities, BAPS Charities is a well-respected and trusted name.

It has amassed over 50 years of firsthand experience in initiating, managing, and sustaining 160 humanitarian operations throughout the world in such diverse fields as: medical services, environmental services, community services, tribal services, and disaster relief services.

In September 2010, the BAPS Charities organized over 45 walkathons nationwide with over 12,000 walkers participating to help build a better community – one step at a time. BAPS Charities local chapter in Minneapolis partook in such a walk and United Hospital Foundation was the beneficiary; a partnership that began in 2007.

Thank you, BAPS Charities for your generous donation — no greater inner satisfaction can permeate the life of any individual than having helped someone less fortunate.



Representatives from BAPS Charities donate proceeds from Minneapolis walkathons to United Hospital Foundation. From left are Tarang Ray, Cindy Early of the foundation, Samir Kachhadia and Jwalant Patel.

In addition to annual walkathons, in 2010 BAPS Charities organized: 41 health fairs nationwide benefiting over 12,500 participants and 2,500 health care professionals volunteering their services; 22 blood drives collecting 823 pints of blood which helped save up to 2,500 lives; and donated \$63,678 to UNICEF for the Haiti Earthquake relief fund.

For additional information on BAPS Charities and its international and local philanthropic activities, please visit [www.bapscharities.org](http://www.bapscharities.org)

## Fund a Need Prescription Program

The Peter J. King Emergency Care Center at United Hospital provides care to patients regardless of whether they have health insurance. This results in providing care to many patients who do not have health insurance and cannot afford prescriptions. These medications include antibiotics, pain relievers, diabetes and hypertension prescriptions, which allow patients to get better and also prevent future visits to the hospital.

The program is administered by the Emergency Department so that qualified, uninsured patients can have the essential prescriptions they need. Over the past two years, 350 patients have received prescription assistance from this program.

By working together, we can ensure those without insurance still have a place to receive care and prescriptions. To contribute, contact the United Hospital Foundation at 651-241-8022.



## Employee and Community Giving Campaign



At United Hospital, we are committed to improving the health of the communities we serve. The Employee and Community Giving Campaign offers employees the opportunity to support a variety of giving options, such as the United Hospital Surgical Center Campaign and the Employee Allocation Fund. The annual campaign kick-off is in September and runs through October.

Throughout the campaign employees are invited to participate in numerous fundraising activities, which not only increase awareness but bring enthusiasm to the campaign. Year after year, one successful fundraising activity has been the theme basket silent auction. The baskets, which are sponsored by hospital departments, are creative in their themes and presentation.

The success of this annual campaign reflects both the concern and compassion of our employees. It isn't the size of each gift—rather the collective impact from all of employees' gifts that count. Our employees are "Champions of Caring."

## Boy Scout's Project Beautifies the Wallace Court



Mason Zilka, center, with his crew of Boy Scouts and volunteers who planted shrubbery to create green space for the United cafeteria courtyard.

Thanks to Mason Zilka, the Wallace Court at United Hospital is a more attractive, inviting space for visitors and staff.

Mason, who lives in Shoreview, is a Boy Scout working toward the rank of Eagle. For his Eagle service project, Mason chose to landscape the area adjacent to Wallace Court, an outdoor picnic and dining area outside the

cafeteria. He and his work team planted shrubbery in the courtyard, giving the area some greenery and beauty.

Mason thought of the project while attending Camp United, the hospital's summer volunteer program for high school and middle school students, and working as a junior hospital volunteer since 2009.



## Creating a Memorial and Honoring Garden

The Goff and Boysen Memorial and Honoring Garden provides a long-lasting tribute to a loved one who has passed away. This garden also honors those who have made a difference in our lives and offers a place to reflect, remember and heal.

United Hospital is creating a beautiful garden this summer. The garden will feature fragrances and color, from the various hydrangea and lilac trees, peonies, coral bells and hostas, all certain to evoke fond memories. Benches and a porch swing will create a quiet, secluded spot for families to take a break from the hospital routine, to relax and contemplate.

To donate to the garden, contact the United Hospital Foundation at 651-241-8022.



Artist's drawing of the new garden, located behind United Hospital.

## Mission Matters Supports Employees as Volunteers



United Hospital recently launched Allina's new employee volunteerism program, Mission Matters.

The program supports employee volunteerism activities — where employees live, work or might otherwise

volunteer around the country and around the world. In partnership with VolunteerMatch.org, employees can leverage charitable contributions to eligible non-profit organizations of their choice through the "Dollars for Doers" and "Walks, Runs and Rides" programs. Within the first few weeks of launching the new program, employee response has been overwhelmingly positive, including nearly 20% of United Hospital employees registering on Allina.VolunteerMatch.org to track their volunteer hours and fundraising event activities.

Allina also recently announced the Global Fund to provide financial support for Allina employees' volunteer health mission work, both domestically and internationally. These efforts include medical mission trips, building homes for Habitat for Humanity and providing assistance immediately following natural disasters. Individuals can receive up to \$1,000 per calendar year.

Allina employees, including those at United Hospital, are also actively leveraging Allina's new charitable contribution program to support nonprofit organizations in our communities. While the East Metro Community Engagement Team is considering all charitable contribution requests, there is particular interest in supporting community health organizations, including those that focus on helping individuals increase physical activity, improve nutrition and achieve more balanced living.

As Allina and United Hospital implement new community engagement initiatives, it is quickly becoming clear that United employees are passionate about supporting community nonprofit organizations in a variety of creative ways and with boundless passion for helping others.

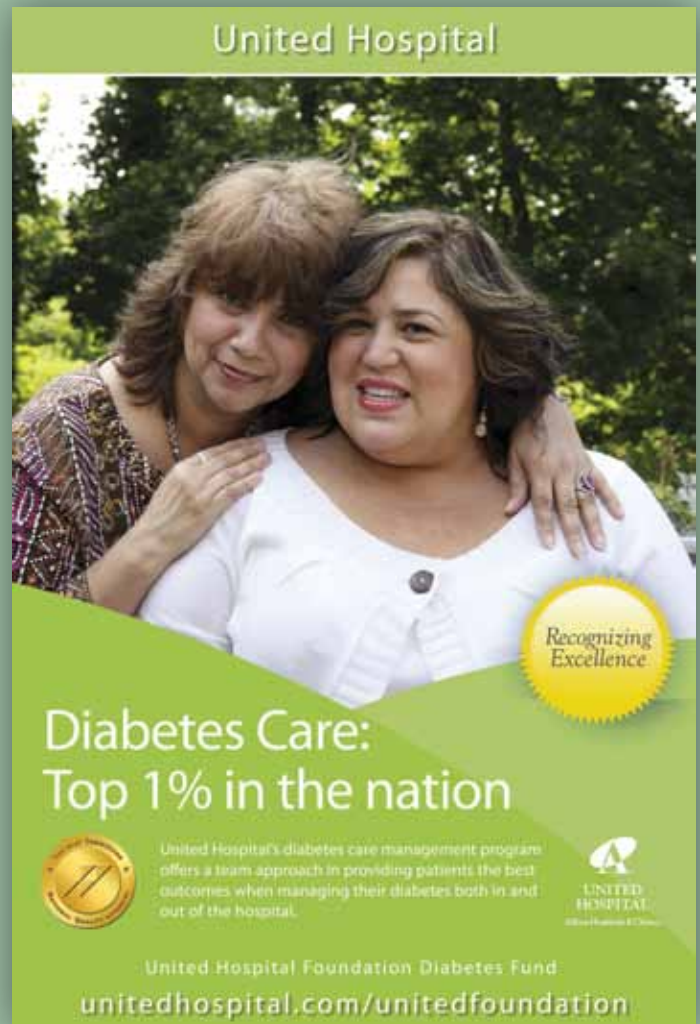
# Diabetes Care Fund

Diabetes is a major health problem; it is an epidemic resulting from obesity. Some startling statistics are:

- An estimated 24 million people, 7.8 percent of the U.S. population, have diabetes.
- Nearly 500 patients a month, approximately 23 percent of hospital admissions, have diabetes or elevated glucose levels.
- Patients with diabetes usually spend at least two days or longer in the hospital than patients without diabetes.
- The Allina Medical Clinic, located on the United Hospital campus, serves more than 5,000 patients who have diabetes.

The Joint Commission, a national hospital accreditation agency, awarded United Hospital the Certification of Distinction for its inpatient diabetes care, one of only two hospitals in Minnesota to win such certification. United Hospital is in the top 1 percent in the country in diabetes care.

United Hospital's diabetes care management program offers a team approach in providing patients the best outcomes when managing their diabetes both in and out of the hospital.



United Hospital

Recognizing Excellence

**Diabetes Care:  
Top 1% in the nation**

United Hospital's diabetes care management program offers a team approach in providing patients the best outcomes when managing their diabetes both in and out of the hospital.

UNITED HOSPITAL  
Allina Healthcare System

United Hospital Foundation Diabetes Fund  
[unitedhospital.com/unitedfoundation](http://unitedhospital.com/unitedfoundation)

## Fund Spotlight

### Diabetes Care Fund

To support the Diabetes Care Fund at United Hospital, please contact the United Hospital Foundation at 651-241-8022 or at [unitedhospital.com/unitedfoundation](http://unitedhospital.com/unitedfoundation).

# United Hospital Foundation Funds

## **BIRTH CENTER**

This fund provides resources for programs and equipment for one of the state's busiest birth centers.

## **CAL CALMENSON PULMONARY & CARDIAC EDUCATION FUND**

The fund provides for pulmonary and cardiac education for patients and staff at United Hospital.

## **CARDIOLOGY RESEARCH FUND**

The vision is to be a leader in clinical cardiology and provide the highest level of quality research service. The fund helps expand the knowledge of current and developing therapies.

## **DIABETES FUND**

A health care team works together to find the best way to manage diabetes. This fund provides support for diabetes programs and projects. United Hospital is Joint Commission certified for inpatient diabetes care program. Currently there are only two hospitals in Minnesota and less than 10 in the nation with this designation.

## **JESSE E. EDWARDS ENDOWMENT FUND**

This cataloged collection of nearly 24,366 human hearts and 88,000 photographic slides provides a unique learning and working opportunity for local, national and international physicians, which benefits every person with the potential for heart disease. The endowment fund keeps the registry here at United.

## **HEART UNITED FUND**

Cardiac specialty hospital located in United Hospital, centralizing all cardiac services in one location.

## **ELAINE S. AND ROBERT E. LARSON ENDOWMENT**

This fund supports the designation of a medical director position of the Stroke Intervention Center within the Nasseff Neuroscience Center.

## **LIPSCHULTZ GUEST APARTMENTS ENDOWMENT FUND**

The apartments offer a place for families to stay when a loved one is hospitalized. This fund helps subsidize guests who can't afford to pay for the service.

## **MEDICAL EDUCATION AND RESEARCH ENDOWMENT FUND**

This resource is funded entirely by physicians and provides grants for clinical research, educational opportunities and the purchase of ancillary equipment.

## **MILTON M. HURWITZ EXERCARE FITNESS CENTER FUND**

The Milton M. Hurwitz ExerCare Fitness Center provides medically safe and effective exercise and education programs to patients, their families and the community.

## **NEUROSCIENCE UNITED FUND**

The John Nasseff Neuroscience Institute offers comprehensive services, including a multi-disciplinary team for acute and long-term care, and serves as a research and education center to patients with neurological disorders.

## **PETER J. KING EMERGENCY CARE CENTER AT UNITED HOSPITAL FUND**

United's Emergency Department, one of the busiest in the Twin Cities, is being expanded to continue to meet the needs of our community as we respond to life-threatening injuries and illness, as well as the possibilities of terrorist threats, large-scale natural disasters and worldwide epidemics.

## **PETER J. KING FAMILY HEALTH CENTER FUND**

Starting with support serving patients of all ages and focus on providing increased access to those without adequate insurance or the uninsured.

## **RIFKIN CARDIAC FUND**

United Hospital is respected throughout the region as a major cardiac center. The fund provides for cardiac programs and equipment designed to meet the patients' needs.

## **ADDITIONAL FUNDS**

Jim Adamski Complementary Therapy Fund  
BHS Fund  
Breastfeeding Resource Center  
Cancer Care and Research Fund  
Cardiovascular Health Improvement Fund  
Center for Caring  
Chapel/Pastoral Care/Spiritual Care Fund  
Claussen Scholarship Endowment Fund  
Community Partnership Fund  
Dr. C. Richard Guiton Ethics Fund  
Dr. Karon Pulmonary Disease Fund  
East Metro Disease Initiative  
Employee Fund (EFAC)  
Equipment Fund  
Faye Ann Johnson Memorial Education Fund  
Free Care Endowment Fund  
G. Kamman Tumor Conference Fund  
General Fund  
Heart/Lung Endowment Fund  
John & Delores Holl Endowment Fund  
Lawson Family Donor Advised Fund  
Medicine Fund  
Newman Breast Cancer Fund  
Nursing Education Endowment Fund  
Olivia Birth Center Fund  
Oncology Endowment Fund  
Pain Center  
Partners for Violence Prevention  
Ragon Cardiac Fund  
Rinke Cardiovascular Endowment Fund  
Sam Singer Memorial Fund  
Sharon K. Willbrandt Memorial Fund  
Volunteer Fund

To make a donation to any United Hospital Fund, please call the United Hospital Foundation at 651-241-8022 or visit us online to learn more about planned giving at [unitedhospital.com/unitedfoundation](http://unitedhospital.com/unitedfoundation).

# United Hospital Donor Tributes

United Hospital Foundation's Honoring program offers a distinctive and meaningful way to remember, honor, pay tribute or recognize those important people in your life. By giving in remembrance, you offer a gift of lasting memory.

United Hospital's continued strength results in large measure from the support received from generous individuals like you. The financial commitment of our community members enables United Hospital Foundation to invest in important projects at United — supporting the best in quality health care for our patients while meeting the needs of our donors. The following are memorial/tribute gifts received from Jan. 1, 2011 through May 11, 2011.

**IF YOU WOULD LIKE TO  
HONOR, REMEMBER OR  
CELEBRATE SOMEONE,  
OR AN EVENT, PLEASE  
COMPLETE THE ENCLOSED  
HONORING ENVELOPE  
AND SEND IT AND YOUR  
DONATION TO THE UNITED  
HOSPITAL FOUNDATION.**

## In Memory

### **Ann Adam**

Betty Adam

### **Jane Amlee**

Karen and Bruce Gershman

### **Tony Baer**

Marjorie Edwards

### **Stanley Barenbaum**

Janie, Steve, Dr. Dan and Butch Rifkin

### **Ben Cohen**

Karen and Bruce Gershman

### **Mother of Laura Engler**

Karen and Bruce Gershman

### **Frank Erkrfitz**

Betty Adam

### **Annett Fox**

Thomas Fox

### **Renee Breault French**

Raymond and Lorraine Houle

### **Stanley Goodman**

Marjorie Edwards and Family

### **Arthur and Constance Goodman**

Stephanie Goodman and Mary Ann Reilly

### **Russell S. Greenberg**

Bob Aloisi

Ms. Audrey R. Beerman

Mr. & Mrs. Anthony Caggiano

Bertram, Pauline & Russell Grand

Laurie Jordan

Lorna Lynch and Jennifer Genet

Richard Lyons

John Oates

David Silber and Martha Horning

Ann Standke

Bernard and Barbara Stecher

### **Kenneth H. Gutz**

Betty and Dave York

### **Darlene Howell**

Robert and Jane Perzyk

### **Sheila Kaufman**

Marjorie Edwards and Family

### **Dr. Sherrill Kelly**

Marjorie Edwards and Family

### **Peter King**

Paul M. Abbott

Duke Adamski

Mr. and Mrs. Jon Arfstrom

Marjorie Baab

Dr. and Mrs. Thomas C. Bagnoli

Mr. and Mrs. Kenneth W. Boyer

John and Beth Bredemus

David Byrd

Copeland Buhl & Company, PLLP

John R. Doll

DS&B, Ltd. Staff

Barbara and Michael Engelmann

Dr. Mark and Ann Marie Heller

JoAnn and John Hinnenthal

Mr. and Mrs. Andrew R. Kettelhut

Jane LeTourneau

Raymond and Sharon Lorenz

The Minneapolis Foundation

Janet and Richard L. Moses

John M. Nasseff and Helene A. Houle

Kyler and Gail Nelson

Sharlene Quiring

Wendy and Steve Rubin

Jim Shuda - Alex's Lawn & Turf, LLC

The Saint Paul Foundation

Bradley and Jacqueline Wings

Sylvia and Chester Witz

### **Mrs. Koretzky**

Marge Edwards and Family

### **Rufus Kullmann**

Nilan Johnson Lewis, PA

### **Thomas McConaughy**

Carol McConaughy

### **Jack McCoy**

Yvonne Garvin

### **Richard "Dick" Miller**

Steve and Eileen Hintz

Carol McBride

### **George E. Nadler**

Karen and Bruce Gershman



**Ardeth Paulos**

Jerry and Pat Kubash

**J. Wesley Peters, M.D.**

United Hospital Medical Staff

**Madeline Muller Peterson**

Dennis and Kathleen Peterson

**Eddie Phillips**

Karen and Bruce Gershman

**Jeanette Plotz**

Jerry and Shari Nelson

**David Raymo**

John M. Nasseff and Helene A. Houle

**Donald Reioux**

Patricia Reioux

**Paul "Butch" Rifkin**

Martha A. Arouni, MD

Jerrice and Dennis Barrett

Richard and Joyce Bartusch, III

Jay Becker Family

James R. Becker

Mrs. Jan Bennett

Joanie and Jay Binder

Bremer Bank

Rick Brody and Maggie Flynn

Ms. Sophie Dudovitz

Tom and Randy Edelstein

Marjorie Edwards and Family

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For more information, please contact the United Hospital Foundation at 651-241-8022. Confidential consultation on charitable giving with Foundation staff or other experts is available.

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Back row: Jo Marcotte, Department Secretary; Cindy Early, Major Gifts Manager; and Janet Berg, Development Associate. Front row: Duke Adamski, President; and David Byrd, Director of Development. Not pictured: Jason Zotalis.

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