





# 2016 YEAR IN REVIEW and financial statement **COURAGE KENNY** FOUNDATION























### Thank you for helping us work toward a healthier, more inclusive community!



Dear friends,

You are a key part of the evolving story of Courage Kenny Rehabilitation Institute. Because of you, we meet people where and when they need us most, with quality, comprehensive rehabilitation care. In 2016, Courage Kenny Rehabilitation Institute served more than 95,000 people. Your impact is felt across the communities we serve from our hospital-to-home inpatient care to our outpatient therapy in more than 50 locations, to our wide range of community-based services.

Key 2016 accomplishments you helped us achieve include:

- The remodel of Courage Kenny Rehabilitation Institute St. Croix in Stillwater, Minn. The project was completed in January, and includes an expanded accessible fitness center, spacious therapy gym, and remodeled entrance and conference center. The total remodeling costs – \$1.1 million – was totally paid for by donations from the community. This important east metro resource serves more than 3,500 people each year.
- New robotic walking technology was added to our physical therapy options at Abbott Northwestern and United hospitals. These high-cost, cutting-edge therapy devices are used with people with spinal cord injury, stroke and other neurological conditions. Access to these devices is also enabling us to partner in national spinal cord injury research. Donations helped fund the purchase of two new pieces of advanced walking technology.
- We began one of the largest adaptive fitness and wellness destinations in the upper Midwest. This \$4.75 million project was fully funded by donations and will serve hundreds of people each year at Courage Kenny Rehabilitation Institute - Golden Valley.

We are extremely grateful for generous people like you who donated more than \$7.2 million to Courage Kenny Foundation in 2016. Through excellent services, innovative programs, research and advocacy, we are helping people achieve improved health, wellness and independence, leading to more independent and fulfilling lives. We simply could not do it without you.

Thank you for your incredible generosity,

Stephen Bariteau, president, Courage Kenny Foundation

#### Out of every dollar you donated to Courage Kenny in 2016:



\*Courage Kenny Foundation follows the national average for

- 48 cents supported community-based programs such as sports and recreation, drivers assessment and training, vocational services, and adaptive aquatics and fitness
- 16 cents supported innovative services, such as our Advanced Primary Care Clinic and our Activity-Based Locomotor Exercise (ABLE) Program
- 8 cents supported research and public policy advocacy
- 28 cents went to operations and fundraising\*

#### **2017 COURAGE KENNY FOUNDATION BOARD OF DIRECTORS**

Bruce Backberg

Stephen Bariteau

Les Brunker

Mike Chappuis

Tim DeLapp

Ross D'Emanuele

Erik Ekstrom

Tom Erickson

Mary Frey

Pete Gallus

Sherry Gydesen

Peter Hasselquist

Kevin Hykes

Tommy Johns

Ryan Johnson

Linda Krach

Andy Krane

Richard Lay

Jan Malcolm

Eric Norberg (Chair)

Eric Peterson

Teresa Pfister

Sue Piva

**Bret Puls** 

Susan Rhode

Robert J. Spencer Jr.











### **Courage Kenny Foundation Statement of Financial Position**

**January 1, 2016 – December 31, 2016** 

| ASSETS                      |              |
|-----------------------------|--------------|
| Pledge commitments          | \$372,224    |
| Investments                 | \$46,336,278 |
| Charitable remainder trusts | \$1,762,313  |
| Other assets                | \$442,086    |
| Total assets                | \$48,912,901 |

| REVENUE, GAINS AND SUPPORT                       |               |
|--|---------------|
| Contributions to Courage<br>Kenny Foundation     | \$6,523,779   |
| Investment return                                | \$(2,604,934) |
| Change in value of split-<br>interest agreements | \$(288,314)   |
| Other revenue                                    | \$15,537      |
| Total revenue, gains and support                 | \$9,432,564   |
|  |               |

| LIABILITIES                           |             |
|---------------------------------------|-------------|
| Due to/from Allina Health             | \$333,678   |
| Payable remainder trust beneficiaries | \$1,335,442 |
| Merger obligation to Allina Health    | \$3,043,437 |
| Total liabilities                     | \$4,712,557 |

| GRANTS  |             |
|---|-------------|
| Grants to Courage Kenny<br>Rehabilitation Institute | \$8,477,527 |
| Community grants                                    | \$77,814    |
| Total grants  | \$8,555,341 |

| NET ASSETS                             |              |
|--|--------------|
| Unrestricted funds                     | \$21,363,604 |
| Temporarily restricted funds           | \$13,754,089 |
| Permanently restricted endowment funds | \$ 9,082,651 |
| Total funds                            | \$44,200,344 |
| Total liabilities and net assets       | \$48,912,901 |

| CHANGE IN NET ASSETS         |               |
|------------------------------|---------------|
| Net assets beginning of 2016 | \$45,956,261  |
| Net assets end of 2016       | \$44,200,344  |
| Change in net assets         | \$(1,755,917) |

OPERATING COSTS

Thank you! You've helped us build a community based on abilities, not disabilities.

\$2,633,140

#### COURAGE KENNY REHABILITATION INSTITUTE

#### **2016 YEAR IN REVIEW**



by the Centers for Medicare & Medicaid Services for skilled nursing facilities

82% of Stroke Rehabilitation participants returned home or to their



hours



Courage Kenny Rehabilitation Associates , a professional physician/ provider group

reduction in medications taken for pain management after completion of the Chronic Pain program

Depression improved for 73% of Advanced Primary Care Clinic patients







on 630
participants
of in more than 30 adaptive sports and recreation



93%
clients who took
driving lessons passed
Minnesota State
Driver's Test



Aquatics, Fitness and Wellness

## Funded by your generous philanthropic dollars



\$113,392 research grants

to Courage Kenny



\$1.1 million
St. Croix
remodel

### 2 new

robotic walking technology devices



staff continuing education grants



scholarships averaging \$7,000

for Activity-Based Locomotor Exercise (ABLE) program