

Cardio Obstetric Program

Cardio Obstetric Program delivers specialized care for women with a pre-existing cardiovascular condition or those at high-risk for cardiovascular complications during and/or after pregnancy. As part of the program, a multidisciplinary care team provides preconception counseling and risk stratification; prenatal care, development of an individualized birth plan, fetal echocardiography, care during labor and delivery, and coordinated postpartum care.

Cardio Obstetric Program Facts:



Cardiovascular disease (CVD) is now the leading cause of death in pregnancy and the postpartum period¹



in **2019**
we cared for **85 patients**
with complex cardiac
concerns (various stages
of pregnancy) throughout
pregnancy



100%
of patients have
RN care coordination

To refer patients: **call** 612-863-4502 | **fax** 612-863-5697
web allinahealth.org/mnperinatal



1. <https://www.acog.org/About-ACOG/News-Room/News-Releases/2019/ACOG-Releases-Comprehensive-Guidance-on-How-to-Treat-Heart-Disease-in-Pregnancy>

