

Adaptive Ski and Snowboard Program

2019-2020 Program Calendar

Sept 19	Ski Kick Off: Après Ski Style	<i>Metro: Utepils Brewery</i>
Oct 10	Ski Kick Off: Apre's Ski Style	<i>Northland: Hoops Brewery</i>
Nov 9	Northland Dryland Training	<i>Spirit Mountain</i>
Nov 11	Metro Equipment Volunteer Training	<i>Hyland Hills</i>
Nov 16	Metro Dryland Training	<i>TBD(HH)</i>
Dec 6-8	Train the Trainer (T3)	<i>Trollhaugen</i>
Dec 10	New Volunteer Fundamentals of Skiing	<i>Hyland Hills</i>
Dec 14-15	On the Hill Instructor Training (Bi Ski or Snowboard-Metro only)	<i>Metro Sites, Spirit Mountain</i>
Dec 21-22	On the Hill Instructor Training (Stand Up Ski or Mono-Metro only)	<i>Metro Sites</i>
Jan 2 & 3	Mono Ski Fittings	<i>Hyland Hills for all sites</i>
Jan 4-5	On the Hill Instructor Training	<i>Giants Ridge</i>
Jan 5-11	Alpine Program Begins (Except Giants Ridge)	<i>Hyland Hills, Trollhaugen, Welch Village, Afton Alps, Spirit Mountain (except Sun)</i>
Jan 12	Alpine Program Begins	<i>Giants Ridge & Spirit Mountain (Sun.)</i>
Jan 11	Nordic Program begins in partnership w/ Loppet Foundation	<i>Theodore Wirth Park</i>
Feb 1	Courage Kenny Cup Ski Benefit Race	<i>Trollhaugen</i>
Feb 2-8	Ski-A-Thon Kick Off Week	<i>All Sites</i>
Feb 15-21	Presidents' Weekend Break No lessons on 15, 16, 17, and 19. There WILL be lessons at Spirit on Feb 18 & 20	<i>Hyland Hills, Trollhaugen, Welch Village, Afton Alps, Spirit Mountain, & Giant's Ridge</i>
Feb 23	Last week of Sunday Program	<i>Spirit Mountain & Giants Ridge</i>
Feb 26-28	Great Lakes Mono-Ski, Race Camp (no weekly lessons at Spirit)	<i>Spirit Mountain, Duluth</i>
Mar 1-7	Last week of the season	<i>All Sites</i>
Mar 8-14	Make Up Sessions if we have to cancel <u>3 or more</u> program days during the season	<i>All Metro Sites, Spirit Mountain & Giants Ridge</i>
Mar 21-22	North Shore Fling	<i>Lutsen Mountains</i>
Mar 26	Northland Ski Banquet	<i>Location: Grandma's Sports Garden</i>
April 19	End of the Year Banquets	<i>Metro: Hyland Hills</i>

Allina Health 

COURAGE KENNY
REHABILITATION
INSTITUTE

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