

# Spine Outpatient Outcomes



**2,686**

Number of unique patients served by Courage Kenny Spine Center providers

**4,005**

Number of unique patients served by Allina Health chiropractors



**19,030**

Number of unique patients served by Courage Kenny therapy

## Patient reported outcomes following spine physical therapy

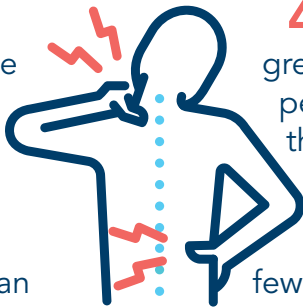
### Cervical

**37.6%**

greater change per visit than the national average

**3.16**

fewer visits than the national average



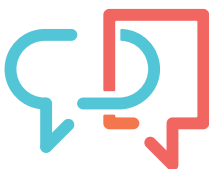
### Lumbar

**49.1%**

greater change per visit than the national average

**3.2**

fewer visits than the national average



**23%**

increase in patient participation in our Shared Decision Making program with their physician for treatment related to their low back pain

2018 ALLINA HEALTH

## Spine Surgery Outcomes

**86%**

of patients were discharged to their home postoperatively



**6,905**

patients received surgery from Surgical Spine Program in 2018

Since 2014, there has been a reduction in the number of opioid pills per prescription and the duration of the prescription overall.

This resulted in



**110,483 fewer opioid pills**

being prescribed in 2018 as compared to the previous year.



Allina Health

[allinahealth.org/couragekenny](http://allinahealth.org/couragekenny)