

## Kev ntsuas thiab kev kuaj


### Kuaj COVID-19 ntawm ntug kev

Peb muaj kev kuaj mob COVID-19 los ntawm sijhawm teem tseg nyob rau peb cov chaw kuaj ntawm ntug kev yog koj:

- muaj cov tsos mob raws li nram qab no:
  - hnoos
  - ua npaws
  - txog siav
  - mob taub hau
  - piav tsis tau qhov mob leeg mob ib ce
  - mob qa
  - qhov ncauj tsuag tsis hnov dab tsi qab li los yog tsis hnov ntshiab tsw
  - daws plab
  -
- tau nyob ze tus kab mob COVID-19
  1. koj tau nyob sib ze (li ntawm 6 xib taws ntev tshaj li 15 feeb) nrog ib tus neeg uas tau kuaj muaj tus kab mob COVID-19 li ntawm 14 hnuv dhau los no, los yog
  2. lub chaw ua haujlwm saib xyuas kev noj qab haus huv tau hu rau koj txog qhov tau nyob sib ze tus kab mob.

### Cov chaw kuaj nyob ntawm ntug kev

- [Allina Health Bloomington Clinic](#)
- [Allina Health Clinic – Buffalo Crossroads](#)
- [Allina Health Cambridge Clinic](#)
- [Allina Health Coon Rapids Clinic](#)
- [Allina Health Faribault Clinic](#)
- [Allina Health Hasting Clinic](#)
- [Allina Health Maple Grove Clinic](#)
- [Allina Health River Falls Clinic](#)
- [Allina Health Shakopee Clinic](#)
- [Allina Health Shoreview Clinic](#)
- [Penny George Institute for Health and Healing – Abbott Northwestern](#)

Yuav teem sijhawm kuaj ntawm ntug kev, nkag mus rau koj tus Allina Health Askhauj los yog hu rau 612-262-4145 .

Yog koj ntseeg tias koj muaj mob coronavirus, mus kawm txuas ntshiv txog cov kev xaiv saib xyuas koj.

## Kev kuaj tau li cas

Qhov sai tshaj plaws kom paub txog koj qhov kev kuaj seb kuaj tau li cas yog los ntawm koj tus Allina Health Askhauj. Siv tus askhauj dawb nyob hauv hluav taws xob no yuav

ua rau yooj yim tshaj yav dhau los ntawm kev saib kom pom koj tej kev kuaj mob tau li cas thiab cov kev txuas lus nrog koj cov tsev kuaj mob, tsev kho mob thiab cov kws khomob. Sau npe kom tau ib tus askhauj los kawm txuas ntxiv txog tag nrho cov kev muaj pab los ntawm Allina Health Askhauj.

Peb ua txhua yam kom kuaj tau sai li sai tau, tab sis tej zaum yuav siv lub sijhawm li ib lim tiam koj thiaj yuav paub tias kuaj tau li cas.

Kuv yuav ua li cas thiaj tau mus kuaj txog cov kev ntsuas sim tshuaj tiv thaiv kab mob COVID-19?

Tsis ntev los no lub koos haum FDA thiab Allina Health Laboratory Services (cov chaw kuaj ntshav) tau pom zoo txog cov kev ntsuas sim tshuaj tiv thaiv kab mob COVID-19

Tam sim no Allina Health muaj kev ntsuas sim kuaj tshuaj tiv thaiv kab mob COVID-19 (serology) rau cov neeg mob pw hauv tsev khomob uas tsim nyog kuaj raws li tej kev uas tau hais tseg. Ib qho ntxiv, kev ntsuas sim tshuaj tiv thaiv kab mob nyob hauv cov chaw kuaj mob tej zaum tseem yuav muaj rau cov neeg mob uas:

- Muaj cov tsos mob zoo li COVID uas tau pib ntau dua 14 hnuv dhau**THIAB:**
- - Kuaj tau tsis muaj kab mob COVID-19 yav dhau los;
  - Tsis tau mus kuaj seb puas muaj mob COVID-19.

Yog koj xav tias koj muaj raws li cov lus teev tseg saum toj no, koj cov kauj ruam tom ntej yog teem caij ntsib nrog koj tus kws khomob saum huabcuab, nws yog tus txiav txim siab tias koj puas yog tus neeg tsim nyog tau txais kev ntsuas sim tshuaj tiv thaiv thiab nws yog tus yuav piav qhia koj txog cov kev kuaj tau zoo li cas tom qab lawv kuaj tau los.

Kuaj tau cov kev sim ntsuas tshuaj tiv thaiv kab mob COVID-19 yuav pab txiav txim siab seb koj cov tsos mob puas yog vim los ntawm COVID-19, tab sis yuav tsis qhia tau tias koj lub cev tiv thaiv puas tau COVID-19.

Kawm kom paub ntau ntxiv txog kev sim ntsuas tshuaj tiv thaiv nyob rau ntawm [Centers for Disease Control and Prevention's kev sim ntsuas tshuaj tiv thaiv nplooj ntawv](#).

COVID-19 kev kuaj thiab cov nqi kho mob

Allina Health yuav tsis sau cov nyiaj feem yus them (copay) thiab cov nyiaj yus them yus (deductibles) rau kev kuaj seb puas muaj kab mob COVID-19. Ntau lub chaw ntiav neeg ua haujlwm thiab cov tuam txhab isalas tuav pov hwm kuaj mob nkeeg yuav tsum tau them tus nqi kuaj seb puas muaj kab mob COVID-19. Xav kom koj hu rau koj lub tuam txhab isalas tuav pov hwm kuaj mob nkeeg mus nug cov ntsiab lus txog cov nuj nqis uas yuav tau dho nyiaj hauv hnav tshos los them thiab cov nuj nqis uas yuav tsub ntxiv tshwm sim thaum lub sijhawm koj niaj hnuv tuaj kuaj kho mob. Cov neeg mob

yuav tsis raug them tus nqi kuaj kab mob COVID-19 yog lawv tsis muaj isalas tuav pov hwm kuaj mob nkeeg thiab them tsis taus.

Txhawm rau kev kawm kom paub ntau ntxiv txog COVID-19 cov nuj nqis, mus saib peb nplooj ntawv teb cov lus nug txog COVID-19.