

Inspiration + Action

Inspiration and action infuse the mission of the Abbott Northwestern Hospital Foundation: to raise, steward and disburse funds for the benefit of Abbott Northwestern Hospital and the communities it serves.

Every day, we visit with donors who are inspired to help our hospital advance and make life better for someone else. Some are moved by the experiences they or their loved ones have had with illness, loss or recovery. Others are acting on deeply held values and a desire to serve our community.

Throughout this annual report, you'll meet some of these people.

Their contributions, and yours, coupled with the actions taken together with hospital leadership and staff, ensure that Abbott Northwestern Hospital continues to be a dynamic place of healing and innovation for all patients and their families.

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Jane Griffin's annual gift ensures that there are always fresh flowers in the Piper Breast Center reception area. Read more about her giving tradition on page 16.

Dear friends,

When reflecting on 2016, the one word that comes to mind is change. As donors to the Abbott Northwestern Hospital Foundation, your gifts bring immediate and lasting change for the better by improving our patient programs, research endeavors and physical spaces.

In partnership with the Foundation, donors support excellence in care and treatment delivery at Abbott Northwestern. **Thank you.**

I am pleased to share with you some of the dynamic ways donors have helped Abbott Northwestern Hospital continually improve and advance care, as well as key accomplishments of the Foundation during the past year.

- Abbott Northwestern continues to pioneer leadingedge treatments and research studies that have the potential to save and transform lives. From studying how nitrous oxide used for pain management during labor affects mothers and infants, to documenting how acupuncture helps patients recover from a mastectomy by reducing pain, nausea and anxiety, our clinical researchers are setting the standard for patient care.
- The Critical Care Campaign was successfully completed thanks to all of you who supported it! Renovations on the Rod and Barbara Burwell Emergency Department have begun and planning is underway on the Richard M. Schulze Intensive Care Center.
- Our Nursing Excellence initiative helped more than 60 nurses become certified in a specialty area, provided scholarships and awards to 38 nurses, and helped 95 nurses attend local and national conferences.

On behalf of the Abbott Northwestern Hospital Foundation Board of Directors, the Medical Staff and hospital leadership, again, thank you.

Please enjoy reading about all that your contributions help us accomplish.





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Chair, Abbott Northwestern Hospital Foundation Board

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Inspiration + Action

The \$15 million Critical Care Campaign was successfully concluded in 2016, thanks to members of the Erickson family, who came together to donate the \$450,000 capstone gift. They include Cari Erickson, a Foundation Board member, and her parents, uncle and aunt, and her cousin and his wife: Neal and Susan Erickson, Ronald and Kristine Erickson, and Brian and Susan Erickson.

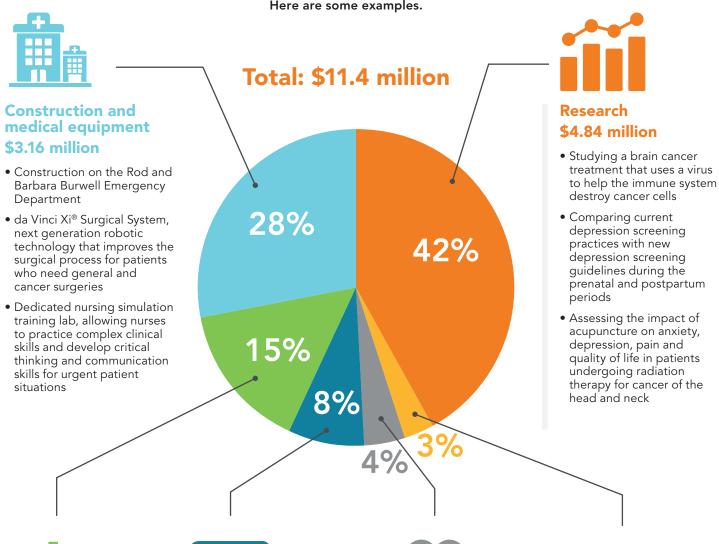
"I was about to finish my first term as a Foundation Board member and decided to invite members of my family to the hospital to take a tour. We didn't go into it with the idea that we would be making the capstone gift, but once we went on the tour, we were all so impressed with the doctors and staff that we met, and the plans for the hospital's future. We talked it over and realized that we could come together and make a difference for the hospital. We also had the opportunity to name the Rapid Care Area in the Emergency Department after my grandparents, Alfred and Rose. It's a wonderful living legacy.

"It is clear to us that helping Abbott Northwestern remain a strong, vibrant hospital is in everyone's interest, both for our family personally and for the community as a whole."



Your contributions at work

Your support made many important initiatives possible in 2016. Here are some examples.





Patient programs and education \$1.7 million

- Wheelchairs for patients and visitors to enhance safety and prevent falls
- Music therapy supplies for patients
- Support groups for postoperative cardiology and neurology patients



Clinical education \$900,000

- ECMO (extra corporeal membrane oxygenation) training for eight intensivists, helping to establish Abbott Northwestern as the Allina Health regional referral center for this highly complex treatment for severe respiratory or cardiac failure
- Nursing and allied health professional education, training and certification



Patient assistance and free care \$472,000

- Emergency financial assistance for breast cancer patients to help with everyday expenses
- Accommodation assistance for the families of long-term patients
- Prescription assistance for patients in need upon discharge



Community Programs \$331,000

- Walk-In Counseling Center, which provides mental health services at no cost
- Faith's Lodge, which provides a supportive weekend retreat for parents grieving the loss of a child
- Housing and services for formerly homeless young families through Beacon Housing

2016 Highlights

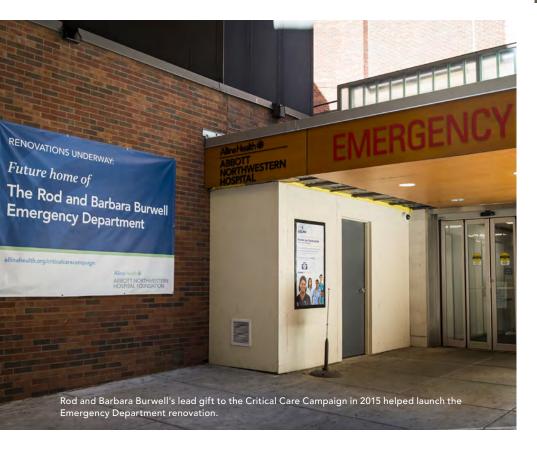
Critical Care Campaign: We did it!

Work in progress in the new entry and waiting area.



Thanks to 842 individuals, families, organizations and foundations who donated \$15 million, the Critical Care Campaign was successfully completed.

Renovation of the Rod and Barbara Burwell Emergency Department began in early October and will continue in three phases. Phase one, now underway, will focus on the lobby, triage area, low acuity area and a dedicated and secure mental health suite. Planning for the Richard M. Schulze Intensive Care Center has begun.



Sharing Abbott Northwestern's research and treatment advances



INNOVATION SUMMIT Sharing Excellence

Sharing clinical knowledge is fundamental to Abbott Northwestern's role as a regional health care resource. The 2016 Innovation Summit, sponsored by the Abbott Northwestern Hospital Foundation, was a full day of energetic

and informative sessions that highlighted care advances in diverse areas like oncology, integrative medicine, mental health, cardiology and neurology. The Foundation is proud to partner with the hospital's best and brightest minds

to offer primary care and referring physicians from around the region information about leading-edge research and treatment innovations occurring at Abbott Northwestern.

Ben Bache-Wiig, MD: A trusted partner in philanthropy

After serving as president of Abbott Northwestern Hospital for five years, Ben Bache-Wiig, MD, was asked in 2016 to take on a new role as executive vice president of the Allina Health Group and Allina Health chief clinical officer. In early 2017, Tom O'Connor, president, United Hospital, became interim president of Abbott Northwestern Hospital, while continuing his responsibilities for United.

During Bache-Wiig's tenure, many initiatives were implemented to expand, accelerate and promote Abbott Northwestern's role as a regional referral center and leader in specialty and sub-specialty care.

In partnership with the Abbott Northwestern Hospital Foundation, highlights include:

- launching the Foundation's Clinical Innovation Grants program, which grants \$1 million a year to clinicians to conduct research to improve patient care at Abbott Northwestern
- completing two major capital campaigns, the \$15 million Critical Care Campaign, which was completed in 2016, and the \$5 million campaign to open The Mother Baby Center in 2013 in collaboration with Children's Minnesota
- increasing access to around-the-clock treatment with the implementation and expansion of TeleHeart and TeleStroke sites around Minnesota
- achieving Magnet® designation from the American Nurses Credentialing Center for the second time, an accomplishment that only a small number of hospitals can claim
- partnering with Media Minefield to expand the visibility of the expertise of Abbott Northwestern clinicians. Physicians from the hospital have been frequent guests on local newscasts to share their knowledge with the public.

"Dr. Bache-Wiig has been a trusted partner in the work of the Abbott Northwestern Hospital Foundation, both in encouraging and supporting philanthropy, and in planning for the thoughtful and prudent use of Foundation funds," said Richard Meyer, president, Abbott Northwestern Hospital Foundation. "Although we'll miss working with him on a day-to-day basis, we are pleased that he remains an important ally in promoting philanthropy and fortunate that he has taken an even larger role within Allina Health."



50

5 0 Y E A R S

Internal Medicine Residency Program celebrates 50th anniversary

The Abbott Northwestern Internal Medicine Residency Program celebrated its 50th year in October with a celebration that reunited 130 alumni. A morning educational session featured lectures presented by residency program graduates. In the evening, alumni and faculty gathered for a presentation by Laurel Drevlow, MD, detailing the history of the Internal Medicine Residency Program. The reunion presented a unique opportunity for graduates from around the state and around the country to reunite and celebrate their ongoing admiration for, and connection to, Abbott Northwestern.

The Abbott Northwestern Hospital Foundation supports the Internal Medicine Residency Program with scholarships for conferences and professional education.

Welcome back: Retired and alumni nurses return to campus

The Foundation and Nursing Department had the pleasure of hosting retired and alumni nurses in August for what has become an annual tradition. They returned to Abbott Northwestern to catch up with colleagues and classmates, take tours of campus and learn about nursing initiatives and hospital projects.





Annual President's Circle gathering



Chase Sovell, MD



Plus One, Abbott Northwestern Hospital Foundation's physician giving society, marked its 10th anniversary in 2016. It was founded by Mark Migliori, MD, and T. Michael Tedford, MD, in 2006, and since then, physicians have donated \$5.8 million to support community and clinical programs, patient care services, and nursing and employee recognition.

Plus One: Physicians donate \$5.8 million over 10 years

In the last 10 years, Plus One has:

- launched the ED Cares prescription assistance fund to help Emergency Department patients in need pay for discharge medications
- provided significant support to community programs, with a special focus on youth services, including the Midtown Safety Center, Everybody Wins Minnesota (a reading program at Andersen School), South High School and Roosevelt High School scholarships, Minneapolis Park and Recreation Board youth sports and programs, National Night Out, Sharing & Caring Hands and Special Olympics
- supported a wide range of Abbott Northwestern clinical departments and patient care services
- funded Nurses Week activities each May to honor and celebrate nurses
- provided hospital employees with an annual appreciation gift
- created the Dr. Paul Bilka Spirit of Philanthropy Award in 2015 to recognize an outstanding physician champion of philanthropy, and honored T. Michael Tedford, MD, with the award in 2016.



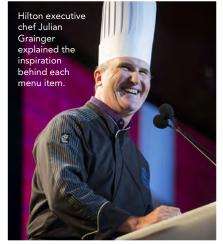
Donors who contribute \$5,000 or more annually are recognized as members of the Foundation's President's Circle. Each year, these key supporters of Abbott Northwestern Hospital are invited to a special gathering with hospital leaders. In 2016, Abbott Northwestern Hospital Foundation Board Member Sharon Hawkins hosted a lovely and engaging event at her home.



The 2016 Medicine
Ball in September
was filled with
the sights, sounds
and tastes of
Cuba as guests
celebrated and
recognized Abbott
Northwestern's
heart: nurses.

Marsh; and Siri and Shaun Maasch

More than \$940,000 was raised in support of the Nursing Excellence Initiative, which helps to recruit, retain and train nurses to meet the growing complexities of health care. Bill Petersen, MD, was recognized for his exceptional lifelong commitment to nurses and nursing education.











Medicine Ball Committee

CHAIRS:

Mark Migliori, MD, and Sara Migliori

David Ruebeck, MD, and Claire Ruebeck













2016 Guarantors

Guarantors are friends of Abbott Northwestern who donate \$250-\$4,999 to the Abbott Northwestern Hospital Foundation annually. These generous gifts provide support to a multitude of life-saving and life-enhancing programs for patients and families.

President's Circle donors who gave \$5,000 or more in 2016 are recognized on page 18.

We strive for accuracy when preparing these lists and apologize for any errors that may appear. We invite you to notify the Abbott Northwestern Hospital Foundation office at 612-863-4126 to make any corrections.

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"Looking back, I really owe the Piper Breast Center a big thank you, even though it had nothing to do with my diagnosis and treatment. It made my life relevant because I could give something back as a volunteer – by listening, holding someone's hand, and letting them know we were there for them." Jane Griffin's annual gift ensures that there are always fresh flowers in the Piper Breast Center's reception area. Her giving tradition began in 1996 when she started the Jean Bergquist Flower Fund in memory of her mother, and she recently expanded it to include the Piper Breast Center at Abbott Northwestern – WestHealth in Plymouth.

Continued from page 14

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These special donors are recognized on our hospital lobby donor wall, and a complete list of these donors can be found at allinahealth.org/anwfoundation.

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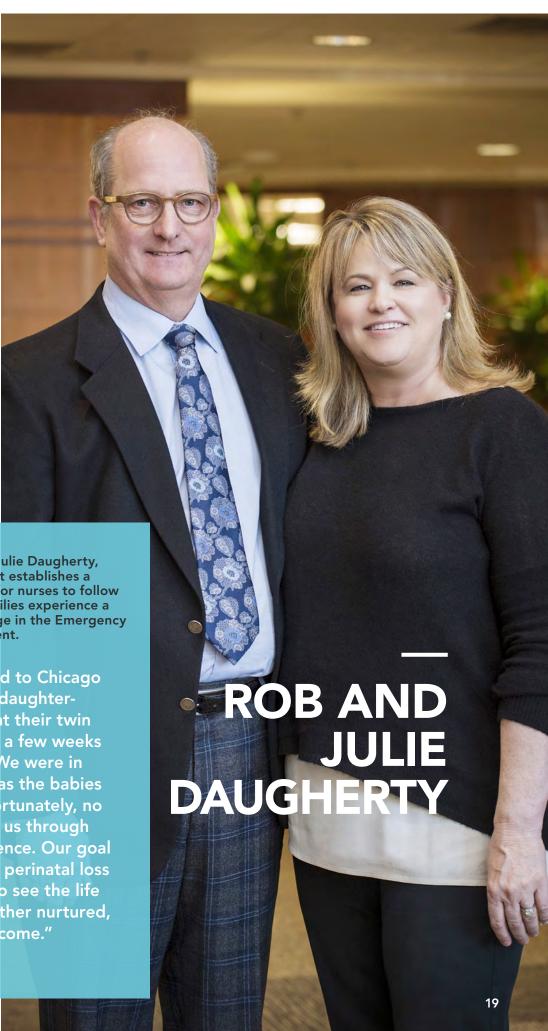
Inspiration + Action

Dr. Penny Wheeler and The Honorable

William Randolph Hearst Foundation

Rob and Julie Daugherty, whose gift establishes a protocol for nurses to follow when families experience a miscarriage in the Emergency Department.

"Six years ago, we rushed to Chicago to be with our son and daughterin-law after learning that their twin baby girls had died just a few weeks before their due date. We were in the hospital with them as the babies were stillborn, and unfortunately, no one knew how to guide us through this very painful experience. Our goal with this gift is to bring perinatal loss out into the light, and to see the life of the baby and the mother nurtured, no matter what the outcome."



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Deane Manolis, MD, a retired Abbott Northwestern psychiatrist, established the Deane C. Manolis Fund for Mental Health Nursing Excellence, part of the Foundation's Nursing Excellence Initiative. His gift reflects a long-standing commitment to advancing mental health services in the community, as well as his strong desire to help the Mental Health and Addiction Services team heal after the 2016 nurses' strike. The fund will support organizational development for the Mental Health and **Addiction Services nursing** team and continuing education opportunities for its nurses. Manolis credits his friend and former colleague Sue Murray, RN, a Mental Health and Addiction Services nurse, with helping to shape the focus and intent of the gift.

Inspiration

+ Action



2016 Statistical resume







served

Total employees*	5,885
Volunteers	441
Total number of volunteer hours served	24,715
Medical Staff	1,430
Medical Education	
Medical students	86
Residents and fellows	152
Nursing students	564
Others	79
Beds	
Total	630
Cardiovascular	146
Medical/Surgical	181
Mental Health and Addiction-adult	62
Mental Health and Addiction-child/adolescent	24
Neuroscience	46
Newborn Nursery	44
Obstetric	68
Orthopedic	64
Rehabilitation	39
Patient care	
Outpatient encounters	493,711
Inpatient admissions	36,315
Lab tests*	1,758,101
Radiology procedures	117,928
Respiratory care procedures	102,945

Surgical procedures	
Inpatient	12,963
Outpatient	10,758
Center for Advanced Endoscopy	4,319
Ambulatory Surgery Center	2,201
Emergency care	
Visits*	58,910
Level One Heart Attack patients	158
Transplants and assistive devices	
Organ transplants	53
Heart transplants	19
Kidney transplants	34
Implantable ventricular assist devices	42
Temporary circulatory support/ECMO Cases	73
Courage Kenny Rehabilitation Institute	
Inpatient Rehabilitation	656
Outpatient therapy (physical therapy,	40,492
occupational therapy, speech language pathology)	
Courage Kenny Rehabilitation Associates/ Courage Kenny Psychology Associates	7,558
Community services	6,667
Transitional Rehabilitation Program	183
Mental Health and Addiction Services	
Inpatient adult admissions	2,148
Inpatient child and adolescent admissions	976
Clinic visits	40,424
Electroconvulsive therapy treatments	1,589



493,711

outpatient encounters



12,963

inpatient surgical procedures



58,910

emergency care visits

Minneapolis Heart Institute®

Cardiovascular lab interventional procedures	6,244
Electrophysiology procedures	2,165
Cardiovascular/thoracic surgical cases	1,213
Echocardiograms	44,632
Cardiac CT	40,847
Cardiac MRI	1,676

Neuroscience Institute

Intracranial surgery cases	522
Seizure/epilepsy patients	349
Stroke patients	749
Neurodiagnostic studies	2,347
Sleep Lab studies	593

Orthopedic Institute

Orthopedic inpatient surgery cases	2,358
Orthopedic outpatient cases	1,520
Joint Replacement surgeries	1,713

Penny George™ Institute for Health and Healing

Inpatient visits with integrative therapy interventions	8,724
Integrative therapy interventions delivered by RNs at the bedside	2,518
Outpatient Clinic visits*	18,442
LiveWell Fitness Center visits	28,672

Spine Institute

All spine surgeries	3.973
Cervical fusions	719
Lumbar fusions	1,294

The Mother Baby Center at Abbott

Northwestern and Children's - Minnesota

5.114
183
8
1

Virginia Piper Cancer Institute®

Percentage of surveyed patients willing to recommend	93.9%
Radiation oncology clinic visits	13,520
Surgical clinic visits	4,754
Piper Breast Center clinic visits*	5,782
Piper Breast Center imaging exams and procedures*	20,088
Piper Breast Center mammograms including 3D*	23,600

Financial

Operating revenue	\$1,169 million
Expenses	1,142 million
Salaries/benefits	618 million
Depreciation	47 million
Supplies	141 million
Other operating expenses	336 million

^{*}Includes Abbott Northwestern – WestHealth in Plymouth

Statement of Financial Activities	2016	2015
FOR THE YEARS ENDED DECEMBER 2016 AND 2015		
REVENUE, GAINS AND SUPPORT		
Contributions	\$ 7,579,118	\$ 6,723,131
Contributions from Allina Health System	122,523	135,468
Special Events Revenue: Net of Direct Benefit Expense	517,834	820,642
of \$337,216 and \$275,581 respectively	2 000 520	(1.424.207)
Investment Return Change in Value of Split Interest Agreements	3,899,530	(1,431,286) (9,186)
Total Revenue, Gains and Support	10,176 12,129,181	6,238,769
Total Notice and Capper	,,.	0,200,707
EXPENSES		
Grants and Transfers to Affiliates	10,507,205	9,429,493
Grants to Community Programs	625,207	274,692
Change in Liability, Collateral Agreement	3,219	61,311
Total Expenses	11,135,631	9,642,874
NET ADMINISTRATIVE AND FUNDRAISING		
Support from Allina Health System	2,054,900	1,737,946
Administrative	(1,152,544)	(1,138,656)
Fundraising	(912,130)	(657,020)
Total Net Administrative and Fundraising	(9,774)	(57,730)
CHANGE IN NET ASSETS	(983,776)	(3,461,835)
Net Assets – Beginning of Year	79,805,897	83,267,732
Net Assets – End of Year	\$ 80,789,673	\$ 79,805,897
Statement of Financial Position		2017
FOR THE YEARS ENDED DECEMBER 2016 AND 2015	2016	2015
ASSETS		
Pledges Receivable, Net	\$ 4,164,786	\$ 5,308,038
Due from Allina Health System	ψ .,.σ .,.σσ	ψ 0/000/000
	-	1,271,262
Notes Receivable	-	1,271,262 -
Notes Receivable Charitable Gift Annuity	- - 30,351	1,271,262 - 30,351
	- 30,351 76,637,554	-
Charitable Gift Annuity		- 30,351 73,381,100 5,275
Charitable Gift Annuity Investments Beneficial Interest in Charitable Remainder Trust Other Assets	76,637,554 143,664 253,845	30,351 73,381,100 5,275 243,670
Charitable Gift Annuity Investments Beneficial Interest in Charitable Remainder Trust	76,637,554 143,664	- 30,351 73,381,100 5,275
Charitable Gift Annuity Investments Beneficial Interest in Charitable Remainder Trust Other Assets	76,637,554 143,664 253,845	30,351 73,381,100 5,275 243,670
Charitable Gift Annuity Investments Beneficial Interest in Charitable Remainder Trust Other Assets Total Assets	76,637,554 143,664 253,845	30,351 73,381,100 5,275 243,670
Charitable Gift Annuity Investments Beneficial Interest in Charitable Remainder Trust Other Assets Total Assets LIABILITIES AND NET ASSETS	76,637,554 143,664 253,845	30,351 73,381,100 5,275 243,670
Charitable Gift Annuity Investments Beneficial Interest in Charitable Remainder Trust Other Assets Total Assets LIABILITIES AND NET ASSETS LIABILITIES	76,637,554 143,664 253,845 \$ 81,230,200	30,351 73,381,100 5,275 243,670
Charitable Gift Annuity Investments Beneficial Interest in Charitable Remainder Trust Other Assets Total Assets LIABILITIES AND NET ASSETS LIABILITIES Grants and Other Payables Charitable Gift Annuity Obligation Long-Term Liability, Collateral Agreement	76,637,554 143,664 253,845 \$ 81,230,200 \$ 9,947 16,950 413,630	30,351 73,381,100 5,275 243,670 \$ 80,239,696
Charitable Gift Annuity Investments Beneficial Interest in Charitable Remainder Trust Other Assets Total Assets LIABILITIES AND NET ASSETS LIABILITIES Grants and Other Payables Charitable Gift Annuity Obligation	76,637,554 143,664 253,845 \$ 81,230,200 \$ 9,947 16,950	30,351 73,381,100 5,275 243,670 \$ 80,239,696
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Charitable Gift Annuity Investments Beneficial Interest in Charitable Remainder Trust Other Assets Total Assets LIABILITIES AND NET ASSETS LIABILITIES Grants and Other Payables Charitable Gift Annuity Obligation Long-Term Liability, Collateral Agreement Total Liabilities	76,637,554 143,664 253,845 \$ 81,230,200 \$ 9,947 16,950 413,630	30,351 73,381,100 5,275 243,670 \$ 80,239,696
Charitable Gift Annuity Investments Beneficial Interest in Charitable Remainder Trust Other Assets Total Assets LIABILITIES AND NET ASSETS LIABILITIES Grants and Other Payables Charitable Gift Annuity Obligation Long-Term Liability, Collateral Agreement Total Liabilities NET ASSETS	76,637,554 143,664 253,845 \$ 81,230,200 \$ 9,947 16,950 413,630 440,527	30,351 73,381,100 5,275 243,670 \$ 80,239,696
Charitable Gift Annuity Investments Beneficial Interest in Charitable Remainder Trust Other Assets Total Assets LIABILITIES AND NET ASSETS LIABILITIES Grants and Other Payables Charitable Gift Annuity Obligation Long-Term Liability, Collateral Agreement Total Liabilities NET ASSETS Unrestricted Net Assets Temporarily Restricted Net Assets Permanently Restricted Net Assets	76,637,554 143,664 253,845 \$ 81,230,200 \$ 9,947 16,950 413,630 440,527 11,717,570 47,459,951 21,612,152	30,351 73,381,100 5,275 243,670 \$ 80,239,696 \$ 80,239,696 - 16,950 416,849 433,799 11,690,707 46,651,527 21,463,663
Charitable Gift Annuity Investments Beneficial Interest in Charitable Remainder Trust Other Assets Total Assets LIABILITIES AND NET ASSETS LIABILITIES Grants and Other Payables Charitable Gift Annuity Obligation Long-Term Liability, Collateral Agreement Total Liabilities NET ASSETS Unrestricted Net Assets Temporarily Restricted Net Assets	76,637,554 143,664 253,845 \$ 81,230,200 \$ 9,947 16,950 413,630 440,527	30,351 73,381,100 5,275 243,670 \$ 80,239,696 - 16,950 416,849 433,799 11,690,707 46,651,527

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Rachel Rivard, research coordinator

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Anne Walker Langaard, director of development

Nicki Hines, senior development officer

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Kirsten Yeager, development officer

National recognition for exceptional care



 Abbott Northwestern Hospital retained first place for the Best Hospital in the Twin Cities and second in Minnesota in the U.S. News & World Report 2016-17 Best Hospitals rankings. Abbott Northwestern has consistently received national recognition in five specialty areas: Cardiology and Heart Surgery; Geriatrics; Gynecology; Neurology and Neurosurgery; and Orthopedics.



In 2016, the Joint Replacement Center at Abbott
Northwestern Hospital earned The Joint Commission's
Gold Seal of Approval® for Advanced Total Hip and
Knee Replacement. Abbott Northwestern is the first
hospital in Minnesota, and only the fourth nationwide,
to earn this certification.



 The Virginia Piper Cancer Institute at Abbott Northwestern Hospital achieved Full Accreditation with Gold Commendation by the Commission on Cancer of the American College of Surgeons.



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