

Weight Management - Kids, Teens and Young Adults Program Billing and Insurance Worksheet

Thank you for choosing Allina Health Weight Management – Kids, Teens and Young Adults Program. Our mission is to provide an exceptional experience in our clinic setting.

We know that insurance coverage, billing, payments, co-payments and deductibles can be confusing. Although it is **your responsibility** to know this information the following tips may help clarify your individual coverage and insurance eligibility for weight loss services.

Determining Your Health Insurance Coverage Questions to ask your insurance provider

To learn about your specific coverage, call your insurance provider before your first appointment.

Look for the telephone number on your membership card. Use this worksheet as a guide to help you get a clear idea of your coverage.

Date/Time of call _____

Person spoken to _____

Reference number of call _____

Is Dr. _____

in-network? yes no

If “yes” to the first three questions:

1. What is the effective date of my insurance plan? _____

Is this a plan year or calendar year? _____

If a plan year, plan start date _____ to _____

2. What is my maximum out-of-pocket? _____

3. What is my deductible? _____

4. What is my co-pay for clinic visits? _____

It is important for you to understand your benefits, deductibles and coinsurance. You may be responsible for part or all of the payment for these appointments.

Important

If additional testing or procedures are needed, check with your insurance provider to find out if you need a referral from your primary care provider **before** you have the test or procedure.

Important

The person you speak with may need the following information:

■ **Provider:**

— 99205

— 99245

— 99214

■ **Dietician:**

— 97802

— 97803

■ **Physical Therapy:**

— 97802

— 97110

— 97112

— 97116

— 97161

— 97162

— 97163

— 97164