

Connect & Care

An Allina Health Foundation Update



YOUR IMPACT

A place to grow,
a reason to shine

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Summer 2025

Welcome



Dear Friends,

As summer winds down and we begin to welcome the cooler days of fall, I find myself reflecting on the many ways generosity has shaped this season. From a new healing garden at the J.A. Wedum Residential Hospice to the energy building around the construction progress for the Richard M. Schulze

Surgical and Critical Care Center, your support is helping us create spaces and experiences centered on healing, hope and innovation.

In this issue of Connect & Care, you'll meet Leah whose story is all about growing up, gaining confidence, and living her dreams without limits. You'll also see how Allina Health is expanding access to the best innovative care across our region thanks to donors like you. Every gift makes a difference.

We're also proud to share that Allina Health's Abbott Northwestern Hospital is honored to be the only Twin Cities hospital ranked in the top 100 nationally for its heart and brain care, according to Newsweek's [World's Best Specialized Hospitals 2025](#).

You make an impact every single day. Your generosity writes stories of hope, builds spaces for healing, and brings life-changing care to more people across our region. We're so grateful to have you with us and excited for all we'll do together.

Warmly,



Troy Lindloff
Vice President and Chief Development Officer
Allina Health Foundation



A place to reflect

This summer, the J.A. Wedum Residential Hospice unveiled an outdoor healing garden, thoughtfully designed to bring peace and comfort to patients, families, and staff. Inspired by the Wedum staff's dream to provide a space to find solace in an outdoor setting, the J.A. Wedum Foundation generously offered a matching gift opportunity to fund the project, turning vision into reality. We are deeply grateful to the J.A. Wedum Foundation for making this meaningful addition possible.

New Ulm Medical Center earns Top 20

Allina Health's New Ulm Medical Center has been recognized as one of the [Top 20 Critical Access Hospitals](#) in the nation by the National Rural Health Association. This honor reflects outstanding performance in quality, patient satisfaction, and overall excellence made possible by dedicated care teams and generous donors who help us deliver exceptional rural health care.

Your Impact

Supporting our community together

During our Allina Health Foundation annual summer retreat, our Foundation team held a food drive benefiting Southern Anoka Community Assistance (SACA), a valued partner co-located at the Center for Mental Health and Addiction on the Mercy Hospital – Unity Campus. While not everyone is pictured here, this photo captures the spirit of generosity and teamwork that made the effort possible. Mental health and addiction care is one of our Foundation's key fundraising priorities, and we're proud to support SACA's mission to serve our neighbors in need.



"Coming together as a team to support mental health and addiction care during our retreat was meaningful. Partnering with SACA reminds us that healing begins with community and every act of generosity brings us one step closer to hope."

Linda, Foundation Team Member



Celebrating growth of services to Eden Prairie

On May 22, more than 150 Allina Health care team members, city leaders and community guests gathered for a [ribbon cutting and open house at the newly expanded Allina Health – Eden Prairie Clinic](#). The event featured tours, refreshments, and special guests including MNUFC players Alec Smir and Anthony Markanich. Remarks highlighted the clinic's history and growing impact, made possible through strong community partnerships and donor support.

Growing up with Courage Kenny Rehabilitation Institute

Leah has been part of Courage Kenny Rehabilitation Institute since infancy, growing up with swimming lessons, power soccer, skiing, and more. Now at 14, she's thriving by being active in school, church, and musicals. With her service dog, Auggie, by her side, she's ready to take on new adventures. These life-changing opportunities are made possible thanks to generous donor support. Because of you, Leah and so many others can discover their strengths, build confidence, and live life to the fullest.



Your Impact

Staying grounded in our mission, thanks to you

As Allina Health navigates a changing health care landscape, we remain deeply committed to our mission and grateful for the donors who help make it possible. In a message to care team members this summer, Lisa Shannon, President and CEO of Allina Health, acknowledged the uncertainty surrounding recent legislative changes and their potential impact on Medicaid and community services. Through it all, she emphasized our unwavering focus on delivering safe, exceptional care. It is because of your support Allina Health continues to make a meaningful difference across the communities we serve. In 2024, we cared for patients through:



6.6 MILLION

CLINIC AND URGENT CARE VISITS



1.4 MILLION

HOSPITAL VISITS



304,100

EMERGENCY DEPARTMENT VISITS



670

ACTIVE RESEARCH STUDIES



550,000

SCREENINGS FOR HEALTH-RELATED
SOCIAL NEEDS

Please be sure to read the [Allina Health annual report](#) for more information on the care we provided and how we're making a difference in the community with other initiatives. The numbers are more than the statistics; they represent lives touched and care delivered with compassion and purpose. Your generosity helps us stay grounded in our values and focused on what matters most: the health and well-being of those we serve. Thank you for being a vital part of our mission.

ART OF Possibilities ART SHOW & SALE

Art that inspires and connects

The 62nd Art of Possibilities Art Show & Sale at Courage Kenny Rehabilitation Institute – Golden Valley wrapped up another successful exhibit in July. The annual event showcased art created by more than 200 artists living with disabilities. Hosted by the Allina Health Foundation and presented by Smead Manufacturing, the event celebrated creativity, inclusion, and empowerment.

The opening reception included inspirational comments, meaningful conversations with artists and purchases of one-of-a-kind creations. Over the years, more donors have attended the event and seen how Courage Kenny helps bring purpose and possibility to people with disabilities. Please join us next year on Tuesday, May 26, 2026, to connect with other friends of Allina Health and support the work of artists with disabilities.



Your Impact



Celebrating progress and philanthropy at Abbott Northwestern Hospital

Donors and Allina Health leaders gathered in June to celebrate a major milestone in the Abbott Northwestern Hospital campus revitalization project. Inside the construction zone of the future Richard M. Schulze Surgical and Critical Care Center, guests marked the completion of the building's framing with a ceremonial "topping off" beam signing and guided tours of the new patient care and surgical areas.

The new 10-story facility, set to open in fall 2026, will be named in honor of Richard M. Schulze and the Richard M. Schulze Family Foundation, whose \$25 million gift is the largest in Allina Health history. This transformational gift supports our commitment to delivering exceptional care through advanced

technology, compassionate teams, and state-of-the-art facilities. The new center will serve as a cornerstone of healing for patients across the region. It is made possible by the generosity of many donors who believe in building a healthier future. As the campaign continues, every gift helps bring this vision to life, advancing innovation and care for generations to come.

[Allina Health gives donors and leaders a look inside the campus expansion](#)



"My hope for everyone who has contributed to this project is that you realize the deep impact that you have made. You will forever be part of the healing mission of Allina Health."

**David Joos, President,
Abbott Northwestern
Hospital**



Your Impact



Board alumni gather to celebrate legacy and look ahead

On a beautiful evening on Lake Minnetonka, alumni of the former Abbott Northwestern Foundation Board gathered together for a special happy hour hosted by Dr. Linda Ketover, who previously served as board chair. The event offered a chance to reconnect with fellow board alumni, reflect on the legacy they helped build, and hear updates on the future of Abbott Northwestern Hospital, including the construction progress of the Richard M. Schulze Surgical and Critical Care Center. The gathering sparked meaningful conversations and renewed energy around the campus revitalization. We're grateful for the opportunity to reconnect and look forward to continuing these meaningful relationships as we shape what's next for Abbott Northwestern Hospital.

"Our beloved hospital system takes care of us like we are family. I want all of us to do the same for it."

Dr. Linda Ketover, Abbott Northwestern Hospital Campus Revitalization Campaign Steering Committee Chair



Arthur Andersen Minneapolis Alumni legacy at Courage Kenny

In June, the Allina Health Foundation was honored to host the Arthur Andersen Minneapolis Alumni group for a reunion at Courage Kenny Rehabilitation Institute in Golden Valley. The evening was filled with connection and reflection as alumni toured the Arthur Andersen Minneapolis Fitness & Wellness Center and celebrated their long-standing contributions.

The Center is a state-of-the-art facility that now serves as a cornerstone of adaptive health and wellness in our community. In addition to supporting the center's expansion, the Arthur Andersen Minneapolis Alumni established a grant fund to provide scholarships for the Activity-Based Locomotor Exercise (ABLE) program, an intensive therapy that helps individuals with spinal cord injuries and other neurological conditions regain strength and independence.

We are deeply grateful for the impact the Arthur Andersen Minneapolis Alumni made in advancing inclusion, recovery, and community.

"Courage Kenny staff bring hope, determination, and encouragement for us, even when we do not have it."

Curtis Farrar, ABLE participant

Your Impact

A new space for wellness

Courage Kenny Aquatics and Fitness is proud to announce the opening of its new Group Fitness and Yoga Studio. This vibrant new space is now serving clients with a variety of classes:

- Functional Strength and Balance
- Repetitive, Integrated, Sequential Exercise (R.I.S.E.) for Parkinson's
- Cardio Drumming
- Post-stroke General Wellness
- Post-therapy for Vagal Nerve Stimulator

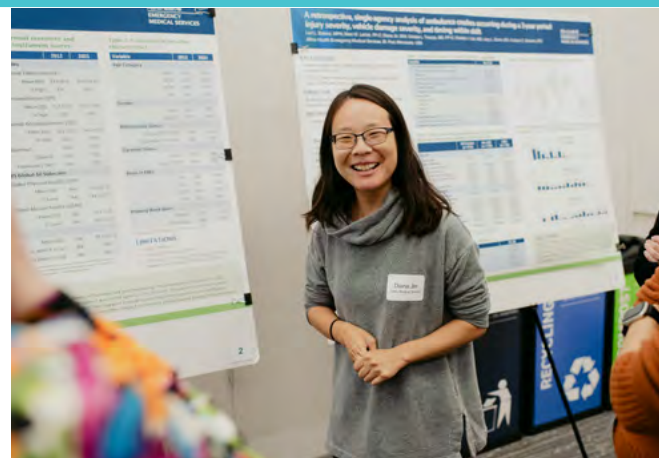


Clients and staff have both shared that this new space has already had a profound impact. Clients feel more welcome because there is a dedicated space for classes. They've also expressed appreciation for reduced distractions, making it easier to hear instructors and other participants. This transformation was made possible through a national grant from the Christopher & Dana Reeve Foundation and a generous gift from Meredith Low, whose support has helped bring inclusive wellness opportunities to life. Thank you for making a difference. You help us create spaces where healing and wellness are accessible to all.

Donor-funded research shines at University of Minnesota's Nursing Research Day

Allina Health nurses showcased their expertise and innovation at the University of Minnesota School of Nursing Research Day last April. The event highlighted the power of evidence-based practice and the impact of donor-funded research.

Thanks to generous support from donors, every project presented by Allina Health nurses was funded fully or in part by philanthropy. Several Allina Health nurses received awards. This event is just one example of how your support empowers nurses to lead research that transforms care. Their work not only advances clinical practice but also strengthens Allina Health's mission to provide exceptional care across our communities. Thank you!



Stephanie Edmonds

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"We are incredibly proud of our nurses' accomplishments and grateful to the donors for supporting research and initiatives that directly improve patient care."
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Stephanie Edmonds, PhD, MPH, RN
.....

Your Impact

An evening of connection around mental health

On a beautiful summer evening, Penny Wheeler, former CEO of Allina Health and current co-chair of the Mental Health and Addiction Campaign Committee, generously hosted a reception to bring together friends and supporters of Allina Health. Her leadership and hospitality created a meaningful space for connection, conversation, and shared purpose.

The evening highlighted the Center for Mental Health and Addiction Care, a philanthropically funded project that opened one year ago. Guests heard from clinical leaders and community voices about how this integrative model is already changing lives and breaking down barriers to care. As we celebrated the progress made, we also recognized that the journey is ongoing.



Members of the Mental Health and Addiction Campaign Committee: Barbara Butts Williams, Penny Wheeler, Megan Lindahl-Goodrich, and Berit Francis

Continued philanthropic support will help ensure that the Center can meet the growing and evolving needs of our community and bring lasting changes to mental health and addiction care. We are grateful to Penny and guests for such an inspiring event and for their commitment to advancing mental health and addiction care. Their leadership reminds us that when our community comes together, transformational change is possible.

Expanding innovation at United Hospital

In April, United Hospital reached a significant milestone in surgical innovation with the successful completion of its first procedure using the state-of-the-art da Vinci 5 robotic system. The da Vinci 5 robot represents the latest in surgical technology, offering enhanced precision, faster recovery times and improved outcomes.

With previous rollouts at Abbott Northwestern Hospital and Mercy Hospital, the addition of this technology at United Hospital expands access to cutting-edge care for even more patients. Thanks to our generous donor support, Allina Health continues to invest in innovations that elevate care and expand services.



The Power of Sports

The Power of Sports online silent auction presented by SKOR North ran Aug. 11 through 15. Proceeds benefited Courage Kenny Rehabilitation Institute's Adaptive Sports & Recreation programs, and our community raised \$22,890. Way to go!



Your Impact

Recovery starts with support at the Mental Health and Addiction Center

[Joel Lindgren's story](#) is one of resilience, transformation and the life-changing impact of compassionate care. From his early teens, Joel battled addiction. He cycled through treatment centers, jail time, and relapses for decades. Despite attending multiple treatment programs, lasting change always felt out of reach.

That changed when Joel found mental health and addiction care at Allina Health. "I absolutely loved the approach," Joel said. With the support of dedicated staff, including his counselor, Colleen, Joel began to address not only his addiction, but also underlying mental health conditions like anxiety, depression, and ADHD. Personalized care, including medication management with an addiction psychiatrist, helped Joel build a foundation for lasting recovery.

Today, Joel is sober and rebuilding his life with his fiancée and young daughter. He leads weekly recovery meetings and speaks to others at the Center for Mental Health and Addiction, sharing his story and offering hope. "I tell them where I was, what I did, and where I am now," Joel said. "I've gotten a lot of questions after the talks and that makes me feel great."

Joel's journey is a powerful reminder of why mental health and addiction care is an Allina Health Foundation priority. Thanks to donor support, Allina Health can continue to offer comprehensive, compassionate care that helps people like Joel find their path to healing.



Honoring a century of health care leadership

Earlier this year, [Abbott Northwestern Hospital](#) received the "100-Year Milestone Award" from the [American Hospital Association \(AHA\)](#), recognizing 100 years of leadership and participation in the AHA. The award was presented by Regional Executive Liz Summy, to hospital leaders Kelly Spratt, Vice President, Operations, and David Joos, President.

As one of the AHA's earliest institutional members, Abbott Northwestern Hospital has long been a voice in shaping national health care. This milestone reflects a legacy of excellence and innovation made possible in part by the generosity of donors. Thank you for helping us create an amazing legacy and build a healthier future.



Your Impact

World-class technology at Buffalo Hospital

Allina Health Buffalo Hospital is proud to be one of the few Midwest sites selected for the limited release of the Mako 4 robotic system, a cutting-edge advancement in orthopedic surgery. This technology allows care teams to perform even the most complex procedures, including hip and knee replacements, revisions, and soon shoulder replacements with greater precision, confidence, and improved outcomes. [The arrival of Mako 4 at Buffalo Hospital](#) is an example of Allina Health's commitment to bringing health care innovation to communities beyond the metro area, ensuring more patients can receive world-class treatment close to home.



Dana Harms, MD at Buffalo Hospital

Blanket donation brings comfort to cancer patients



Allina Health Cancer Institute (AHCI) was the grateful recipient of nearly 100 tie blankets from Bader Companies, a multi-generational family company. This heart-warming contribution was organized by Bader volunteers, The Kindness Crew, in honor of their friend Autumn Markley who passed away from colon cancer. The Kindness Crew has been actively serving the community with projects focused on kindness and community impact. The blankets will bring warmth and comfort to many patients at AHCI. Thank you, Bader Companies, for spreading kindness and generosity!

Let's play ball!



The energy was electric at the Mall of America Fields at the 2025 USA International Wheelchair Softball World Series hosted by Courage Kenny Rehabilitation Institute August 14-16 at the Mall of America Fields. Thanks to our presenting sponsors the Minnesota Twins Community Fund and Mortenson Construction. More than 300 athletes on 18 teams played 65 games during the competition.

This event was possible thanks to the dedication of over 100 volunteers, generous sponsors, and the unwavering support of the community. **"This tournament is more than just a competition. It's a celebration of resilience, inclusion, and the power of sport,"** said Ryan Trench, Senior Sports Specialist & Tournament Director. Allina Health is proud to support events that promote health, wellness, and community engagement. We thank everyone who made this year's World Series a resounding success!

Your Impact

A journey of generosity

Steve, a dedicated donor to Allina Health, has been quietly making a profound impact since 2019. His journey of giving began with a heartfelt gift to support nursing excellence at Abbott Northwestern Hospital.

"I have been very fortunate in my life," Steve shares. "I've had some health setbacks and spent a lot of time at Abbott Northwestern Hospital. **The care that I've received, especially from the nursing staff, is absolutely amazing.**" Steve's commitment to Allina Health is not just about

financial contributions; it's about a deep appreciation for the care he has experienced and a desire to thank those who have cared for him. With his family well taken care of, he has chosen to give generously to organizations he cares about, including Allina Health.

Steve's giving reached new heights this spring when he confirmed an extraordinary gift from his estate, dedicated to Allina Health Mental Health and Addiction programs. This planned gift will ensure that future patients benefit from exceptional care for mental health and addiction conditions, something so needed in our community.

Humble in his giving, Steve simply wants to help others. He leads by example and believes, "The more you give, the more you get." Thank you, Steve, for your legacy and impact, and for helping others receive the support they need to overcome their challenges.



2025 Legacy Luncheon

We're excited to host the upcoming Legacy Luncheon on September 30. This special event celebrates the generosity of those who have chosen to leave a legacy through their support of Allina Health. This gathering recognizes the profound impact of estate gifts in shaping the future of care across our hospitals, clinics, and specialized services.

If you're a Legacy Society member, we look forward to seeing you there. If you're considering joining the Legacy Society by making a gift through your estate, we'd be honored to welcome you. Your commitment helps ensure compassionate care for generations to come.

For more information on making a future gift in your estate plan, visit allinahealth.planmygift.org or contact Jim Besst at 612-775-2581 or james.besst@allina.com.



Innovation enhances comfort and care for cancer patients

Thanks to a generous grant from the Randy Shaver Cancer Research and Community Fund, infusion centers at Allina Health Cancer Institute's Buffalo and Faribault locations are now equipped with state-of-the-art vein visualization technology.

Using advanced laser imaging, these vein finders project a clear map of veins onto the skin, helping reduce discomfort and improve outcomes during venipuncture, one of the most performed invasive medical procedures. We are grateful to the Randy Shaver Foundation for supporting our mission to improve patient experience in every way possible.

Your Gift Matters

You make a difference

You have the opportunity to engage and contribute to the causes at Allina Health that hold special meaning to you. Every donation is represented by a critical area of need in our health care system.

Mental Health & Addiction Care

Support initiatives like the Center for Mental Health and Addiction. Advance comprehensive care, crisis technology and provider resilience.

Cancer Care

Empower patients through clinical innovation, financial aid and holistic support. Enhance treatments, ease complexities, and improve well-being.

Healing Environments

Reimagine the future of care so every patient receives the highest standard of support in surroundings designed to heal body, mind and spirit.

Caring for Community

Extend a helping hand to underserved populations and build a stronger, healthier community.

Excellence & Innovation

Advance groundbreaking research and technology, driving innovation in health care. Support new treatments and therapies that benefit patients and improve outcomes.

With your support of Allina Health's vision of **All Together Better**, no matter how or where you choose to give, you create a lasting impact on the health and wellness of people who need it most.

Together, we will improve health outcomes and build a brighter, healthier future for our communities. Thank you.

AllinaHealth
FOUNDATION

Ways to give

Individual Giving

Every donation, regardless of size, is incredibly meaningful and contributes to the betterment of our communities.



Give in Tribute

Honor special individuals who've made a difference in your life by making a gift in their honor or remembrance.



Make a Recurring Gift or Pledge

Set up a monthly or annual gift, or a pledged arrangement to ensure continuous support and maximize your impact over time.



Leave a Lasting Legacy

A planned gift through your estate or financial plan has a lasting impact on your community. Learn more at allinahealth.planmygift.org.



Corporate and Charitable Foundations

Corporate and foundation gifts can make a profound difference. Call us to learn more.



How to give

Online: Visit our website and make your tax-deductible donation conveniently and securely online. allinahealth.org/give.



By phone: Call us at 612-262-0635. We are happy to answer your questions and process your credit card donation.

By mail: If you prefer traditional mail, you can send your contribution to:

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