

Occupational Health

Let us help you design a customized occupational health program to address your company's specific needs.

Our services include:

Workers compensation comprehensive injury care

- Same day access
- Early return to work
- Immediate communication with Report of Workability via fax
- Coordination/medical management of specialist referrals
- Company site tours by providers
- Review of job requirements and assistance with identifying temporary modified duty
- Functional capacity evaluations

Physical evaluations

- Pre-placement physicals
- Job simulation evaluations
- Department of Transportation exam
- Bus driver exams
- Respirator clearance exams
- Police and fire fighter exams
- Medical surveillance and HazMat exams
- Return to work/fitness for duty exams

Screenings

- Drug testing
- Breath alcohol testing
- Audiometric testing
- Spirometry
- Lab and radiology services
- Other specialized screening including job simulation, back, neck evaluations, etc.
- Work injury care
- Pre-placement and DOT exams

Allina Health Occupational Health and Urgent Care Locations – see page 2

- Allina Health Urgent Care locations are available for work-related injuries evenings, weekends and holidays.

Our partnership with:

Penny George™ Institute for Health and Healing:

COMMUNITY AND WORKPLACE WELLNESS

At the Penny George Institute for Health and Healing, we are dedicated to collaborating with employers like you to create wellness services that make a difference for your employees' health and well-being.

The Penny George Institute can support you in doing just that.

- Health screenings using an online health risk assessment and in-person biometric screenings to catch common health issues
- Follow-up consultations with our clinical experts to help your employees understand their screening results.
- Health education at your workplace by doctors, nurses, exercise specialists, nutritionists and other health experts.
- Healthy Lifestyle Programming that supports employees in making meaningful, long-lasting changes to manage stress, lose weight, quit tobacco and more.

For detailed program information visit allinahealth.org/communityandworkplace

Courage Kenny Rehabilitation Institute®

Courage Kenny Rehabilitation Institute, part of Allina Health offers customized services to help injured workers return to work quickly and safely. The professional team also works with businesses to create healthy and safe work environments.

Evaluations are offered at multiple Courage Kenny sites including:

- WorkWell functional capacity evaluation
- Physical performance testing
- Pre-placement screening
- Physical therapy intervention for acute musculoskeletal injuries
- Hand therapy services for hand and upper extremity injuries.

Courage Kenny Rehabilitation Institute will help injured workers return to work quickly and safely by progressing in a supervised program of work conditioning. Courage Kenny offers on-site job analysis and ergonomic assessments as well as education programs.

AllinaHealth

allinahealth.org/occhealth

Allina Health Clinic Occupational Health Services and Urgent Care Locations

Allina Health Cambridge Clinic

701S. Dellwood
Cambridge, MN 55008
763-688-7777
Contact: Jennifer Widell

New Ulm Medical Center

(please call for services provided)
1324 5th Street N.
New Ulm, MN 56073
507-217-5842
Email:
newulmoccupationalhealth@allina.com
Contact: Chris Molden, Alison Neet,
Maggie Dake

Allina Health Urgent Care locations *(After hours work injury care)*

**Most locations are open on a walk in basis Monday – Friday 8am - 8 pm,
Saturday and Sundays, 9am – 5 pm**

(Note: * means start time at 2 pm weekdays)

Apple Valley

952-432-4141

Champlin *

763-236-0612

Inver Grove Heights

651-241-9361

Bandana Square

651-241-9722

Coon Rapids

763-236-1563

Plymouth

763-577-7160 - Open 24/7

Buffalo Crossroads *

763-684-6304

Faribault

507-384-4621

Shoreview*

651-241-1306

Centennial Lakes (Edina)

952-428-0001

Greenway *

612-775-1812

Woodbury

651-241-3167