

# Ua Li Cas Thiaj Tiv Tauj Tau ib tug Neeg Mob hauv lub Tsev Kho Mob

Muaj ntau txoj kev sib txuas lus hauv hluav taws xob



## XA NTAWV

- Kev xa ntawv hauv Teb Chaws Amelikas yeej yooj yim ua, tsis tas muaj khoom fai fab kom xa tau tej tsab ntawv, duab, lwm yam ntawv thiab ntau yam ntxiv.
- Thaum sau chaw nyob rau hnab ntawv, sau tus neeg mob lub npe, kem tsev thiab chav pw thiab [chaw nyob rau lub tsev kho mob](#) (hu [lub tsev kho mob tus naj npawb xov tooj](#) yog koj tsis paub kem tsev thiab chav pw uas nws nyob.)



## HU

- Hu lub [tsev kho mob tus naj npawb xov tooj](#) thiab qhia tus neeg mob lub npe (thiab kem tsev thiab chav pw yog tias koj paub).
- Thov lawv muab koj txuas mus rau tus neeg mob chav pw.
- Nco qab ntsoov: tej zaum yuav tsum tham me me xwb vim tej zaum tus neeg mob nkees sai.



## XA NTAWV TEXT, EMAIL LOS SIS SIB THAM HAUV VIS DIS AUS

(tus neeg mob muaj cuab kav siv lawv yam khoom fai fab)

- Yog tias tus neeg mob muaj lawv ib yam khoom fai fab uas txais tau ntawv text, tsab email los sis hu hauv vis dis aus los tau, tiv tauj rau lawv siv qhov hluav taws xob no.
- Sim seb puas tsim nyog xa ib daim duab los sis ib zaj nkauj uas yuav pab nplij lawv siab.
- Nco qab ntsoov: tej zaum txoj kev siv lawv lub xov tooj thiab teb sai sai yuav nyuaj tsim tsawv.



## THOV KOM MUAJ TXOJ KEV SIB NTSIB HAUV VIS DIS AUS HAUV CARE TO CONNECT

(tus neeg mob tsis muaj los sis tsis muaj cuab kav siv lawv lub khoom fai fab)

- Allina Health kev sib sab laj hauv vis dis aus rau neeg mob hu ua, Care to Connect, cia coob tug neeg hauv yus tsev neeg sib txuas lus hauv vis dis aus thaum tus neeg mob pw hauv lub tsev kho mob.
- Xyuas [Care to Connect](#) nyob hauv Allina Health chaw website yog xav kawm ntxiv txog qhov no.

**[allinahealth.org/services/877](https://allinahealth.org/services/877)**

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