

Owatonna Hospital Mental Health Unit Visitor Guidelines

Visiting hours are 3:30 to 5 p.m. and 6 to 8 p.m.

Hours are subject to change based.

Visitor guidelines

- Visitors are limited to two at a time unless otherwise previously approved.
- Visitors and support persons must follow all visitor protocols while in the facility. If the visitor and support persons refuse to comply, they will be asked to leave.
- Visitors must maintain appropriate boundaries. This includes, but is not limited to:
 - refraining from any sexual contact
 - “making out” anywhere on the unit
 - adults sitting in each other’s laps
 - laying on inpatient beds
 - running around the unit, such as “horseplay”
- Visitors may visit with in the dining room, group room or the patient’s room with the door open and lights on.
- Visitors may not use patient bathrooms. Staff will direct you to a visitor restroom.
- Visitors are not allowed out on the patio.
- Visiting times are subject to change.
- Children under the age of 18 are not allowed on the unit with rare and compassionate exceptions.
 - Any child under the age of 18 must be immediate family member to the patient (immediate children/adopted/guardianship,) and approved by staff to visit before coming onto the unit.
 - A responsible adult must always be present when a child is visiting.
 - All diaper bags need to be set behind the desk. You may ask for items when needed.
- Ensure you follow our clothing guidelines below. If not followed, visitors may not be allowed on the Unit and/or asked to leave.
 - **No spaghetti straps/crop tops:** Shoulders/chest/abdomen must be covered.
 - **Short shorts/short skirts/short dresses:** Must be at least mid-thigh length.