

## THE GIVENS BRAIN TUMOR CENTER

Raising funds to prevent, treat and eliminate brain cancer

## → The Givens Brain Tumor Center

For many people, a brain tumor diagnosis is the ultimate worst-case scenario. It can feel overwhelming and devastating. The Givens Brain Tumor Center, part of the Abbott Northwestern Neuroscience Institute, is a world-renowned leader in the diagnosis, management and treatment of adult brain tumors, serving patients nationwide. Our providers offer a full range of advanced treatment options for adults with brain tumors, including chemotherapy, medical devices, radiotherapy and radiosurgery, and access to clinical trials. Patients have access to care at Courage Kenny Rehabilitation Institute™ and Penny George™ Institute for Health and Healing.

The Abbott Northwestern Neuroscience Institute and Virginia Piper Cancer Institute® partner to provide care at the Givens Brain Tumor Center. The Center offers



each patient customized, coordinated care and access to world-class specialists, support services, care coordination and resources of Abbott Northwestern Hospital and Allina Health. The care team includes physician specialists and surgeons, nurses, advance practice nurses, care coordinators, care guides, genetic counselors, social workers and researchers—all working together.

Improving patient care and delivering better treatment results drive Abbott Northwestern's culture of innovation. From Abbott Northwestern, research findings and best practices are shared across Allina Health and with care providers around the globe. The Givens Brain Tumor Center conducts and publishes the results of leading-edge clinical research. Patients have access to many drug and device treatment trials. In 2019, 25 patients were enrolled in clinical studies, focused mainly around immunotherapy and gene therapy. Additionally, there is a robust menu of investigator-initiated clinical trials. Findings from these trials directly influence patient care, such as by uncovering a better standardized treatment method for glioblastomas.

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## **Advancing Excellence**

Abbott Northwestern Hospital Foundation, with the generous support of the community, is raising funds for the Givens Brain Tumor Center. Your gift will help create innovations in care, strengthen scientific research and the sharing of best practices, advancing excellence well into the future.

## Opportunities to support the Givens Brain Tumor Center

- **Research:** Clinicians seek the most effective treatments through bedside research. Recent studies include evaluating the association of sleep patterns and fatigue in brain tumor patients with tumor progression, the findings from which will help patients to stay better rested while fighting the disease. Philanthropy improves a patient's quality of life and makes such important discoveries possible.
- Patient care: The Givens Brain Tumor Center team offers virtual and home visits, access to in-person and online support groups for resilience and wellness techniques, and is pursuing technology partners to launch a home monitoring program for patients and families. Philanthropy allows patients to receive the best care possible.
- Educational support: As medical and scientific knowledge rapidly advances, ongoing knowledge is key to successful patient outcomes. Philanthropy allows physician and nurse researchers the opportunity to attend national neuroscience conferences, to enhance their expertise, disseminate their findings within the broader scientific community and bring knowledge back to Abbott Northwestern.

Philanthropic support advances the mission of Allina Health and Abbott Northwestern to restore health, prevent illness and provide comfort. By strengthening the ability of the Givens Brain Tumor Center to deliver compassionate treatment, conduct research and advance professional knowledge, you ensure that this national health care leader will continue to be a dynamic place of healing and innovation for all patients and their families.

"Our family is grateful for the talents, equipment, rehabilitation services, social services, financial help and coordinated care, all being provided at one location. I know there are people who have donated. The effect and outcomes from the contributions are real." – Grateful patient

To learn more about the Givens Brain Tumor Center, visit allinahealth.org/anwneuro. To learn more about how you can help, contact the Abbott Northwestern Hospital Foundation at 612-863-4126.