2,686
Number of unique patients served by Courage Kenny Spine Center providers

4,005
Number of unique patients served by Allina Health chiropractors

19,030
Number of unique patients served by Courage Kenny therapy

Patient reported outcomes following spine physical therapy

**Cervical**
- 37.6% greater change per visit than the national average
- 3.16 fewer visits than the national average

**Lumbar**
- 49.1% greater change per visit than the national average
- 3.2 fewer visits than the national average

23% increase in patient participation in our Shared Decision Making program with their physician for treatment related to their low back pain.
86% of patients were discharged to their home postoperatively

6,905 patients received surgery from Surgical Spine Program in 2018

Since 2014, there has been a reduction in the number of opioid pills per prescription and the duration of the prescription overall. This resulted in 110,483 fewer opioid pills being prescribed in 2018 as compared to the previous year.