How to Change a Jejunostomy Tube (J-tube) Dressing

Option 1

Step 1
- Gather your supplies:
  - 1 drain sponge
  - 1-inch silk tape
- Wash your hands.

Step 2
- Put 1 drain sponge under the bumper of the feeding tube.

Step 3
- Fold the first side of the drain sponge inward toward the bumper.
- Cover the bumper completely.

Step 4
- Fold the other side of the drain sponge inward toward the bumper.
- Cover the bumper completely.

Step 5
- Use 2 pieces of 1-inch silk tape to secure the dressing.
- The tape should touch the tube part of the J-tube. You should not see the bumper.

Step 6
- Put a piece of 1-inch silk tape on the loose tubing.

Notes
- Members of your health care team will show you how to change a jejunostomy tube (J-tube) dressing.
- Keeping the J-tube secure will help you feel more comfortable. It will also help keep the J-tube from moving or leaking.
- Follow any directions you receive from your surgeon.
How to Change a Jejunostomy Tube (J-tube) Dressing

Option 2

Step 1
- Gather your supplies:
  - 1 drain sponge
  - segmented Medipore™ tape
- Wash your hands.

Step 2
- Put 1 drain sponge under the bumper of the feeding tube.

Step 3
- Fold the first side of the drain sponge inward toward the bumper.
- Cover the bumper completely.

Step 4
- Fold the other side of the drain sponge inward toward the bumper.
- Cover the bumper completely.

Step 5
- Use 3 segments of tape to secure the dressing.
- The tape should touch the tube part of the J-tube. You should not see the bumper.

Step 6
- Secure the loose tubing with another segment of tape.

Notes
- Members of your health care team will show you how to change a jejunostomy tube (J-tube) dressing.
- Keeping the J-tube secure will help you feel more comfortable. It will also help keep the J-tube from moving or leaking.
- Follow any directions you receive from your surgeon.