

2019 COURAGE KENNY FOUNDATION  
REPORT TO THE COMMUNITY

# Celebrating Abilities



# Courage Kenny Foundation Board of Directors

June 1, 2019 – May 31, 2020

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# Thank You to our Community



Dear Friends,

As I write this in the midst of the COVID-19 pandemic, it's heartening to think about the wonderful community of support that keeps us focused on the vital mission of Courage Kenny Rehabilitation Institute, even in uncertain times. We've been reminded that our greatest assets are our remarkably dedicated staff, passionate volunteers, and our generous community of donors.

It is gratifying to look back on all that we accomplished together in 2019. We are proud to have enriched and improved the lives of more than 114,000 adults and children through our essential services. Here are a few things that donor support made possible this past year:

- Acquiring the Lokomat robotic walking device for our Golden Valley campus, bringing cutting-edge gait training to more than 75 adults and children since spring of 2019
- Remodeling our inpatient unit at United Hospital, providing up-to-date private rooms and new, spacious therapy gyms for our patients
- Helping our growing Sports and Recreation programs thrive with the newest equipment and scholarship dollars to support broad participation
- Providing over \$110,000 in scholarships for ABLE fitness and wellness program participants
- Supporting essential services in mental health, independent living, vocational services, and ensuring that our Transitional Rehabilitation Program residents have the best social, emotional, and physical healing experience possible.

This report showcases the life-changing impact that your support makes possible every day across Courage Kenny's broad array of programs and services. Your gifts fuel this important work. Thank you!

As we look ahead to chart a year of health, healing and wellness for the people we serve, we are grateful for the strong sense of community we feel today, bolstered by your support and partnership. Together, we will continue to shape a future where all people have opportunities to thrive.

With gratitude,

A handwritten signature in black ink, appearing to read 'Susan Rhode'.

Susan Rhode,  
Chairperson, Courage Kenny Foundation Board of Directors

# Your 2019 Return on Investment

**1,585** seniors used Aquatics and Fitness programs in 2019 to remain healthy and independent.

*94% of aquatics and fitness users report feeling more confident, and 90% say that it has helped them better carry out their daily activities.*

More than **900** therapy sessions were provided by the new donor-funded Lokomat robotic gait training device in Golden Valley.

*"I am a firm believer that my recovery was accelerated by getting on the Lokomat." – Nate Petron (pictured right)*



Over **\$250,000** donated to expand cutting-edge therapeutic virtual reality to 25 Courage Kenny locations. Virtual reality creates an immersive, multisensory therapy experience that maximizes recovery, accelerates outcomes, and is more fun and engaging for clients.



Jordan Bolton, ABLE participant

Awarded more than **\$110,000** in scholarships to Activity Based Locomotor Exercise (ABLE) clients, helping them participate in an innovative intensive program to gain strength and independence.

*"The ABLE program is definitely a once-in-a-lifetime opportunity that has greatly improved my life in numerous ways." – Kevin Lehtola*

Donations helped our many Adaptive Sports & Recreation programs thrive, providing adaptive athletic opportunities to more than **600** participants.

*"I never thought my child with a physical disability would say that gym is her favorite class or that a sport like basketball would be where she found her confidence and passion." –Jamie Groth, mother of Mackenzie Groth (pictured left)*



Vocational Services helped **193** people with disabilities build skills, find a job or maintain employment in 2019.

*"Courage Kenny gave me my life back...I believe that the people at Courage Kenny look at each person who goes there and look inside to know what they need. They were able to look at me and give me the tools I need to succeed." –Marquetta Stokes, former Vocational Services client*

# 2019 Financial Summary

\$7,194,792

Total Invested in Programs and Services for People with Disabilities

“We have been giving to Courage Kenny for almost four decades. The organization provides an incomparable service...and we are proud to have Courage Kenny as a part of our community.”

- John and Colleen Hooley

## Courage Kenny Foundation Grants Distributed

Grants to Courage Kenny Rehabilitation Institute	\$7,128,992
Community Grants	\$65,800
<b>Total Grants</b>	<b>\$7,194,792</b>

Assets	
Pledge Commitments	\$300,931
Due from Allina Health	\$1,673,030
Investments	\$34,440,340
Charitable Remainder Trusts	\$706,818
Other Assets	\$149,952
<b>Total</b>	<b>\$37,271,071</b>

Liabilities	
Payable Remainder Trust Beneficiaries	\$1,101,654
<b>Total Liabilities</b>	<b>\$1,101,654</b>

Net Assets	
Unrestricted Funds	\$10,133,283
Restricted Funds	\$26,036,134
<b>Total Net Assets</b>	<b>\$36,169,417</b>

Revenue, Gains, & Support	
Contributions to Courage Kenny Foundation	\$6,064,119
Contributions from Allina Health System	\$21,900
Investment Return	\$3,541,144
Change in Value of Split-Interest Agreements	\$(9,989)
Other Revenue	\$230,879
<b>Total Revenue</b>	<b>\$9,848,053</b>

<b>Operating Costs</b>	<b>\$2,545,077</b>
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Change in Net Assets	
Net Assets Beginning of 2019	\$36,061,233
Net Assets end of 2019	\$36,169,417
<b>Change in Net Assets</b>	<b>\$108,184</b>

<b>Total Liabilities and Net Assets</b>	<b>\$37,271,071</b>
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2019 Donors to Courage Kenny Foundation

5,434