2019 Spinal Cord Inpatient Rehabilitation Outcomes

Number of people served:
Abbott Northwestern Hospital & United Hospital
109
Golden Valley
56

Average length of stay:
Abbott Northwestern Hospital & United Hospital
19 days
Golden Valley
88 days

Percent of people discharged to home or community:
Abbott Northwestern Hospital & United Hospital
59%
Golden Valley
84%
2019 Spinal Cord Outpatient Rehabilitation Outcomes

Number of people served 311
75% of patients rated their experience as “very good”

Three months post discharge from inpatient rehabilitation

- 68% returned to social activities
- 68% reported increased independence

Community and fitness outcomes

- 95% of participants in sports & rec reported improved quality of life
- 93% of participants who would recommend driver assessment and training
- 96% of ABLE participants recognize health benefits from participation

*All outcomes except the community and fitness outcomes are specific to the spinal cord injury program.