

## How to Collect a Pinworm Sample

Read all the instructions before collecting a sample. It's important to follow the instructions so the sample is collected the right way. This will help the test results be correct.

### How to Collect a Sample

- Collect the sample in the morning before bathing or using the toilet.
- Take the clear plastic paddle attached to the cap out of the collection container. Do not touch the paddle.
- The sticky surface of the paddle will be marked “sticky side.”

## Ua Li Cas thiaj Cug tau cov Cab hauv Hnyuv Coj Mus Kuaj

Nyeem tag nrho cov lus qhia ua ntej pib cug tau. Tseem ceeb heev kom ua raws li cov lus qhia xwv kom koj cug tau raws li xav tau. Ua li no yuav pab kom tej kev kuaj yuav thwj.

### Ua Li Cas thiaj Cug tau ib co

- Muab cug thaum sawv ntxov ua ntej koj da dej los sis siv lub qhov viv.
- Tshem rab diav uas lawv muab txuas rau lub hau ntawm raj cug. Tsis txhob kov rab diav ntawd.
- Sab ntawm rab diav uas nplaum yuav muaj lus uas sau hais tias “sticky side.”

*(over)*

- Separate the buttocks. Press the sticky side of the paddle against several areas of the skin around the anus. Do not put the paddle inside the rectum.
- Put the paddle back into the container.
- Put the cap back on the container. Make sure it is closed tightly.
- Write the patient's name, date of birth and the time the sample was taken on the container label.
- Bring the container back to the clinic right away. Keep the sample at room temperature.
- If you cannot bring the container to the clinic within 24 hours, refrigerate it until you can do so.

- Muab koj ob sab pob tw sib faib. Muab sab uas nplaum tso rau ntawm ntau qhov chaw ntawm cov tawv nqaij ib ncig koj lub qhov quav. Tsis txhob ntxig rab diav rau hauv lub qhov quav kiag.
- Muab rab diav rov qab tso rau hauv raj cug.
- Muab lub hau khwb rau raj cug. Yuav tsum ua tib zoo kaw kom ntom.
- Sau tus neeg mob lub npe, hnuv yug thiab tau cug qaub ncaug thaum pes tsawg moos rau ntawm daim ntawv lo no.
- Nqa raj cug ntawd coj los rau lub tsev kuaj mob sai li sai tau. Tso rau hauv chav tsev uas tsis no tsis sov.
- Yog tias koj tsis muaj cuab kav nqa raj cug rov los rau lub tsev kuaj mob hauv 24 xuab moos, ces yuav tsum muab khaws hauv tub yees txog thaum koj khoom nqa tuaj.