

# ORTHOPEDIC INSTITUTE

Raising funds to support all aspects of comprehensive orthopedic care

## Orthopedic Institute

A broken hip from a bad fall. A knee worn out by years of arthritis. A leg fractured in a car accident. A shoulder no longer able to move without causing pain. Whether responding to a harrowing event or a slowly worsening condition, Abbott Northwestern Hospital's Orthopedic Institute and its Joint Replacement Center is the best place to receive care for bone or joint problems. The highly accomplished care team annually performs over 4,000 procedures and delivers better outcomes than similar programs in the nation. Patients are able to resume an active, full life that includes moving without pain and even getting down on the floor to play with grandkids.



The Orthopedic Institute provides comprehensive care from start to finish, offering patients a nationally recognized program. The Joint Commission, an independent accrediting organization that reviews more than 21,000 health care organizations and programs, recently awarded the Orthopedic Institute an Advanced Certification in recognition of its exceptional outcomes, patient education and recovery support. Physicians, nurses, physical and occupational therapists, and integrative medicine providers help patients get back on their feet and back to their lives quicker. With research to identify less invasive surgical techniques, integrative therapies for patients, and comprehensive education for patients and the wider community, the Orthopedic Institute is a national leader in joint and connective tissue disorders from the traumatic to the routine.

*"My entire hospital and surgery experience was entirely positive. It could not have been better, consequently, my outcome has been excellent so far and I expect that to continue."* – Grateful patient

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## Advancing Excellence

Abbott Northwestern Hospital Foundation, with the generous support of the community, is raising funds to support the Orthopedic Institute. Your gift will help patients receive leading edge treatment and care, advancing excellence well into the future.

## Opportunities to support the Orthopedic Institute

**Research:** Orthopedic leaders, motivated by a commitment to improve outcomes, are focused on patient-centered research. Piloting techniques for less invasive surgeries, testing new post-surgical treatments and studying the impact of innovative therapies on recovery are a few examples of how research can improve care and outcomes. Philanthropy will support new discoveries and contribute to the rapidly advancing field of orthopedics.

**Equipment:** Innovative techniques within orthopedic surgery and treatment are emerging every day, providing opportunities for patients to heal better and faster. Philanthropy will support tools and equipment to improve operating room capabilities, reduce surgery time and enhance care for patients.

**Integrative therapies:** Studies show that integrative therapies such as acupuncture help patients get back to their lives faster. The Orthopedic Institute currently offers this service for patients with hip and knee injuries and patients report high satisfaction with this care. Philanthropy will allow the Institute to expand acupuncture services to all orthopedic patients, speeding the road to recovery.

**Nurse education:** Nurses are at the heart of patient care, delivering 95 percent of care in hospitals. Philanthropy will provide training opportunities and professional development so nurses learn and can deliver the most advanced practices for orthopedic care.

**Community outreach:** Physician leaders with the Orthopedic Institute educate the community on leading causes of bone and joint pain, and share evidence-based non-surgical and surgical approaches for these conditions. With this knowledge, patients can make informed decisions in their own care. Philanthropy will support these educational forums for the community.

*“Every step of the way I was dealt with dignity, respect, care and compassion. Every staff member (nurses, surgeon, etc.) was outstanding!” – Grateful patient*

To learn more about the Orthopedic Institute and how you can help, visit [allinahealth.org/abbott-northwestern-hospital/services/orthopaedic-institute](http://allinahealth.org/abbott-northwestern-hospital/services/orthopaedic-institute) or contact the Abbott Northwestern Hospital Foundation at **612-863-4126**.