# Robotic Surgery Center at Mercy Hospital

The Robotic Surgery Center at Mercy Hospital is changing the way doctors operate — and the way patients recover.

Our expertly trained surgeons use less invasive robotic surgery to perform complex operations that were impossible without open surgery just a few years ago. Like other minimally invasive procedures, robotic-assisted surgery is performed through a few tiny incisions. However, it offers surgeons higher magnification, better flexibility and more precision than conventional laparoscopic surgery.

Surgeons at Mercy Hospital use robotic-assisted surgery to treat problems affecting the prostate, kidneys, bladder, uterus, heart and lung. Robotic surgery offers many potential benefits, including shorter hospital stays and a quicker return to daily activities.

# Advanced technology, increased precision

Robotic surgery is performed using advanced technology known as the da Vinci® Surgical System. The doctor sits at a console near the patient, using hand and foot pedals to control four robotic arms that hold micro-instruments and a miniature camera. The special 3D camera projects a color image to the console, giving the surgeon a view magnified 10 times.

The da Vinci robot is essentially an extension of the surgeon's hands and eyes, with the surgeon initiating and controlling every movement. It does not perform surgery by itself. The tips of the robotic arms rotate like the human wrist, allowing surgeons to use many of the same techniques they learned for open surgery. Robotic technology gives surgeons more flexibility, increased precision and greater reach even while operating through tiny incisions.



To learn more about robotic surgery at Mercy Hospital, call the Robotic Surgery Center at 763-236-6529 or visit allinamercy.org

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# What are the benefits of robotic surgery?

Although every patient and every surgery is unique, robotic surgery offers important advantages for patients and surgeons alike. The da Vinci system has been used successfully at Mercy Hospital for more than 1,000 procedures. It is considered the best surgical option for many conditions.

#### **Advantages for patients Advantages for surgeons** Increased range of motion Smaller incisions and less scarring Less pain and discomfort More precision and control Shorter hospital stay Better depth of field Quicker recovery Easier to see – visually immersed in patient's body Less blood loss and fewer transfusions Ergonomic console and seating Fewer side effects and complications Reduced risk of infection Better outcomes

# How does robotic surgery compare?

Robotic surgery is quickly becoming the preferred method for many common surgical procedures – with some physician groups at Mercy Hospital using it for 97 percent of the surgeries they perform. The innovative da Vinci system makes it possible for doctors to perform complex and delicate procedures that were impossible just a few years ago without more invasive open surgery.

Traditional open surgery	Robotic surgery
• Large incisions, often 6 to 12 inches	• Incisions usually 1 cm long
Lengthy hospital stay, several days	<ul> <li>One or two days in the hospital, some same-day procedures</li> </ul>
<ul><li> Extended recovery period</li></ul>	<ul> <li>Back to normal routine in several days to a couple weeks</li> </ul>
• Invasive procedures involve significant disruption and trauma to surrounding tissue	Precise, minimally invasive procedure

Ask your doctor or call 763-236-6529 to learn if a robotic procedure could be an option for you.

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