

Date: \_\_\_\_\_

## PATIENT DATA FORM

Please complete this form thoroughly. If a particular section does not apply to you, please indicate so. This information is vital in order to schedule an appointment at United Pain Center. **We will not schedule an appointment unless we have all of this information.** Thank you.

### 1. PATIENT INFORMATION

NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Sex M F

APT# \_\_\_\_\_ ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ RACE \_\_\_\_\_ COUNTRY OF ORIGIN \_\_\_\_\_

HOME PHONE# \_\_\_\_\_ WORK PHONE# \_\_\_\_\_ CELL# \_\_\_\_\_

PREFERRED # TO CONTACT YOU \_\_\_\_\_ SS# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ RELIGION \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_ @ \_\_\_\_\_

MARITAL STATUS (circle): Single Married Widow(ed) Divorced Separated Significant Other/Partner

### 2. PATIENT EMPLOYMENT INFORMATION

EMPLOYMENT STATUS: FULL PART-TIME SELF NOT EMPLOYED RETIRED

EMPLOYER \_\_\_\_\_ CITY \_\_\_\_\_

PHONE \_\_\_\_\_ OCCUPATION \_\_\_\_\_

### 3. SPOUSE/PARTNER

RELATIONSHIP TO PATIENT \_\_\_\_\_ NAME \_\_\_\_\_

SS# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ DATE OF BIRTH \_\_\_\_ / \_\_\_\_ / \_\_\_\_

### 4. EMERGENCY CONTACT (OTHER THAN LISTED)

RELATIONSHIP TO PATIENT \_\_\_\_\_ NAME \_\_\_\_\_

HOME PHONE# \_\_\_\_\_ CELL# \_\_\_\_\_

### 5. MEDICAL INFORMATION

REFERRING PHYSICIAN \_\_\_\_\_

DIAGNOSIS (BODY PART TO BE TREATED) \_\_\_\_\_

**PLEASE COMPLETE BOTH FRONT AND BACK OF THIS FORM**



**6. INSURANCE INFORMATION**

NAME OF INSURANCE: \_\_\_\_\_

POLICYHOLDER NAME: \_\_\_\_\_ DATE OF BIRTH \_\_\_\_ / \_\_\_\_ / \_\_\_\_

EMPLOYER NAME \_\_\_\_\_ EFFECTIVE DATE \_\_\_\_\_

GROUP NUMBER \_\_\_\_\_ ID # \_\_\_\_\_

CLAIMS MAILING ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE # TO CALL FOR BENEFITS INFORMATION (LISTED ON INSURANCE CARD) \_\_\_\_\_

**7. SECONDARY INSURANCE INFORMATION**

NAME OF INSURANCE \_\_\_\_\_ POLICYHOLDER NAME \_\_\_\_\_

EMPLOYER NAME \_\_\_\_\_ EFFECTIVE DATE \_\_\_\_\_

GROUP NUMBER \_\_\_\_\_ ID # \_\_\_\_\_

CLAIMS MAILING ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE # TO CALL FOR ELIGIBILITY/BENEFITS ( LISTED ON INSURANCE CARD) \_\_\_\_\_

**YOU MUST BRING INSURANCE CARDS AND PHOTO ID TO YOUR APPOINTMENT**



**UNITED PAIN CENTER,  
A DEPARTMENT OF UNITED HOSPITAL  
255 Smith Avenue N. Suite 100  
St. Paul, MN 55102**

# **New Patient Intake Form**

Your completed intake paperwork helps our physicians and other providers get to know you and your medical history better. We rely on its accuracy and completeness to provide you with the best possible care. Please inquire at our front desk or call (651) 241-7246 if you have any questions on how to complete any section of this form.

## **Patient Information:**

Today's Date: \_\_\_\_\_ Gender: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Name: \_\_\_\_\_

Referring Physician: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

Mental Health Provider(s): \_\_\_\_\_

Pharmacy: \_\_\_\_\_

## **Pain History:**

What is your pain condition? \_\_\_\_\_

Please list any additional medical conditions? \_\_\_\_\_

## **Onset of Symptoms:**

Approximately, when did this pain begin? \_\_\_\_\_

What caused your current pain episode? \_\_\_\_\_

How did your current pain episode begin?  Gradually  Suddenly

Since your pain began, how has it changed?  Improved  Worsened  Stayed the same

## Pain Description:

If pain "0" is no pain and "10" is the worst pain you can imagine, how would you rate your pain?

Right Now \_\_\_\_\_ The Best It Gets \_\_\_\_\_ The Worst It Gets \_\_\_\_\_

What factors worsen or affect your pain? \_\_\_\_\_

\_\_\_\_\_

What factors relieve your pain? \_\_\_\_\_

\_\_\_\_\_

Are there any associated symptoms (numbness, tingling, weakness, incontinence, etc)? \_\_\_\_\_

\_\_\_\_\_

What is your expectation and goal of your pain management treatment? \_\_\_\_\_

\_\_\_\_\_

## Diagnostic Testing and Imaging:

Check all of the following tests that you have had related to your current pain condition:

MRI of the: \_\_\_\_\_

Date: \_\_\_\_\_ Facility: \_\_\_\_\_

X-Ray of the: \_\_\_\_\_

Date: \_\_\_\_\_ Facility: \_\_\_\_\_

CT Scan of the: \_\_\_\_\_

Date: \_\_\_\_\_ Facility: \_\_\_\_\_

EMG/Nerve Conduction Velocity (NCV) study of the: \_\_\_\_\_

\_\_\_\_\_

Date: \_\_\_\_\_ Facility: \_\_\_\_\_

Other diagnostic testing: \_\_\_\_\_

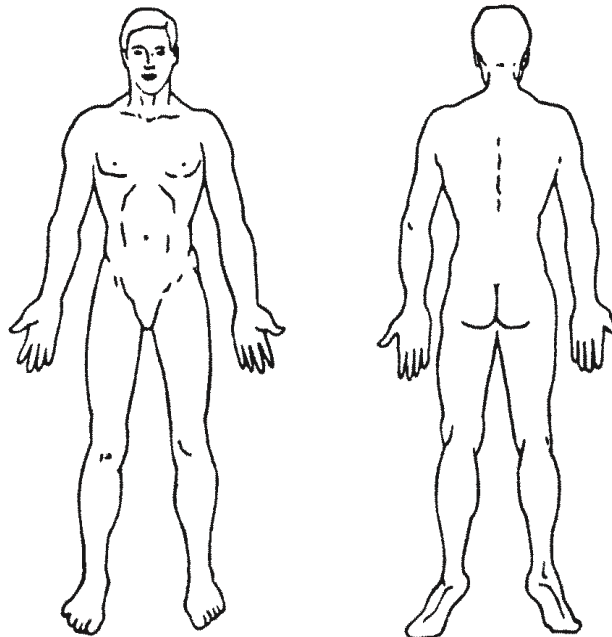
I have not had ANY diagnostic tests for my current pain.

**McGill Pain Questionnaire:** what does your pain feel like? In each category below, check one word that best describes your current pain. Leave out categories that do not apply to you. On the diagram, shade in areas where you currently experience pain.

PROVIDER USE ONLY:

PRI: S \_\_\_\_\_ A \_\_\_\_\_ E \_\_\_\_\_ M \_\_\_\_\_ PRI (T) \_\_\_\_\_ PPI \_\_\_\_\_

- |   |   |  |  |   |
|---|---|--|--|---|
| 1. <input type="checkbox"/> Flickering<br><input type="checkbox"/> Quivering<br><input type="checkbox"/> Pulsing<br><input type="checkbox"/> Throbbing<br><input type="checkbox"/> Beating<br><input type="checkbox"/> Pounding | 8. <input type="checkbox"/> Tingling<br><input type="checkbox"/> Itchy<br><input type="checkbox"/> Smarting<br><input type="checkbox"/> Stinging                                      | 16. <input type="checkbox"/> Annoying<br><input type="checkbox"/> Troublesome<br><input type="checkbox"/> Miserable<br><input type="checkbox"/> Intense<br><input type="checkbox"/> Unbearable | 19. <input type="checkbox"/> Cool<br><input type="checkbox"/> Cold<br><input type="checkbox"/> Freezing  | <input type="checkbox"/> Brief<br><input type="checkbox"/> Momentary<br><input type="checkbox"/> Transient      |
| 2. <input type="checkbox"/> Jumping<br><input type="checkbox"/> Flashing<br><input type="checkbox"/> Shooting   | 9. <input type="checkbox"/> Dull<br><input type="checkbox"/> Sore<br><input type="checkbox"/> Hurting<br><input type="checkbox"/> Aching<br><input type="checkbox"/> Heavy            | 17. <input type="checkbox"/> Spreading<br><input type="checkbox"/> Radiating<br><input type="checkbox"/> Penetrating<br><input type="checkbox"/> Piercing                                      | 20. <input type="checkbox"/> Nagging<br><input type="checkbox"/> Nauseating<br><input type="checkbox"/> Agonizing<br><input type="checkbox"/> Dreadful<br><input type="checkbox"/> Torturing   | <input type="checkbox"/> Rhythmic<br><input type="checkbox"/> Periodic<br><input type="checkbox"/> Intermittent |
| 3. <input type="checkbox"/> Pricking<br><input type="checkbox"/> Boring<br><input type="checkbox"/> Drilling<br><input type="checkbox"/> Stabbing<br><input type="checkbox"/> Lancinating                                       | 10. <input type="checkbox"/> Tender<br><input type="checkbox"/> Taut<br><input type="checkbox"/> Rasping<br><input type="checkbox"/> Splitting  | 18. <input type="checkbox"/> Tight<br><input type="checkbox"/> Numb<br><input type="checkbox"/> Drawing<br><input type="checkbox"/> Squeezing<br><input type="checkbox"/> Tearing              | PPI<br>0 <input type="checkbox"/> No pain<br>1 <input type="checkbox"/> Mild<br>2 <input type="checkbox"/> Discomforting<br>3 <input type="checkbox"/> Distressing<br>4 <input type="checkbox"/> Horrible<br>5 <input type="checkbox"/> Excruciating | <input type="checkbox"/> Continuous<br><input type="checkbox"/> Steady<br><input type="checkbox"/> Constant     |
| 4. <input type="checkbox"/> Sharp<br><input type="checkbox"/> Cutting<br><input type="checkbox"/> Lacerating  | 11. <input type="checkbox"/> Tiring<br><input type="checkbox"/> Exhausting  |  |  |   |
| 5. <input type="checkbox"/> Pinching<br><input type="checkbox"/> Pressing<br><input type="checkbox"/> Gnawing<br><input type="checkbox"/> Cramping<br><input type="checkbox"/> Crushing   | 12. <input type="checkbox"/> Sickening<br><input type="checkbox"/> Suffocating  |  |  |   |
| 6. <input type="checkbox"/> Tugging<br><input type="checkbox"/> Pulling<br><input type="checkbox"/> Wrenching   | 13. <input type="checkbox"/> Fearful<br><input type="checkbox"/> Frightful<br><input type="checkbox"/> Terrifying   |  |  |   |
| 7. <input type="checkbox"/> Hot<br><input type="checkbox"/> Burning<br><input type="checkbox"/> Scalding<br><input type="checkbox"/> Searing  | 14. <input type="checkbox"/> Punishing<br><input type="checkbox"/> Grueling<br><input type="checkbox"/> Cruel<br><input type="checkbox"/> Vicious<br><input type="checkbox"/> Killing |  |  |   |
|   | 15. <input type="checkbox"/> Wretched<br><input type="checkbox"/> Blinding  |  |  |   |



**Please Check All Of The Following Treatments You Have Had for Pain Relief:**

	No Change	Worsened Pain	Helped Pain
Spine Surgery	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Physical Therapy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chiropractic Care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mental Health Therapy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Brace Support	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Acupuncture	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hot/Cold Packs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Massage Therapy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
TENS Unit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Medical Cannabis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Interventional Pain Treatment History:**

- Epidural Steroid Injection – (circle levels that apply) Cervical/Thoracic/Lumbar
- Joint Injection – Joint(s) \_\_\_\_\_
- Medial Branch Blocks/Facet Injections – (circle levels that apply) Cervical/Thoracic/Lumbar
- Nerve Blocks – Area/Nerve(s) \_\_\_\_\_
- Radiofrequency Nerve Ablation – (circle levels that apply) Cervical/Thoracic/Lumbar
- Intrathecal Pain Pump – \_\_\_\_\_
- Spinal Cord Stimulator – Trial Only/Permanent Implant \_\_\_\_\_
- Trigger Point Injections – Where? \_\_\_\_\_
- Vertebroplasty/Kyphoplasty – Level(s)? \_\_\_\_\_
- Other \_\_\_\_\_

Which of these procedures listed above have helped with your pain? \_\_\_\_\_

Please list the names of other Pain Physicians you may have seen in the past \_\_\_\_\_

**Past Medical History:**

Please check the following conditions/diseases that you have been treated for in the past:

<p style="text-align: center;"><b>Cancer/Oncology</b></p> <input type="checkbox"/> Cancer - Type _____ <input type="checkbox"/> Cancer - Type _____ <input type="checkbox"/> Cancer - Type _____	<p style="text-align: center;"><b>ENT</b></p> <input type="checkbox"/> Glaucoma <input type="checkbox"/> Vertigo <input type="checkbox"/> Hearing Problems <input type="checkbox"/> Nosebleeds
<p style="text-align: center;"><b>Cardiovascular/Hematologic</b></p> <input type="checkbox"/> Anemia <input type="checkbox"/> Heart Attack <input type="checkbox"/> Coronary Artery Disease <input type="checkbox"/> High Blood Pressure <input type="checkbox"/> Peripheral Vascular Disease <input type="checkbox"/> Stroke/TIA <input type="checkbox"/> Bleeding Disorders <input type="checkbox"/> Heart Valve Disorders <input type="checkbox"/> Presence of Stent <input type="checkbox"/> Presence of Pacemaker/Defibrillator	<p style="text-align: center;"><b>Respiratory</b></p> <input type="checkbox"/> Asthma <input type="checkbox"/> Bronchitis/Pneumonia <input type="checkbox"/> Emphysema/COPD
<p style="text-align: center;"><b>Gastrointestinal</b></p> <input type="checkbox"/> GERD (Acid Reflux) <input type="checkbox"/> Gastrointestinal Bleeding <input type="checkbox"/> Stomach Ulcers <input type="checkbox"/> IBS/Crohns Disease	<p style="text-align: center;"><b>Musculoskeletal/Rheumatologic</b></p> <input type="checkbox"/> Bursitis <input type="checkbox"/> Carpal Tunnel Syndrome <input type="checkbox"/> Fibromyalgia <input type="checkbox"/> Osteoarthritis <input type="checkbox"/> Osteoporosis <input type="checkbox"/> Rheumatoid Arthritis <input type="checkbox"/> Chronic Joint Pain <input type="checkbox"/> Other Arthritic Conditions
<p style="text-align: center;"><b>Urological</b></p> <input type="checkbox"/> Chronic Kidney Disease <input type="checkbox"/> Kidney Stones <input type="checkbox"/> Urinary Incontinence <input type="checkbox"/> Dialysis	<p style="text-align: center;"><b>Mental Health</b></p> <input type="checkbox"/> PTSD <input type="checkbox"/> Bipolar Disorder <input type="checkbox"/> ADHD <input type="checkbox"/> Depression <input type="checkbox"/> Anxiety <input type="checkbox"/> Overdose <input type="checkbox"/> Self Harm <input type="checkbox"/> Addiction
<p style="text-align: center;"><b>Neurological</b></p> <input type="checkbox"/> Multiple Sclerosis <input type="checkbox"/> Peripheral Neuropathy <input type="checkbox"/> Seizures <input type="checkbox"/> Balance Disorder <input type="checkbox"/> Head Injury <input type="checkbox"/> Headaches <input type="checkbox"/> Migraines <input type="checkbox"/> Stroke	<p style="text-align: center;"><b>Endocrinology</b></p> <input type="checkbox"/> Diabetes - Type _____ <input type="checkbox"/> Hyperthyroidism <input type="checkbox"/> Hypothyroidism
	<p style="text-align: center;"><b>Other Diagnosed Conditions</b></p> <input type="checkbox"/> _____ <input type="checkbox"/> _____

**Please check the following physicians or specialists you have consulted with for your medical care:**

- |  |   |   |   |
|--|---|---|---|
| <input type="checkbox"/> Acupuncturist | <input type="checkbox"/> Neurosurgeon       | <input type="checkbox"/> Mental Health Provider | <input type="checkbox"/> Chiropractor       |
| <input type="checkbox"/> Internist     | <input type="checkbox"/> Orthopedic Surgeon | <input type="checkbox"/> Rheumatologist         | <input type="checkbox"/> Physical Therapist |
| <input type="checkbox"/> Neurologist   | <input type="checkbox"/> Other _____        |   |   |

**Past Surgical History:** Please list any surgical procedures you have had in the past, including date:

1. \_\_\_\_\_  
Date: \_\_\_\_\_ Facility: \_\_\_\_\_
2. \_\_\_\_\_  
Date: \_\_\_\_\_ Facility: \_\_\_\_\_
3. \_\_\_\_\_  
Date: \_\_\_\_\_ Facility: \_\_\_\_\_
4. \_\_\_\_\_  
Date: \_\_\_\_\_ Facility: \_\_\_\_\_
5. \_\_\_\_\_  
Date: \_\_\_\_\_ Facility: \_\_\_\_\_

**I have never had any surgical procedures performed.**

**Family History:** Please check appropriate diagnoses as they pertain to your parents and siblings:

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Arthritis           | <input type="checkbox"/> Cancer              | <input type="checkbox"/> Diabetes             |
| <input type="checkbox"/> Headaches/Migraines | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Kidney Problems      |
| <input type="checkbox"/> Liver problems      | <input type="checkbox"/> Osteoporosis        | <input type="checkbox"/> Rheumatoid Arthritis |
| <input type="checkbox"/> Seizures            | <input type="checkbox"/> Stroke              |   |
| <input type="checkbox"/> Other _____         |  |   |

**I have no significant family medical history**

**Please use this space to provide any additional information:**

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**Social History:**

Occupation: \_\_\_\_\_ When was the last time you worked? \_\_\_\_\_

Temporary Disability       Permanent Disability       Retired       Unemployed

Are you currently under Worker’s Compensation?     Yes     No

Is there an ongoing lawsuit related to your visit today?     Yes     No

Who lives in your current household? \_\_\_\_\_

Do you use any tobacco products?     Yes     No

If yes, what kind, how much per day? \_\_\_\_\_ Number of years \_\_\_\_\_

Do you drink alcohol?     Yes       No

    If yes, how much? \_\_\_\_\_ How often? \_\_\_\_\_

Do you use recreational drugs?     Yes     No

    If yes, which drugs do you use? \_\_\_\_\_

Do you think you are addicted to the use of alcohol or recreational drugs?  Yes  No

Do you use alcohol or recreational drugs to cope with your pain?     Yes  No

Have you ever been through alcohol or chemical dependency treatment?  Yes  No

Do you have any family members that have abused alcohol or drugs?  Yes  No (If Yes, who?)

Check if you have ever had: \_\_\_\_\_ Blackouts    \_\_\_\_\_ DWI/DUI    \_\_\_\_\_ Injuries related to chemical use

**Current Medications:**

Are you currently taking any blood thinners or anti-coagulants?     Yes     No

If yes, which ones?  Aspirin  Plavix  Coumadin  Lovenox  Other \_\_\_\_\_

Please list all medications you are currently taking including, vitamins. Attach additional sheet if needed

	<u>Medication Name</u>	<u>Dose</u>	<u>Frequency</u>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
5.	_____	_____	_____
6.	_____	_____	_____
7.	_____	_____	_____

Please list all previously prescribed pain medications. Attach additional sheet if needed

	<u>Medication Name</u>	<u>Dose</u>	<u>Frequency</u>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
5.	_____	_____	_____

### Allergies:

Do you have any medication allergies?  Yes  No

If so, please list all medications that you are allergic to. Attach additional sheet if needed.

	<u>Medication Name</u>	<u>Allergic Reaction</u>
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____

Topical Allergies:  Latex       Iodine       Medical Tape       IV Contrast

### Mental Health:

Have you ever been evaluated or treated by a mental health provider? (for example, a psychologist, counselor, family therapist, psychiatrist)

- Yes (please describe): \_\_\_\_\_
- No

Have you ever been diagnosed and or hospitalized with a mental health condition? (for example, depression, anxiety, panic disorder, substance use disorder, PTSD, ADHD, bipolar disorder):

- Yes (please describe): \_\_\_\_\_
- No

Do you have a history of self-harm?

- Yes (please describe): \_\_\_\_\_
- \_\_\_\_\_
- No

## Review of Systems: Please check & discuss symptoms you currently have:

	√	Discuss		√	Discuss
<b>GENERAL</b>			Black/Tarry Stool		
Unintentional wt loss			Abdominal Pain		
Unintentional wt gain			Change in Bowel Habit		
Fevers			Decreased Appetite		
Chills			<b>GENITOURINARY</b>		
Night Sweats			Painful Urination		
Excessive Fatigue			Blood in Urine		
Insomnia			Incontinence		
<b>HEAD</b>			Discharge		
Headache			STD History		
<b>EYES</b>			<b>MUSCULOSKELETAL</b>		
Vision changes			Back Pain		
<b>EARS</b>			Joint Pain		
Decreased Hearing			Joint Swelling		
Ringing in Ears			Joint Redness		
Earaches			Muscle Aches		
<b>NOSE</b>			<b>ENDOCRINOLOGY</b>		
Recurrent nosebleed			Heat/Cold Intolerance		
Sinus infections			Increased Thirst		
<b>NECK</b>			Change in Hair Pattern		
Stiffness			<b>SKIN</b>		
Enlarged gland			Changes in Moles		
<b>MOUTH</b>			Rashes		
Hoarseness			<b>HEMATOLOGY</b>		
Sore throat			Easy Bruising		
<b>CARDIOVASCULAR</b>			Anemia		
Chest Pain with Resting			Abnormal Bleeding		
Chest Pain with Activity			Enlarged Lymph Nodes		
Palpitations			<b>NEUROLOGY</b>		
Sleep on > 2 pillows			Headaches		
Leg Swellings			Fainting		
Hypertension			Dizziness		
Leg Pain with Exercise			Seizures		
<b>PULMONARY</b>			Numbness/Tingling		
Shortness of Breath			Blurred Vision		
Recurrent Cough			Decreased Memory		
Sputum Production			Abnormal Gait		
Coughing up Blood			Tremor		
Asthma/Wheezing			<b>GYNECOLOGY</b>		
Tuberculosis Exposed			Abnormal Periods		
<b>GASTROINTESTINAL</b>			Heavy Periods		
Nausea/Vomiting			<b>MENTAL HEALTH</b>		
Diarrhea/constipation			Depression		
Red blood in stool			Anxiety		
			Nervousness		