

Please use this directory to access mental health services and programs within Allina Health.

## Allina Health clinics Mental Health Services

Bandana Square, St. Paul, MN Psychology	Lakeville, MN Psychology
Blaine, MN Psychology	Maplewood, MN Psychology
Bloomington, MN Psychiatry, psychology	Maple Grove, MN Psychiatry, psychology
Brooklyn Park, MN Psychology	Nicollet Mall, Minneapolis, MN Psychology
Buffalo, MN Psychology	North Branch, MN Psychology
Cambridge, MN Psychiatry, psychology	Northfield, MN Psychiatry, psychology
Coon Rapids, MN Psychiatry, psychology	Plymouth, MN Psychology
Cottage Grove, MN Psychology	Ramsey, MN Psychology
Eagan, MN Psychology	Richfield, MN Psychology
Edina, MN Psychology	St. Michael, MN Psychology
Faribault, MN Psychology	Shakopee, MN Psychiatry, psychology
Farmington, MN Psychology	Shoreview, MN Psychology
Forest Lake, MN Psychology	Uptown, Minneapolis, MN Psychology
Hastings, MN Psychiatry, psychology	Vadnais Heights, MN Psychology
Highland Park, St. Paul, MN Psychology	West St. Paul, MN Psychology
Isles, Minneapolis, MN Psychology	Woodbury, MN Psychology, psychiatry

## Allina Health Mental Health Outpatient Clinics

Abbott Northwestern Clinic – Child, Adolescent, Adult  
 Abbott Northwestern–WestHealth Clinic – Child, Adolescent, Adult  
 Allina Health Mental Health – Unity Clinic – Child, Adolescent, Adult  
 United Clinic – Child, Adolescent, Adult, Geriatric

### Abbott Northwestern Hospital, Minneapolis, MN

*Child, Adolescent and Adult Mental Health*

Assessment and Referral **24/7**

Adult Partial Program

Electrotherapy

Outpatient Clinic Referrals – Child, Adolescent, Adult

Park House HIV/AIDS Day Treatment Program

### Abbott Northwestern – WestHealth, Plymouth, MN

*Child and adolescent*

Assessment and Referral **24/7**

Child and Adolescent Partial Program

Outpatient Clinic Referrals – Child and adolescent

### Cambridge Medical Center, Cambridge, MN

*Adult Mental Health and Substance Abuse*

Assessment and Referral **24/7**

Adult Outpatient Clinic

Adult Substance Abuse Outpatient, Inpatient and Residential Programs

Adolescent Outpatient Substance Abuse Treatment Program

### Mercy Hospital, Coon Rapids, MN

*Adult Mental Health*

Assessment and Referral **24/7**

Adult Outpatient Program: (AMHOP)

Adult Partial Program

(over)



## **Mercy Hospital – Unity Campus, Fridley, MN**

*Adult and Geriatric Mental Health*

Adult Inpatient Program  
Assessment and Referral  
Geriatric Inpatient Program  
Child, Adolescent, Adult and Geriatric  
Substance Abuse  
Outpatient Services  
Inpatient Services

## **New Ulm Medical Center, New Ulm, MN**

*Child, Adolescent and Adult Mental Health,  
and Substance Abuse*

Adult and Adolescent Inpatient Psychiatric Unit **24/7**  
Outpatient Clinic Referrals – Child,  
Adolescent, Adult:  
– Mankato  
– New Ulm  
– Springfield  
Adult Substance Abuse Residential Services  
Adult and Adolescent Substance Abuse  
Outpatient Services:  
– Mankato  
– New Ulm

## **Owatonna Hospital, Owatonna, MN**

*Adult Mental Health*

Adult Inpatient Program  
Adult Outpatient Referrals  
Human Relations Center (HRC)

## **United Hospital, St. Paul, MN**

*Child, Adolescent, Adult and Geriatric Mental Health*

Assessment and Referral **24/7**  
Geriatric Inpatient Referrals  
Adult Partial Program Referrals  
Adult Day Treatment Referrals  
Adolescent Partial Outpatient Program Referrals  
Outpatient Clinic Referrals – Child, Adolescent, Adult, Geriatric

## **SERVICES**

*Group therapy – mental health classes  
and groups*

A form of counseling where up to eight participants meet in a group setting where participants of the group typically face similar issues such as anxiety, insomnia, depression, family problems or addiction.

*ECT: Electroconvulsive therapy*

Abbott Northwestern Hospital  
Mercy Hospital  
New Ulm Medical Center  
United Hospital

*Transcranial magnetic stimulation (TMS)  
for depression*

Abbott Northwestern Hospital  
612-863-6809