

Please use this directory to access mental health and addiction services and programs within Allina Health.

**Allina Health clinics Mental Health Services**

Annandale, Psychology	Hopkins, Psychology
Bandana Square, St. Paul, Psychology, mental health consultant	Inver Grove Heights, Psychology
Blaine, Psychology	Isanti, Psychiatry, psychology, , psychiatry consult model*
Bloomington, Psychiatry, psychology	Isles, Minneapolis, Psychology
Brooklyn Park, Psychology	Lakeville, Psychology
Buffalo, Psychology, mental health consultant	Maplewood, Psychology
Cambridge, Psychiatry, psychology	Maple Grove, Psychiatry, psychology, psychiatry consult model*
Champlin, Psychology	Nicollet Mall, Minneapolis, Psychology
Cokato, Psychology	Northfield, Psychiatry, psychology, psychiatry consult model*, mental health consultant
Coon Rapids, Psychiatry, psychology, psychiatry consult model*, mental health consultant	Plymouth, Psychology
Cottage Grove, Psychology	Ramsey, Psychology
Eagan, Psychology	Richfield, Psychology
East Lake Street, Minneapolis Mental health consultant	St. Michael, Psychology
Edina, Psychology	Shakopee, Psychiatry, psychology, mental health consultant
Faribault, Psychology, mental health consultant	Shoreview, Psychology
Farmington, Psychology	Uptown, Minneapolis, Psychology
Forest Lake, Psychology	Vadnais Heights, Psychology
Fridley, Psychology	West St. Paul, Psychology
Hastings, Psychiatry, psychology	Woodbury, Psychiatry, psychology, psychiatry consult model*, mental health consultant
Highland Park, St. Paul, Psychology	

\*Psychiatry or psychology consult teams partner with a patient's primary care provider and often see patients for an average of one to three visits. Once a care plan has been established, the consulting psychiatry/psychology provider transitions the patient's care back to the primary care provider for ongoing management.

[allinahealth.org/mentalhealthandaddiction](http://allinahealth.org/mentalhealthandaddiction)

**Outpatient Clinics for Mental Health**

- Child, Adolescent and Adult*
- Allina Health Mental Health - Abbott Northwestern Clinic
- Allina Health Mental Health - Abbott Northwestern–WestHealth Clinic
- Allina Health Mental Health - Mercy Hospital – Unity Clinic
- Allina Health Mental Health - United Clinic

**Abbott Northwestern Hospital, Minneapolis, MN**

- Child, Adolescent and Adult Mental Health Services*
- Assessment and Referral **24/7**
- Bariatric Pre-Screening
- Day Treatment Program – Adult
- ECT: Electroconvulsive therapy
- Inpatient Program – Child, Adolescent, Adult
- Outpatient Clinic – Child, Adolescent, Adult
- Partial Hospitalization Program – Adult
- Post-partum support
- TMS: Transcranial Magnetic Stimulation for depression

**Abbott Northwestern – WestHealth, Plymouth, MN**

- Child, Adolescent and Adult Mental Health Services*
- Assessment and Referral **24/7**
- Outpatient Clinic – Child, Adolescent, Adult
- Partial Hospitalization Program – Adolescent

**Cambridge Medical Center, Cambridge, MN**

- Child, Adolescent and Adult Mental Health*
- Adolescent and Adult Substance Abuse*
- Assessment and Referral **24/7**
- Inpatient Program for Mental Health – Adult
- Outpatient Clinic with Mental Health – Child, Adolescent and Adult
- Outpatient Programs for Addiction – Adolescent, Adult
- Residential Programs for Addiction – Adult



Your one number for any mental health or addiction service, question or concern.

## **Mercy Hospital, Coon Rapids, MN**

*Adult Mental Health*

Assessment and Referral **24/7**

Day Treatment – Adult Mental Health Outpatient Program: (AMHOP)

Partial Hospitalization Program – Adult

## **Mercy Hospital – Unity Campus, Fridley, MN**

*Child, Adolescent, Adult and Geriatric Mental Health*

*Adult Substance Abuse*

Assessment and Referral **24/7**

ADD/ADHD for Children

Bariatric Pre-Screening

ECT: Electroconvulsive therapy

Inpatient Program for Addiction – Adult

Inpatient Program for Mental Health – Adult, Geriatric

Mental Health Specialty Services for Substance Use Disorders

Outpatient Clinic for Mental Health – Child, Adolescent, Adult

Outpatient Programs for Addiction – Adult

## **New Ulm Medical Center, New Ulm, MN**

*Child, Adolescent and Adult Mental Health,*

*Adolescent and Adult Substance Abuse*

Assessment and Referral **24/7**

Inpatient program for Mental Health – Adolescent (16+), Adult

Outpatient Clinic for Mental Health – Child, Adolescent, Adult:

- Mankato
- New Ulm
- Springfield

Outpatient Programs for Substance Abuse – Adolescent, Adult:

- Mankato
- New Ulm

Residential Program for Substance Abuse – Adult

## **Owatonna Hospital, Owatonna, MN**

*Adult Mental Health*

Assessment and Referral **24/7**

Inpatient Program for Mental Health – Adult

## **United Hospital, St. Paul, MN**

*Child, Adolescent, Adult and Geriatric Mental Health*

Assessment and Referral **24/7**

After School Program for Mental Health – Adolescents

Bariatric Pre-Screening

Day Treatment Program for Mental Health – Adult, Geriatric

ECT: Electroconvulsive therapy

Inpatient Program for Mental Health – Adolescent, Adult, Geriatric

Outpatient Clinic – Child, Adolescent, Adult, Geriatric

Partial Hospitalization Program – Adolescents, Adults

## **ADDITIONAL SERVICES**

*Group therapy – mental health classes and groups*

Group Therapy is a form of counseling where up to eight participants meet in a group setting where participants of the group typically face similar issues such as anxiety, insomnia, depression, family problems or addiction.

These groups are offered at outpatient clinics across the Allina Health system.