2019 Volunteer Services Annual Report

Facts & Figures

2,543 volunteers 59,449 hours in roles throughout Courage Kenny Rehabilitation Institute, which is equivalent to 30 FTEs. Over 50% of over 5,000 reported volunteers utilized by Allina Health serve in the CKRI service line.

**Total Hours: 59,449  Total Value**: $1,495,142

**2019 Independent Sector Value of Volunteer Time in MN = $ 28.15 /hour • National average = $ 25.43**

CKRI Service Line Location Volunteer Count and Hours

<table>
<thead>
<tr>
<th>CKRI Service Line Location</th>
<th>Volunteer Count</th>
<th>Volunteer Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>CKRI Metro Hospital Sites</td>
<td>28</td>
<td>3,020</td>
</tr>
<tr>
<td>CKRI Metro Area</td>
<td>1,747</td>
<td>41,102</td>
</tr>
<tr>
<td>CKRI Northland (Duluth)</td>
<td>647</td>
<td>9,905</td>
</tr>
<tr>
<td>CKRI St. Croix &amp; Early Childhood Family Center (Stillwater)</td>
<td>121</td>
<td>5,422</td>
</tr>
<tr>
<td>TOTALS:</td>
<td>2,543</td>
<td>59,449</td>
</tr>
</tbody>
</table>

CKRI Volunteer Distribution

- TRP (35)
- St. Croix Courage Riders & Golf (75)
- Aquatics and Fitness (97)
- Therapies (153)
- Hospitals & Clinics (28)
- Student Interns (41)
- Sports and Recreation (1310)
- *Other Volunteer Roles (180)

*Other roles include Assistive Technology, Community Services, Guest Services, and Foundation volunteers.

2019 Volunteer Engagement Events:

- Metro Volunteer Engagement Event at Able Seedhouse
- Northland and Metro Ski & Snowboard Recognition Banquets
- Metro Basketball Recognition Banquet
- Metro Volunteer Engagement Event at Minneapolis Bouldering Project
- Metro “Try Curling” Volunteer Engagement Event
- National Volunteer Recognition Week April 7-13
- Metro Krav Maga Women’s Self-Defense Volunteer Engagement Event
- Northland’s 40th Anniversary Celebration
- Metro Bike & Bites Volunteer Engagement Event
- Metro Volunteer Continuing Education Night: Spinal Cord Injury
2019 Highlights & Accomplishments

St. Croix Courage Riders Program
69 Volunteers/ 1,270 hours

41 Interns / 7983 hours throughout the CKRI service line in Acupuncture, Aquatics and Fitness, Sports & Rec, and TRP

Metro Art of Possibilities Event
31 Volunteers/ 94 hours

40th Celebration for Northland
300 volunteers/participants

Northland Shoot for Fun Event
177 Volunteers/ 1083 hours
96 teams and over 500 attendees raised $118,000 +

Northland Fishing Tournament
29 Participants
28 Volunteers/232 hours

Metro Peer Visitors
37 Volunteers/ 237 hours across CKRI service line

Metro Peer Visitors
37 Volunteers/ 237 hours across CKRI service line

Metro Art of Possibilities Event
31 Volunteers/ 94 hours

Northland Fishing Tournament
29 Participants
28 Volunteers/232 hours

Metro Wheelchair Softball Tournament
10 Volunteers/41 hours

NEW VOLUNTEER ROLES:
ANW Stroke Program Community Liaison
Sports and Rec Photographer
GV Cafeteria Assistant
Fall Tennis Season

Northland Arrowhead Youth Games
100 Volunteers/583 hours

NEW PROGRAM:
Try Paddle Program in partnership with Mississippi River Paddle Share & support from Boston Scientific volunteers.

Northland Monoski Camp
39 Volunteers/ 489 hours

St. Croix Aquatics programs: 45 volunteers/1676 hours
Fitness program: 26 volunteers/577 hours

2nd Discover Abilities Expo at U of M
38 Volunteers/ 131 hours

Northland Lutsen Spring Fling Event
10 Volunteers/145 hours

Metro No Boundaries Camp at U of M
13 Volunteers/ 104 hours

Metro Ski & Snowboard
82 New/ 244 Returning Volunteers 9,165 hours

NEW EVENT:
ParaNordic Development Camp
8 Volunteers /68 hours

Northland Ski & Snowboard
40 New/ 71 Returning 2,266 hours

EMPOWER Scholarship
2 awarded ($1500 each); 28 applicants

Bemnet Habtamu & Zakaria Jamari

Volunteer Services
Developed and Implemented Paperless Volunteer Onboarding Process & Resources

Metro CK Classic Wheelchair Basketball Tournament
83 Volunteers/400 hours

Metro Therapy
47 OT Volunteers/ 1250 hours
96 PT Volunteers/ 3 Speech Volunteers/32 hours

Partnership with Cummins
Adapted toys & weighted blankets 641 hours