Please use this directory to access mental health and addiction services and programs within Allina Health.

**Allina Health clinics Mental Health Services**

Annandale,
Psychology

Bandana Square, St. Paul,
Psychology, mental health consultant

Blaine,
Psychology

Bloomington,
Psychiatry, psychology

Brooklyn Park,
Psychology

Buffalo,
Psychology, mental health consultant

Cambridge,
Psychiatry, psychology

Champlin,
Psychology

Cokato,
Psychology

Coon Rapids,
Psychiatry, psychology, psychiatry consult model*, mental health consultant

Cottage Grove,
Psychology

Eagan,
Psychology

East Lake Street, Minneapolis
Mental health consultant

Edina,
Psychology

Faribault,
Psychology, mental health consultant

Farmington,
Psychology

Forest Lake,
Psychology

Fridley,
Psychology

Hastings,
Psychiatry, psychology

Highland Park, St. Paul,
Psychology

Hopkins,
Psychology

Inver Grove Heights,
Psychology

Isanti,
Psychiatry, psychology, psychiatry consult model*

Isles, Minneapolis,
Psychology

Lakeville,
Psychology

Maplewood,
Psychology

Maple Grove,
Psychiatry, psychology, psychiatry consult model*

Nicollet Mall, Minneapolis,
Psychology

Northfield,
Psychiatry, psychology, psychiatry consult model*, mental health consultant

Plymouth,
Psychology

Ramsey,
Psychology

Richfield,
Psychology

St. Michael,
Psychology

Shakopee,
Psychiatry, psychology, mental health consultant

Shoreview,
Psychology

Uptown, Minneapolis,
Psychology

Vadnais Heights,
Psychology

West St. Paul,
Psychology

Woodbury,
Psychiatry, psychology, psychiatry consult model*, mental health consultant

*Psychiatry or psychology consult teams partner with a patient’s primary care provider and often see patients for an average of one to three visits. Once a care plan has been established, the consulting psychiatry/psychology provider transitions the patient’s care back to the primary care provider for ongoing management.

**Abbott Northwestern Hospital, Minneapolis, MN**

**Outpatient Clinics for Mental Health**

Child, Adolescent and Adult

Allina Health Mental Health - Abbott Northwestern Clinic

Allina Health Mental Health - Abbott Northwestern–WestHealth Clinic

Allina Health Mental Health - Mercy Hospital – Unity Clinic

Allina Health Mental Health - United Clinic

**Abbott Northwestern – WestHealth, Plymouth, MN**

**Child, Adolescent and Adult Mental Health Services**

Assessment and Referral 24/7

Inpatient Program – Child, Adolescent, Adult

Outpatient Clinic – Child, Adolescent, Adult

Partial Hospitalization Program – Adult

Post-partum support

TMS: Transcranial Magnetic Stimulation for depression

**Cambridge Medical Center, Cambridge, MN**

**Child, Adolescent and Adult Mental Health**

**Adolescent and Adult Substance Abuse**

Assessment and Referral 24/7

Inpatient Program for Mental Health – Adult

Outpatient Clinic with Mental Health – Child, Adolescent and Adult

Outpatient Programs for Addiction – Adolescent, Adult

Residential Programs for Addiction – Adult

allinahealth.org/mentalhealthandaddiction

Your one number for any mental health or addiction service, question or concern.
Mercy Hospital, Coon Rapids, MN
Adult Mental Health
Assessment and Referral 24/7
Day Treatment – Adult Mental Health Outpatient Program: (AMHOP)
Partial Hospitalization Program – Adult

Mercy Hospital – Unity Campus, Fridley, MN
Child, Adolescent, Adult and Geriatric Mental Health
Adult Substance Abuse
Assessment and Referral 24/7
ADD/ADHD for Children
Bariatric Pre-Screening
ECT: Electroconvulsive therapy
Inpatient Program for Addiction – Adult
Inpatient Program for Mental Health – Adult, Geriatric
Mental Health Specialty Services for Substance Use Disorders
Outpatient Clinic for Mental Health – Child, Adolescent, Adult
Outpatient Programs for Addiction – Adult

New Ulm Medical Center, New Ulm, MN
Child, Adolescent and Adult Mental Health,
Adolescent and Adult Substance Abuse
Assessment and Referral 24/7
Inpatient program for Mental Health – Adolescent (16+), Adult
Outpatient Clinic for Mental Health – Child, Adolescent, Adult:
  – Mankato
  – New Ulm
  – Springfield
Outpatient Programs for Substance Abuse – Adolescent, Adult:
  – Mankato
  – New Ulm
Residential Program for Substance Abuse – Adult

Owatonna Hospital, Owatonna, MN
Adult Mental Health
Assessment and Referral 24/7
Inpatient Program for Mental Health – Adult

United Hospital, St. Paul, MN
Child, Adolescent, Adult and Geriatric Mental Health
Assessment and Referral 24/7
After School Program for Mental Health – Adolescents
Bariatric Pre-Screening
Day Treatment Program for Mental Health – Adult, Geriatric
ECT: Electroconvulsive therapy
Inpatient Program for Mental Health – Adolescent, Adult, Geriatric
Outpatient Clinic – Child, Adolescent, Adult, Geriatric
Partial Hospitalization Program – Adolescents, Adults

ADDITIONAL SERVICES
Group therapy – mental health classes and groups
Group Therapy is a form of counseling where up to eight participants meet in a group setting where participants of the group typically face similar issues such as anxiety, insomnia, depression, family problems or addiction.
These groups are offered at outpatient clinics across the Allina Health system.