

# Professional Development

## United Hospital Nurses Participated in the Following Professional Organizations

Academy of Medical-Surgical Nurses	International Association of Forensic Nurses
Alpha Chi All Academics	Minnesota Nurses Association
American Academy of Nurse Practitioners- student member	Minnesota Organization of Leaders in Nursing
American Association Diabetes Educators	Minnivan
American Association of Critical Care Nurses	MN Home Care
American Case Management Association	National Association of Clinical Nurse Specialists
American Nurses Association	National Nurses United
American Nursing Association	Nurse Practitioners in Women's Health
American Organization of Nurse Executives	Oncology Nursing Society
American Society for Pain Management Nursing	Online Doctor of Nursing Practice
Association of periOperative Registered Nurses	Preventive Cardiovascular Nurses Association
Association of Women's Health, Obstetric and Neonatal Nurses	Sigma Theta Tau International
Emergency Nurses Association	Society of Critical Care Medicine
Health Management Association	Society of Gastroenterology Nurses and Associates
	Twin Cities Diabetes Educators

## Research at United

### Presentations

#### Poster

**Evaluation of a System to Screen for Heart Failure Associated with Pacemaker-Induced Dyssynchrony.** Presented by Margorie Webb, RN, DNP, CNP, UHVC at the American Association of Heart Failure Nurses.

**The Effect of the Clinical Nurse Specialist: Utilizing Prescribing Authority to Influence the Quality and Cost Effectiveness of Outcomes.** Presented by Jody Leise, RN, MS, ACNS-BC; Pam Triplett, RN, CCRN, MS, ACNS-BC; Katie Westman, RN-BC, MS, ACNS-BC and Melissa Fritz, RN, CNRN, MS, ACNS-BC at the National Association of Clinical Nurse Specialists, Minnesota Chapter.

**Use of Seclusion: Finding the Voice of the Patient to Influence Practice.** Presented by Kristine Faschingbauer, BSN, RN, Float Pool and Wendy Tempel, RN, MHS, at the University of Minnesota Nursing Research Day.

#### **Growing Your Own Clinical Nurse Specialists.**

Presented by by Katie Westman, RN-BC, MS, ACNS-BC and Melissa Fritz, RN, CNRN, MS, ACNS-BC at the University of Minnesota Nursing Research Day.

**Integrating Palliative Care into the ICU: A Nurse Led Quality Improvement Project.** Presented by Laura Lathrop, RN, DNP, CNP, palliative care at the Minnesota Nurse Practitioner Conference.

**Moms-to-be Exercise Video: Empowering Women to Take Charge.** Presented by Mary Goering, RN, MHP and Tina Olson, RN-C, Birth Center at the Association of Women's Health, Obstetric and Neonatal Nurses Conference.

## Podium

**The Caring Connection: Using Leadership Metis to Facilitate Community Outreach for Hospital-Based Nurses.** Presented by Susan Loushin, RN, DNP, professional development specialist at the University of Minnesota Nursing Research Day and at the Third National Doctorate of Nursing Practice Conference.

## Publications

**Aromatherapy Reduces Preoperative Anxiety.** Reprinted in *Massage*. 178 (Mar 2011). Rebecca Braden, RN, care management, and Sue Reichow, RN, pre-op.

**Reducing Heart Failure Readmission from Skilled Nursing Facilities.** *Professional Journal of Case Management: The Leader in Evidence-Based Practice*. 16(1); 18-26. Barbara Jacobs, RN, MHA, care management.

**Reducing Heart Failure Readmission from Skilled Nursing Facilities.** Reprinted in *Agency for Healthcare Research & Quality Health Innovations* exchange website. Barbara Jacobs, RN, MHA, care management.

**Reducing COPD Readmissions.** *Minnesota Medicine*. 94 (100). B. Anderson, MD, J. Nesvold, MD, B. Yawn, MD and Katie Westman, RN-BC, MS, ACNS-BC.

**Evaluation of a System for Screening for Heart Failure Associated with Pacemaker-Induced Dyssynchrony** [abstract]. *Heart and Lung*; 40(4): 372. Marjorie Webb, RN, DNP, CNP.

**Heart Failure Associated with Pacemaker-Induced Dyssynchrony.** *The Journal for Nurse Practitioners*; 6(5): 375-78. Marjorie Webb, RN, DNP, CNP.

## Evidence-based/Quality Improvement Projects

United Hospital supports nursing research and evidence-based practice activities of all nurses from the staff nurse at the bedside to the advanced practice nurse and other nursing leaders.

Nursing research includes the generation, dissemination and utilization of new nursing knowledge that promotes excellence in professional nursing practice. An evidence-based culture is enhanced through the

commitment at all levels of management, from our vice president of patient care to patient care directors and patient care managers, a dedicated director of nursing research and quality, our advanced practice nurses and the Nursing Research Council.

## Research

**PULSE Trial: implementation of practice standards for ECG monitoring (2008).** Kristin Sandau, RN, PhD and Maureen Smith, RN, MS, ACNS-BC, CCRN (site investigators). NIH funded. Dr. M. Funk and Dr. B. Drew (principal investigators).

**Use of Seclusion: Finding the Voice of the Patient to Influence Practice (2010).** Kristine Faschingbauer, RN, BSN, and Wendy Tempel, RN. MNAF funded.

**The Family Experience of Participating in an ICU Support Group: A pilot study (2011).** Rebecca Sharpe Wenthold, RN, BSN.

**Improving Ventilator Management and Preventing Injury to Patients with Acute Respiratory Failure (also known as LINK or Lung Injury Knowledge Network (2011).** Pam Triplett, RN, ACNS-BC, CCRN (Study coordinator). Sunnybrook Health Sciences Centre, University of Toronto, University of Washington sponsored.

## Evidence-based practice projects

**Integrating palliative care into the ICU: a nurse led quality improvement project (2011).** Laura Lathrop, RN, DNP, CNP.

**Moms-to-be exercise DVD: empowering women to take charge (2011).** Tina Olson, RN-C and Mary Goering, RN, BSN, MPH.

**Blogging: a baby friendly tool to support breastfeeding women after discharge (2011).** Laura Ingalsbe, RN, BSN.

**The Caring Connection: using leadership metis to facilitate community outreach for hospital-based nurses (2011).** MOLN funded. Susan Loushin, RN, DNP.