All together sbetter.

2024 SECOND QUARTER



CELEBRATIONS & GRATITUDE

As we mark the halfway point of 2024, team members are still buzzing about All Together Better Month. Activities included our celebrations of Nurses Week and Hospital Week, plus recognition and gratitude for all our teams around the system.

Meanwhile, others are calling an Allina Health construction program "a godsend," and our rehabilitation institute a place where "miracles happen." They're powerful affirmations of our mission.

In the pages ahead:

- Meet a businessman who says our commitment to diversity made his dream a reality.
- Catch up with a former Minnesota leader who's found relief from pain with our help.
- See highlights of the celebration of our service expansion in Lakeville.

I hope these stories will make you smile.





















eam members celebrated May by finding creative ways to commemorate what it means to be All Together Better. Our social feeds were filled with community engagement, heartwarming salutes and contagious smiles.

REHABILITATED & REJUVENATED

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Miracles occur here — day by day."

Former Minn. Governor Mark Dayton

Former Minn. Governor Mark Dayton's back pain had become constant following spine surgery, and he knew something had to change.

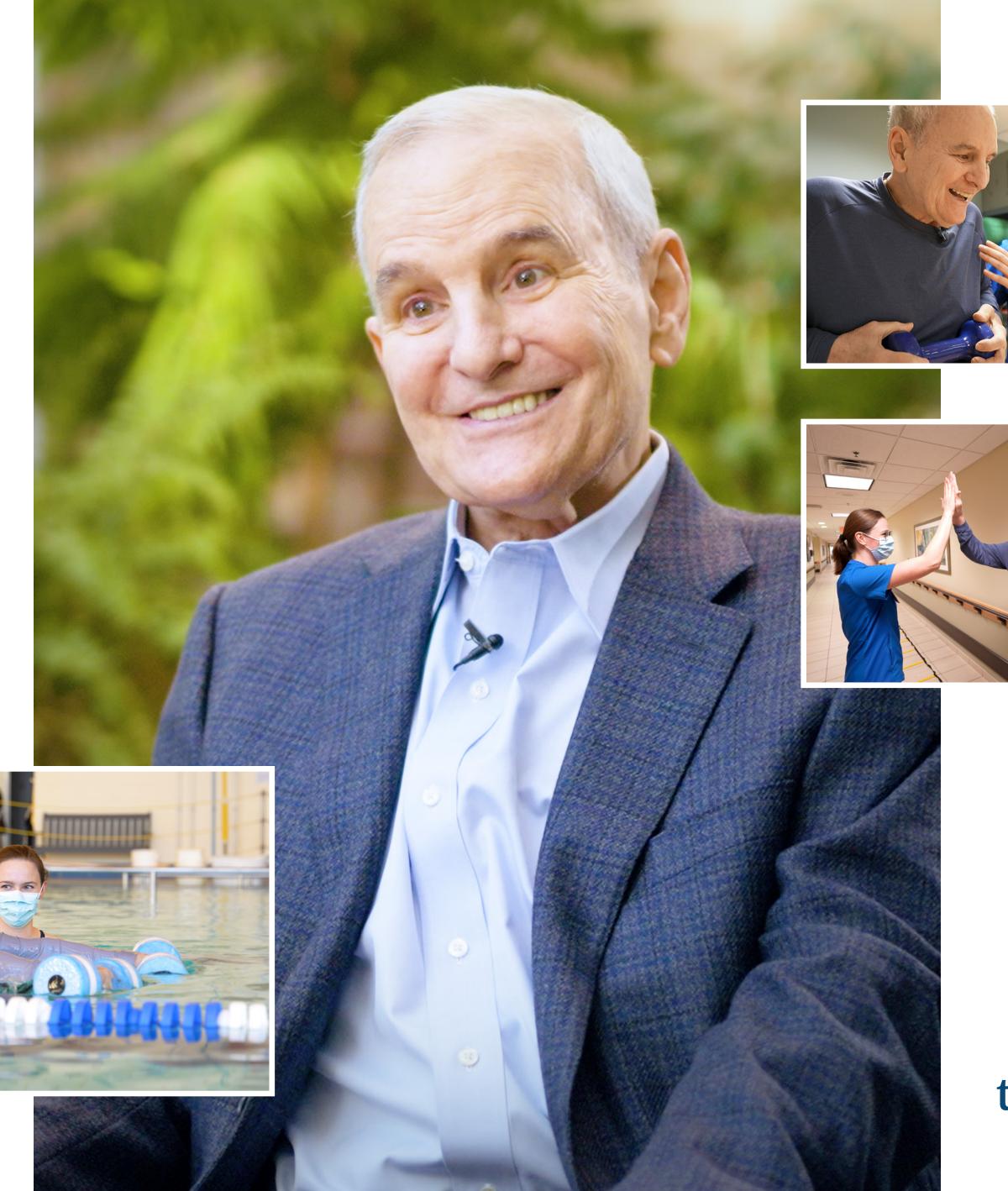
"I had the worst pain in my lifetime," Mr. Dayton said. "I knew I had to go to Courage Kenny."

During a monthlong stay at Courage Kenny Rehabilitation Institute in Golden Valley that Mr. Dayton calls "a lifesaver," he learned a variety of ways to deal with the physical and mental toll of long-term pain. He especially enjoyed the center's water rehab.

"The pool takes the force of gravity out of your spine," Mr. Dayton said. "The warmth of the water is very relieving and soothing."

Mr. Dayton says he can't say enough about the staff, their care and the concern they showed him and the other clients.

"I was rehabilitated physically, rejuvenated emotionally," he said. "I give Courage Kenny so much credit for making that possible."



All together better.

INVESTING IN OUR NEIGHBORS



What we do at Allina and for Abbott is very important to the growth of our business."

Eddie Banks

Owner, Banks Electric

hen Eddie Banks started a business, his first customers made the difference — and Allina Health was among them.

"They really got behind getting us some work," said Eddie, owner of Banks Electric. "It was a godsend, to be honest with you."

Banks Electric benefited from Allina Health's commitment to diversity in construction projects where 15% of materials and labor costs for jobs over \$2 million are to be supported by BIPOC or women-owned businesses.

"We build that right into the project," said Vice President of Facilities Management Tony LaCroix-Dalluhn.

The pledge means Banks Electric and other local companies get a chance to pitch in on big Allina Health projects and strengthen their businesses in the process.

"It's wonderful to see a small business get an opportunity to make their mark," Tony said.





Diversity is also increasing within Allina Health's purchasing practices.

As reported by Mpls.-St.

Paul Magazine, we're promoting the inclusion of local vendors and suppliers, especially those owned by women, BIPOC, people with disabilities, veterans and people who identify as LGBTQ+.



SOUTH METRO SPECIALTY CARE



We are thrilled to bring services closer to home for people in the Lakeville area."

Bill Evans

VP, Ambulatory Operations

In mid-May, Allina Health joined other health groups and Lakeville community leaders to officially open a new multi-specialty center.

The center, just off I-35 on Orchard Trail, is part of Allina Health's commitment to expert specialty care for patients in the south metro.

Services complement primary care already offered at two clinics in Lakeville.

Allina Health experts in more than a dozen specialties work at the new center, providing services in heart care, dermatology, orthopedics, women's health and more. In addition to traditional urgent care, the center also includes Allina Health's first orthopedic urgent care.

The new specialty center also houses the Allina Health Surgery Center – Lakeville.

"This creates easy access surgical services," Bill Evans said in remarks at the grand opening. "Lakeville area patients can now get surgical care close to home and in a lower cost setting than a hospital."



ENGINERING SAFE CARE



We keep the hospital on its feet."

Matt Oslund

Operating Engineer

You might not run into them when you walk the halls of United Hospital in St. Paul, but Matt and other team members like him are on the job, ensuring everything runs smoothly.

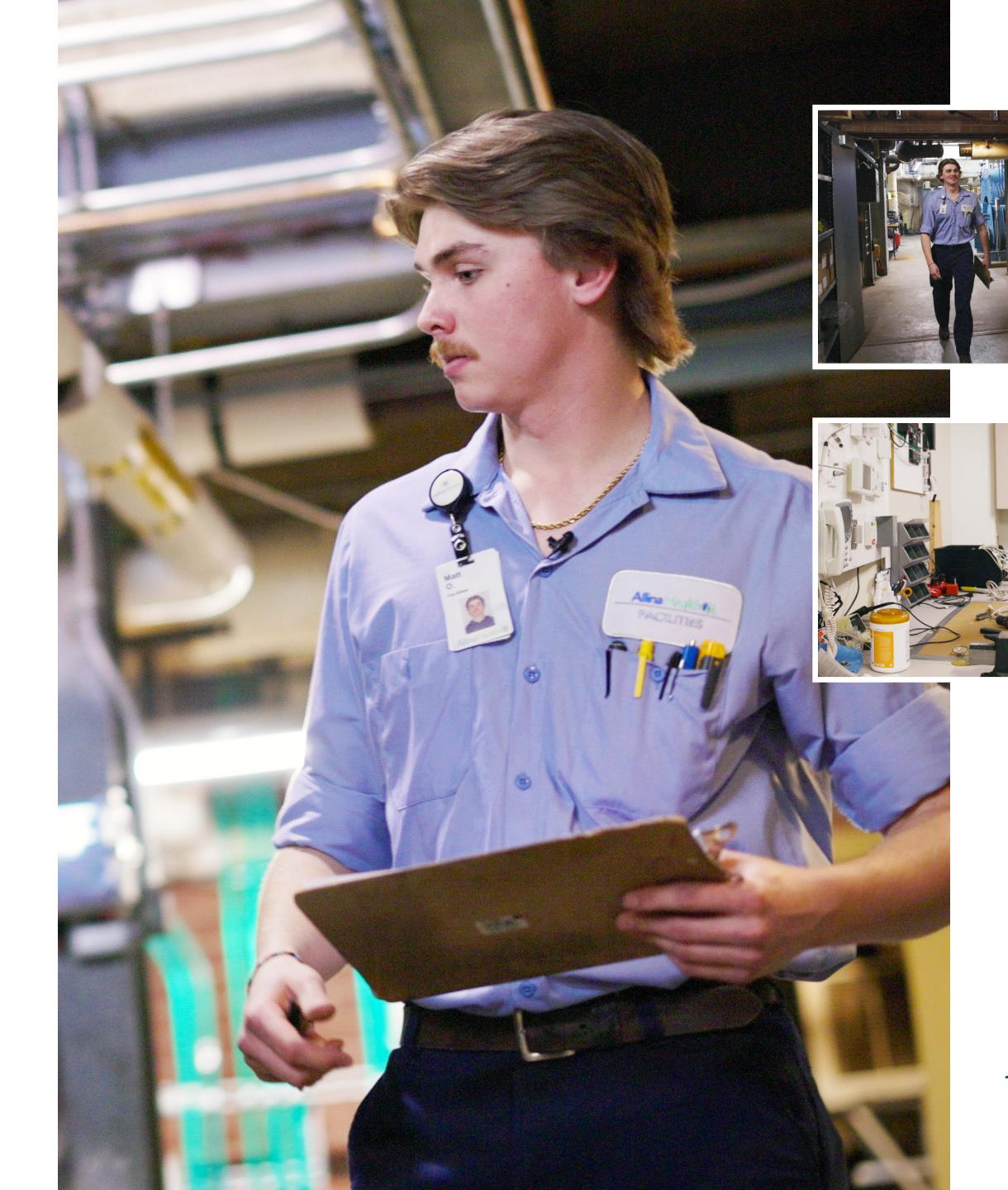
"You can't see what we're doing, but we're always making a difference," said Matt.

Engineers and electricians oversee many crucial tasks, including preserving optimal humidity levels in operating rooms, ensuring sufficient air exchanges in patient rooms and maintaining a consistent power supply throughout the hospital.

"This team works 24/7 behind the scenes," said United Hospital Facilities Engineering Manager Ryan Graves. "Their work is vital to patient care and everyone's safety."

Ryan says the team is a blend of seasoned pros and eager newcomers like Matt — and that everyone's ideas are welcome for making United Hospital a comfortable, safe place to restore health.

"We keep the heart of the hospital going," said Matt.





UNITED IN SPORT

This soccer season, we continue to strengthen and broaden our work with Minnesota United FC, the fastest growing major league sports franchise in the Twin Cities.

Here are five ways our partnership is coming to life.



The iconic soccer scene above greets eastbound commuters passing Allianz Field in St. Paul. The celebratory message emphasizes Allina Health's position as the **Official Health Care Provider of Minnesota United FC**.



Roots for the Home Team

Allina Health helped bring a St. Paul nonprofit and its healthy foods to Minnesota United games. Roots for the Home Team sells salads near section 29 as part of its mission to help business-minded teens.



Honorary Scoreboard Keeper

Allina Health honors local volunteers who give their time, talent and passion to area programs and charities. At each home game, one of these generous community members is named the Allina Health Honorary Scoreboard Keeper.



Power Soccer Partners

Allina Health empowers adaptive athletes through our support of the MNUFC Power Soccer Team. Sporting Allina Health-branded jerseys, the team travels to tournaments and competes with top teams across the Midwest.



Our "Wonderwall"

This season, there's also bold new messaging on the stadium walls, including the Minnesota Soccer Spotlight. It celebrates Allina Health's support for youth soccer — reinforcing that in health and sport we are **All Together Better**.



TRAILBLAZING HEART SURGERY

An Allina Health Minneapolis Heart Institute team was recently the first in the nation to implant an FDA-approved device that treats a heart valve disease called tricuspid regurgitation.

The TriClip™ System treats a condition that occurs when a heart's valve flaps don't close properly.



ADAPTIVE SPORTS IN ACTION

In April, Allina Health Courage Kenny Rehabilitation Institute hosted the Discover Abilities Expo to showcase local adaptive sports and recreation opportunities.

More than 60 organizations came together to give adaptive sports enthusiasts a shot at biking, basketball, soccer and more.



TOPS-IN-NATION BABY CARE

During Black Maternal Health Week, **U.S. News & World Report** recognized The Mother Baby Center in St. Paul.

The center topped the publication's list of highperforming maternity care hospitals for achieving excellent outcomes for Cesarean section and unexpected newborn complications among Black patients.

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