During the COVID-19 outbreak, our commitment is to continue to offer expectant mothers and babies exactly what they deserve: expert guidance, top-level safety, exceptional care, respect, and empathy. To provide the safest environment for expectant mothers, babies, visitors, and our staff, we have updated our support person guidelines to help expectant mothers know what to expect during their labor and delivery.

**LABOR AND DELIVERY PATIENTS:** Can have one designated support person during their hospital stay. Please note: A doula is considered a “support person.”

**UPDATED SUPPORT PERSON GUIDELINES**

1. **Upon hospital arrival for assessment or delivery, you will have a wellness check.** This includes having your temperature taken and answering a few questions to determine your COVID-19 status. Note: If you received a mask during a clinic visit, please bring it with you to the hospital.

2. **After the triage process, your support person may join you in the labor and delivery unit if you are admitted and he or she is not exhibiting any COVID-19 symptoms.** Before meeting you in the labor and delivery unit, your support person will have a ***wellness check and receive a mask.** Note: If applicable, please have your support person bring a cloth mask from home.

3. During your hospital stay, your support person will be asked if they are experiencing any COVID-19 symptoms and have their temperature taken twice a day. **If symptoms develop, your support person will need to leave the hospital.**

4. You and your support person are strongly encouraged to remain in your room during your hospital stay. Cloth masks must be worn when care providers are present or when you are outside of your room.

*If you are coming to the hospital for a non-urgent concern, “such as blood pressure check”, “non-stress test”, or another reason with the likelihood you will go home, we strongly encourage that your support person remains at home or waits for you outside the hospital. However, If you are having a Version or an OB Surgical procedure your support person may stay with you at the hospital.

**During triage, compassionate care exceptions will be made on a case-by-case basis.

***A wellness check includes a temperature screening and answering a few questions to determine COVID-19 status. If your support person exhibits any COVID-19 symptoms, he or she will not be allowed in the labor and delivery unit.

****In the event your support person is not able to stay, an alternate support person may join you. **Please note:** Your new support person will need to follow the same guidelines as mentioned above.