

Get ready to enroll in your employee benefits

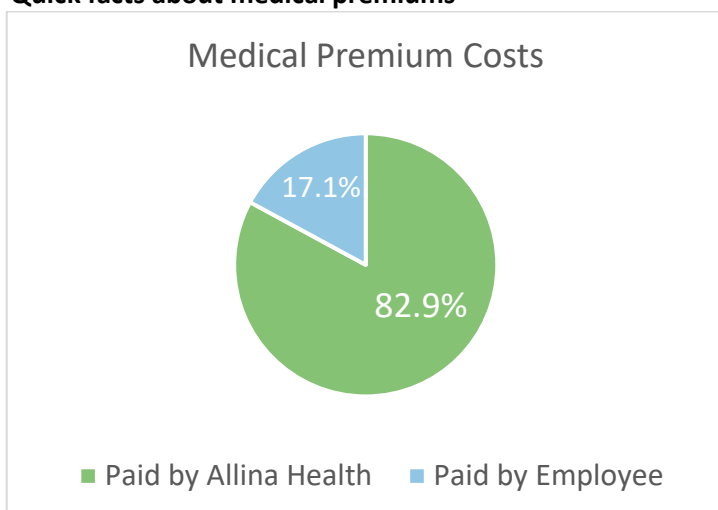


Employee medical premiums

Our team has worked hard to manage medical costs and provide valuable medical plan options to you that remain affordable, without large annual increases to the premiums. As a result, Allina Health and employees enrolled in our medical plans have seen lower-than-average increases in medical premiums.

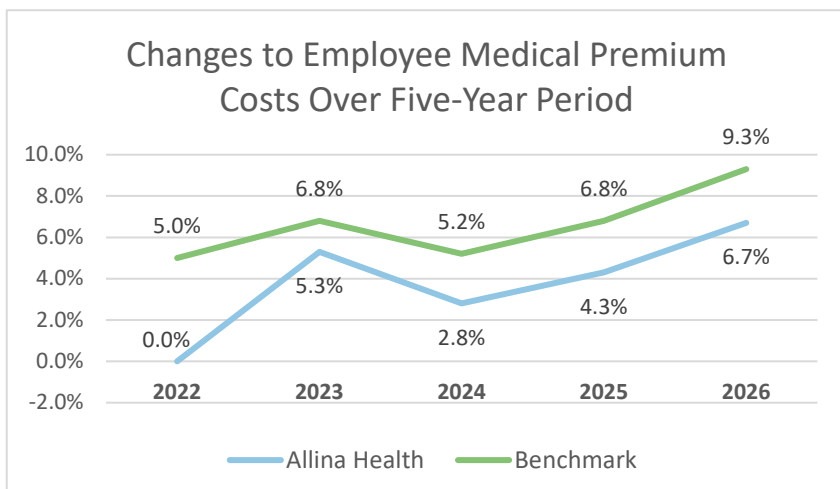
For 2026, we've been able to preserve our benefits while keeping rates below the average increase for Minnesota companies. The average annual premiums increase to the Allina Health employee medical plans is 6.7%, which remains below the benchmark of 9.3%.¹

Quick facts about medical premiums



Allina Health pays an average of 82.9% of the cost of employee medical premiums each year.

The remaining 17.1% is paid through your employee payroll deductions.



In 2026, our five-year average for employee medical premiums will be an increase of 3.8%, which remains far below the benchmark average increase of 6.6% over the same period.

Allina Health continues to absorb much of the cost of annual increases.

¹Willis Towers Watson book of business for Midwest employers