



Medical Services

- Red Door Clinic: 612-543-5555
- People's Center Health Services: 612-332-4973
- Planned Parenthood: 1-877-855-7526
- Clinic 555: 651-266-1255
- Nucleus Clinic: 763-755-5300
- West Suburban Teen Clinic: 952-474-3251
- Annex Teen Clinic: 763-533-1316 (<23 yr)
- Aliveness Project: 612-822-7946 (HIV)



Forensic Nursing Program
Internal Mail Route 53241
550 Osborne Road
Fridley, MN 55432
(Phone and Fax) 763-236-4172

allinahealth.org

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ALLINA HEALTH

Community Resource Guide

Forensic Nursing Program



Crisis Numbers

SEXUAL ASSAULT

- Alexandra House: 763-780-2330 (Anoka County)
- Aurora Center (U of M): 612-626-9111 (Mpls)
- CADA (Committee Against Domestic Violence) 1-800-477-0466 (Brown, Sibley County)
- Central MN Sexual Assault Center: 1-800-237-5090 (St. Cloud)
- Hope Center: 1-800-607-2330 (Faribault, Rice County)
- PEARL Crisis Center: 1-800-933-6914 (Mille Lacs County)
- Sexual Violence Center: 612-871-5111 (Hennepin County)
- SOS: 651-266-1000 (Ramsey County)
- Family Pathways: 763-689-3532 (Isanti County)
- 360 Communities: 651-405-1500 (Dakota County)
- Rape and Sexual Abuse Center: 612-825-4357
- National Human Trafficking Hotline: 1-888-373-7888
- Hope Coalition: 1-800-519-6690 (Red Wing)
- Mille Lacs Band of Ojibwe: 1-320-532-7539 or 1-320-630-2687 (sexual or DV) (Mille Lacs County)
- Crisis Resource: 1-800-451-1202 (Steele County, Owatonna)

DOMESTIC VIOLENCE

(Day One: 1-866-223-1111)

- Alexandra House: 763-780-2330 (Anoka County)
- Anna Marie's: 1-320-253-6900 (St. Cloud)
- CADA (Committee Against Domestic Violence) 1-800-477-0466 (Brown, Sibley County)
- Casa de Esperanza: 651-772-1611 (Mpls)
- Crisis Resource: 1-800-451-1202 (Steele County, Owatonna)
- Harriet Tubman: 612-825-0000 (Maplewood & Mpls)
- Hope Center: 1-800-607-2330 (Faribault, Rice County)
- St. Paul Domestic Violence Project: 651-645-2824 (Ramsey County)
- Rivers of Hope: 763-295-3433 (Wright, Sherburne County)
- Hope Coalition: 1-800-369-5214 (Red Wing)

GENERAL CRISIS

- Crisis Connection: 612-379-6363
- HCMC Crisis Intervention Center: 612-873-3161
- United Way: 612-813-8300
- COPE: 612-596-1223 (adults) or 612-348-2233 (under 17)

Cultural Specific

MENTAL HEALTH/COUNSELING

African/Somali

- Brian Coyle Center: 612-338-5282 (Mpls)

Hispanic

CLUES: 612-746-3500 (Mpls)

Native American

- MN Indian Woman's Resource Service: 612-728-2000 (Mpls)
- Indian Health Board: 612-721-9000/ 612-871-1989 (Pharmacy) (Mpls)
- Mille Lacs Band of Ojibwe: 1-320-532-7539 or 1-320-630-2687 (Mille Lacs County)

Southeast Asian

- Asian Woman United: 612-724-8823 (Mpls)
- Southeast Asian Services: 651-280-2310 (St. Paul)

Gay, Lesbian, Bisexual, Transgender

- RECLAIM: 612-235-6743 (youth 13-25) (Mpls)
- PRIDE Institute: 1-800-547-7433 (Mpls)
- Trans Youth Support Network: 612-363-7574 (Mpls)
- MN Trans Health Coalition: 612-823-1152 (Mpls)



Shelters

WOMEN

- Women's Shelter Hotline: 1-888-234-1329
- Alexandra House: 763-780-2330 (Anoka County)
- AWU of MN/House of Peace: 612-724-8823 (Asian)
- Casa de Esperanza: 651-772-1723 or 651-772-1611 (Latina)
- Cornerstone: 952-884-0330 (Hennepin County)
- Harriet Tubman: 612-825-0000 (Mpls & Maplewood)
- Simpson Woman's Shelter: 612-874-8683(day) 612-871-1138 (after 5 p.m.) (Mpls)
- Woman of Nations: 1-877-209-1266 (St. Paul)
- Home Free: 763-559-9008 (Plymouth/surrounding area)
- Hope Coalition: 1-800-519-6690 (Sexual Assault) 1-800-369-5214 (DV) (Red Wing)
- Woman's Shelter: 1-507-285-1010 (Rochester)
- Mille Lacs Band Woman's Shelter: 1-866-867-4006
- Ruth's House: 1-507-332-2236 (Faribault, Rice County)
- Lewis House (Dakota County-Eagan): 651-452-7288
- Lewis House (Dakota County-Hastings): 651-437-1291

WOMEN AND MEN

- Harbor Light Center: 612-767-3100 (Mpls)
- Our Savior's Shelter: 612-872-4193 (Mpls)

FAMILIES

- People Serving People: 612-332-4500 (Mpls)
- Families Moving Forward: 612-529-2185 (Mpls)
- Family Place/Mary's Hall: 651-225-9354 (St. Paul)
- St. Anne's Place: 612-521-2128 (Mpls)

YOUTH-YOUTH LINK/PROJECT OFF STREETS: 612-252-1200

- Avenues (15-20): 612-522-1690 (Mpls)
- The Bridge (10-17): 612-377-8800 (Mpls)
- Hope Street (16-20): 612-204-8211 (Mpls)
- LSS Safe House (16-20): 651-644-3446 (St. Paul)
- LSS Life Haven (16-17 w/children): 651-776-9805 (St. Paul)
- YMCA Point Northwest Host Home: 763-535-4800
- Ain Dah Yung: 651-227-4184 (native) (St. Paul)
- Runaway Youth Switchboard: 1-800-786-2929
- Hope 4 Youth 763-323-2066 (Anoka)