

# Fit Testing for Allina Health

## **Allina Health Fit-testing Guidelines: Student and Onsite Faculty Requirements**

- Fit-testing is required year-round for the following:
  - ❖ Student Registered Nurse Anesthetists (SRNA)
  - ❖ Respiratory Therapy students
  - ❖ Paramedic and EMT students in EMS
- Required for all student disciplines during “Respiratory season” (October 1 to March 31<sup>st</sup>) doing clinicals in the Emergency Rooms/Departments. Except if clinical experience is limited to primarily observation and student attests that they will excuse themselves from patient care team if N95 use is recommended for patient care.
- If not required, but you believe it may be necessary, discuss it with your preceptor.

## **Students needing to be fit-tested at Allina Health must review the following:**




- Complete Respirator Questionnaire and submit to [sniochealth@allina.com](mailto:sniochealth@allina.com) at least a week prior to fit-testing.
- Expect to spend 30 – 60 minutes to complete fit-testing.
- **Do not:**
  - Be late. Arrive 5-10 minutes before the start time of session. Those arriving late will need to be rescheduled.
  - Eat, drink or chew gum for at least 30 minutes prior to testing.
  - Attend fit testing with facial hair growth. Facial hair will interfere with fit testing. Contact the site safety lead for directions if you are not able/willing to shave.
  - Wear facial make-up.
- Students who are not fit-tested must refrain from the care of patients with aerosolizing respiratory illnesses requiring the use of an N95 mask for caregivers.
- Fit-testing is required every 12 months at Allina Health. If you have not been fit-tested at Allina within 12 months of the rotation start date, or your rotation extends beyond when the 12-month expiration, you must create a plan to be fit-tested to be compliant.

## **To mark requirement in Clinician Nexus, one of the following must be completed.**

- Attested that fit-testing is not required for specified clinical experience.
- Scheduled at Allina Health, which is “the plan.” The student may mark the requirement in Clinician Nexus as complete. Follow directions in #4 below.
- Proof of fit testing documentation from a non-Allina site provided the following requirements are met:
  - i. Conducted in a way that met OSHA requirements (qualitative or quantitative test method).
  - ii. Results of the fit-testing are not more than 12 months old.
  - i. Student was fit-tested to an Allina approved respirator model (1870+, 1860 or 1860S)
  - ii. The requirement may not be marked as complete until the documentation has been confirmed by the school coordinator as meeting the requirement.
- At the clinical site, students are expected to wear the N95 respirator to which they were fit-tested.


## **3. Follow the steps below to schedule fit testing at Allina Health:**

- If in doubt, contact site safety lead for assistance with determining fit-testing is needed.
- Choose your primary site for your next rotation from the following list.

Site	Scheduling Information	Site Safety Lead Contact
<b>Allina Health Group/Clinics (not in a hospital)</b> <b>Abbott Northwestern Hospital</b>  Fit Testing at ANW Hospital takes place on the 6 <sup>th</sup> floor of the West building in room W6316. If you are not familiar with ANW Campus, you are advised to build in some “wayfinding time” to your commute. Students arriving 5 or more minutes late will be asked to reschedule.	Ask preceptor for Clinic Manager information  and <a href="#">Campus Map</a> or See Map at the end of this document.	Consult with Clinic Manager <a href="mailto:John.crist@allina.com">John.crist@allina.com</a>
<b>Buffalo Hospital and Cambridge Medical Center</b>	  BUF & CAM Fit Testing <a href="https://outlook.office365.com/owa/calendar/FitTestingBUF-CAM@allinahealth1com.microsoftonline.com/bookings/">https://outlook.office365.com/owa/calendar/FitTestingBUF-CAM@allinahealth1com.microsoftonline.com/bookings/</a>	<a href="mailto:Tia.Kvidera@allina.com">Tia.Kvidera@allina.com</a>
<b>Faribault Medical Center</b>	Contact Site Safety Lead	<a href="mailto:Jon.Possehl@allina.com">Jon.Possehl@allina.com</a>
<b>Home Care Services (Senior Health)</b>	All NP Students must be fit-tested.	<a href="mailto:Kathryn.Westman@allina.com">Kathryn.Westman@allina.com</a>
<b>Home Care Services (Home Health, Hospice, and Palliative Care)</b>	<ul style="list-style-type: none"> <li>Generally, No fit-testing.</li> <li>Consult with preceptor.</li> <li>If preceptor is at a hospital or clinic, follow site-specific directions.</li> </ul>	Contact preceptor regarding fit-testing need. Additional fit-testing questions may be sent to <a href="mailto:Shiela.Keefe@allina.com">Shiela.Keefe@allina.com</a>
<b>Mercy Hospital – Mercy and Unity Campuses</b>	See schedule below	<a href="mailto:Peter.Grauze@allina.com">Peter.Grauze@allina.com</a> or <a href="mailto:Asha.Mumin@allina.com">Asha.Mumin@allina.com</a>
<b>New Ulm Medical Center</b>	Contact Site Safety Lead	<a href="mailto:Courtney.Kuehn@allina.com">Courtney.Kuehn@allina.com</a>
<b>Owatonna Hospital</b>	Contact Site Safety Lead	<a href="mailto:Jon.Possehl@allina.com">Jon.Possehl@allina.com</a>
<b>Regina Campus Part of United Hospital</b>	Contact Site Safety Lead	<a href="mailto:Jeffrey.Feeder@allina.com">Jeffrey.Feeder@allina.com</a>
<b>River Falls Area Hospital</b>	Contact Site Safety Lead	<a href="mailto:Jeffrey.Feeder@allina.com">Jeffrey.Feeder@allina.com</a>
<b>St. Francis Medical Center</b>	2 <sup>nd</sup> Monday of the month from 830a-930a	<a href="mailto:Emma.Dennis@allina.com">Emma.Dennis@allina.com</a>
<b>United Hospital – St. Paul Campus</b>	See the grid below.	<a href="mailto:Andrew.hamlin@allina.com">Andrew.hamlin@allina.com</a>
<b>WestHealth Campus: Emergency/Urgent Care</b>	Contact Site Safety Lead or refer to ANW directions	<a href="mailto:Merijo.Schornstein@allina.com">Merijo.Schornstein@allina.com</a>
<b>WestHealth Campus - Clinics</b>	Consult with Clinic Manager on Fit-Testing need.	Ask the preceptor for Clinic Manager info.



Day	Date	Mercy Hospital and Unity Hospital Conducted on Mercy Hospital Campus 2025 Student Respirator Fit Testing Schedule	Time
Thursday	8/28/25	Mercy Hospital Campus Learning Lab, Lower Level Near East Elevators	09:00a – 10:00am
		No September Date - Annual Respirator Fit Testing Blitz	
		No October Date - Annual Respirator Fit Testing Blitz	
Thursday	11/20/25	Mercy Hospital Campus Learning Lab, Lower Level Near East Elevators	09:00a – 10:00am
Thursday	12/18/25	Mercy Hospital Campus Learning Lab, Lower Level Near East Elevators	09:00a – 10:00am
<ul style="list-style-type: none"> <li>Students from the Unity Campus should attend fit-testing at Mercy Campus.</li> <li>RSVP is not required, but it is a first come first serve basis.</li> <li>Be sure to allow enough time to complete. Be sure to submit your baseline respirator form at least a week prior to fit-testing. Review the above fit-testing requirements to prepare.</li> </ul>			



**Please note: A few sites, like MCY – Mercy Hospital – Mercy Campus and UTY – Mercy Hospital – Unity Campus continue to the Halyard 46767 Duckbill Respirator.**

- Fit testing at other Allina Health sites does not include the Halyard, so you may need to repeat Fit-Testing based upon mask availability.**
- Fit testing at these sites will not ensure availability of needed mask at other Allina Health sites.**
- The above sites also carry the 3M 1860 and 1860s models. The 1870 requires special order.**
- If you are doing clinicals at other Allina Health sites as well as one of the sites listed, please ensure that you know how to access the N95 Mask you have been fit-tested to or obtain additional fit-testing to meet your clinical needs and your personal protection.**

### United Hospital

- Please remember, the student/faculty only needs to have a plan to get fit-tested prior to caring for patients who require the caregiver use of masks for respiratory protection.
- Anesthesia and Respiratory Therapy students will need this at the beginning of their experience. All other student disciplines will need to notify their faculty or preceptor if they need to restrict their care assignments due to not being fit-tested.

You do not need to preschedule, just show up for the session.

Be sure to follow the above directions and bring your A#.

Tues, Dec 16 (Make Up/Students)	7:30a-9:30a	Miller Room
Tues, Dec 23 (Make Up/Students)	2:30p-4:30p	Miller Room