

# Occupational Health

## Providing a complete network of Occupational Health Services.

Let us help you design a customized occupational health program to address your company's specific needs.

### Our services include:

#### Workers compensation comprehensive injury care

- Same day access
- Early return to work
- Immediate communication with Report of Workability via fax
- Coordination/medical management of specialist referrals
- Company site tours by providers
- Review of job requirements and assistance with identifying temporary modified duty
- Functional capacity evaluations

#### Physical evaluations

- Pre-placement physicals
- Job simulation evaluations
- Department of Transportation exam
- Bus driver exams
- Respirator clearance exams
- Police and fire fighter exams
- Medical surveillance and HazMat exams
- Return to work/fitness for duty exams

#### Screenings

- Drug testing
- Breath alcohol testing
- Audiometric testing
- Spirometry
- Lab and radiology services
- Other specialized screening including job simulation, back, neck evaluations, etc.
- Work injury care
- Pre-placement and DOT exams

#### Allina Health Urgent Care

- Allina Health Urgent Care locations are available for work-related injuries evenings, weekends and holidays.

### Our partnership with:

#### Penny George™ Institute for Health and Healing:

##### COMMUNITY AND WORKPLACE WELLNESS

At the Penny George Institute for Health and Healing, we are dedicated to partnering with employers like you to create wellness services that make a difference for your employees' health and well-being.

The Penny George Institute can support you in doing just that.

- Health screenings using an online health risk assessment and in-person biometric screenings to catch common health issues
- Follow-up consultations with our clinical experts to help your employees understand their screening results.
- Health education at your workplace by doctors, nurses, exercise specialists, nutritionists and other health experts.
- Healthy Lifestyle Programming that supports employees in making meaningful, long-lasting changes to manage stress, lose weight, quit tobacco and more.

For detailed program information visit [allinahealth.org/communityandworkplace](http://allinahealth.org/communityandworkplace)

#### Courage Kenny Rehabilitation Institute®

Courage Kenny Rehabilitation Institute, part of Allina Health offers customized services to help injured workers return to work quickly and safely. The professional team also works with businesses to create healthy and safe work environments.

Evaluations are offered at multiple Courage Kenny sites including:

- WorkWell functional capacity evaluation
- Physical performance testing
- Pre-placement screening
- Physical therapy intervention for acute musculoskeletal injuries
- Hand therapy services for hand and upper extremity injuries.

Courage Kenny Rehabilitation Institute will help injured workers return to work quickly and safely by progressing in a supervised program of work conditioning. Courage Kenny offers on-site job analysis and ergonomic assessments as well as education programs.

## Allina Health Clinic Occupational Health Services locations

### Allina Health Annandale Clinic

*(please call for services provided)*  
440 Elm St. E.  
Annandale, MN 55302  
320-274-3744

### Allina Health Bandana Square Clinic\*

1021 Bandana Blvd. E.  
St. Paul, MN 55105  
651-241-9715  
Contact: Patient  
service representative

### Allina Health Clinic - Buffalo

*(please call for services provided)*  
303 Catlin St.  
Buffalo, MN 55313  
763-682-5225

### Allina Health Buffalo Crossroads Clinic

*(please call for services provided)*  
755 Crossroads Campus Dr.  
Buffalo, MN 55313  
763-684-6300  
Contact: Patient  
service representative

### Allina Health Cambridge Clinic\*

701 S. Dellwood  
Cambridge, MN 55008  
763-688-7777  
Contact: Jennifer Widell

### Allina Health Cokato Clinic

*(please call for services provided)*  
110 Olsen Blvd.  
PO Box 520  
Cokato, MN 55321  
320-286-2123

### Allina Health Coon Rapids Clinic\*

9055 Springbrook Dr.  
Coon Rapids, MN 55433  
763-236-1491  
Contact: Clinical staff member

### Allina Health Cottage Grove Clinic\*

8611 W. Point Douglas Rd. S.  
Cottage Grove, MN 55016  
651-458-1884  
Contact: Myrna Shiffer

### Allina Health Eagan Clinic

*(please call for services provided)*  
1110 Yankee Doodle Rd.  
Eagan, MN 55121  
651-454-3970

### Allina Health Faribault Clinic

*(please call for services provided)*  
100 State Ave.  
Faribault, MN 55021  
507-334-3921  
Contact: Amanda Schaefer

### Allina Health Farmington Clinic

*(please call for services provided)*  
21260 Chippendale Ave.  
Farmington, MN 55024  
651-463-7181

### Allina Health Hastings Clinic\*

1880 N. Frontage Rd.  
Hastings, MN 55033  
651-438-1800  
Contact: Alicia Duerkopp

### Allina Health St. Michael Clinic

*(please call for services provided)*  
4300 Edgewood Dr. N.E.  
St. Michael, MN 55376  
763-744-4000

### New Ulm Medical Center

*(please call for services provided)*  
1324 5th Street N.  
New Ulm, MN 56073  
507-217-5842  
Contact: Cassie Johnson and  
Margaret Dake

### Allina Health Northfield Clinic

*(please call for services provided)*  
1400 Jefferson Rd.  
Northfield, MN 55057  
507-663-9000

### Allina Health Plymouth Clinic\*

2855 Campus Dr., Suite 400  
Plymouth, MN 55441  
763-236-2663  
Contact: Clinical staff member

*\*Occupational Medicine  
physician on staff*

## Allina Health Urgent Care locations *(After hours work injury care)*

### Bandana Square Clinic

651-241-9900

### Buffalo Crossroads Clinic

763-684-6300

### Burnsville Clinic

952-428-0101

### Champlin Clinic

763-236-0600

### Coon Rapids Clinic

763-780-9155

### Centennial Lakes Clinic

952-428-0200

### Inver Grove Heights Clinic

651-241-9900

### Maplewood Clinic

651-241-9500

### Plymouth Clinic

763-577-7160 — Open 24/7

### Shoreview Clinic

651-483-5461

### Woodbury Clinic

651-241-3414