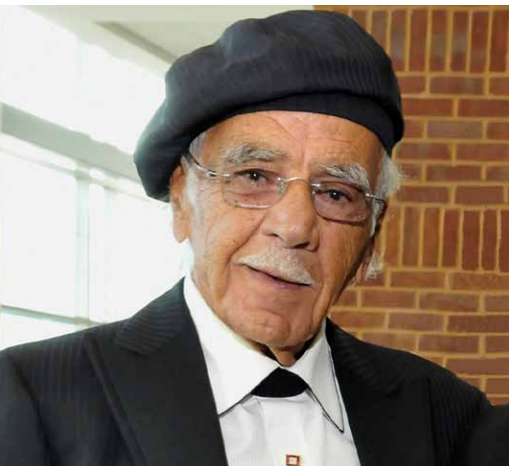


# United Hospital Foundation

## 2012 Report to the Community

MINNESOTA'S LEADER IN PATIENT CARE, SERVICE & TECHNOLOGY

  
AllinaHealth  
JOHN NASSEFF  
NEUROSCIENCE  
INSTITUTE



UNITED HOSPITAL  
FOUNDATION



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# Letter to the Community

It is an exciting time at United Hospital as 2013 will bring major developments to our neurological, surgical and emergency care services.

The developments, which are featured in the Report to the Community, range from expanding services to constructing new areas and forming partnerships. While remaining focused on United's well-established, compassionate and quality care, the goal for these efforts is to make it easier and faster for patients to access services in today's ever-evolving health care environment.

## John Nasseff Neuroscience Institute

We are honored to announce the neuroscience program of Allina Health has been named the *John Nasseff Neuroscience Institute* in recognition of a generous philanthropic gift from John Nasseff. This gift is transformational and will help us enhance the neurosciences program to the more than 100,000 people from Minnesota, Wisconsin, and surrounding regions who receive neurological care at an Allina Health facility. Read more about the John Nasseff Neuroscience Institute and the inspiring care being delivered at United on pages 2-7.

## Peter J. King Emergency Care Center

This spring, the Peter J. King Emergency Care Center begins its third year of operation in expanded and renovated facilities. Many donors supported the renovation of facilities that are so important to the community. We're pleased to report that numbers of patients using the emergency department grow each year. In 2012, 11 percent more patients received care than in 2011. Patients receive care more quickly, and surveys show they're satisfied. Additional information is available on page 34.

## Thank You for Your Dedication and Commitment

Whether it is a new program, service, remodeled facility or technology enhancement, this progress would not be possible without the generosity of our donors and community. Thank you for your continued support and confidence in United Hospital.



**Tom O'Connor**  
President  
United Hospital



**Duke Adamski**  
President  
United Hospital Foundation



**Paul Verret**  
Chair  
United Hospital Foundation  
Board of Directors



# Announcing the John Nasseff Neuroscience Institute at Allina Health

The neuroscience program of Allina Health has been named the *John Nasseff Neuroscience Institute* to honor a generous philanthropic gift from John Nasseff.

“Mr. Nasseff’s gift is transformational,” said Steven Swanson, MD, president of the John Nasseff Neuroscience Institute. “It will help us enhance our neurosciences program, offering patients outstanding care and great outcomes, delivered with professionalism.”

As the American population ages, neurological disorders are increasing as the cause of disability and death. Each year more than 100,000 people from Minnesota, Wisconsin, and surrounding regions receive neurological care at an Allina Health facility.

According to Dr. Swanson, creating a complete, comprehensive system of care is the goal of the Nasseff gift. Through the John Nasseff Neuroscience Institute, Allina Health, along with physician partners, will enhance treatment of patients for neurological conditions such as stroke, tumors of the brain and spinal cord, epilepsy, Alzheimer’s disease, balance and movement disorders, headaches and sleep disorders.

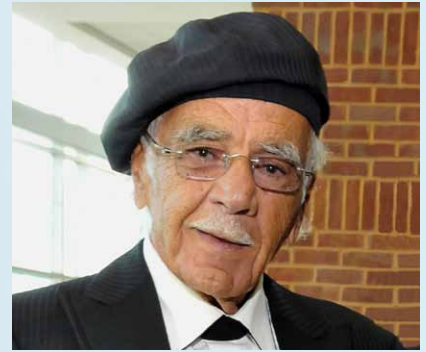
Neuroscience patients seek care at Allina Health facilities in many places—from small towns to the Twin Cities area. It’s important to structure the system so they receive appropriate, timely care no matter where they begin, Dr. Swanson explained.

Allina Health has made strides in recent years to improve care for people who have had a stroke. Through the Allina Health telestroke program, a doctor who specializes in neurology is available via video connection to see and interact with stroke patients in the emergency rooms of 16 regional hospitals. In communities from Litchfield to Baldwin, Wis., patients receive expert evaluations from neurologists who are based at United and Abbott Northwestern hospitals.

This allows treatment to begin rapidly in the local hospitals or for patients to be transferred promptly for specialized care. Time is critical for stroke patients, so that treatments can restore blood flow to the brain and limit the damage.

(See article on page 6.)

The Allina Health focus on enhanced care for neuroscience patients also coincides with dramatic improvements in care and technology, which allow for more effective diagnosis and treatment of neurological disorders.



John Nasseff

For example, brain aneurysms, which release blood into the brain and can be fatal, weren’t considered treatable until recent years. Now, interventional neuroradiologists use minimally invasive procedures to treat aneurysms in most patients, saving lives and dramatically reducing disability, Dr. Swanson said.

Surgery for patients with brain tumors is another area of progress. Thanks to equipment that allows for MRI scans during surgery, “our surgeries are more effective and safer,” Dr. Swanson noted. United’s first intraoperative MRI equipment was acquired in 2006, provided by donors’ gifts to United Hospital Foundation.

“The east metro area community has benefited from John Nasseff’s generosity for many years,” said Duke Adamski, president of United Hospital Foundation. “He has made such significant contributions to advance care at United Hospital. We have been fortunate to have him as an advocate and longtime friend. Now, we are excited about the difference that his donation can make for enhancing neurology care and benefitting even more people who are served by Allina Health.”

## Timeline to Develop the Institute

### 2013



Expand the  
telestroke  
network

Enhance neuroscience  
imaging technology



### 2014



Develop  
neurological  
intensive care units

Introduce neuroscience  
care coordinators to  
support and guide  
patients

### 2015

Create John Nasseff  
Neuroscience Institute  
medical group



Publish John Nasseff  
Neuroscience Institute  
annual quality report



## John Nasseff's Legacy of Giving to United Hospital

John Nasseff has a long tradition of generosity to United Hospital, which is part of Allina Health. As a retired executive from West Publishing Company, Nasseff is known for his charitable efforts supporting basic needs such as medical care and housing in St. Paul and around the world.

Nasseff's generosity can be seen throughout the United campus. For nearly 20 years, he's been vital to building state-of-the-art facilities and acquiring the latest technology for cardiology and neuroscience services and overall general care. His support has made possible the Nasseff Heart Center, Milton M. Hurwitz ExerCare Fitness Center, Nasseff Specialty Center and the Nasseff Neuroscience Center.

### Clinic Planned to Honor Helene Houle

A clinic is being planned to honor Helene Houle, the wife of philanthropist John Nasseff.

An Allina Health clinic will be built in Vadnais Heights in honor of Helene Houle. This is another aspect of Nasseff's donation to establish the John Nasseff Neuroscience Institute.

Houle is a member of the board of directors of the United Hospital Foundation. She was a longtime businesswoman in St. Paul and has been a philanthropist for years.

To support the John Nasseff Neuroscience Institute, please contact United Hospital Foundation at 651-241-8022 or at [unitedhospital.com/unitedfoundation](http://unitedhospital.com/unitedfoundation).

# When the Unexpected Happens

## Jaime Anderson, 25, Works Hard to Recover from Stroke



Jaime Anderson is rebuilding her life with extensive therapy and a positive attitude.

Given all she's been through, Jaime Anderson could be forgiven for asking, "Why me?"

In August 2012 Jaime, 25, had a massive stroke. Within the next two months she had three neurosurgeries at United Hospital. Then she started intensive therapy to relearn basic things like holding up her head. Her recovery continues this

spring, as she undertakes rigorous exercise therapy at Courage Center.

Dwelling on "Why me?" isn't her style. "If I felt sorry for myself all the time, I wouldn't get anything done," she explained.

Jaime's experience highlights the excellent care that United provides for patients with neurological disorders. Her parents credit United's doctors and nurses with saving her life in the anxiety-filled days after her stroke.

"Even though having this happen to our daughter was a terrible experience, everyone at United made it the best it could be," said Bruce, Jaime's father. "We are extremely grateful."

### Family Chooses United for Emergency Care

Last summer Jaime moved back to the Twin Cities after working for three years in New Orleans. She started a new job at the Target corporate office in Minneapolis, rented an apartment with friends and enjoyed spending time with her family.

On Aug. 22 her parents arranged to pick up Jaime, then go to dinner to celebrate her sister's birthday. After repeatedly knocking on Jaime's apartment door and phoning with no answer, the Andersons grew panicky. The landlord happened to come by, and she let them into Jaime's apartment.

Jaime's mother Ann found her on the bedroom floor. Jaime couldn't move.

Ann, a surgical nurse, called 911 and directed the paramedics to take her daughter to United. The staff at the Peter J. King Emergency Care Center worked quickly to discover what was wrong. When her parents arrived, Jaime was already receiving a CT scan of her head in the emergency department's imaging center.

During the scan Jaime heard a doctor say, "I found it." Later, Jaime understood that meant he saw the blockage that caused a massive stroke. "At the time I thought, 'Don't shave my head!'" she recalled.

Meanwhile, the Andersons learned Jaime's serious diagnosis. Her carotid artery, which brings blood to the brain, had become blocked, depriving part of her brain. The Andersons were mystified, because Jaime had no risk factors for a stroke.

### Life-saving Neurosurgery

Jaime was transferred to United's neuro intensive care unit, where staff members specialize in caring for patients with strokes and serious neurological problems. Her family began a long vigil at United, setting up a base in a waiting room. Doctors told them the next 96 hours would be crucial, because Jaime's injured brain would swell.

To create room for swelling, Jaime underwent surgery the next morning by neurosurgeon Jerone Kennedy, MD, who removed a flap of her skull. Although the surgery "is life-saving," it couldn't heal damage caused by the stroke, explained Dr. Kennedy, of United Neurosurgery Associates.

The next few days Jaime's condition worsened. She



needed a second brain surgery, this time to remove the damaged portion of her brain along with a larger piece of the skull. The six-hour surgery, which started at 10 p.m. on a Friday night, was performed by Mary Elizabeth Dunn, MD, also of United Neurosurgery Associates.

**“Even though having this happen to our daughter was a terrible experience, everyone at United made it the best it could be. We are extremely grateful.”**

**Bruce Anderson**

### **First Steps on the Road to Recovery**

Fortunately, Jaime slowly started to recover after the second surgery. Even though she couldn't move, her family was happy that she could squeeze their hands. She used a small stuffed dog to communicate, shaking its head for yes or no. The Andersons got an OK to bring their dog Duke to visit Jaime several times, which she loved.

Jaime was unable to sit up or even hold up her head. A week after her stroke, “It was very difficult, because no one could tell us what would happen to Jaime,” Ann said. “We were told that young and healthy people like Jaime do the best.”

After two and a half weeks at United, Jaime transferred to Bethesda Hospital for its rehabilitation program. She arrived there in a wheelchair, wearing a neck brace to hold up her head and unable to use her left leg and left arm.

In October she returned to United for another surgery by Dr. Kennedy, this time to restore the piece of bone to her skull.

Then she started a three-month stay at Courage Center in Golden Valley, learning to move again and regain independence, one task at a time.

### **Jaime's 'Exceptional Progress'**

“Learning to walk again, without holding onto anything, was so hard!” Jaime exclaimed. “I was very shaky and uncertain, and I was afraid of falling.” Slowly, she regained her ability to do things for herself, like dressing.

Her parents credited Jaime's determination to work hard. “Jaime really puts effort into her recovery. All of her doctors and therapists comment about her hard work,” Bruce said.

This spring, Jaime is participating in Courage Center's ABLE program, a rigorous and highly individualized exercise program to maximize her recovery. She is also working with Courage Center specialists on skills to return to her job. Her brain injury created challenges in processing visual and spatial information, so she's learning to compensate for that.

Early in her recovery process, Jaime received physical and occupational therapy at Sister Kenny® Rehabilitation Institute – United Hospital, coordinated by Diane Chappuis, MD, a specialist in physical medicine and rehabilitation. Dr. Chappuis also continues to direct Jaime's therapies at Courage Center. (See article on page 35.)

One thing is sure about Jaime's recovery: Everyone she meets is impressed with her progress.

“I continue to be amazed by Jaime's recovery,” said Dr. Kennedy. “She is quite exceptional. Some people get back more than we would have thought, and Jaime is a good example. At Jaime's appointment two months after her surgery, she was using her smart phone and Tweeting. The old Jaime was there, with the same personality.”

United Hospital is certified as a Primary Stroke Center. United's staff ranks highly in providing rapid and effective care for stroke patients.



Sandy Fritzlar, MD

## Ready to Treat Stroke

### United's Rapid Emergency Care Saves Lives

When it comes to helping patients who've had a stroke, staff members in the Peter J. King Emergency Care Center at United Hospital make every minute count.

A stroke disrupts blood flow in the brain. It is crucial that blood flow is quickly restored before permanent damage to the brain

occurs. Rapid treatment not only saves lives, it reduces the disabling effects of stroke.

The Peter J. King Emergency Care Center exceeds national standards for quickly diagnosing and treating stroke patients, with many gains made by a dedicated team led by United emergency medicine physician Sandy Fritzlar, MD.

"We have created a process that is reliable and efficient, making sure all necessary resources are available quickly when these critically ill patients arrive in our emergency department," Dr. Fritzlar said.

A complex set of steps is required to diagnosis and treat stroke. In the last two years the emergency department's stroke team has reworked every aspect of care.

#### Critical Timing to Help Stroke Patients

Each patient with neurological symptoms who arrives at the Peter J. King Emergency Care Center is now screened for stroke and quickly seen by a nurse and emergency medicine physician.

With a diagnosis of stroke, the team rapidly takes action. In quick succession, lab tests are drawn and analyzed, a CT scan is performed, and the neurologist is contacted. Preparation of medications in the pharmacy is also started.

Time is critical because the clot-busting medication tPA can be given only within 4.5 hours after the stroke. In 2012, eligible patients at United received tPA in an average of 45 minutes, well below the national standard of 60 minutes. United's fastest time is 29 minutes.

Many stroke patients arrive too late for tPA. Another treatment may be used, in which an interventional radiologist removes the blood clot through a catheter, restoring the blood flow.

Dr. Fritzlar and the stroke team study each stroke patient's treatment in the Peter J. King Emergency Care Center, constantly looking for ways to improve. "Every single person has to do this right," she explained. "Our staff takes a lot of pride in taking care of all of our patients, especially patients who need life-saving interventions like this."

United relies on key physician partners in caring for stroke patients, including Emergency Care Consultants, St. Paul Radiology, Neurological Associates, United Neurosurgery Associates, Allina Medical Clinic - United Hospitalist Service, and Sister Kenny® Rehabilitation Institute.

### Hats Off to Donors

#### Peter J. King Emergency Care Center's CT Scanner Leads to Faster Treatment

Thanks to donors, improvements in the new Peter J. King Emergency Care Center contribute to faster care for patients with stroke.

The \$24 million emergency care center, which opened in April 2011, was largely funded by donors. Among its improvements is a CT scanner located in the emergency department, which provides essential information for stroke diagnosis and treatment.

"Stroke patients never have to leave our emergency department for a CT scan," said Sandy Fritzlar, MD, emergency medicine physician. "This resource allows all of our critically ill patients to be closely monitored by ED nurses and physicians at all times."

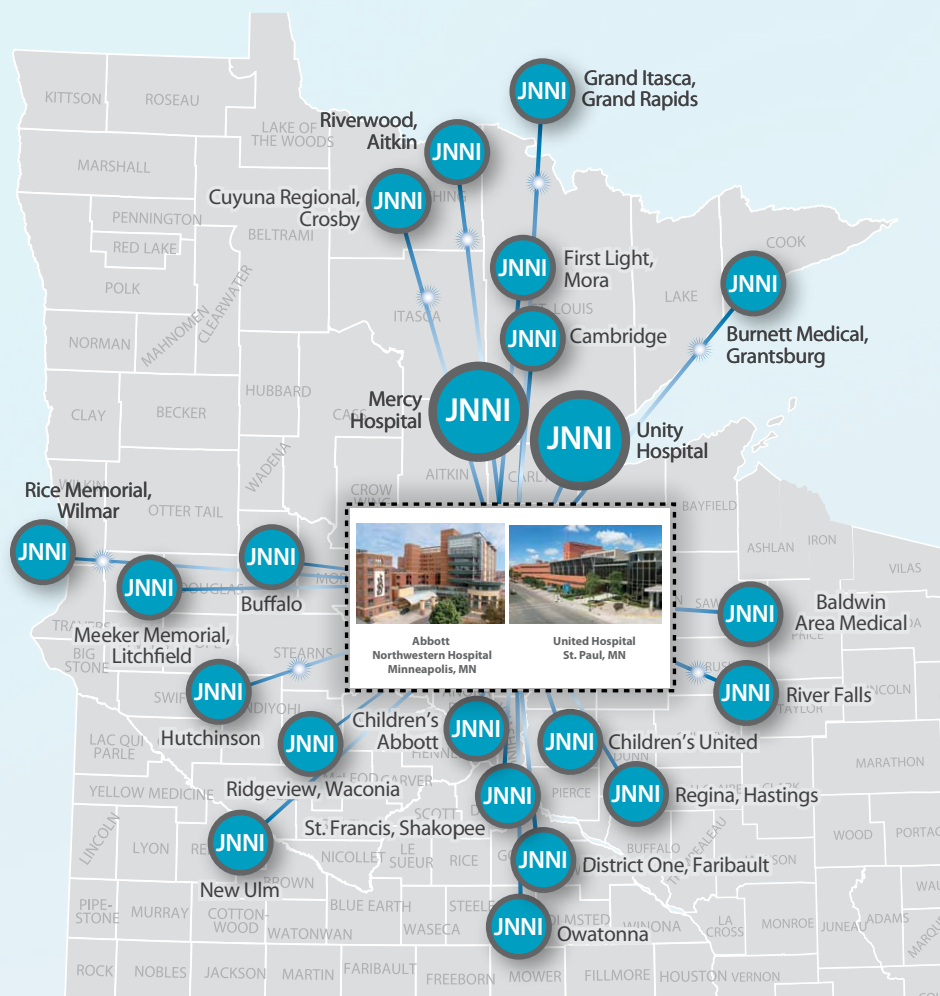


# Serving Our Communities

The John Nasseff Neuroscience Institute (JNNI) will provide for the neurological health of our communities through a delivery system that ensures excellence in clinical care for neuroscience patients. The institute, part of Allina Health, is committed to providing the very best care to patients across the region, regardless of where they live.

As part of the John Nasseff Neuroscience Institute, Allina Health is proud to offer:

- Centers of Excellence at United Hospital in St. Paul and Abbott Northwestern Hospital in Minneapolis.
- Enhanced neuroscience programs at Mercy Hospital in Coon Rapids and Unity Hospital in Fridley.
- Allina Health owned hospitals in the Minneapolis/St. Paul area and surrounding regions.
- Partnership with area independent hospitals and health care facilities.





# Stroke Care: Top 10% in the nation

Strokes occur when blood and oxygen flow to the brain are interrupted. The earlier both can be restored, the greater chance for less brain damage.

United Hospital's designation as a Primary Stroke Center signifies our commitment to early diagnosis, treatment and rehabilitation leading to a more successful recovery.

Make a donation to one of these funds to support stroke care:

Elaine S. and Robert E. Larson Endowment  
Neuroscience United Fund



[unitedhospital.com/foundation](http://unitedhospital.com/foundation) | 651-241-8022

# St. Paul Lung Clinic/Pulmonary and Critical Care Associates to join Allina Health

St. Paul Lung Clinic/Pulmonary and Critical Care Associates (PCCA) will officially join Allina Health in July 2013. This integration is part of the effort to expand and enhance specialty care in the east metro area and western Wisconsin.

The physicians and their support teams have been an integral part of the health care community for more than 35 years.

This integration was announced in March by Tom O'Connor, president of United Hospital, Mike Marshall, MD, president of Allina Health Clinics, and Anuja Sharma, MD, president of St. Paul Lung Clinic/PCCA. "This partnership will allow us to enhance what we already do well: provide exceptional pulmonary and critical care to the communities we serve," their announcement stated.

As part of the integration, the St. Paul Lung Clinic will become Allina Health United Lung & Sleep Clinic. The physicians and support staff will be employed by Allina Health, and work is ongoing to ensure a smooth transition for patients. The transition is expected to begin in July and continue through the summer.

"The decision to integrate with Allina Health is the beginning of an exciting new era of delivering pulmonary, sleep and critical care services," the announcement stated. "St. Paul Lung Clinic/PCCA is looking forward to increasing

its presence at United Hospital, providing additional intensivists coverage, and focusing efforts toward innovative care models and superior clinical outcomes in both inpatient and outpatient settings."

In 2011, PCCA was recognized by United Hospital Foundation as the Service to Humanity physician honorees.

At United, PCCA physicians and nurse practitioners attend patients in intensive care units (ICUs) and assist other physicians in the management of lung disease. In the ICUs, PCCA physicians lead multidisciplinary rounds on every critically ill patient each morning, ensuring effective communication among the many staff members who provide complex care for these patients.

PCCA staff members also see ICU patients for whom specialty consultation has been requested, for services such as management of shock, ventilator management, and procedures including intubation and the placement of venous and arterial lines.

On medical units and in the ICUs, PCCA specialists manage patients with asthma, COPD (emphysema), lung cancer and pneumonia. They also assist in the management of patients after heart or lung surgery.

## Richards Appointed as United VP

Amanda (Mandy) Richards has been named as vice president, Patient Care, at United Hospital. She will begin her service on May 1.

Richards, a clinical nurse specialist, has been serving in the Allina Health Neuroscience Clinical Service Line as the director of Clinical Programs. (The neuroscience program was recently renamed the John Nasseff Neuroscience Institute.) She worked on Neuroscience and Spine clinical program development and implementation of best practices, such as standardized stroke care, nursing care coordination, and clinical education.

"The addition of Mandy to United's leadership team is one of many steps we are taking to pursue our strategic vision for patient care innovation and integration," said Tom O'Connor, United president.

Prior to her service line work, Richards was the director of Patient Care — Neuroscience Institute, Intensive Care,

Respiratory Care at Abbott Northwestern Hospital.

Her responsibilities included strategic planning, integration with other departments, and program development in the neuro intensive care unit, general intensive care unit, acute neuroscience inpatient unit, neuroscience clinics, sleep lab and clinics, neurophysiology department, intra-operative monitoring and respiratory therapy.

As a native of Australia, Richards received her bachelor's degree in nursing in Melbourne and her master's in nursing in Sydney.



Amanda Richards





One of the newly completed operating rooms in the Elaine S. Larson Surgical Center.

## Progress Continues on Construction of Elaine S. Larson Surgical Center

Construction of the Elaine S. Larson Surgical Center reached its halfway mark in Spring 2013 with completion of many new areas including three operating rooms; post-anesthesia care unit; pharmacy; pathology department and renovated physician lounge.

“The new Elaine S. Larson Surgical Center is really starting to take shape, and staff members are excited to be caring for patients in these new spaces. The new operating rooms are not only larger, but also reflect recommendations from surgeons and staff on how to best design the space for surgeries. Throughout the construction, staff members have played an integral part ensuring the Elaine S. Larson

Surgical Center will not only best serve our patients today, but also meet future needs,” said Sarah Held, RN, director, Surgical Services.

The Elaine S. Larson Surgical Center will provide 15 new operating rooms, for a total of 18. Other improvements include: larger areas for patients before and after surgery; comfortable space in the family waiting areas; pathology and histology offices; and a larger physician lounge. Construction will be completed in January 2014.

# In Memory of Leonard Wilkening



Leonard Wilkening

Leonard Wilkening, a member of the United Hospital Foundation board of directors since 1991, died on Jan. 9, 2013.

Wilkening, 87, a St. Paul resident since 1968, was devoted to community service. He served as president and CEO of the Amherst H. Wilder Foundation from 1971 to 1990. At the time Wilkening retired, the Wilder Foundation operated 45 human service programs in the St. Paul area, serving more than 16,000 persons a year.

He was active on many community boards and committees during his service at Wilder and in retirement. Wilkening was instrumental in founding Como Friends, the nonprofit organization that supports the Como Park Zoo and Conservatory. Wilkening served on the boards of directors of the Minnesota Foundation and the St. Paul Area Council of Churches and chaired the Child Care Partnership of Ramsey County.

He provided consulting services to many agencies, including the Deafness Education and Advocacy Foundation. In addition, Wilkening served on Saint Paul Tomorrow and on committees for the Saint Paul Foundation. He was an active member of Hamline United Methodist Church.

Wilkening started his career in social services with six YMCA organizations in Iowa and Ohio. He and his wife Jean had four children, five grandchildren, and one great-granddaughter. His longtime best friend and companion is Norrine Bohman.

## Bentson Neurological Same Stay Unit to Open This Fall

Work is underway at United Hospital to build a new unit for neurological patients. The *Bentson Neurological Same Stay Unit* will open in October, funded by a generous donation from the Bentson Foundation.

The unit will consolidate care that is now given in the intensive care, step-down, and neurological units. Patients will benefit by spending their hospital stay in a single unit that has been specially designed for neurological care. For example, people who have had spinal cord injuries or strokes are among those who will be served on the Bentson Neurological Same Stay Unit.

The new unit will feature new monitoring and diagnostic technology. Critically ill patients will be able to have imaging tests on the unit, avoiding transport to the radiology department.

The patient care manager for the new unit is Mark Chlebeck, RN, who has experience in United's intensive care unit and a leadership position in the orthopedics unit. So far, 20 nurses have been hired to work on the unit.

Construction of the unit started in March. During the winter, staff and designers evaluated a mock-up of a neurological intensive care room for proper function and flow.

The Bentson Foundation, started by Larry and Nancy Bentson in 1956, has supported the Nancy & Larry Bentson Cardiovascular Laboratories in United's Nasseff Heart Center and neurosurgery suites in the Nasseff Neuroscience Center.



Larry Bentson

# 2013 Service to Humanity Gala

## Join us September 28 at This Year's Service to Humanity Gala

The United Hospital Foundation's Gala will bring together more than 1,500 people at the Saint Paul RiverCentre to raise funds that benefit United Hospital and the St. Paul community.

This fabulous evening includes a signature martini reception, silent and live auctions, gourmet dinner, raffles, awards ceremony and dancing to music by the legendary music group, the Sevilles. Since 2003, the

Gala has raised more than \$11 million to benefit these programs at United: the John Nasseff Neuroscience Center; the Peter J. King Family Health Center; the Peter J. King Emergency Care Center; and the Elaine S. Larson Surgical Center. This year's proceeds will benefit the surgical center expansion campaign. The Gala ranks ninth out of 25 metro area fundraising events in gross revenue.

## Your Help is Needed with the Live and Silent Auction

Every year more than 600 items are donated to the live and silent auction by individual donors, corporations and local businesses. If you are interested in donating or soliciting items for the silent auction, review the categories below for examples of auction items. For delivery or drop-off, please contact the foundation at 651-241-8022.

- Live Auction (luxury cruises, European trips)
- Art or Theater (tickets to the Ordway, Minnesota Orchestra, paintings)
- Dining/Catering Events or Wine/Liquor (restaurant gift certificates)
- Children's Items (clothes, electric cars or other toys)
- Home Décor/Entertainment/Kitchen/Electronics (cookware, creative theme baskets, cell phones, miscellaneous)
- Health, Beauty and Fitness (salon/spa gift certificates or beauty baskets)
- Jewelry (necklaces, earrings, bracelets)
- Lodging/Travel/Trips/Transportation (donating timeshare or vacation home for a week or hotel stays)
- Sporting/Outdoors (sports memorabilia, sporting event tickets or outdoor/camping items)



# *Announcing the 2013 Service to Humanity Honorees*

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## **Community Honorees**

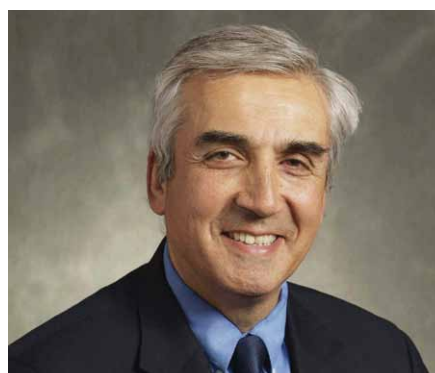
John and Linda Schroepfer



John and Linda Schroepfer are longtime friends and supporters of United Hospital Foundation. They chaired the Service to Humanity Gala in 2011. Linda has volunteered as a coordinator for the silent auction for years and continues to serve this year. John is president of NEI Electric, and Linda is a director at the University of Minnesota Medical Center, Fairview.

## **Physician Honoree**

Omer Sanan, MD



Omer Sanan, MD, is a general surgeon at Aspen Medical Group who practices in the east metro area. He joined the United Hospital medical staff in 1993 and currently serves as medical director of surgery. A specialist in breast cancer surgery, Dr. Sanan is respected for providing exceptional care to patients. Throughout his work, he displays a passion for communication and teamwork.

# Pledge Card

SERVICE TO HUMANITY GALA  
SATURDAY, SEPT. 28, 2013 | 5:30 P.M.  
ST. PAUL RIVERCENTRE

## SPONSORSHIP LEVELS

### Premier Sponsor I — \$50,000+

- Unlimited seats and dedicated tables
- Choice seating
- Ad and dedication to honorees in program
- Significant company advertising during event
- Designed company logo in program
- Company logo on our website with link to your site

### Premier Sponsor II — \$25,000

- 30 seats and dedicated table
- Prime seating
- Ad and dedication to honorees in program
- Company advertising during event

### Premier Sponsor III — \$10,000

- 20 seats and dedicated table
- Select seating
- Ad and dedication to honorees in program
- Company advertising during event

### Dinner Sponsor — \$5,000

- 10 seats and dedicated table
- Ad or dedication to honorees in program
- Limited company advertising during event

### Award Sponsor — \$3,500

- 10 seats
- Logo in program

## SPONSORSHIP

☐ \$3,500 ☐ \$5,000 ☐ \$10,000 ☐ \$25,000 ☐ \$50,000 ☐ \$50,000+

### Individual Seats

☐ Seat @ \$195 each x \_\_\_\_\_ = \$ \_\_\_\_\_

(\*\$145 is tax deductible per seat)

Guest name \_\_\_\_\_

### Table of 10

☐ \$1,800 ☐ Other \$ \_\_\_\_\_ (outright donation)

### Dedication to Honoree

☐ \$100/name with message (write message on the back of this form)

## PAYMENT OPTIONS

☐ Check enclosed (Make checks payable to United Hospital Foundation)

☐ Credit card: ☐ Visa ☐ Mastercard ☐ Discover ☐ American Express

Card number \_\_\_\_\_ Expiration date \_\_\_\_\_

Name (on card) \_\_\_\_\_ Phone \_\_\_\_\_

Company \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Cell Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

### Mail to:

United Hospital Foundation

333 North Smith Avenue

Saint Paul, MN 55102

651-241-8022

[unitedhospital.com/unitedfoundation](http://unitedhospital.com/unitedfoundation)

Proceeds benefit the Elaine S. Larson Surgical Center at United Hospital

## DEADLINES

### GALA INVITATION

Submit form by June 24 to be added in the gala invitation.

### GALA PROGRAM

Ads and logos are due August 20 for the gala program.

### GUEST NAMES AND AUCTION DONATIONS

Submit guest names and auction donations by September 3.



# Auction Donation Form

SERVICE TO HUMANITY GALA  
SATURDAY, SEPT. 28, 2013 | 5:30 P.M.  
ST. PAUL RIVERCENTRE

Please complete the auction form below and return to United Hospital Foundation by September 3, 2013. Our deadline for the program listing is also September 3. If you have any questions, please call us at 651-241-8022. You may also fax this form to 651-241-5420. Thank you.

Donor name (individual or company) \_\_\_\_\_

Contact person (if different from above) \_\_\_\_\_

Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-mail \_\_\_\_\_ Fax \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Solicitor name \_\_\_\_\_

Donated item with description

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Auction category \_\_\_\_\_ (Categories: Art, Beverages, Children's Items, Dining, Home Decor, Sports, Lodging, Theatre, Jewelry, Health & Beauty)

Expiration date? ☐ No ☐ Yes

Estimated or actual value: \_\_\_\_\_ (each) x \_\_\_\_\_ = \$ \_\_\_\_\_ ☐ Cash ☐ Check donation \$ \_\_\_\_\_

Exclusions and/or restrictions? (if travel related, vacation home or other):

\_\_\_\_\_  
\_\_\_\_\_

Item for donation: ☐ Has been donated ☐ Will be donated on (date)

\_\_\_\_\_

I/we as signed below agree to donate the above item(s) or services to United Hospital Foundation, a not-for-profit and tax-exempt organization for the Service to Humanity Gala on Saturday, Sept. 28, 2013.

Donor signature \_\_\_\_\_

Date \_\_\_\_\_

Proceeds benefit the Elaine S. Larson Surgical Center at United Hospital.

United Hospital Foundation | 333 North Smith Avenue | Saint Paul, MN 55102 | 651-241-8022







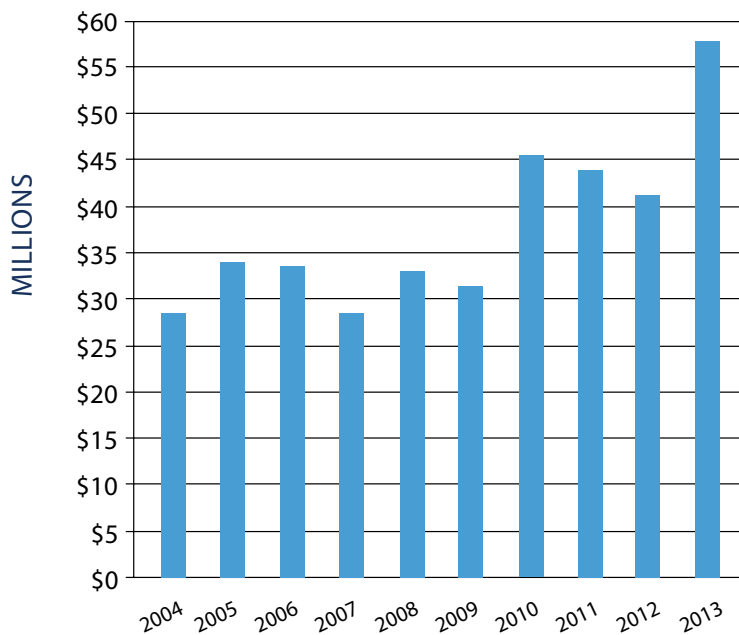
## United Hospital 2012 Facts and Figures

Every number tells a unique story of caring. Every day, the physicians, nurses, volunteers and staff at United Hospital play a vital role in our community, touching thousands of lives.

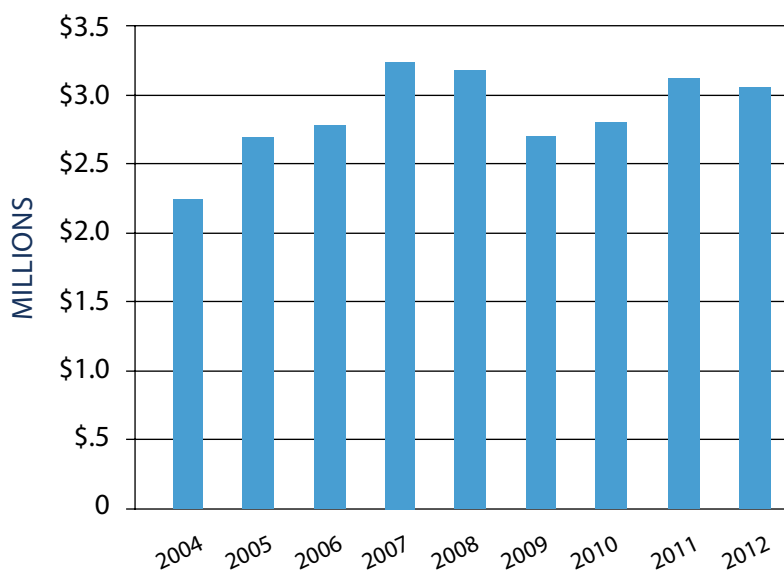
|                             |              |
|-----------------------------|--------------|
| Hospital Admissions         | 24,215       |
| Emergency Department Visits | 52,985       |
| Patient Days                | 100,572      |
| Average Daily Census        | 275          |
| Newborn Deliveries          | 3,505        |
| Surgery Cases               | 15,304       |
| Licensed Beds               | 546 beds     |
|                             | 40 bassinets |
| Individuals Employed        | 1,678        |
| Medical Staff Members       | 1,017        |
| Nurses                      | 1,239        |
| Volunteer Hours             | 44,115       |

# 2012 Financial Summary

## Assets at Beginning of Year



## Annual Giving



It is important that every not-for-profit organization is in compliance with all of the regulatory agencies that are responsible for monitoring their activities.

We are pleased to announce that we are 100 percent compliant.

In 2012, the United Hospital Foundation completed the following compliance audits:

- Federal IRS audit
- CliftonLarsonAllen, LLP audit
- Internal hospital audit

You can feel confident that members of our board of directors are excellent stewards of your donated money.

## Corporate Matching Gifts

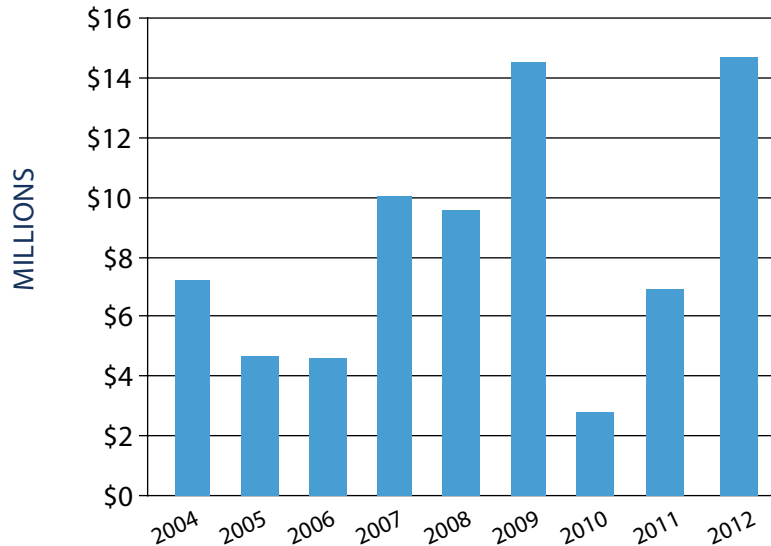
We wish to thank the following companies that match individual contributions to the United Hospital Foundation:

Agribank, FCB  
 American Express Foundation  
 Ameriprise Financial  
 ARCH  
 Computer Associates  
 E-Funds Corporation  
 Gannett Foundation  
 General Electric Company  
 GMAC-RFC  
 IBM International Foundation  
 ING Foundation  
 Johnson & Johnson  
 McKesson Foundation  
 Nuveen Investments  
 Saint Jude Medical Inc.  
 Securian Foundation  
 TCF National Bank  
 Thrivent Financial for Lutherans  
 Thomson Reuters  
 Travelers Inc.  
 Truist  
 Tyco Electronics  
 US Bancorp Matching Gift Program  
 Xcel Energy Foundation

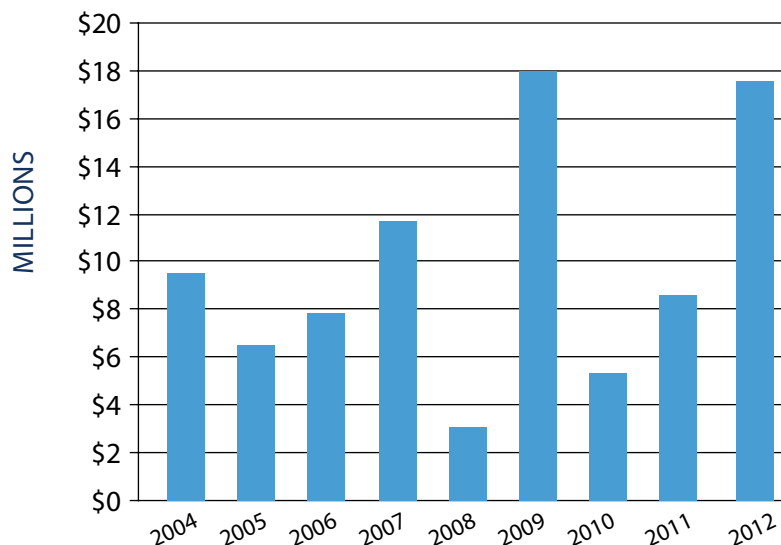
Please check with your human resource department to find out about your company's matching gift policy.

## 2012 Financial Summary

### Total Contributions

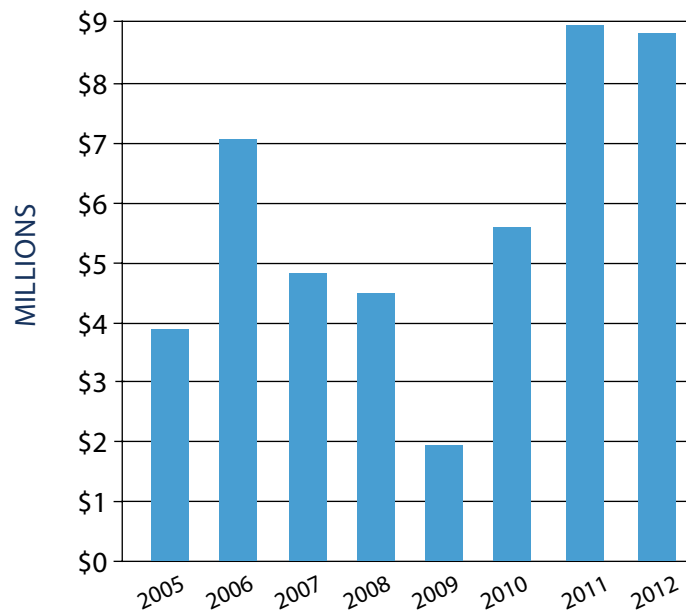


### Total Income

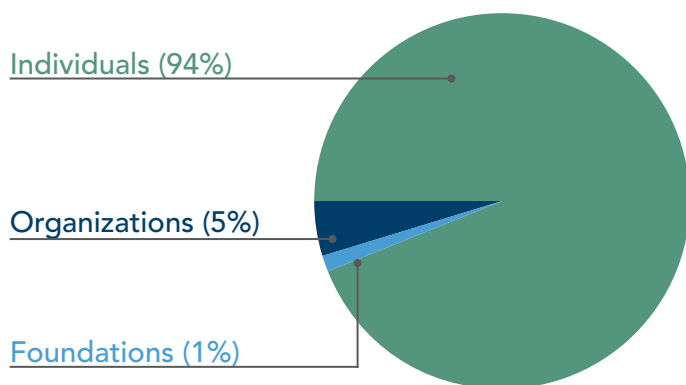




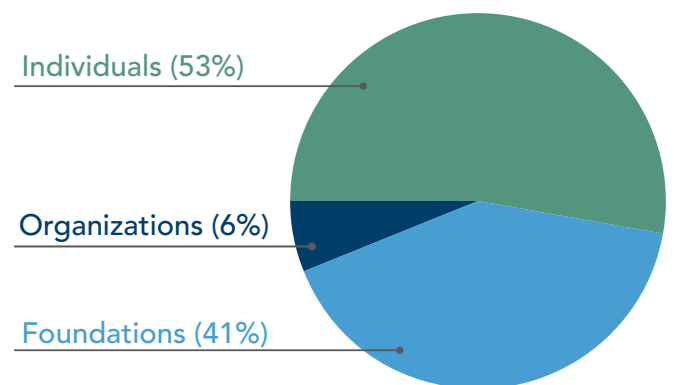
## Grants and Allocations



## Source of 2012 Donations



## Amount Raised by Donor Type





2012 UNITED HOSPITAL FOUNDATION

## Year in Review

Your contributions make a difference! We would like to share with you how your 2012 support has contributed to foundation programs and services:

### Events:

#### Service to Humanity Gala

- ◆ \$1.52 million raised

#### 3M Championship

- ◆ \$566,667 raised

#### Golf Classic

- ◆ \$171,000 raised

Proceeds from the events benefit the Elaine S. Larson Surgical Center Campaign

### Other Accomplishments:

- ◆ Construction underway on Elaine S. Larson Surgical Center.
- ◆ Bentson Foundation gift enabled us to establish the Bentson Neurological Same Stay Unit.
- ◆ Funded the relocation of United Hospital Cancer Clinic (Breast Center).
- ◆ Funded 13 LUCAS Mechanical CPR devices for the Saint Paul Fire Department EMS.
- ◆ Funded research project decreasing re-admission rates for heart failure patients.
- ◆ Milton M. Hurwitz ExerCare Fitness Center celebrates 25th anniversary.

## 2012 UNITED HOSPITAL DONORS

The following pages pay tribute to all those who supported United Hospital through donations to the Foundation. The Diamond, Emerald, Sapphire, Platinum, Gold, Silver and Bronze categories reflect life-time cumulative donations to the Foundation.

The remaining categories reflect cumulative gifts of \$100 to \$4,999 to the Foundation between Jan. 1 and Dec. 31, 2012. Together in 2012, 4,012 gave over \$14,000,000 to make a difference in the lives of patients and families we serve. It is with great appreciation that we recognize them.

### Diamond (\$1M+)

3M Championship  
3M Company  
3M Foundation, Inc.  
Allina Foundation  
The Bentson Foundation  
Arthur G. Driscoll Trust  
Edwards Memorial Trust  
Goldman, Sachs & Company  
John and Dolores Holl  
Hubbard Broadcasting Foundation  
King Capital Corporation  
Elaine S. Larson  
McGough Construction Company, Inc.  
McGough Foundation  
John Nasseff and Helene Houle  
Peter J. King Family Foundation  
The Saint Paul Foundation

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Mrs. Harvey O. Beek Estate  
Glen and Harold Bend Foundation  
Boston Scientific Corporation  
Otto Bremer Foundation  
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Calmenson Family Foundation  
Cardiac Surgeons of St. Paul  
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Bruce F. Church Estate  
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East Metro Radiation Oncology  
Associates, PLLC  
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Felhaber, Larson, Fenlon & Vogt  
Mr. and Mrs. David R. Frauenshuh  
Elsie Geiss Estate  
Michael T. Goff

Greater Twin Cities United Way  
Hardenbergh Foundation  
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HDR Architecture, Inc.  
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Louis W. and Elsie Hill, Jr.  
Ruth and John Huss/Huss Foundation  
Charlotte Janssen Interim Trust  
Russell and Andrea King  
Knutson Construction Services  
Komen Breast Cancer Foundation  
James G. Lindell  
Mrs. Samuel (Ruth) Lipschultz  
George G. Mairs Family Fund

Mardag Foundation  
The Estate of Wyllene Pearson Marks  
The McKnight Foundation  
MDCO Life ProAm Golf Tournament  
Medtronic, Inc.  
The Medtronic Foundation  
The Elena Melius Foundation  
John and Karen Meslow  
Metris Companies, Inc.  
Minnesota Department of Children,  
Families and Learning  
Minnesota State Department  
of Health  
The John M. & Susan Morrison  
Family Foundation  
Mrs. Virginia L. Mullaney and  
Mr. Frank C. Mullaney  
Lorraine C. Murphy  
NEI Electric  
Northwest Area Foundation  
Mr. and Mrs. John G. Ordway, Jr.  
Our 365 Share More  
Lewis and Annie F. Paper Foundation  
Partners for Violence Prevention  
PGA Golf Course Properties  
Carl and Eloise Pohlada  
Family Foundation  
Shirley J. Pond Estate  
Prom Management Group, Inc.  
Pulmonary & Critical Care  
Associates, P.A.  
Russell and Dorothy Ragon  
Ramsey County Warrant  
Paul and Irene Rifkin Estate  
Clayton L. Robinson  
The Rodman Foundation  
Carol F. Andersen and

William H. Rubenstein  
Saint Jude Medical, Inc.  
St. Paul Radiology, P.A.  
St. Paul/Ramsey County  
Children's Initiative  
Sears Imported Autos, Inc.  
Securian Foundation  
Ann J. Fee Appert Shiely  
Gertrude R. Shiely  
State of MN, Department of Finance  
Ms. Elvera Stauffacher  
Summit Orthopedics, LTD.  
Sun Orchard  
Travelers Foundation  
United Heart & Vascular Clinic  
United Hospital Administration  
UnitedHealthcare Corporation  
Betty Jane Walen

### Platinum (\$50k+)

Duke Adamski  
Sarah J. Andersen and  
Christopher Hayner  
Dr. and Mrs. Kit V. Arom  
ATS Medical, Inc.  
Barbara and Dan Balik  
Kenneth W. Baran, MD  
June and Sidney Barrows  
Barbara Bentson  
Big Top Liquor Store  
Mr. and Mrs. Robert H. Bratnobar  
Mr. and Mrs. John Brodie  
The Bush Foundation  
Martin and Esther Capp Foundation  
Communications Mid-America/  
Ideacom

Community Employment Partnership  
Community Shares of Minnesota  
Corval Group  
Doherty Rumble & Butler, P.A.  
Mary E. Dunn, MD and Gregory  
F. Cotterell, MD  
Mr. and Mrs. Carl B. Drake, Sr.  
Employees of Ecolab  
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Falls & Nyhusmoen Construction, Inc.  
David Feinberg  
Mina Fergestad  
John B. Goodman  
Grotto Foundation Inc.  
John G. and Alice L. Harrison  
Family Foundation  
HealthEast Foundation  
HealthPartners  
Anna M. Heilmaier Charitable  
Foundation  
Dr. Todd M. Hess and William Tricker  
Stan and Doris Hill  
Hospital Pathology Associates, P.A.  
The HRK Foundation  
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Jasc Software  
Craig and Patricia Jilk  
Mr. and Mrs. Lynn W. Johnson  
Nasser and Yvonne Kazeminy  
Dr. Jerone and Penny Kennedy  
Knight Foundation  
Jim and Mary Anne Kowalski  
Kraus-Anderson Construction Co  
Richard Leven Trust  
Bill and Sybil Lipschultz

### Emerald (\$500k+)

Allina Health  
Katherine B. Andersen Fund  
Associated Anesthesiologists, P.A.  
Carol A. Bierbrauer  
F.R. Bigelow Foundation  
The Driscoll Foundation  
The Lawson Family  
Nasseff Mechanical Contractors, Inc.  
Jack and Mary Ritt/  
Ritt Family Foundation  
Sunrise Investments LLC  
United Hospital Gift Shop  
United Hospital Medical Staff

### Sapphire (\$100k+)

AGA Medical Corporation  
Andersen Corporate Foundation

## 2012 UNITED HOSPITAL DONORS

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The Harvey Lubov Charitable  
Lead Trust  
Merrick Community Services  
Michael and Elizabeth Miller  
Minneapolis Cardiology Associates  
Minnesota Center for Crime  
Victims and Services  
Minnesota Epilepsy Group, PA  
Minnesota Medical Foundation  
Minnesota Wire  
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Mickey Nasseff  
Gene and Bonnie Nugent  
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Bart and Kay Zibrowski

### Gold (\$25k+)

3M - Medical Surgical & Skin  
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Aventis Pharmaceuticals  
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Erik Englebretson  
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Michaud, Cooley, Erickson  
& Associates  
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United Properties-Northmarq  
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Ned W. Windmiller  
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### Silver (\$10k+)

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American National Bank & Trust  
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Mary Anne Anderson  
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 Saint Paul Infectious Disease  
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 The James Scarpetta Family  
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 Freda Silver  
 Kimberli Sorbel  
 Maurice & Mitzi Spiegel Fund  
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 James and Leslie Studenski  
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 Tapemark Company, Inc.  
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 United Hospital Alumni Club  
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 Department of Radiology  
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 Brenda Andrewson  
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 Consultants, P.A.  
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 Jeffrey T. Wicklander  
 Mr. Leonard H. Wilkening  
 Jacki and Brad Winges  
 Norb and Karen Winter  
 Dr. and Mrs. Bernard J. Worth  
 Max E. Zarling, MD

## Bronze (\$5k+)

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## Nasseff Mechanical Contractors: Builders and Donors at United

Many key buildings at United Hospital display quality workmanship performed by employees of Nasseff Mechanical Contractors.

Nasseff Mechanical is a St. Paul firm that offers a full range of mechanical services, from plumbing and HVAC (heating, ventilation, and air conditioning) to fire protection. The firm also participates in United's mission as a donor to United Hospital Foundation (UHF), supporting the hospital since 2005.

The late John M. "Mickey" Nasseff Jr. started the company in 1972 in his Oakdale home. A plumber, Nasseff quickly expanded the business into a broad array of mechanical services. Nasseff moved the company to St. Paul in 2002. Today, the company employs 70 people on building projects throughout the metro area. Mickey Nasseff is the son of John Nasseff Sr., a major donor to UHF.

The company went through an unexpected transition in 2012, when Nasseff, 68, died tragically in a single-vehicle motorcycle accident in July. Jeff Ulrich, who had served as vice president, became president in September 2012.

Nasseff Mechanical has been proud to participate in constructing the United campus and supporting United as a donor, Ulrich said. "Mickey was very fond of the relationship that the Nasseff family has had with United Hospital, and he wanted to carry that out through Nasseff Mechanical."

Many Nasseff Mechanical employees live in the east metro area, and they view United "as an essential part of the community," Ulrich noted. "We take pride in our long-term relationship with our customers, employees, and also the community."

Nasseff Mechanical is currently performing mechanical work on the Elaine S. Larson Surgical Center at United, which will open early next year. It also worked on the Peter J. King Emergency Care Center, Nasseff Specialty Center, John Nasseff Neuroscience Institute, and United Family Practice Center.



Jeff Ulrich

Construction at United demands close cooperation among the hospital staff, the architectural and engineering firm HDR, the building contractor McGough, and Nasseff Mechanical, Ulrich said. "In the surgery center construction there are many systems involved in the mechanical and electrical side. We participate in a lot of planning to ensure that we keep the surgery suites up and running while we build," he said. "We work very well as a team."

## Louis Fors Hill: Continuing a Family's History with United

The family of Louis Fors Hill, United Hospital, and the city of St. Paul share a dense web of connections.

Hill, a member of the board of directors of United Hospital Foundation (UHF), belongs to a legendary St. Paul family. His great-grandfather was James J. Hill, builder of the Great Northern Railway and an entrepreneur who was instrumental in the growth of the Upper Midwest, the Great Plains, and the Pacific Northwest.



Louis Fors Hill

Louis Hill's service to United began in the 1980s, when he served for 12 years on the United Hospital board of trustees, including three years as chairman. Hill joined the foundation board of directors in 1992.

Hill enjoys telling about his family's ties to United and St. Paul, which date back 160 years.

James J. Hill came to St. Paul from Ontario as a teenager in the 1850s, starting as

a clerk for a steamboat company. His boardinghouse roommate for a time was Charles T. Miller, who went on to make his fortune in land and lumber.

After Miller's death, his widow made a donation to establish the Charles T. Miller Hospital in St. Paul. (Miller and St. Luke's Hospitals consolidated to form United in 1972.)

The Hill family has long supported both Miller and United. Hill's grandmother Maud donated \$50,000 in the 1950s to support the Research Fund at Miller, he said. "The Research Fund is a predecessor organization to the United Hospital Foundation," Hill explained.

While Hill was growing up in St. Paul, his mother Elsi was active in the Women's Auxiliary at Miller, then United. Elsi, with her friends Grace Beek, Patty Worthing and Clara Harris, ran the hospital gift shop, which was originally staffed by volunteers.

After graduating from the University of Minnesota, Hill worked in the family's foundry, mining, and timber businesses. He lived in Oregon for 12 years, then returned to Minnesota.

He serves as president of Rockwood Capital Management, which manages the Hill family assets, and also leads several other family-owned businesses. Hill chairs the Grotto Foundation, one of the Hill family's foundations. He served on a number of nonprofit boards, including Hazelden Foundation, Hamline University, and the Minnesota Council on Quality.

At United, Hill has lent his expertise in finances and investments. He's seen the tremendous impact of forward-thinking physicians at United, whose visions for improved care have been made possible by key donors. "United would not be its present size without philanthropy," he said.

Hill firmly believes in the power of philanthropy in America. "The United States is the most philanthropic country in the world," he said. "We do things differently here."

## Patrick Mazorol: Focusing on Donors' Interests, United's Needs

Patrick Mazorol brings a wealth of skills to the board of directors of the United Hospital Foundation (UHF). His executive experience includes law, financial services, fundraising and nonprofit administration, plus a term as a state legislator.

An attorney, Mazorol started his career in private practice. Among his services were estate planning and advice for clients on making charitable donations.

Mazorol held three executive positions in his 20-plus years in the financial services industry. Most recently, he was the CEO of Securian Trust Company in St. Paul. Since 2010, he has served as the senior vice president for university relations at Bethel University in Arden Hills. As a member of Bethel's senior leadership team, he oversees its development department, Bethel Foundation, and works with the foundation board and the university's constituent relations department.

"I work with major donors, corporations, and foundations that give to Bethel University and oversee management, reporting, and investment of their gifts," he explained. "My background in law and financial services definitely plays into my work at Bethel."

On UHF's gift acceptance committee, Mazorol brings his expertise in meshing donors' interests with the foundation's responsibilities. The committee advises the board on non-cash gifts such as real estate, assuring that the foundation's policies for owning, managing and selling such assets are followed.

In addition, Mazorol serves on the UHF investment committee. "We know that donors are interested in safeguarding the foundation's assets and maintaining funds for the purpose for which they were given. Those are key things we address," he noted.

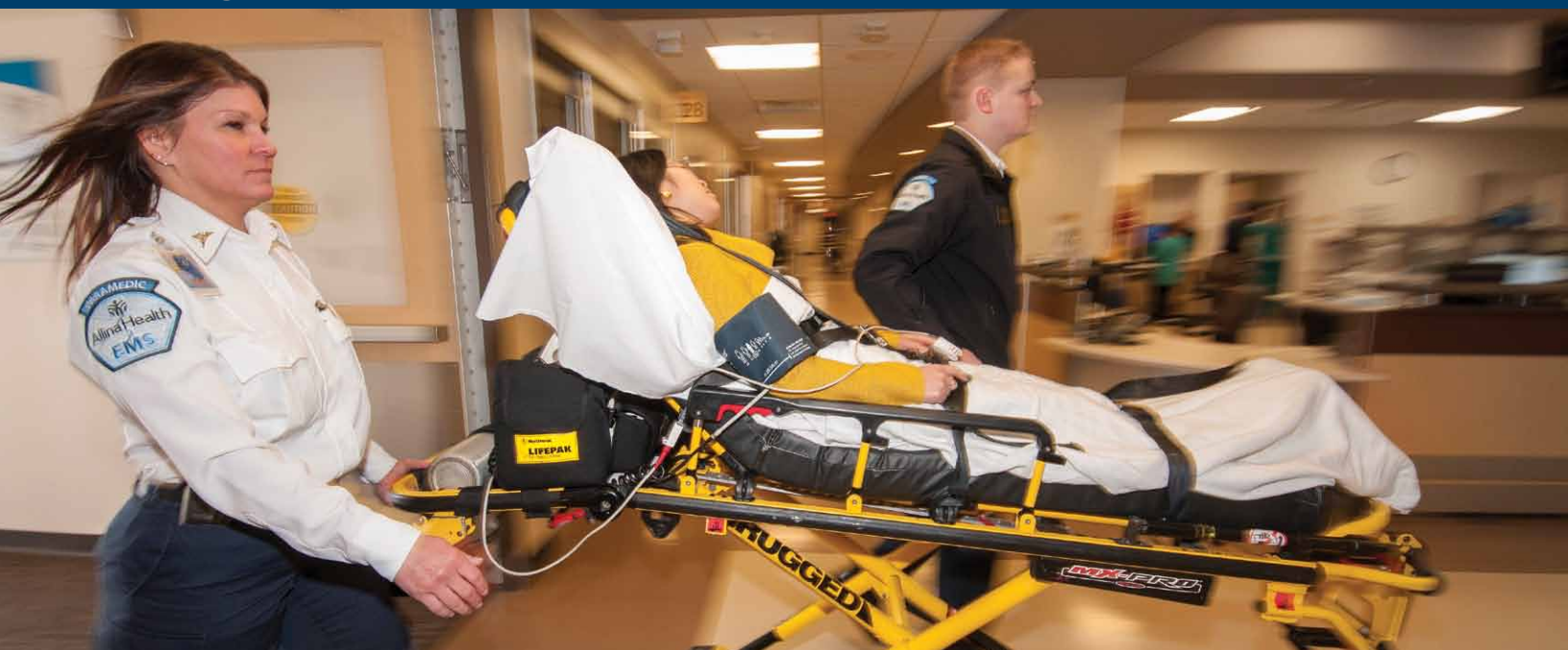


Patrick Mazorol

A resident of Bloomington, Mazorol served in the Minnesota House of Representatives from 2011 to early January 2013, representing areas of Bloomington and Edina. Among his accomplishments was serving as vice chair of the Judiciary Committee, which set policies and budgets for the state court system.

Mazorol said his legislative experience gave him a new appreciation for philanthropy's role in funding the staff, facilities and equipment that create excellent health care at United. He highlighted these donor-funded renovations: the Peter J. King Emergency Care Center; and the Elaine S. Larson Surgical Center, which will open in 2014.

He looks forward to greater support for health care charities like UHF. "People tend to become engaged in philanthropy where they see the need," Mazorol said. "With our aging population, more and more people need health care. Health care as a charity will move to the top of the list."



## New Observation Unit Enhances Emergency Care

United Hospital opened a new observation unit for patients from the Peter J. King Emergency Care Center in February 2013.

“This 12-bed unit, which is adjacent to the emergency department (ED), allows us to provide seamless and consistent care for patients who need observation, but don’t need to be admitted,” said Steve Horstmann, patient care director who manages the ED.

Patients are clinically evaluated for up to 16 to 18 hours to determine whether discharge or admission is appropriate. They are cared for by registered nurses from the ED and United’s hospitalist physicians.

“We are confident this new unit will enable us to streamline the flow of patients in the emergency department, allowing us to provide the right type of care at the right time,” Horstmann explained.

Hospitals around the nation have seen a dramatic rise in the use of observation for patients as an alternative to hospital admission.

## Emergency Department Continues to Serve More Patients, Faster

The Peter J. King Emergency Care Center at United Hospital continues to serve more patients each year.

United’s Emergency Department (ED) was renovated in 2011 to give patients faster, easier access to emergency care. The \$24 million renovation, funded by donations, created more space, upgraded technology, and enhanced United’s ability to respond to a major emergency in the community.

In 2012, the ED served 11 percent more patients than the previous year, for a total of 52,378. Since 2010, numbers of ED patients have increased 32 percent.

The new ED is meeting its goal of serving patients more quickly. After a patient arrives, “We get the patient into a treatment room in less than five minutes, on average,” said Steve Horstmann, patient care director. The patient then sees a health care provider in less than 10 minutes. These waiting times rank United very highly among EDs in Minnesota and the United States.

Patients are responding favorably, with a 15 percent improvement in surveys of patient satisfaction in 2012.

Patients can learn the current waiting time in the ED from their mobile phones or computers on the home page of United’s website ([unitedhospital.com](http://unitedhospital.com)). The ED waiting time is updated every 15 minutes.



# Sister Kenny® Rehabilitation Institute and Courage Center Announce Merger

In a bold move to advance the care and services for the disability community, the Sister Kenny® Rehabilitation Institute and Courage Center will merge in summer 2013. The integration of these longstanding pillars of the health care rehabilitation community will create a leading, integrated service for individuals and families dealing with disabilities.

Sister Kenny and the Courage Center have long histories of advocating for the health and well-being of people with disabilities. The partnership will allow full integration of the two organizations with individuals and families benefitting from streamlined, coordinated services. This will be a uniquely comprehensive continuum of care including inpatient, outpatient and community-based rehabilitation services designed to keep people healthy and independent.

Courage Center's clinical programs will merge with those of Sister Kenny, and the organizations will look for opportunities to integrate clinical care, community-based services, research, innovation, public policy and advocacy.

"We are thrilled about what the coordinated strengths of our organizations will mean to the community," said Penny

Wheeler, MD, chief clinical officer of Allina Health. "By combining the two, we blend the clinical care expertise of Sister Kenny with the exceptional programming, advocacy and community programs of Courage Center. In doing so, we can coordinate care, improve health and positively affect the lives of people with disabilities."

"As an advocate on behalf of people with disabilities, we recognize that one of the challenges our clients face is a fragmented system of rehabilitation services that is hard for both clients and providers to navigate. By partnering to create a more seamless experience, we will make it easier for our clients to get the care they need, which is key to improving outcomes," said Jan Malcolm, chief executive officer of Courage Center.



## United Reaches Out to Improve Health

How can United Hospital help the communities it serves enjoy better health?

That's the challenge that United will address in 2013, as part of the Affordable Care Act, the federal health reform law. The law requires each hospital to perform a community health needs assessment, then create a plan for how to improve community health.

"This is more than just a part of an ongoing conversation with the Internal Revenue Service around hospitals maintaining their nonprofit status," said Heather Peterson, community engagement director for the east metro region of Allina Health. "It's truly about United's long-standing commitment to improve community health by partnering with community members and listening to their needs and ideas to promote health and prevent disease." She noted that hospitals have long reported on the benefits they provide to the community.

United's activities to conduct the needs assessment started in 2012, with an extensive review of available data and two

sessions in which representatives from community agencies reviewed health data, specific to the metro area.

Joining the discussion, which focused on underserved groups, were staff from the St. Paul-Ramsey County departments of health and public housing, Amherst H. Wilder Foundation, Neighborhood House, West Seventh Community Center, and a wide variety of other community-based, non-profit program and service providers. In 2010, United also hosted community health dialogues, which helped guide the current discussion and partnerships.

Participants identified three potential areas of focus for United: obesity, lack of physical activity, and access to health care. In February and March 2013, residents shared their perspectives on these issues and offered ideas about what United could do to address these community health needs.

"A plan for how United will address community health improvement issues in the St. Paul community will be assembled later this year," Peterson said.



## Celebrating the Hearts of Women

Mothers, daughters, granddaughters and friends came together to recognize American Heart Month at the Celebrating the Hearts of Women Tea hosted by the United Hospital Foundation on Feb. 12.

More than 95 women attended the English Tea, held at The Saint Paul Hotel, to learn about the signs and risk factors associated with heart disease and other heart health tips specific to women. Guest presenters were Elizabeth Touhy, MD, cardiologist at United Heart & Vascular Clinic (UHVC), and Maureen Doran, nutritionist. In addition, attendees learned of the programs and services available through the Nasseff Heart Center at United Hospital and UHVC.

United and UHVC are proud to rank in the top 10 percent of hospitals in the nation for opening blocked arteries in the heart quickly. The faster a patient's arteries are opened, the greater chance for reducing heart damage and recovering successfully. This is just one of many remarkable achievements that showcase the quality partnerships, dedicated staff and state-of-the-art techniques that make the Nasseff Heart Center a state and national leader in heart care.



## Ways to Support United Hospital Foundation

### 1. Attend a 2013 United Hospital Foundation Event

#### United Hospital Golf Classic

July 29

White Bear Yacht Club, White Bear Lake

#### 3M Senior PGA Championship

July 29 - August 4

Tournament Players Club, Blaine

#### Service to Humanity Gala

September 28

St. Paul RiverCentre

For additional information about United Hospital Foundation events, please call the Foundation office at 651-241-8022 or e-mail [unitedhospitalfoundation@allina.com](mailto:unitedhospitalfoundation@allina.com). Or, visit [unitedhospital.com/unitedfoundation](http://unitedhospital.com/unitedfoundation).

# Clinic Opens for Women at High Risk of Breast Cancer

Women who are concerned about their risk of developing breast cancer have a new resource at the Breast Center of United Hospital.

The High Risk Breast Clinic offers a comprehensive assessment of breast cancer risk and a plan for ongoing monitoring and management. “We want to help women who should be monitored closely for breast cancer,” explained Omer Sanan, MD, of Aspen Medical Group, one of the surgeons who sees patients in the clinic and a specialist in breast cancer surgery.

Patients meet with a registered nurse, surgeon, and genetic counselor. The clinic staff evaluates each patient’s medical history and the relevant histories of close family members. An individualized management plan is created, including coordination of breast cancer screenings and options for reducing breast cancer risk.

The goal of screenings is to discover breast cancer at the earliest possible stage, when it’s most treatable. Certified genetic counselor Ashley VanDenBoom, MS, works with women who may benefit from genetic testing, recommending the most appropriate strategy for the family.



Some women have found that a clinic visit lessened their anxiety. “They had assumed their own risk of breast cancer as being far higher than we did,” Dr. Sanan said. “Some of our patients have been very relieved that their risk, quantified through our models of risk assessment, is actually quite small.”

For information or an appointment at United’s High Risk Breast Clinic, call 651-241-8300.

## 2. Give Online

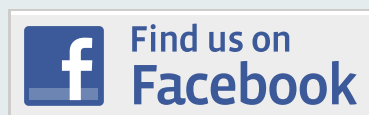
United Hospital Foundation news, events, publications and online giving options are posted at [unitedhospital.com/unitedfoundation](http://unitedhospital.com/unitedfoundation).

To access the secure and protected online giving page, visit [unitedhospital.com/foundation](http://unitedhospital.com/foundation), click on the “Give Now” button in the left-hand navigation bar and complete the form. It’s that easy.

Your gift is tax deductible and 100 percent of your gift will support the program or service to which you direct your gift.

## 3. Follow Us on Facebook

Show your support for United Hospital by “liking” our official Facebook page at [facebook.com/UnitedHospital](http://facebook.com/UnitedHospital).



## MEMBER BENEFITS: SUMMIT, JOHN T. ROGERS AND CHARLES T. MILLER SOCIETIES

Thanks to the annual support from generous donors, United Hospital continues to be strong. Your support enables United Hospital Foundation to invest in important projects, providing the best in quality health care for our patients. Outlined below are the benefits to becoming members in the Miller, Rogers and Summit Societies for annual giving. As you read on page 30, the wife of Charles T. Miller made a donation to establish the Charles T. Miller Hospital, which is one of our benefit societies.

### Summit Society (\$1,000 - \$4,999)

#### Concierge Services

A foundation officer may assist you in arranging United Hospital private room accommodations (based on availability). Your immediate family members will be provided free parking in any of the hospital parking ramps. The Summit Society Room, located in the foundation office, is available for family use and is equipped with telephone, computer and television with access to copier and fax machines.

#### Lipschultz Guest Apartments

Assistance with housing arrangements at the Lipschultz Guest Apartments. Room fee applies.

#### Lunch with the President

An exclusive opportunity to lunch with Tom O'Connor, United Hospital president. Lunch with Tom will be held in the spring and fall. A great opportunity to hear firsthand what is currently taking place on campus as well as what the future holds.

#### Meet the Experts

Luncheons provide members the opportunity to meet with a physician in small groups and obtain insight into their health care. Depending on the topic, health screenings may also be available.

#### Milton M. Hurwitz ExerCare Fitness Center

Enjoy a seven-day pass at the Milton M. Hurwitz ExerCare Fitness Center – the only medical fitness center in the Saint Paul area – exercising within a medically supervised environment. Physician approval may need to be obtained before participating.

#### United Hospital Gift Shop

Receive a 25 percent discount on every \$50 spent on gift merchandise.

#### Foundation Newsletter

Be the recipient of the Report to the Community, Summer and Fall Foundation newsletters highlighting not only foundation news but United Hospital as well.

#### Recognition

Be listed with a select group of donors on the Heritage Wall located in the United Hospital lobby as well as in the annual Report to the Community.

#### Invitation to Special Events

United Hospital Foundation hosts the United Hospital Golf Classic, 3M Championship and the Service to Humanity Gala. You will be invited to attend and/or participate in these premier events. Supporting these events strengthens United Hospital in the community and changes the lives of many.

#### Member Benefits Questions

Contact Cindy Early, Major Gifts Manager: 651-241-8027 or [Cindy.Early@allina.com](mailto:Cindy.Early@allina.com)



# John T. Rogers Society (\$500-\$999)

|   |  |
|---|--|
| Meet the Experts                          | Luncheons provide members the opportunity to meet with a physician in small groups and obtain insight into their health care. Depending on the topic, health screenings may also be available.   |
| Milton M. Hurwitz ExerCare Fitness Center | Enjoy a three-day pass at the Milton M. Hurwitz ExerCare Fitness Center – the only medical fitness center in the Saint Paul area – exercising within a medically supervised environment. Physician approval may need to be obtained before participating.  |
| United Hospital Gift Shop                 | Receive a 15 percent discount on every \$50 spent on gift merchandise.   |
| Foundation Newsletter                     | Be the recipient of the Report to the Community, Summer and Fall Foundation newsletters highlighting not only foundation news but United Hospital as well.   |
| Recognition                               | Be listed with a select group of donors on the Heritage Wall located in the United Hospital lobby as well as in the annual Report to the Community.  |
| Invitation to Special Events              | United Hospital Foundation hosts the United Hospital Golf Classic, 3M Championship and the Service to Humanity Gala. You will be invited to attend and/or participate in these premier events. Supporting these events strengthens United Hospital in the community and changes the lives of many. |

# Charles T. Miller Society (\$250-\$499)

|   |  |
|---|--|
| Meet the Experts                          | Luncheons provide members the opportunity to meet with a physician in small groups and obtain insight into their health care. Depending on the topic, health screenings may also be available.   |
| Milton M. Hurwitz ExerCare Fitness Center | Enjoy a day pass at the Milton M. Hurwitz ExerCare Fitness Center – the only medical fitness center in the Saint Paul area – exercising within a medically supervised environment. Physician approval may need to be obtained before participating.  |
| United Hospital Gift Shop                 | Receive a 10 percent discount on every \$50 spent on gift merchandise.   |
| Foundation Newsletter                     | Be the recipient of the Report to the Community, Summer and Fall Foundation newsletters highlighting not only foundation news but United Hospital as well.   |
| Recognition                               | Be listed with a select group of donors on the Heritage Wall located in the United Hospital lobby as well as in the annual Report to the Community.  |
| Invitation to Special Events              | United Hospital Foundation hosts the United Hospital Golf Classic, 3M Championship and the Service to Humanity Gala. You will be invited to attend and/or participate in these premier events. Supporting these events strengthens United Hospital in the community and changes the lives of many. |

# Charitable Giving – How Long Will Status Quo Last?



Larry Gamst, the managing principle of DS&B Ltd., is a board member of the United Hospital Foundation.

In early January, Congress enacted and the President signed the American Taxpayer Relief Act of 2012. After its passage, one could probably hear a collective sigh of relief from many sectors of the public, including those in the nonprofit sector. We heard constant rhetoric about the need to overhaul our current tax system. We heard about limitation of itemized deductions as a possible solution. We heard about raising taxes on the top 2 percent of taxpayers, defined as having income over \$250,000 as a couple.

When the dust settled, the Bush-era income tax cuts were retained by many people, who did not exceed a much higher threshold. What does this mean for you in regards to charitable giving? In this article, I will try to give you some guidance for 2013 and beyond.

First, rate changes for some, the 3.8 percent additional tax on certain investment income and the Pease limitations on itemized deductions will have a direct effect on whether a current contribution will have maximum tax benefit to the donor. These changes will require one to spend more time with their tax advisors prior to making direct or indirect gifts of cash or property. So, on the one hand, if a person is subject to higher rates, they get more benefit from a charitable deduction. On the other hand, their total deduction may be less valuable because of a greater limitation overall.

Second, having more certainty in the estate tax arena may lead one to look more closely at making charitable transfers by will rather than by current giving. Once again, meeting with your tax advisors, you can address the benefits of current giving over testamentary giving. Be prepared to hear from many charities regarding their wills programs, as there is now greater assurance that tax policy will not constantly change this arena.

Third, while the final effects on this arena could have been quite a bit harsher, on a balance the Act was kind to philanthropy. The fact is that tax laws have, throughout much of our history as a country, generally provided incentives to provide for the benefit of many through a distribution of wealth to organizations that promote a greater quality of life.

In conclusion, you can expect to hear continued calls for your assistance to many organizations throughout 2013 and beyond. You will hear that, as with any tax legislation, it is likely that continued changes will occur or be required, and that you have no better time than the present to act.

If you would like information about planned giving,  
contact United Hospital Foundation at 651-241-8022.

# United Hospital Foundation Funds

## **BIRTH CENTER**

This fund provides resources for programs and equipment for one of the state's busiest birth centers.

## **CAL CALMENSEN PULMONARY AND CARDIAC EDUCATION FUND**

The fund provides for pulmonary and cardiac education for patients and staff at United Hospital.

## **CARDIOLOGY RESEARCH FUND**

The vision is to be a leader in clinical cardiology and provide the highest level of quality research service. The fund helps expand the knowledge of current and developing therapies.

## **DIABETES FUND**

A health care team works together to find the best way to manage diabetes. This fund provides support for diabetes programs and projects. United Hospital is Joint Commission certified for inpatient diabetes care program. Our program is in the top 1 percent in the nation.

## **JESSE E. EDWARDS ENDOWMENT FUND**

This cataloged collection of nearly 24,366 human hearts and 88,000 photographic slides provides a unique learning and working opportunity for local, national and international physicians, which benefits every person with the potential for heart disease. The endowment fund keeps the registry here at United.

## **HEART UNITED FUND**

The Nasseff Heart Center offers comprehensive care from diagnosis to rehabilitation.

## **ELAINE S. AND ROBERT E. LARSON ENDOWMENT**

This fund supports the designation of a medical director position of the Stroke Intervention Center within the Nasseff Neuroscience Center, which already has the components for a stroke center of excellence in place, including experienced staff, interventional radiological treatments, rehabilitation services, screenings, prevention and risk-reduction programs.

## **LIPSCHULTZ GUEST APARTMENTS ENDOWMENT FUND**

The apartments offer a place for families to stay when a loved one is hospitalized. This fund helps subsidize guests who can't afford to pay for the service.

## **MEDICAL EDUCATION AND RESEARCH ENDOWMENT FUND**

This resource is funded entirely by physicians and provides grants for clinical research, educational opportunities and the purchase of ancillary equipment.

## **MILTON M. HURWITZ EXERCISE FITNESS CENTER FUND**

The Milton M. Hurwitz ExerCare Fitness Center provides medically safe and effective exercise and education programs to patients, their families and the community.

## **NEUROSCIENCE UNITED FUND**

The John Nasseff Neuroscience Institute offers comprehensive services, including a multi-disciplinary team for acute and long-term care, and serves as a research and education center to patients with neurologic disorders.

## **ELAINE S. LARSON SURGICAL CENTER CAMPAIGN**

The campaign supports the renovation of the United Hospital operating rooms. Upgrades bring state-of-the-art technology and capabilities to continue providing exceptional care. To be completed in January 2014.

## **PETER J. KING EMERGENCY CARE CENTER AT UNITED HOSPITAL FUND**

United's Emergency Department, one of the busiest in the Twin Cities, was expanded to continue to meet the needs of our community as we respond to life-threatening injuries and illness, as well as the possibilities of terrorist threats, large-scale natural disasters and worldwide epidemics.

## **ADDITIONAL FUNDS**

Jim Adamski Complementary Therapy Fund  
Behavioral Health Services Fund  
Breastfeeding Resource Center  
Cancer Care and Research Fund  
Cardiovascular Health Improvement Fund  
Center for Caring Chapel/Pastoral Care/Spiritual Care Fund  
Claussen Scholarship Endowment Fund  
Community Partnership Fund  
Dr. C. Richard Guiton Ethics Fund  
Dr. Karon Pulmonary Disease Fund  
Employee Fund (EFAC)  
Equipment Fund  
Faye Ann Johnson Memorial Education Fund  
Free Care Endowment Fund  
G. Kamman Tumor Conference Fund  
General Fund  
Heart/Lung Endowment Fund  
John & Delores Holl Endowment Fund  
Lawson Family Donor Advised Fund  
Medicine Fund  
Newman Breast Cancer Fund  
Maureen Smith Nursing Education Fund  
Olivia Birth Center Fund  
Oncology Endowment Fund  
Pain Center  
Ragon Cardiac Fund  
Rifkin Cardiac Fund  
Rinkey Cardiovascular Endowment Fund  
St. Paul Cardiothoracic Surgical Services  
Sam Singer Memorial Fund  
Sharon K. Willbrandt Memorial Fund  
Volunteer Fund

To make a donation to any United Hospital Foundation Fund, please call the United Hospital Foundation at 651-241-8022 or visit us online to learn more about planned giving at [www.unitedhospital.com/unitedfoundation](http://www.unitedhospital.com/unitedfoundation).

# United Hospital Donor Tributes

United Hospital Foundation's Honoring Program offers a distinctive and meaningful way to remember, honor, pay tribute or recognize those important people in your life. By giving in remembrance, you offer a gift of lasting memory.

United Hospital's continued strength results in large measure from the support received from generous individuals like you. The financial commitment of our community members enables United Hospital Foundation to invest in important projects at United — supporting the best in quality health care for our patients while meeting the needs of our donors.

The following are memorial/tribute gifts received from Oct. 4, 2012, to Feb. 13, 2013.

## IN MEMORY OF

|   |  |   |   |  |
|---|--|---|---|--|
| <b>Harry Bader</b><br>Margie and Steve Krause             | <b>Calvin A. Heuer</b><br>Mr. and Mrs. Kim L. Frick              | <b>John D. Kenney</b><br>Alan J. Bank, MD                   | Donna and Dale Sylvester<br>Lenore and Robert Weber                     | <b>Todd Steffenson</b><br>Tammi and Daniel Barnes                              |
| <b>Annie Bahneman</b><br>Rebecca and Michael Murray       | <b>Margaret M. Jaworski</b><br>Scott and Joyce Bruce             | <b>George V. Kinney</b><br>Stacy Schrofer                   | <b>Marion McMullen</b><br>Betty Adam                                    | <b>Britta F. Strom</b><br>Linda Beltz  |
| <b>Thomas Bolanos</b><br>Jennifer B. Galang               | Theresa and Tom Clark  | <b>David Kispert, MD</b><br>United Hospital Medical Staff   | <b>LeVonne Mulrooney</b><br>Audrey Brucker                              | Susan Blossom and James<br>Nonnemacher   |
| <b>Thomas M. Conlin</b><br>Carol and Jerry Mulcahy        | Mr. and Mrs. John B. Demarre<br>Dick Drude                       | <b>Fern Koelbl</b><br>Jerry and Shari Nelson                | <b>Sophie Nelson</b><br>Beverly J. Kilbury                              | Connie and Randall Gunderson<br>Lois and William Magnuson                      |
| <b>Lucian Cornea</b><br>Razvan Cornea                     | Andy and Tiffany Fuenffinger<br>Michael Godfrey                  | <b>Guzzie Kuller</b><br>Marjorie Edwards                    | <b>John G. "Smokey" Ordway, Jr.</b><br>Richard and Nancy Nicholson Fund | Kathy and Jeffrey Palodichuk<br>Jolene and Tedd Peterson                       |
| <b>Hale "Dusty" Dustin, Sr.</b><br>Joe and Sandy Schaaf   | Lucy and Judy Halterman<br>Betsy and Scott Kophamer              | <b>Marjorie Larson</b><br>Beda Lewis                        | <b>Warren Peterson</b><br>Ruby M. Johnston                              | Bradley and Becky Sockness<br>Pamela and Mark Storkamp                         |
| <b>Louis Eichhold</b><br>Anne Handahl                     | Jim and Sally McCartin<br>Tom and Gina McCauley                  | <b>Elaine Larson</b><br>Sharon Overbaugh                    | <b>Madeline Muller Peterson</b><br>Dennis and Kathy Peterson            | Donald Strom and Colleen Connolly<br>Kristine Strom                            |
| <b>Herbert A. Elmstrom</b><br>Sandra Elmstrom             | Gary Orloff<br>Charles Orme                                      | <b>Robert P. Linstroth</b><br>John Nasseff and Helene Houle | <b>Edward A. Piermantier, Jr.</b><br>The Piermantier Family             | Patty and Richard Wolters  |
| <b>Sara W. Engelbert</b><br>Gene Engelbert                | Julie Russell<br>Gary Schult                                     | <b>Ross Lundgren</b><br>Susan Lundgren                      | <b>Henry Preiner</b><br>John and Marion Bergstrom                       | <b>Joyce M. Thamert</b><br>Drs. Gerald L. Moriarty and<br>Patricia E. Penovich |
| <b>Barbara Hervieux Enterline</b><br>Pat and Jerry Kubash | Kenny and Karen Siepel<br>Heather Singel                         | <b>Mildred Macken</b><br>Nancy and Steven Struthers         | <b>Dorothy Schadegg</b><br>Tiffanea Mulder                              |  |
| <b>Arthur and Constance Goodman</b><br>Stephanie Goodman  | Gloria and George Sirbasku<br>Robert Smythe                      | <b>Eleanor McGee</b><br>Bobby McGee                         | <b>Edwin L. Schultz</b><br>Yvonne Shields                               |  |
| <b>June Goor</b><br>Lou and Ida Lee Hurvitz               | Donna and Dale Sylvester<br>Patricia Thielen                     | Dione and Timothy Murray<br>Janice and Michael Pinsonneault | <b>Doris Sjostrom</b><br>Lou and Ida Lee Hurvitz                        |  |
| <b>Gary Gustafson</b><br>Dr. and Mrs. Irving J. Lerner    | Kimberly and John Wright<br><b>James T. Kane</b><br>Jean C. Kane | Phyllis Stromberg and<br>Andrew Marlow                      | <b>Maureen Smith</b><br>Gary and Pam Smith                              |  |

## IN COMMEMORATION OF

|   |  |  |
|---|--|--|
| <b>Adrian D. "Skip" Marsden</b><br>Susan J. Markham | <b>Sharon K. Willbrandt</b><br>Thomas and Kathryn Hill | Mr. Joseph J. Schaaf<br>Jim and Leslie Studenski |
| <b>Maureen Smith</b><br>Gary and Pam Smith          | Ken and Sue Olson<br>Mr. and Mrs. Joseph J. Schaaf     | <b>Olivia Wittman</b><br>Joan and Wayne Wittman  |



MEMORIAL GARDEN

LILACTREE-IN MEMORY OF SON

Virgil Lucian Stangu  
Livia L. Stangu

BUY A BRICK PROGRAM

Ruth A. Kimler  
William Diers  
Deborah Klein  
Stacey Lindorff

Shane Madsen  
Patti Mushel  
Jamie Rassett  
Irina Vinokur

Mary Jo Tydlacka  
William Diers  
Deborah Klein  
Stacey Lindorff  
Shane Madsen

Patti Mushel  
Jamie Rassett  
Irina Vinokur

IN CELEBRATION OF

Lara Shinkle  
Chris J. Shinkle

HAPPY BIRTHDAY

Karen and Seth Chlebeck  
Mike and Karen Boland

Jon V. Thomas, MD  
Katharina and Stephen Liston

IN HONOR OF

Solveig Sofia Johnson

Kristi and James Hogan  
Yunli Jia and Mengnai Li  
Melody Johnson  
Jonathan and Aleeta Wicklund

Gene and Bonnie Nugent

Len and Barb Bunge

Joan C. Thompson

Mary Friedmann  
Marc Johnson

Bob Wittman

Joan and Wayne Wittman

Cheryl and David Wittman

Joan and Wayne Wittman

Nancy Wittman

Joan and Wayne Wittman

UNITED HOSPITAL

Mary Beth Dunn, MD

Mary and Louis Cotterell  
Margaret Wedell

Emergency Department

Doctors & Nurses

Janet and Jerry Fine

Joseph McRaith, MD & Staff

E. Eugene Engelbert

Newborn Nursery

Terry Alt

William B. Ogden, MD

Michael and Charlene Sheahan

Brian Prokosch, MD

Charles Terzian, MD

United Hospital marketing staff,

Terri L. Dresen

Sally A. Thompson

Doctors, Nurses, Staff

Thomas Wilson

If you would like to honor, remember or celebrate someone or an event, please complete the enclosed honoring envelope and send it along with your donation to the United Hospital Foundation. Thank you.

# The Heritage Society

The Heritage Society is our way of acknowledging donors who make the Foundation part of their estate plan or who provide perpetual support of our hospital through the creation of an endowment fund. These generous individuals are shapers of the future, making their mark with gifts that will benefit generations to come. An estate gift is so much more than a donation. It is a charitable act that provides a steady stream of support that allows the Foundation to respond to changing needs — forever.

To become a member of the Heritage Society, all you need to do is inform us of the provision you have made for the Foundation in your will or trust. The amount can vary and does not have to be disclosed. You may remain anonymous if you wish.

For more information, please contact the United Hospital Foundation at 651-241-8022. Confidential consultation on charitable giving with foundation staff or other experts is available.

We recognize and thank the following members of the Heritage Society:

|                             |  |                                |   |   |
|-----------------------------|--|--------------------------------|---|---|
| Duke Adamski                | Cindy and Bill Early                             | Joseph B. Hreha                | Mark and Joan Mishek                          | Craig and Leah Schmalz                        |
| Darcy Andahl                | Mina Fergestad                                   | Mary L. Huberty                | Lucille Moeller                               | Dolores M. Schram                             |
| Gudfinna Angevine           | James Flink, MD and Diane Uecker-Flink, R.N.     | Rose Hutterer                  | Joan Muhlenkord                               | William C. Schram, Jr.                        |
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