

Program/Agency Descriptor for Universities who Provide Student Interns

Courage Kenny Rehabilitation Institute
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Introduction:

Courage Kenny Rehabilitation Institute helps people with disabilities, injuries or complex medical conditions achieve health and wellness, and maximize their quality of life. The Institute offers a nationally unique combination of rehabilitation, support and lifestyle services that address the needs of the whole person.

The Institute's Sports and Recreation Department offers an abundance of activities that encourage youth and adults with disabilities to lead active and healthy lifestyles. Activities are offered in the Twin Cities metro area and Duluth's Northland area.

Description:

Courage Kenny Rehabilitation Institute offers internships in our Sports and Recreation department which is a national leader in adaptive sports and recreation for people with disabilities. From wheelchair basketball to cycling we offer a variety of year round activities. Weekly sessions require marketing, registration of participants, equipment inventory, scheduling of facilities and more.

Event Support:

Interns will have the opportunity to work with and learn skills related to event planning and general program support. Events vary per season and include, wheelchair basketball, alpine ski and snowboard, power soccer, swimming, wheelchair rugby, wheelchair softball and more. The Sports and Recreation Department hosts annual events including a wheelchair basketball tournament, No Boundaries sports camp for kids and a regional qualifying meet for the National Junior Disability Championships. Work with social media, email marketing, and Allina Health's Marketing Communications is key to a successful event.

Human Resources Management:

Learn about the organizations, policies, procedures and processes in relation to risk management, hiring, training supervision, recognition and retention as it relates to program development and coordination and the recruitment and onboarding of volunteers to run a successful community-based sports and recreation department.

Facility Operations & Maintenance:

Gain an understanding of facility rentals, equipment and maintaining adapted sports equipment. All necessary equipment is provided for participation. It is imperative that we keep an updated inventory sheet with where the equipment is and any repairs needed. The Sports and Recreation Department relies on community partners for rental of facilities and use of community facilities.

Budget and Financial Management

Students will be introduced to the overall program budget. Gain collaboration skills working with Courage Kenny Foundation. Students will be assigned to assist a program coordinator in planning the financial budget for one large event. Students will monitor the revenues and expenses for special events to stay within the approved event budget. Check requests and invoices will need to pay for weekly sessions; students will learn this and other financial processes.

Summary:

Courage Kenny's vision is "that one day all people will live, work, learn and play in a community based on abilities and not disabilities." Interns will have the opportunity to learn and understand adaptive sports, as well as how to create an inclusive community for all to participate. Our participants learn valuable life lessons that help them define themselves around things they do. We provide our interns a unique and valuable experience that will better prepare them for future job opportunities.