Please use this directory to access mental health services and programs within Allina Health.

**Allina Health clinics Mental Health Services**

| Allina Health Mental Health Outpatient Clinics | Abbott Northwestern Clinic – Child, Adolescent, Adult  
| Allina Health Mental Health Outpatient Clinics | Abbott Northwestern–WestHealth Clinic – Child, Adolescent, Adult  
| Allina Health Mental Health – Unity Clinic – Child, Adolescent, Adult  
| United Clinic – Child, Adolescent, Adult, Geriatric  
| Abbott Northwestern Hospital, Minneapolis, MN  
| Abbott Northwestern – WestHealth, Plymouth, MN  
| Allina Health Mental Health – Unity Clinic – Child, Adolescent, Adult  
| United Clinic – Child, Adolescent, Adult, Geriatric  

**Abbott Northwestern Hospital, Minneapolis, MN**

*Child, Adolescent and Adult Mental Health*

Assessment and Referral **24/7**

- Adult Partial Program
- Electrotherapy
- Outpatient Clinic Referrals – Child, Adolescent, Adult
- Park House HIV/AIDS Day Treatment Program

**Abbott Northwestern – WestHealth, Plymouth, MN**

*Child and adolescent*

Assessment and Referral **24/7**

- Child and Adolescent Partial Program
- Outpatient Clinic Referrals – Child and adolescent

**Cambridge Medical Center, Cambridge, MN**

*Adult Mental Health and Substance Abuse*

Assessment and Referral **24/7**

- Adult Outpatient Clinic
- Adult Substance Abuse Outpatient, Inpatient and Residential Programs
- Adolescent Outpatient Substance Abuse Treatment Program

**Mercy Hospital, Coon Rapids, MN**

*Adult Mental Health*

Assessment and Referral **24/7**

- Adult Outpatient Program: (AMHOP)
- Adult Partial Program

(over)
**SERVICES**

*Group therapy – mental health classes and groups*
A form of counseling where up to eight participants meet in a group setting where participants of the group typically face similar issues such as anxiety, insomnia, depression, family problems or addiction.

*ECT: Electroconvulsive therapy*
Abbott Northwestern Hospital
Mercy Hospital
New Ulm Medical Center
United Hospital

*Transcranial magnetic stimulation (TMS) for depression*
Abbott Northwestern Hospital
612-863-6809

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**Mercy Hospital – Unity Campus, Fridley, MN**

*Adult and Geriatric Mental Health*

Adult Inpatient Program
Assessment and Referral
Geriatric Inpatient Program
Child, Adolescent, Adult and Geriatric Substance Abuse
Outpatient Services
Inpatient Services

**New Ulm Medical Center, New Ulm, MN**

*Child, Adolescent and Adult Mental Health, and Substance Abuse*

Adult and Adolescent Inpatient Psychiatric Unit 24/7
Outpatient Clinic Referrals – Child, Adolescent, Adult:
– Mankato
– New Ulm
– Springfield
Adult Substance Abuse Residential Services
Adult and Adolescent Substance Abuse
Outpatient Services:
– Mankato
– New Ulm

**Owatonna Hospital, Owatonna, MN**

*Adult Mental Health*

Adult Inpatient Program
Adult Outpatient Referrals
Human Relations Center (HRC)

**United Hospital, St. Paul, MN**

*Child, Adolescent, Adult and Geriatric Mental Health*

Assessment and Referral 24/7
Geriatric Inpatient Referrals
Adult Partial Program Referrals
Adult Day Treatment Referrals
 Adolescent Partial Outpatient Program Referrals
Outpatient Clinic Referrals – Child, Adolescent, Adult, Geriatric