

Connect & Care

An Allina Health Foundation Impact Report



YOUR IMPACT

Finding possibility again

page 12

Welcome



Dear Friends,

August is one of my favorite times of year in Minnesota. The hydrangeas are blooming, gardens are full and there is still time to enjoy the best of summer before the seasons begin to change. It is also a time that reminds me how grateful I am for the people who make our work possible.

As I look through the stories in this issue, I am reminded of what can happen when people come together to support one another.

This summer, many of you joined us to celebrate the opening of the Richard M. Schulze Surgical and Critical Care Center at Abbott Northwestern Hospital. It was an extraordinary week and a remarkable milestone for Allina Health. Soon, the first patients will walk through its doors and receive care in a space made possible through vision, generosity and years of planning.

You will also read about two new mobile cancer screening programs bringing breast and lung cancer screenings directly into communities across Minnesota and western Wisconsin. For some patients, easier access to screening could make all the difference. Thanks to philanthropic support, these services are helping bring care closer to where people live and work.

Innovation is another thread woven throughout this issue. You'll meet Dr. Alan Bank, whose work is helping heart failure patients feel better and live healthier lives. What I appreciate most about his story is that it reflects something I see throughout Allina Health every day. Our physicians, researchers and care teams never stop asking how care can be better, and then doing the work to make it so.

One story that especially stayed with me is Diane's. After a spinal cord injury changed her life, she turned to Courage Kenny for rehabilitation and support. Today, she continues her recovery through donor-supported programs and recently earned a third-place award for her watercolor painting at the Art of Possibilities Art Show & Sale. Her story is a reminder that progress isn't always measured in big moments. Sometimes it happens one step, one goal or even one brushstroke at a time.

You may also notice that Allina Health has a refreshed look. While our brand is evolving, our purpose remains the same. We are here to care for people, strengthen communities and help improve lives.

At the heart of every story in this issue are people — patients, families, caregivers, volunteers, researchers and donors. Each reminds us why this work matters.

Thank you for being part of it. You help expand access to care, support innovation and create opportunities for healthier lives across Minnesota and western Wisconsin.

There is much to celebrate, and there is still important work ahead. I am grateful for your partnership and all that you make possible.

With gratitude,

A handwritten signature in black ink, appearing to read 'Troy Lindloff'.

Troy Lindloff
President, Allina Health Foundation

Blue Hydrangeas
by Sal Panasci,
Art of Possibilities artist



New Ulm: Among the nation's best

New Ulm Medical Center has earned a 5-Star Overall Hospital Quality Rating from the Centers for Medicare & Medicaid Services (CMS), placing it among the nation's top-performing hospitals.

The rating reflects excellence across quality, safety, patient outcomes and patient experience. For patients and families in southern Minnesota, it means access to nationally recognized care close to home. This achievement reflects the dedication of caregivers, physicians and staff who are committed to delivering exceptional care every day.

A gift that helps babies hear the world

Thanks to a generous \$5,000 gift from the Sertoma Club, New Ulm Medical Center is upgrading its newborn hearing screening equipment. This investment will help ensure the hospital's youngest patients receive early hearing screenings, supporting healthy development from the very beginning.

Representatives from the Sertoma Club joined New Ulm Medical Center caregivers to celebrate the gift.



What you may notice from Allina Health

As you read this issue of Connect and Care or see Allina Health in your community, you may notice a refreshed look and feel. This reflects an evolution of our brand, guided by our mission and our commitment to the people we serve. This update helps make it easier for patients and families to recognize the full scope of care available through Allina Health, from preventive services to advanced specialty care, all connected and close to home. What has not changed is who we are. Our focus remains on compassionate care, trusted expertise, and the communities who rely on us every day.

Partnership update

Earlier this year, Allina Health announced plans to join Sutter Health as part of a shared vision to strengthen nonprofit health care and expand access to care. In May, Allina Health President and CEO Lisa Shannon and Sutter Health President and CEO Warner Thomas joined leaders from both organizations to sign a definitive agreement, marking an important milestone as the partnership moves through the required regulatory review process.

For donors and friends, our commitment remains unchanged. The Allina Health Foundation will continue to operate as a Minnesota-based nonprofit organization, and all gifts will continue to be used according to your intent in support of local patients, programs and communities. Allina Health will continue operating under its current name and remain headquartered in Minneapolis.

Your generosity continues to make a meaningful difference for patients and families across Minnesota and western Wisconsin. Through philanthropy, you help advance priorities such as mental health and addiction care, specialty services and innovative approaches to care. We are grateful for your partnership and will continue to keep you informed as this process moves forward.



A Night at Allianz Field

This summer, the Allina Health Foundation welcomed a group of donors to the Minnesota United FC Owners Suite for Allina Health Title Day at Allianz Field. It was a wonderful evening to connect, celebrate and thank the supporters whose generosity helps advance healthier lives across our communities.

While Minnesota United and the Vancouver Whitecaps played to a scoreless draw, the evening was a winning opportunity to strengthen friendships, share stories and celebrate the partnership between our donors and Allina Health. We are grateful to everyone who joined us.

Bringing cancer screening closer to home

For many people, something as simple as distance can delay an important cancer screening. Thanks to the generous support of **Otto Bremer Trust**, Allina Health Cancer Institute is helping make breast and lung cancer screenings more accessible through two new mobile programs: **Mammo on the Move** and **L.I.F.E. (Lung Imaging for Early Detection)**. The L.I.F.E. unit is the first mobile lung cancer screening program of its kind in Minnesota.

This summer, community partners, supporters and Allina Health leaders gathered to celebrate the launch of the two mobile units, which will bring screening services directly to communities across Minnesota and western Wisconsin. The impact was already visible before the official ribbon cutting. In May, Mammo on the Move participated in the Susan G. Komen Race for the Cure at Viking Lakes in Eagan, where attendees toured the unit and learned more about the importance of breast cancer screening.

As Dr. Badrinath Konety, president of Allina Health Cancer Institute, shared, **"Early detection saves lives, and Mammo on the Move is an important step toward improving access and reducing barriers to preventive breast care."**

Patients visiting Mammo on the Move receive the same advanced screening technology and expert care available at Allina Health Cancer Institute locations. The mobile mammography unit will make regular stops at clinics that do not currently offer mammography services, making screening more convenient.

Otto Bremer Trust's support is helping bring these services directly into communities, making it easier for people to receive recommended screenings and take an important step toward protecting their health.



Expanding access to orthopedic care in Coon Rapids

Getting injured or living with chronic joint pain can make everyday activities more difficult. That's why Allina Health continues to invest in expanding care across our region. To meet growing demand in the north metro, orthopedic services in Coon Rapids have expanded to offer more appointment availability, enhanced imaging capabilities and new sports medicine services. As our communities continue to grow, Allina Health remains focused on meeting people where they are and ensuring they can access the care they need to stay active, recover well and get back to the things they love.

Building Healing Environments



A Vision Realized: Celebrating the Richard M. Schulze Surgical and Critical Care Center

For more than 140 years, Abbott Northwestern Hospital has cared for generations of patients and families. This summer, donors, caregivers, community leaders and supporters gathered to celebrate the next chapter in that legacy: the opening of the Richard M. Schulze Surgical and Critical Care Center.

Over three days of dedication events, guests toured the new facility, connected with care teams and saw firsthand how philanthropy has helped shape the future of patient care. The excitement was evident throughout the week as supporters explored the building, met the people who will work within its walls and celebrated a vision years in the making.

The Richard M. Schulze Surgical and Critical Care Center is the largest construction project in Allina Health's history. Throughout the building, every detail reflects a commitment to patients, families and caregivers, from advanced operating rooms and private patient rooms to welcoming spaces designed for rest, comfort and connection. The project was made possible through extraordinary philanthropic support led by Richard M. Schulze and the Richard M. Schulze Family Foundation. Their leadership inspired support from Otto Bremer Trust and many generous donors who believed in creating the best possible environment for patients, families and care teams.

Reflecting on the importance of the project, Richard Schulze shared: **"On behalf of the Richard M. Schulze Family Foundation, we are honored to be part of a project that will ensure the world-class care Abbott Northwestern Hospital is known for continues for generations to come."**

The Allina Health Foundation is also deeply grateful to Otto Bremer Trust, whose matching gift opportunity encouraged additional philanthropy and expanded the impact of donor support. Together with Gold, Silver, Bronze and many other project supporters, these partners helped transform an ambitious vision into a reality that will serve patients long into the future.

While dedication week marked an important milestone, the most meaningful moments are still ahead.

Later this summer, the first patients will be welcomed through the doors of the new center. Families will gather at bedsides. Care teams will perform complex surgeries. Patients will begin their recovery journeys in spaces intentionally designed to support healing and compassionate care. Every operating room, patient room, waiting space and healing garden reflects the generosity of donors who believed in what was possible. Soon, the building will be filled with the people it was created for. That is the lasting impact of philanthropy.



Richard M. Schulze and Allina Health President and CEO Lisa Shannon celebrate the opening of the Richard M. Schulze Surgical and Critical Care Center.



Explore the new Center

Curious about the operating rooms, patient rooms, healing garden and other spaces throughout the Richard M. Schulze Surgical and Critical Care Center?

Scan the QR code to take a virtual tour and learn more about the donor-supported spaces that are helping shape the future of care at Abbott Northwestern Hospital.



Did You Know? Healing happens behind the scenes, too

In the Richard M. Schulze Critical Care Center, every design choice supports comfort and calm during life's most urgent moments. Some of the most important features are not immediately visible. Thoughtfully planned tunnels and enclosed connectors help supplies and care teams move efficiently while keeping patient and family areas quieter and less crowded. This behind-the-scenes approach supports privacy and dignity and allows caregivers to stay focused on what matters most. It is one more way Building Healing Environments puts compassion, safety, and healing at the center of care.

Mental Health & Addiction

Finding connection, support and care later in life

Mental health and addiction challenges do not disappear with age, yet older adults often face limited options for care designed to meet their unique needs. To help address that gap, Allina Health's Center for Mental Health and Addiction has expanded services for adults age 55 and older, creating programs tailored to the experiences and needs of this stage of life.

The response has been strong. Since launching in September 2025, the 55+ Partial Hospitalization Program has served dozens of patients who value being in a setting with peers who understand the realities of aging, retirement, caregiving, grief, health changes and other life transitions. One participant shared, "The 55+ group has been extremely beneficial. I felt very comfortable being in a group with peers, people who have lived through the same periods of time that I have."

Building on that momentum, the Center launched a Senior Intensive Outpatient Program for addiction in January 2026. Interest was so strong that a second program opened just two months later.

Care teams work closely with each patient to address both emotional and physical health needs, helping remove barriers that can make treatment difficult to access and sustain. Thanks to your support, more older adults are finding specialized care, understanding and connection they need to move forward with hope and confidence.

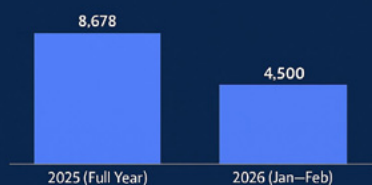
"Every day, we see what's possible when compassionate care is paired with strong community support. Our donors make this work possible and help ensure that mental health and addiction care is accessible, responsive, and rooted in dignity."

Joe Clubb, Vice President of Mental Health and Addiction Services

WHERE INVESTMENT MEETS IMPACT

ADVANCING MENTAL HEALTH & ADDICTION CARE

Patients Served



Growing demand met with scale and speed

Key 2026 Momentum Indicators

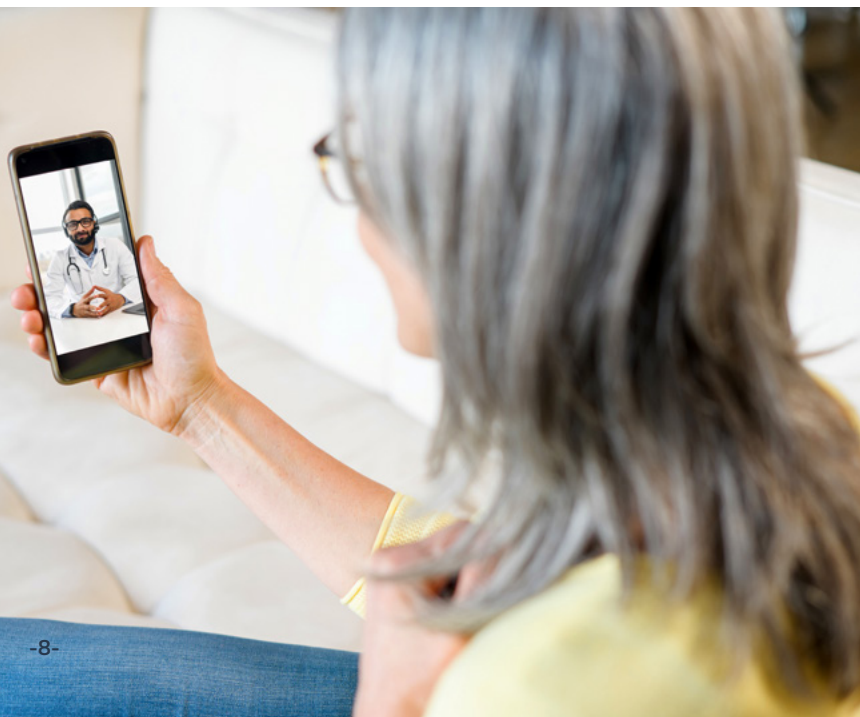
276

AVG. DAILY VISITS

136%

YEAR-OVER-YEAR GROWTH

Integrated, patient-centered care—powered by partnerships and philanthropy.



Art of Possibilities



Art of Possibilities: A showcase of talent

This spring, artists, supporters and community members came together for the annual Art of Possibilities Art Show & Sale hosted by the Allina Health Foundation, a celebration of the creativity and talent of artists with disabilities.

The event was a tremendous success, with more than \$18,000 in art sales going directly to participating artists and more than \$4,500 in jury awards presented in recognition of artistic achievement.

Guests enjoyed artwork in a variety of mediums and had the opportunity to meet artists, learn about their creative process and hear the stories behind their work. For many, it was a chance to reconnect with favorite artists and discover new talent.

The show was made possible through the generous support of **RBC Wealth Management**, presenting sponsor, and **Art of the West**, silver sponsor, along with many additional sponsors whose support helped bring the event to life. Most importantly, thank you to the talented artists who shared their work and to everyone who attended, purchased artwork and celebrated alongside them. Your support helps ensure Art of Possibilities continues to be a place where artists can showcase their talents, gain recognition for their work and connect with the community.



Surrounded by family and friends, Diane celebrates her award-winning watercolor, *Tulip Time*, at Art of Possibilities Art Show & Sale.



CourageArt.org

ART *Possibilities*
ART SHOW & SALE

2026 IMPACT

\$18,000+

in art sales benefiting
artists with disabilities

\$4,500+

awarded through
juried competitions



Excellence in Innovation

Rewiring hope through innovation at Allina Health, one heart at a time



When Dr. Alan Bank talks about his work, he does not start with technology. He starts with people.

A patient who could barely walk across a room without gasping for air. Another who did not realize how sick he had

become until he experienced what it felt like to get better. A man who returned to the clinic with a photo of himself back in his yard, pushing a wheelbarrow. Those moments stay with Dr. Bank. They are why he keeps pushing the work forward. "I was taught early on that every patient should help you move the ball forward," he says. "You learn from each person, and that helps you treat the next one better."

For more than 27 years, Dr. Alan Bank, a cardiologist at Allina Health specializing in heart failure and cardiac imaging, has cared for patients while also searching for better ways to treat them. Many of those patients rely on cardiac resynchronization therapy, an implanted pacing device with 3 wires that improves

the timing of heart contraction. Some patients were improving, but not as much as they could.

"Their hearts were still out of sync," he says. "I knew we could do more."

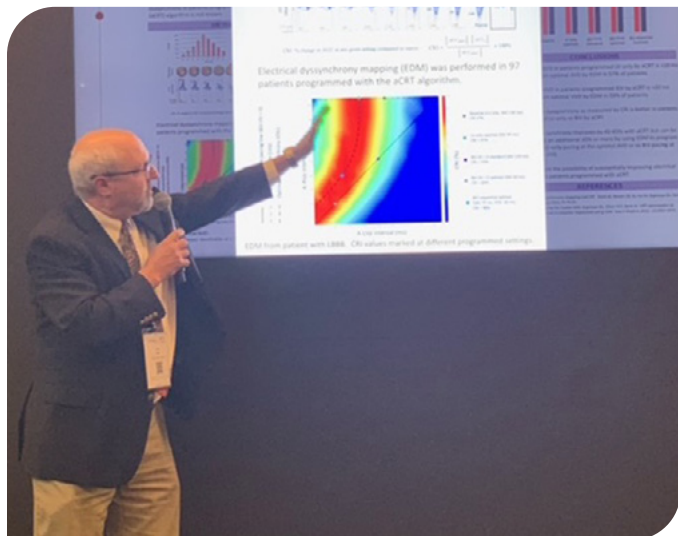
With support from philanthropy, Dr. Bank began refining a more precise way to adjust these devices for each patient. "There are 100's of different programming options and the technology we developed allows us to determine which of these options is best and tailor the therapy to each individual patient."

Today, that work is part of standard clinical care at Allina Health, already helping more than 1,000 patients. Even small improvements in heart function can mean fewer hospital visits and longer, healthier lives.

"We are seeing real change," Dr. Bank says. "Patients who were only getting part of the benefit are now having both improved pumping function of their heart and feeling a whole lot better."

For patients, that change is deeply personal. Dr. Bank remembers one early patient who was so ill he struggled with everyday activities like walking from room to room in his house. Months after treatment, he came back with a quiet but powerful update. He was working outside again. Another patient noticed the difference immediately. As he was being wheeled out after his procedure, he realized his hands were warm for the first time in a long time. "He knew right away something had changed," Dr. Bank says.

This is what innovation looks like at Allina Health. It is not just new technology. It is a commitment to keep asking how care can be better and then doing the work to make it so. Philanthropy plays a vital role in that process. Early ideas often need support before they can grow into something proven and widely used. "It is hard to get the funding you need to explore new ideas," Dr. Bank says. "Philanthropy gives investigators the chance to test those ideas and see what is possible." That early support has helped turn Dr. Bank's work into a real and growing impact for patients across the system. It is also drawing



continued from previous page

attention from others, with patients now being referred specifically for this specialized care.

However, improving care locally is just the start. Dr. Bank has published over 30 papers on pacing and heart failure and is presenting his inventions at national and international meetings. "Our next goal is to take what we have developed at Allina, automate it and provide the equipment, system and knowledge we have gained in our research and clinical care to physicians and patients around the world."

Dr. Bank is also a donor himself. Supporting this work is not separate from what he does. It is part

of it. "My practice and my research are completely intertwined," he says. "Everything we learn is about helping the next patient and the ones who come after." Because of philanthropy, patients at Allina Health are receiving more precise, more effective treatment today. And because of donors, physicians like Dr. Alan Bank can keep asking the next question, testing new ideas, and finding better answers for the people who need them most. Sometimes that shows up as a small change on a medical chart.

Sometimes, it is as simple as warmth returning to your hands. And sometimes, it means getting back to your yard, your routine, your life.

MRI in Motion: A new era for brain surgery

Innovation at Allina Health is not only happening in research labs, it is transforming care in the operating room.

In August, Abbott Northwestern Hospital will begin using an intraoperative MRI in the new Richard M. Schulze Surgical and Critical Care Center. Unlike traditional MRI imaging performed after surgery, this technology allows neurosurgeons to capture detailed images of a patient's brain during the procedure itself. Those real-time images help surgeons determine whether additional tumor tissue remains and, when appropriate, address it before surgery is complete.

"The intraoperative MRI allows us to take images in the operating room while we're performing brain

surgery," said Dr. Kyle Uittenbogaard, neurosurgeon with Allina Health Brain and Spine Institute. "This will make it safer for patients and improve their prognosis after surgery."

For patients facing complex brain surgery, that can mean greater precision, fewer additional procedures and more confidence in the care they receive.

Made possible through philanthropic support and incorporated into the new Richard M. Schulze Surgical and Critical Care Center, this technology is another example of how donor generosity helps bring advanced care and leading-edge innovation to the patients and families who depend on Allina Health.



Caring for Community

From volunteer to patient to artist

For years, Diane and her husband, Kirk, volunteered with Courage Kenny Rehabilitation Institute's Adaptive Ski and Snowboard program. They cheered on participants, celebrated milestones and saw firsthand the difference Courage Kenny makes in the lives of people facing physical challenges.

They never imagined they would one day experience that support themselves.

In September 2024, while visiting their son in Montana, Diane fainted, fell and sustained a spinal cord injury. After emergency surgery, she was transported back to Minnesota to continue her recovery at Courage Kenny's acute inpatient rehabilitation unit at Abbott Northwestern Hospital.

For Diane and Kirk, there was never any doubt about where she should go next. "We just knew it was the right place to be," Diane said.

The months that followed were filled with hard work, determination and learning to adapt to a very different life. Diane moved from inpatient rehabilitation to Courage Kenny's Transitional Rehabilitation Program before returning home in January 2025. Throughout her recovery, one thing stood out.

"Everyone here gave me so much hope," Diane said. "They celebrated my successes, encouraged me and allowed me to set my own goals."

Today, Diane continues to work toward her goals through Courage Kenny's outpatient services. She participates in Activity-Based Locomotor Exercise (ABLE), a donor-supported program that helps individuals with spinal cord injuries and other neurological conditions build strength and improve mobility. She also remains connected to adaptive sports and recreation, including adaptive cycling, and is looking forward to spending time in Courage Kenny's warm water therapy pool. Along the way, Diane has also discovered a new passion: watercolor painting.

What started as therapy became something she genuinely enjoys. Painting gives her a chance to focus on creativity and color while doing something she loves. Because her injury limits the use of her hands, Diane tapes a paintbrush to her dominant hand in order to paint. This spring, she entered her watercolor, *Tulip Time*, in Courage Kenny's Art of Possibilities Art Show & Sale. The painting earned a third-place award.

For Kirk, watching Diane move through rehabilitation and return to the activities she enjoys reinforced what he and Diane had seen for years as volunteers. "Courage Kenny is such a gem, right here in the Twin Cities," he said. Looking back, Diane is grateful for the care, encouragement and community she found at Courage Kenny. "Everyone here gave me so much hope."



Investing in Tomorrow

Excellence begins with training

The Whitney and Elizabeth MacMillan Community and Education Center, home to the **Vanderboom Simulation Center**, was recently recognized by Becker's Hospital Review as one of the nation's hospitals and health systems with exceptional simulation and education programs.

Behind that recognition is something even more meaningful: preparation. Last year, more than 10,000 Allina Health care team members participated in hands-on training through the Vanderboom Simulation Center, practicing real-life scenarios in critical care, surgery, emergency medicine, trauma care and C-sections. These training experiences allow caregivers to strengthen their skills, work through complex situations and prepare for moments when every decision matters. The result is greater confidence for care teams and safer, higher-quality care for patients and families.

We are grateful to the Vanderboom family and all of you who help make opportunities like this possible. Investments in education and training may happen behind the scenes, but they have a lasting impact on every patient who benefits from a well-prepared care team. Thank you for helping create a culture of learning, innovation and excellence across Allina Health.



Investing in Tomorrow



A partner in *student success*

United Hospital has been named Saint Paul College's 2026 Community Partner of the Year, recognizing its commitment to helping students prepare for careers in health care. Through clinical experiences, mentorship and career pathways, United Hospital caregivers help students gain hands-on experience and confidence as they prepare to care for patients and families. The award also recognized Dan Klescewski, Manager of Surgical Operations at United Hospital, for his nearly decade long partnership with the college. These experiences do more than support students. They help build a strong pipeline of skilled health care professionals for our communities. At Allina Health, caring for patients includes investing in the people who will care for them tomorrow.

"Nine years ago, when we first partnered with the team at Saint Paul College, the legacy this program would create made the decision easy. This program develops professionals with integrity, knowledge, and skill—along with the heart to serve our community during its most vulnerable moments. That mission aligns closely with United Hospital's values."

Dan Klescewski, Manager of
Surgical Operations

EMPOWER Scholarships support the next generation of caregivers

A career in health care begins with education, determination and opportunity. Through the EMPOWER Scholarship program, students from diverse backgrounds are receiving support as they pursue careers in health care and rehabilitation.

Funded through the **David M. Hersey Endowment Fund**, EMPOWER Scholarships help reduce financial barriers and encourage students as they work toward their professional goals. The program reflects a commitment to expanding opportunities for future caregivers while helping build a workforce that better reflects the communities we serve.

Whether studying nursing, medicine, rehabilitation or other health professions, scholarship recipients are preparing for careers dedicated to caring for others. Their passion, hard work and commitment to service will make a difference for patients and families for years to come.

Thank you to the donors whose generosity is helping students take the next step toward a career in health care.

2026 EMPOWER Scholarship Recipients

Mohammed Alrubaye
St. Catherine University
Doctor of Physical Therapy

Gisselle Duval
Minnesota State University, Mankato
Graduate Studies Communication Disorders

Gaosou Yang
St. Catherine University
Doctor of Physical Therapy

Elizabeth Obegi
Bethel University
Nursing

Not pictured:
Chantel Peralta
Augustana University
Doctor of Occupational Therapy



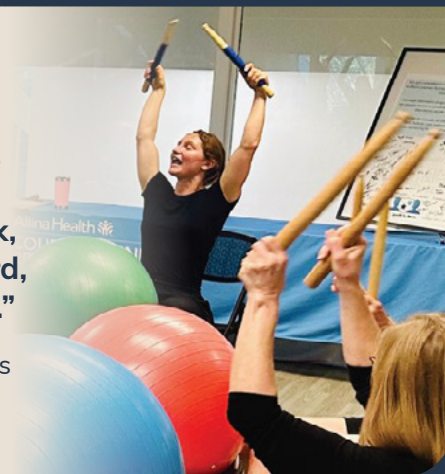
More athletes. More programs. More opportunities.

In 2025, more than 1,200 athletes participated in 17 sports and recreational activities through Courage Kenny Rehabilitation Institute. Donor support also helped expand fitness and wellness opportunities across the region, from opening a new Fitness Center at the Golden Valley campus to launching new classes for individuals recovering from stroke and those living with Parkinson's disease.

New offerings included Fitness Fusion, Aquatic Mindful Movement and Cardio Drumming, creating additional opportunities for people of all abilities to stay active, build confidence and connect with others.

"It was the people and the social aspect that motivated me to keep coming back, keep working hard, and keep moving."

Courage Kenny fitness participant 2026



Your Gift Matters

You make a difference

You have the opportunity to engage and contribute to the causes at Allina Health that hold special meaning to you. Every donation is represented by a critical area of need in our health care system.

Mental Health & Addiction Care

Support initiatives like the Center for Mental Health and Addiction. Advance comprehensive care, crisis technology and provider resilience.

Cancer Care

Empower patients through clinical innovation, financial aid and holistic support. Enhance treatments, ease complexities, and improve well-being.

Healing Environments

Reimagine the future of care so every patient receives the highest standard of support in surroundings designed to heal body, mind and spirit.

Caring for Community

Extend a helping hand to underserved populations and build a stronger, healthier community.

Excellence & Innovation

Advance groundbreaking research and technology, driving innovation in health care. Support new treatments and therapies that benefit patients and improve outcomes.

With your support of Allina Health's promise of **All Together Better**, no matter how or where you choose to give, you create a lasting impact on the health and wellness of people who need it most.

Together, we will improve health outcomes and build a brighter, healthier future for our communities. Thank you.

Allina Health 
FOUNDATION

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Ways to give

Individual Giving

Every donation, regardless of size, is incredibly meaningful and contributes to the betterment of our communities.



Give in Tribute

Honor special individuals who've made a difference in your life by making a gift in their honor or remembrance.



Make a Recurring Gift or Pledge

Set up a monthly or annual gift, or a pledged arrangement to ensure continuous support and maximize your impact over time.



Leave a Lasting Legacy

A planned gift through your estate or financial plan has a lasting impact on your community. Learn more at allinahealth.planmygift.org.



Corporate and Charitable Foundations

Corporate and foundation gifts can make a profound difference. Call us to learn more.



How to give

Online: Visit our website and make your tax-deductible donation conveniently and securely online. allinahealth.org/give.



By phone: Call us at 612-262-0635. We are happy to answer your questions and process your credit card donation.

By mail: If you prefer, you can send your contribution to:

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Minneapolis, MN 55407