I want to share with you a little bit more about what to expect through the COVID-19 vaccination process. We know this is a confusing time and there is changing information every day. We're working hard to get as much vaccine as we can from the state health authorities to administer it as quickly as we can to our most vulnerable patients and to communicate information as it becomes available. We are currently contacting patients age 75 in a randomized order to schedule.

Once you are notified by email, mail, or phone that it's your turn, you'll be able to schedule your appointment at one of our vaccinations locations. Due to the limited supply, we're not yet able to offer the COVID-19 vaccine at all Allina Health clinics. We have a flu vaccination hub locations in the Twin Cities metro area and some across the regions as well. We're working to add more to the vaccine supply as it becomes available.

So what should you expect? For your safety, we've enhanced precautions in place to protect our patients and our staff. We ask that you wear a mask and keep it on at all times. If needed, bring only one person to accompany you inside the vaccination site. When you come in for your vaccine there will be a brief check-in, you will get information about the vaccine, and there will be staff and volunteers to guide you and answer your questions all along the way. You will answer a few questions with staff before you receive your vaccine. And remember, wear loose clothing that you can easily roll up your sleeve or take off so we can access your arm. You get to choose which arm you'd like.

After your vaccine you will wait in an observation area for about 15 minutes. We have staff to monitor you and address any of your concerns. You just need to raise your hand and we'll come help you. Afterwards, you're free to go. Your second appointment will either be scheduled on-site before you walk out the door or you can use the phone to call in. You'll usually return in about three weeks. We'll keep you posted as new information is added. We care about you and your experience. Your health is very important to us and we look forward to seeing you very soon.