

# Health Care Directive classes in Faribault and Owatonna



## Conversations that Matter

Advance Care Planning includes thinking about what's important to you, talking with those who matter to you, and writing down your wishes for health care and treatment in a health care directive.

Attend these **FREE** classes to learn:

- why advance care planning is always important and not just for end-of-life care planning
- how to identify your health care agent and have an open conversation
- the benefit of providing guidance for your health care choices and decisions through a health care directive
- what is needed for a valid health care directive
- where to file your completed health care directive and who should have a copy

*Honoring Choices of Faribault and Owatonna is generously supported by our community to elevate the conversation about advance care planning.*

*Our sponsors include:*

Allina Health Owatonna Hospital Foundation  
Faribault Area Hospice Foundation  
Federated Insurance

## Virtual Class Schedule

### Introduction to Advance Care Planning

September 9  
7 – 8 am

September 10  
12 – 1 pm

September 14  
10 – 11 am

September 16  
5 – 6 pm

September 22  
9 – 10 am

September 23  
4 – 5 pm

### Completing your Health Care Directive

September 15  
12 – 1 pm

September 17  
7 – 8 am

September 21  
5 – 6 pm

September 28  
9 – 10 am

September 28  
4 – 5 pm

Completing both classes is recommended. Email or follow us on Facebook for future class announcements.

Registration is required for these **FREE** classes. Call **507-977-2330** or email [honoringchoices@allina.com](mailto:honoringchoices@allina.com)

Telephone consultation is also available. Call to learn more.

[honoringchoices@allina.com](mailto:honoringchoices@allina.com) | 507-977-2330  
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